

LIGA SMS - II RUNDA  
Drzonków, 1- - 2-6-2012

Konkurencja 35  
2012-06-02 - 16:23

M czynn, 400m dowolny

Open  
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m		
1. KACZMARSKI Marcin	94	SMS Szczecin	<b>3:57.15</b>	799		58.32	1:00.09	1:00.00	58.74		
50m:	28.13	28.13	150m:	1:28.58	30.26	250m:	2:28.31	29.90	350m:	3:28.21	29.80
100m:	58.32	30.19	200m:	1:58.41	29.83	300m:	2:58.41	30.10	400m:	3:57.15	28.94
2. ZABOROWSKI Filip	94	SMS Szczecin	<b>3:59.60</b>	774		58.85	1:01.09	59.88	59.78		
50m:	28.18	28.18	150m:	1:29.45	30.60	250m:	2:29.72	29.78	350m:	3:29.88	30.06
100m:	58.85	30.67	200m:	1:59.94	30.49	300m:	2:59.82	30.10	400m:	3:59.60	29.72
3. BUJOCZEK Filip	94	SMS Wrocław	<b>4:00.80</b>	763		59.03	1:01.34	1:00.79	59.64		
50m:	28.48	28.48	150m:	1:29.80	30.77	250m:	2:30.85	30.48	350m:	3:32.11	30.95
100m:	59.03	30.55	200m:	2:00.37	30.57	300m:	3:01.16	30.31	400m:	4:00.80	28.69
KLICH Kacper	94	SMS Wrocław	<b>4:00.80</b>	763		59.26	1:01.50	1:00.65	59.39		
50m:	28.49	28.49	150m:	1:29.87	30.61	250m:	2:30.99	30.23	350m:	3:31.91	30.50
100m:	59.26	30.77	200m:	2:00.76	30.89	300m:	3:01.41	30.42	400m:	4:00.80	28.89
5. KUDŁA Łukasz	95	SMS O wi cim	<b>4:08.30</b>	696		58.74	1:02.46	1:04.26	1:02.84		
50m:	28.27	28.27	150m:	1:29.69	30.95	250m:	2:32.62	31.42	350m:	3:37.57	32.11
100m:	58.74	30.47	200m:	2:01.20	31.51	300m:	3:05.46	32.84	400m:	4:08.30	30.73
6. URBANIAK Jan	95	SMS Pozna	<b>4:09.26</b>	688		1:01.22	1:03.50	1:02.99	1:01.55		
50m:	29.67	29.67	150m:	1:33.20	31.98	250m:	2:36.32	31.60	350m:	3:39.01	31.30
100m:	1:01.22	31.55	200m:	2:04.72	31.52	300m:	3:07.71	31.39	400m:	4:09.26	30.25
7. R YSKI Marcin	95	SMS Kraków	<b>4:11.51</b>	669		1:02.04	1:03.91	1:02.94	1:02.62		
50m:	29.81	29.81	150m:	1:34.00	31.96	250m:	2:37.30	31.35	350m:	3:40.26	31.37
100m:	1:02.04	32.23	200m:	2:05.95	31.95	300m:	3:08.89	31.59	400m:	4:11.51	31.25
8. GO DZIK Damian	95	SMS Pozna	<b>4:15.41</b>	639		1:02.40	1:05.50	1:05.72	1:01.79		
50m:	29.66	29.66	150m:	1:35.27	32.87	250m:	2:40.72	32.82	350m:	3:45.69	32.07
100m:	1:02.40	32.74	200m:	2:07.90	32.63	300m:	3:13.62	32.90	400m:	4:15.41	29.72
9. PTASZY SKI Mikołaj	95	SMS Zielona Góra	<b>4:15.58</b>	638		1:04.44	1:06.05	1:04.16	1:00.93		
50m:	30.71	30.71	150m:	1:37.81	33.37	250m:	2:42.70	32.21	350m:	3:46.37	31.72
100m:	1:04.44	33.73	200m:	2:10.49	32.68	300m:	3:14.65	31.95	400m:	4:15.58	29.21
10. KOTLEWSKI Michał	94	SMS Kraków	<b>4:18.38</b>	617		1:01.38	1:06.13	1:06.68	1:04.19		
50m:	29.11	29.11	150m:	1:34.50	33.12	250m:	2:40.95	33.44	350m:	3:47.97	33.78
100m:	1:01.38	32.27	200m:	2:07.51	33.01	300m:	3:14.19	33.24	400m:	4:18.38	30.41
11. BUGDOL Rafał	95	SMS Racibórz	<b>4:21.18</b>	598		1:02.96	1:07.81	1:06.99	1:03.42		
50m:	29.34	29.34	150m:	1:37.41	34.45	250m:	2:43.76	32.99	350m:	3:50.49	32.73
