

Polsko-Niemieckie Zawody Pływackie "Drzonków Miejscem Spotka Pływackich Gwiazd"
Drzonków, 21- - 22-4-2012

Konkurencja 21
2012-04-22 - 10:47

M czyzn, 400m zmienny

Open
Wyniki

Punkty: FINA 2011

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m	
Open									
1.	Jakub SALIK	96	JUVENIA Wrocław	4:52.83	577	1:05.01	1:18.31	1:19.44	1:10.07
	50m: 30.40	30.40	150m: 1:44.29	39.28	250m: 3:02.15	38.83	350m: 4:17.88	35.12	
	100m: 1:05.01	34.61	200m: 2:23.32	39.03	300m: 3:42.76	40.61	400m: 4:52.83	34.95	
2.	Damian WERTEPNY	96	SHARK Rudna	4:54.62	566	1:05.58	1:15.80	1:24.50	1:08.74
	50m: 30.36	30.36	150m: 1:43.66	38.08	250m: 3:03.18	41.80	350m: 4:21.22	35.34	
	100m: 1:05.58	35.22	200m: 2:21.38	37.72	300m: 3:45.88	42.70	400m: 4:54.62	33.40	
3.	Szymon GOLCZYK	96	KORNER Zielona Góra	4:54.63	566	1:03.38			1:05.30
	50m: 28.84	28.84	150m: 1:44.43	41.05	250m: 3:06.36		350m: 4:23.09	33.76	
	100m: 1:03.38	34.54	200m:		300m: 3:49.33	42.97	400m: 4:54.63	31.54	
4.	Kamil BUCZKOWSKI	96	KORNER Zielona Góra	5:13.09	472	1:08.17	1:23.62	1:29.70	1:11.60
	50m: 31.24	31.24	150m: 1:50.56	42.39	250m: 3:16.01	44.22	350m: 4:37.52	36.03	
	100m: 1:08.17	36.93	200m: 2:31.79	41.23	300m: 4:01.49	45.48	400m: 5:13.09	35.57	
5.	Jakub SAKRAJDA	98	KORNER Zielona Góra	5:16.15	458	1:09.04	1:22.60	1:34.33	1:10.18
	50m: 32.07	32.07	150m: 1:50.89	41.85	250m: 3:18.40	46.76	350m: 4:42.22	36.25	
	100m: 1:09.04	36.97	200m: 2:31.64	40.75	300m: 4:05.97	47.57	400m: 5:16.15	33.93	
6.	Wojciech KOSOWICZ	97	KORNER Zielona Góra	5:23.75	427	1:16.16	1:22.58	1:27.82	1:17.19
	50m: 34.22	34.22	150m: 1:57.95	41.79	250m: 3:22.63	43.89	350m: 4:46.37	39.81	
	100m: 1:16.16	41.94	200m: 2:38.74	40.79	300m: 4:06.56	43.93	400m: 5:23.75	37.38	
7.	Mateusz MASŁOWSKI	98	L SK Wrocław	5:23.83	426	1:13.80	1:26.18	1:35.89	1:07.96
	50m: 34.63	34.63	150m: 1:57.32	43.52	250m: 3:27.10	47.12	350m: 4:49.53	33.66	
	100m: 1:13.80	39.17	200m: 2:39.98	42.66	300m: 4:15.87	48.77	400m: 5:23.83	34.30	
8.	Jakub OKUPNIK	98	L SK Wrocław	5:24.71	423	1:08.32	1:25.70	1:36.44	1:14.25
	50m: 31.01	31.01	150m: 1:51.58	43.26	250m: 3:21.92	47.90	350m: 4:48.61	38.15	
	100m: 1:08.32	37.31	200m: 2:34.02	42.44	300m: 4:10.46	48.54	400m: 5:24.71	36.10	
9.	Łukasz PALICA	97	JUVENIA Wrocław	5:28.19	410	1:12.48	1:25.63	1:37.29	1:12.79
	50m: 32.25	32.25	150m: 1:55.70	43.22	250m: 3:26.69	48.58	350m: 4:52.24	36.84	
	100m: 1:12.48	40.23	200m: 2:38.11	42.41	300m: 4:15.40	48.71	400m: 5:28.19	35.95	
10.	Paweł TA SKI	97	JUVENIA Wrocław	5:28.40	409	1:17.39	1:31.95	1:26.29	1:12.77
	50m: 34.90	34.90	150m: 2:04.36	46.97	250m: 3:31.97	42.63	350m: 4:55.50	39.87	
	100m: 1:17.39	42.49	200m: 2:49.34	44.98	300m: 4:15.63	43.66	400m: 5:28.40	32.90	
11.	Piotr CWALINA	98	L SK Wrocław	5:31.00	399	1:14.38	1:24.52	1:38.59	1:13.51
	50m: 35.18	35.18	150m: 1:57.23	42.85	250m: 3:28.32	49.42	350m: 4:54.65	37.16	
	100m: 1:14.38	39.20	200m: 2:38.90	41.67	300m: 4:17.49	49.17	400m: 5:31.00	36.35	
12.	Bartosz HODERNY	96	SHARK Rudna	5:34.57	387	1:15.06	1:30.94	1:29.56	1:19.01
	50m: 34.11	34.11	150m: 2:01.47	46.41	250m: 3:30.39	44.39	350m: 4:56.29	40.73	
	100m: 1:15.06	40.95	200m: 2:46.00	44.53	300m: 4:15.56	45.17	400m: 5:34.57	38.28	
13.	Jakub WAJCFELT	96	SHARK Rudna	5:38.16	374	1:12.00	1:28.41	1:38.03	1:19.72
	50m: 32.37	32.37	150m: 1:57.70	45.70	250m: 3:28.88	48.47	350m: 4:58.93	40.49	
	100m: 1:12.00	39.63	200m: 2:40.41	42.71	300m: 4:18.44	49.56	400m: 5:38.16	39.23	
14.	Maksymilian TUREK	98	L SK Wrocław	5:39.17	371	1:16.41	1:31.39	1:33.72	1:17.65
	50m: 35.61	35.61	150m: 2:02.92	46.51	250m: 3:34.31	46.51	350m: 5:00.57	39.05	
	100m: 1:16.41	40.80	200m: 2:47.80	44.88	300m: 4:21.52	47.21	400m: 5:39.17	38.60	
15.	Bartłomiej TACZA SKI	96	SHARK Rudna	5:52.52	330	1:16.00	1:32.51	1:45.17	1:18.84
	50m: 34.57	34.57	150m: 2:02.82	46.82	250m: 3:40.33	51.82	350m: 5:12.50	38.82	
	100m: 1:16.00	41.43	200m: 2:48.51	45.69	300m: 4:33.68	53.35	400m: 5:52.52	40.02	

