

Polsko-Niemieckie Zawody Pływackie "Drzonków Miejscem Spotka Pływackich Gwiazd"  
Drzonków, 21- - 22-4-2012

Konkurencja 5  
2012-04-21 - 16:47

Kobiet, 400m zmienny

Open  
Wyniki

Punkty: FINA 2011

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m	
<b>Open</b>									
1.	Anna KLINGER	94	SHARK Rudna	<b>5:35.48</b>	518	1:12.67	1:29.51	1:37.80	1:15.50
	50m: 33.35	33.35	150m: 1:57.99	45.32	250m: 3:31.11	48.93	350m: 4:58.32	38.34	
	100m: 1:12.67	39.32	200m: 2:42.18	44.19	300m: 4:19.98	48.87	400m: 5:35.48	37.16	
2.	Maja GAWLICKA	98	KORNER Zielona Góra	<b>5:43.73</b>	481	1:18.01	1:26.87	1:45.84	1:13.01
	50m: 35.32	35.32	150m: 2:02.09	44.08	250m: 3:38.23	53.35	350m: 5:08.85	38.13	
	100m: 1:18.01	42.69	200m: 2:44.88	42.79	300m: 4:30.72	52.49	400m: 5:43.73	34.88	
3.	Aleksandra KANIAK	97	JUVENIA Wrocław	<b>5:47.60</b>	465	1:21.30	1:29.68	1:34.81	1:21.81
	50m: 36.30	36.30	150m: 2:06.43	45.13	250m: 3:38.19	47.21	350m: 5:07.12	41.33	
	100m: 1:21.30	45.00	200m: 2:50.98	44.55	300m: 4:25.79	47.60	400m: 5:47.60	40.48	
4.	Jolanta HORUDKO	98	L SK Wrocław	<b>5:49.42</b>	458	1:26.97	1:28.45	1:35.24	1:18.76
	50m: 40.06	40.06	150m: 2:12.29	45.32	250m: 3:42.74	47.32	350m: 5:11.32	40.66	
	100m: 1:26.97	46.91	200m: 2:55.42	43.13	300m: 4:30.66	47.92	400m: 5:49.42	38.10	
5.	Dominika DYKIJ	98	L SK Wrocław	<b>5:50.66</b>	453	1:20.04	1:30.49	1:42.82	1:17.31
	50m: 36.20	36.20	150m: 2:06.73	46.69	250m: 3:41.75	51.22	350m: 5:12.75	39.40	
	100m: 1:20.04	43.84	200m: 2:50.53	43.80	300m: 4:33.35	51.60	400m: 5:50.66	37.91	
6.	Sandra STAWARZ	98	L SK Wrocław	<b>6:05.13</b>	401	1:18.98	1:34.88	1:48.17	1:23.10
	50m: 36.15	36.15	150m: 2:05.87	46.89	250m: 3:47.30	53.44	350m: 5:23.86	41.83	
	100m: 1:18.98	42.83	200m: 2:53.86	47.99	300m: 4:42.03	54.73	400m: 6:05.13	41.27	
7.	Julia NIEMCZYCKA	99	L SK Wrocław	<b>6:08.39</b>	391	1:22.73	1:35.51	1:47.37	1:22.78
	50m: 36.72	36.72	150m: 2:11.14	48.41	250m: 3:52.24	54.00	350m:		
	100m: 1:22.73	46.01	200m: 2:58.24	47.10	300m: 4:45.61	53.37	400m: 6:08.39		

15 - 16 lat

1.	Aleksandra KANIAK	97	JUVENIA Wrocław	<b>5:47.60</b>	465	1:21.30	1:29.68	1:34.81	1:21.81
	50m: 36.30	36.30	150m: 2:06.43	45.13	250m: 3:38.19	47.21	350m: 5:07.12	41.33	
	100m: 1:21.30	45.00	200m: 2:50.98	44.55	300m: 4:25.79	47.60	400m: 5:47.60	40.48	

13 lat

1.	Julia NIEMCZYCKA	99	L SK Wrocław	<b>6:08.39</b>	391	1:22.73	1:35.51	1:47.37	1:22.78
	50m: 36.72	36.72	150m: 2:11.14	48.41	250m: 3:52.24	54.00	350m:		
	100m: 1:22.73	46.01	200m: 2:58.24	47.10	300m: 4:45.61	53.37	400m: 6:08.39		

14 lat

1.	Maja GAWLICKA	98	KORNER Zielona Góra	<b>5:43.73</b>	481	1:18.01	1:26.87	1:45.84	1:13.01
	50m: 35.32	35.32	150m: 2:02.09	44.08	250m: 3:38.23	53.35	350m: 5:08.85	38.13	
	100m: 1:18.01	42.69	200m: 2:44.88	42.79	300m: 4:30.72	52.49	400m: 5:43.73	34.88	
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	50m: 40.06	40.06	150m: 2:12.29	45.32	250m: 3:42.74	47.32	350m: 5:11.32	40.66	
	100m: 1:26.97	46.91	200m: 2:55.42	43.13	300m: 4:30.66	47.92	400m: 5:49.42	38.10	
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	50m: 36.20	36.20	150m: 2:06.73	46.69	250m: 3:41.75	51.22	350m: 5:12.75	39.40	
	100m: 1:20.04	43.84	200m: 2:50.53	43.80	300m: 4:33.35	51.60	400m: 5:50.66	37.91	
4.	Sandra STAWARZ	98	L SK Wrocław	<b>6:05.13</b>	401	1:18.98	1:34.88	1:48.17	1:23.10
	50m: 36.15	36.15	150m: 2:05.87	46.89	250m: 3:47.30	53.44	350m: 5:23.86	41.83	
	100m: 1:18.98	42.83	200m: 2:53.86	47.99	300m: 4:42.03	54.73	400m: 6:05.13	41.27	