

IV Mi dzynarodowy Integracyjnych Miting Pływacki im. Ma ka Maika
Tychy, 15-10-2011

Konkurencja 5
2011-10-15 - 18:35

Kobiet, 400m dowolny

1 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
kat A									
1.	PAWLIK, Katarzyna		89	Start Katowice				4:41.87	578
	50m:	32.63 32.63	150m:	1:43.31 35.28	250m:	2:54.01 35.55	350m:	4:06.47 36.36	
	100m:	1:08.03 35.40	200m:	2:18.46 35.15	300m:	3:30.11 36.10	400m:	4:41.87 35.40	
2.	SOBCZAK, Katarzyna		94	Start Wrocław				5:09.07	439
	50m:	33.93 33.93	150m:	1:49.47 38.59	250m:	3:09.21 39.86	350m:	4:30.09 40.35	
	100m:	1:10.88 36.95	200m:	2:29.35 39.88	300m:	3:49.74 40.53	400m:	5:09.07 38.98	
3.	DZIADEK, Krystyna		91	AZS AWF Katowice				5:50.12	302
	50m:	36.75 36.75	150m:	2:03.76 44.54	250m:	3:34.83 45.55	350m:	5:06.43 45.91	
	100m:	1:19.22 42.47	200m:	2:49.28 45.52	300m:	4:20.52 45.69	400m:	5:50.12 43.69	
kat B									
1.	ROSTOWSKA, Wiktoria		97	CSIR MOS D browa Górnicza				4:41.21	582
	50m:	32.54 32.54	150m:	1:42.63 35.17	250m:	2:54.19 35.86	350m:	4:06.39 35.83	
	100m:	1:07.46 34.92	200m:	2:18.33 35.70	300m:	3:30.56 36.37	400m:	4:41.21 34.82	
2.	LIWI SKA, Marta		97	CSIR MOS D browa Górnicza				4:48.53	539
	50m:	32.54 32.54	150m:	1:44.75 36.57	250m:	2:58.81 37.07	350m:	4:13.25 36.85	
	100m:	1:08.18 35.64	200m:	2:21.74 36.99	300m:	3:36.40 37.59	400m:	4:48.53 35.28	
3.	NOWAK, Sonia		96	Ks Piatka Chorzów				4:48.88	537
	50m:	34.00 34.00	150m:	1:46.49 36.58	250m:	2:59.66 36.70	350m:	4:13.94 37.07	
	100m:	1:09.91 35.91	200m:	2:22.96 36.47	300m:	3:36.87 37.21	400m:	4:48.88 34.94	
4.	JABŁO SKA, Oliwia		97	Start Wrocław				4:52.32	519
	50m:	33.82 33.82	150m:	1:48.06 37.56	250m:	3:02.67 37.12	350m:	4:17.20 36.83	
	100m:	1:10.50 36.68	200m:	2:25.55 37.49	300m:	3:40.37 37.70	400m:	4:52.32 35.12	
5.	MILEWSKA, Marta		96	Ks Piatka Chorzów				4:52.52	517
	50m:	33.13 33.13	150m:	1:47.37 37.22	250m:	3:02.46 37.34	350m:	4:17.13 36.85	
	100m:	1:10.15 37.02	200m:	2:25.12 37.75	300m:	3:40.28 37.82	400m:	4:52.52 35.39	
6.	WOLNY, Magdalena		98	TKKF Szczygłowice Knurów				4:55.16	504
	50m:	33.55 33.55	150m:	1:48.26 37.54	250m:	3:02.77 36.46	350m:	4:18.60 37.95	
	100m:	1:10.72 37.17	200m:	2:26.31 38.05	300m:	3:40.65 37.88	400m:	4:55.16 36.56	
7.	BUDA, Karolina		97	CSIR MOS D browa Górnicza				4:57.90	490
	50m:	33.35 33.35	150m:	1:47.67 37.80	250m:	3:04.11 38.24	350m:	4:21.10 38.53	
	100m:	1:09.87 36.52	200m:	2:25.87 38.20	300m:	3:42.57 38.46	400m:	4:57.90 36.80	
8.	JACEK, Sabina		98	Mosm Tychy				5:00.48	477
	50m:	33.74 33.74	150m:	1:49.97 38.65	250m:	3:07.46 38.98	350m:	4:24.02 37.90	
	100m:	1:11.32 37.58	200m:	2:28.48 38.51	300m:	3:46.12 38.66	400m:	5:00.48 36.46	
9.	PAWLUKIEWICZ, Randia		96	UKS Wodnik 29 Katowice				5:05.36	455
	50m:	33.09 33.09	150m:	1:48.20 38.13	250m:	3:05.30 38.80	350m:	4:25.54 40.55	
	100m:	1:10.07 36.98	200m:	2:26.50 38.30	300m:	3:44.99 39.69	400m:	5:05.36 39.82	
10.	NOWAK, Martyna		96	TKKF Szczygłowice Knurów				5:15.10	414
	50m:	33.70 33.70	150m:	1:50.93 39.38	250m:	3:11.40 40.83	350m:	4:35.12 41.93	
	100m:	1:11.55 37.85	200m:	2:30.57 39.64	300m:	3:53.19 41.79	400m:	5:15.10 39.98	
11.	JASIK, Angelika		97	MOSiR Mysłówice				5:20.68	393
	50m:	34.08 34.08	150m:	1:52.89 40.31	250m:	3:16.12 42.16	350m:	4:40.71 42.31	
	100m:	1:12.58 38.50	200m:	2:33.96 41.07	300m:	3:58.40 42.28	400m:	5:20.68 39.97	
12.	SOŁTYSIK, Patrycja		97	MOSiR Mysłówice				5:27.49	369
	50m:	36.62 36.62	150m:	1:57.68 40.91	250m:	3:21.23 42.00	350m:	4:45.51 42.06	
	100m:	1:16.77 40.15	200m:	2:39.23 41.55	300m:	4:03.45 42.22	400m:	5:27.49 41.98	
13.	MAJCHREWICZ, Patrycja		98	Ks Piatka Chorzów				5:35.09	344
	50m:	36.23 36.23	150m:	2:00.30 43.07	250m:	3:25.29 42.39	350m:	4:51.62 44.13	
	100m:	1:17.23 41.00	200m:	2:42.90 42.60	300m:	4:07.49 42.20	400m:	5:35.09 43.47	