15 - 16 lat

1.	Jakub SALIK	96	JUVENIA Wrocław	4:52.83	577	1:05.01	1:18.31	1:19.44	1:10.07
	50m: 30.40	30.40	150m: 1:44.29	39.28	250m: 3:02.15	38.83	350m: 4:17.88	35.12	
	100m: 1:05.01	34.61	200m: 2:23.32	39.03	300m: 3:42.76	40.61	400m: 4:52.83	34.95	
2.	Damian WERTEPNY	96	SHARK Rudna	4:54.62	566	1:05.58	1:15.80	1:24.50	1:08.74
	50m: 30.36	30.36	150m: 1:43.66	38.08	250m: 3:03.18	41.80	350m: 4:21.22	35.34	
	100m: 1:05.58	35.22	200m: 2:21.38	37.72	300m: 3:45.88	42.70	400m: 4:54.62	33.40	
3.	Szymon GOLCZYK	96	KORNER Zielona Góra	4:54.63	566	1:03.38			1:05.30
	50m: 28.84	28.84	150m: 1:44.43	41.05	250m: 3:06.36		350m: 4:23.09	33.76	
	100m: 1:03.38	34.54	200m:		300m: 3:49.33	42.97	400m: 4:54.63	31.54	

Polsko-Niemieckie Zawody Pływackie "Drzonków Miejscem Spotka Pływackich Gwiazd"
Drzonków, 21- - 22-4-2012

Konkurencja 21, Chłopców, 400m zmienny, 15 - 16 lat

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
4. Kamil BUCZKOWSKI	96 KORNER Zielona Góra	5:13.09	472	1:08.17	1:23.62	1:29.70	1:11.60
50m: 31.24	31.24	150m: 1:50.56	42.39	250m: 3:16.01	44.22	350m: 4:37.52	36.03
100m: 1:08.17	36.93	200m: 2:31.79	41.23	300m: 4:01.49	45.48	400m: 5:13.09	35.57
5. Wojciech KOSOWICZ	97 KORNER Zielona Góra	5:23.75	427	1:16.16	1:22.58	1:27.82	1:17.19
50m: 34.22	34.22	150m: 1:57.95	41.79	250m: 3:22.63	43.89	350m: 4:46.37	39.81
100m: 1:16.16	41.94	200m: 2:38.74	40.79	300m: 4:06.56	43.93	400m: 5:23.75	37.38
6. Łukasz PALICA	97 JUVENIA Wrocław	5:28.19	410	1:12.48	1:25.63	1:37.29	1:12.79
50m: 32.25	32.25	150m: 1:55.70	43.22	250m: 3:26.69	48.58	350m: 4:52.24	36.84
100m: 1:12.48	40.23	200m: 2:38.11	42.41	300m: 4:15.40	48.71	400m: 5:28.19	35.95
7. Paweł TA SKI	97 JUVENIA Wrocław	5:28.40	409	1:17.39	1:31.95	1:26.29	1:12.77
50m: 34.90	34.90	150m: 2:04.36	46.97	250m: 3:31.97	42.63	350m: 4:55.50	39.87
100m: 1:17.39	42.49	200m: 2:49.34	44.98	300m: 4:15.63	43.66	400m: 5:28.40	32.90
8. Bartosz HODERNY	96 SHARK Rudna	5:34.57	387	1:15.06	1:30.94	1:29.56	1:19.01
50m: 34.11	34.11	150m: 2:01.47	46.41	250m: 3:30.39	44.39	350m: 4:56.29	40.73
100m: 1:15.06	40.95	200m: 2:46.00	44.53	300m: 4:15.56	45.17	400m: 5:34.57	38.28
9. Jakub WAJCFELT	96 SHARK Rudna	5:38.16	374	1:12.00	1:28.41	1:38.03	1:19.72
50m: 32.37	32.37	150m: 1:57.70	45.70	250m: 3:28.88	48.47	350m: 4:58.93	40.49
100m: 1:12.00	39.63	200m: 2:40.41	42.71	300m: 4:18.44	49.56	400m: 5:38.16	39.23
10. Bartłomiej TACZA SKI	96 SHARK Rudna	5:52.52	330	1:16.00	1:32.51	1:45.17	1:18.84
50m: 34.57	34.57	150m: 2:02.82	46.82	250m: 3:40.33	51.82	350m: 5:12.50	38.82
100m: 1:16.00	41.43	200m: 2:48.51	45.69	300m: 4:33.68	53.35	400m: 5:52.52	40.02

14 lat

1. Jakub SAKRAJDA	98 KORNER Zielona Góra	5:16.15	458	1:09.04	1:22.60	1:34.33	1:10.18
50m: 32.07	32.07	150m: 1:50.89	41.85	250m: 3:18.40	46.76	350m: 4:42.22	36.25
100m: 1:09.04	36.97	200m: 2:31.64	40.75	300m: 4:05.97	47.57	400m: 5:16.15	33.93
2. Mateusz MASŁOWSKI	98 L SK Wrocław	5:23.83	426	1:13.80	1:26.18	1:35.89	1:07.96
50m: 34.63	34.63	150m: 1:57.32	43.52	250m: 3:27.10	47.12	350m: 4:49.53	33.66
100m: 1:13.80	39.17	200m: 2:39.98	42.66	300m: 4:15.87	48.77	400m: 5:23.83	34.30
3. Jakub OKUPNIK	98 L SK Wrocław	5:24.71	423	1:08.32	1:25.70	1:36.44	1:14.25
50m: 31.01	31.01	150m: 1:51.58	43.26	250m: 3:21.92	47.90	350m: 4:48.61	38.15
100m: 1:08.32	37.31	200m: 2:34.02	42.44	300m: 4:10.46	48.54	400m: 5:24.71	36.10
4. Piotr CWALINA	98 L SK Wrocław	5:31.00	399	1:14.38	1:24.52	1:38.59	1:13.51
50m: 35.18	35.18	150m: 1:57.23	42.85	250m: 3:28.32	49.42	350m: 4:54.65	37.16
100m: 1:14.38	39.20	200m: 2:38.90	41.67	300m: 4:17.49	49.17	400m: 5:31.00	36.35
5. Maksymilian TUREK	98 L SK Wrocław	5:39.17	371	1:16.41	1:31.39	1:33.72	1:17.65
50m: 35.61	35.61	150m: 2:02.92	46.51	250m: 3:34.31	46.51	350m: 5:00.57	39.05
100m: 1:16.41	40.80	200m: 2:47.80	44.88	300m: 4:21.52	47.21	400m: 5:39.17	38.60