IV Mi dzynarodowy Integracyjnych Miting Pływacki im. Ma ka Maika
Tychy, 15-10-2011

Konkurencja 5, Dziewcz t, 400m dowolny, kat B

Pozycja			Rok ur.					Czas	Pkt.		
14.	SOBIERAJ, Victoria		98	Ks Piatka Chorzów				5:35.49	343		
	50m:	35.68 35.68	150m:	1:58.28	41.79	250m:	3:24.52	42.66	350m:	4:50.95	43.34
	100m:	1:16.49 40.81	200m:	2:41.86	43.58	300m:	4:07.61	43.09	400m:	5:35.49	44.54
15.	JAROMIN, Aleksandra		97	MOSiR Mysłowice				5:38.30	334		
	50m:	38.01 38.01	150m:	2:03.11	42.52	250m:	3:27.99	42.61	350m:	4:53.88	43.02
	100m:	1:20.59 42.58	200m:	2:45.38	42.27	300m:	4:10.86	42.87	400m:	5:38.30	44.42
16.	JONIEC, Patrycja		98	MOSiR Mysłowice				5:44.67	316		
	50m:	36.15 36.15	150m:	2:02.16	44.32	250m:	3:31.97	45.39	350m:	5:02.59	44.58
	100m:	1:17.84 41.69	200m:	2:46.58	44.42	300m:	4:18.01	46.04	400m:	5:44.67	42.08
17.	PŁOCISZKO, Ilona		98	UKS Wodnik 29 Katowice				5:53.42	293		
	50m:	38.98 38.98	150m:	2:08.42	45.01	250m:	3:39.70	45.39	350m:	5:10.69	45.08
	100m:	1:23.41 44.43	200m:	2:54.31	45.89	300m:	4:25.61	45.91	400m:	5:53.42	42.73
18.	DZIEWO SKA, Weronika		98	Mosm Tychy				5:55.74	287		
	50m:	37.97 37.97	150m:	2:04.69	44.20	250m:	3:37.10	46.48	350m:	5:09.13	44.20
	100m:	1:20.49 42.52	200m:	2:50.62	45.93	300m:	4:24.93	47.83	400m:	5:55.74	46.61
19.	STANEK, Sylwia		96	Gol-Start Cz stochowa				7:29.48	142		
	50m:	48.26 48.26	150m:	2:39.58	56.42	250m:	4:38.45	1:00.58	350m:	6:37.69	1:00.12
	100m:	1:43.16 54.90	200m:	3:37.87	58.29	300m:	5:37.57	59.12	400m:	7:29.48	51.79
20.	NOGA, Aneta		96	Gol-Start Cz stochowa				8:31.59	96		
	50m:	54.55 54.55	150m:	3:01.90	1:04.75	250m:	5:16.96	1:08.05	350m:	6:21.53	22.59
	100m:	1:57.15 1:02.60	200m:	4:08.91	1:07.01	300m:	5:58.94	41.98	400m:	8:31.59	2:10.06

kat C

1.	BOCHE SKA, Wiktoria		99	SiKReT Gliwice				5:19.09	399		
	50m:	36.30 36.30	150m:	1:57.20	40.92	250m:	3:20.08	41.76	350m:	4:41.04	39.59
	100m:	1:16.28 39.98	200m:	2:38.32	41.12	300m:	4:01.45	41.37	400m:	5:19.09	38.05
2.	KU , Natalia		99	CSIR MOS D browa Górnicza				5:27.93	367		
	50m:	34.69 34.69	150m:	1:56.11	41.10	250m:	3:19.54	41.85	350m:	4:45.69	43.24
	100m:	1:15.01 40.32	200m:	2:37.69	41.58	300m:	4:02.45	42.91	400m:	5:27.93	42.24
3.	JE OWSKA, Kamila		00	CSIR MOS D browa Górnicza				5:35.19	344		
	50m:	38.62 38.62	150m:	2:04.76	43.47	250m:	3:29.58	41.72	350m:	4:54.07	42.88
	100m:	1:21.29 42.67	200m:	2:47.86	43.10	300m:	4:11.19	41.61	400m:	5:35.19	41.12
4.	FESTERKIEWICZ, Paulina		99	UKS Wodnik 29 Katowice				6:01.43	274		
	50m:	37.80 37.80	150m:	2:07.63	46.27	250m:	3:40.72	46.68	350m:	5:15.01	47.22
	100m:	1:21.36 43.56	200m:	2:54.04	46.41	300m:	4:27.79	47.07	400m:	6:01.43	46.42
5.	NOWAKOWSKA, Martyna		99	Mosm Tychy				6:15.11	245		
	50m:	40.43 40.43	150m:	2:16.03	48.61	250m:	3:53.73	49.29	350m:	5:29.65	47.28
	100m:	1:27.42 46.99	200m:	3:04.44	48.41	300m:	4:42.37	48.64	400m:	6:15.11	45.46
6.	POLARZ, Natalia		99	Uks Orka L dziny				6:15.33	245		
	50m:	40.39 40.39	150m:	2:14.12	47.73	250m:	3:52.39	48.89	350m:	5:30.59	48.03
	100m:	1:26.39 46.00	200m:	3:03.50	49.38	300m:	4:42.56	50.17	400m:	6:15.33	44.74
7.	OLE , Paula		99	Uks Orka L dziny				6:27.10	223		
	50m:	42.39 42.39	150m:	2:20.25	49.63	250m:	3:58.56	48.88	350m:	5:36.30	48.69
	100m:	1:30.62 48.23	200m:	3:09.68	49.43	300m:	4:47.61	49.05	400m:	6:27.10	50.80
8.	RAJCA, Julia		00	ULKS VICTORIA Kozy				6:32.68	214		
	50m:	44.94 44.94	150m:	2:23.63	50.00	250m:	4:04.80	50.76	350m:	5:45.02	49.23
	100m:	1:33.63 48.69	200m:	3:14.04	50.41	300m:	4:55.79	50.99	400m:	6:32.68	47.66

kat D

1.	WI NIEWSKA, Oliwia		01	KS"Górnik"Sosnowiec				6:00.65	276		
	50m:	36.36 36.36	150m:	2:11.02	46.97	250m:	3:43.11	46.08	350m:	5:15.38	45.81
	100m:	1:24.05 47.69	200m:	2:57.03	46.01	300m:	4:29.57	46.46	400m:	6:00.65	45.27

IV Międzynarodowy Integracyjny Mityng Pływacki im. Małgorzata Maika
Tychy, 15-10-2011

Konkurencja 5, Kobiety, 400m dowolny

kat S8

1. NOGA, Aneta			96	Gol-Start Cz	stochowa			8:31.59	96		
50m:	54.55	54.55	150m:	3:01.90	1:04.75	250m:	5:16.96	1:08.05	350m:	6:21.53	22.59
100m:	1:57.15	1:02.60	200m:	4:08.91	1:07.01	300m:	5:58.94	41.98	400m:	8:31.59	2:10.06

kat S9

1. SOBCZAK, Katarzyna			94	Start Wrocław				5:09.07	439		
50m:	33.93	33.93	150m:	1:49.47	38.59	250m:	3:09.21	39.86	350m:	4:30.09	40.35
100m:	1:10.88	36.95	200m:	2:29.35	39.88	300m:	3:49.74	40.53	400m:	5:09.07	38.98

kat S10

1. PAWLIK, Katarzyna			89	Start Katowice				4:41.87	578		
50m:	32.63	32.63	150m:	1:43.31	35.28	250m:	2:54.01	35.55	350m:	4:06.47	36.36
100m:	1:08.03	35.40	200m:	2:18.46	35.15	300m:	3:30.11	36.10	400m:	4:41.87	35.40
2. JABŁO SKA, Oliwia			97	Start Wrocław				4:52.32	519		
50m:	33.82	33.82	150m:	1:48.06	37.56	250m:	3:02.67	37.12	350m:	4:17.20	36.83
100m:	1:10.50	36.68	200m:	2:25.55	37.49	300m:	3:40.37	37.70	400m:	4:52.32	35.12
3. STANEK, Sylwia			96	Gol-Start Cz	stochowa			7:29.48	142		
50m:	48.26	48.26	150m:	2:39.58	56.42	250m:	4:38.45	1:00.58	350m:	6:37.69	1:00.12
100m:	1:43.16	54.90	200m:	3:37.87	58.29	300m:	5:37.57	59.12	400m:	7:29.48	51.79