100m:	1:02.96	33.62	200m:	2:10.77	33.36	300m:	3:17.76	34.00	400m:	4:21.18	30.69
12. TOWAREK Sebastian	93	SMS Wrocław	<b>4:23.90</b>	579		59.24	1:04.48	1:09.28	1:10.90		
50m:	28.43	28.43	150m:	1:30.90	31.66	250m:			350m:	3:48.45	35.45
100m:	59.24	30.81	200m:	2:03.72	32.82	300m:	3:13.00		400m:	4:23.90	35.45
13. HOFFMANN Robert	95	SMS Pozna	<b>4:28.87</b>	548		1:05.10	1:09.94	1:09.68	1:04.15		
50m:	1:39.81	1:39.81	150m:			250m:	2:49.88	34.84	350m:		
100m:	1:05.10		200m:	2:15.04		300m:	3:24.72	34.84	400m:	4:28.87	
14. SZEWCZYK Arkadiusz	95	SMS Wrocław	<b>4:30.90</b>	536		1:05.32	1:08.28	1:09.43	1:07.87		
50m:	31.23	31.23	150m:	1:39.13	33.81	250m:	2:47.78	34.18	350m:	3:57.48	34.45
100m:	1:05.32	34.09	200m:	2:13.60	34.47	300m:	3:23.03	35.25	400m:	4:30.90	33.42
15. HYDZIK Piotr	95	SMS Kraków	<b>4:32.45</b>	527		1:04.17	1:09.64	1:10.37	1:08.27		
50m:	30.29	30.29	150m:	1:38.85	34.68	250m:	2:48.85	35.04	350m:	3:59.08	34.90
100m:	1:04.17	33.88	200m:	2:13.81	34.96	300m:	3:24.18	35.33	400m:	4:32.45	33.37
PK FURTEK Paweł	95	WKS I sk Wrocław	<b>4:04.14</b>	732		58.53	1:01.96	1:02.56	1:01.09		
50m:	28.13	28.13	150m:	1:29.44	30.91	250m:	2:31.95	31.46	350m:	3:34.03	30.98
100m:	58.53	30.40	200m:	2:00.49	31.05	300m:	3:03.05	31.10	400m:	4:04.14	30.11
PK GOLCZYK Szymon	96	KORNER Zielona Góra	<b>4:21.15</b>	598		1:03.29	1:07.50	1:07.34	1:03.02		
50m:	29.59	29.59	150m:	1:37.32	34.03	250m:	2:44.24	33.45	350m:	3:50.47	32.34
100m:	1:03.29	33.70	200m:	2:10.79	33.47	300m:	3:18.13	33.89	400m:	4:21.15	30.68
PK MALCZYK Marcin	95	SMS O wi cim	<b>4:24.89</b>	573		1:02.62	1:07.00	1:07.74	1:07.53		
50m:	29.78	29.78	150m:	1:35.94	33.32	250m:	2:43.26	33.64	350m:	3:51.60	34.24
100m:	1:02.62	32.84	200m:	2:09.62	33.68	300m:	3:17.36	34.10	400m:	4:24.89	33.29
PK SIKORA Michał	95	SMS Wrocław	<b>4:31.28</b>	533		1:04.19	1:09.53	1:09.00	1:08.56		
50m:	30.57	30.57	150m:	1:38.55	34.36	250m:	2:46.93	33.21	350m:	3:58.07	35.35
100m:	1:04.19	33.62	200m:	2:13.72	35.17	300m:	3:22.72	35.79	400m:	4:31.28	33.21

LIGA SMS - II RUNDA  
Drzonków, 1- - 2-6-2012

---

Konkurencja 35, M czyzn, 400m dowolny

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
PK BUCZKOWSKI Kamil	96	<b>4:31.70</b>	531	1:04.46	1:08.58	1:09.76	1:08.90
50m: 30.64	30.64	150m: 1:38.64	34.18	250m: 2:47.79	34.75	350m: 3:57.57	34.77
100m: 1:04.46	33.82	200m: 2:13.04	34.40	300m: 3:22.80	35.01	400m: 4:31.70	34.13
PK SAKRAJDA Jakub	98	<b>4:34.81</b>	513	1:05.29	1:10.12	1:10.77	1:08.63
50m: 31.14	31.14	150m: 1:40.11	34.82	250m: 2:50.65	35.24	350m: 4:01.52	35.34
100m: 1:05.29	34.15	200m: 2:15.41	35.30	300m: 3:26.18	35.53	400m: 4:34.81	33.29
PK PLUTA Piotr	97	<b>4:49.78</b>	438	1:08.41	1:13.10	1:14.65	1:13.62
50m: 31.94	31.94	150m: 1:45.03	36.62	250m: 2:58.88	37.37	350m: 4:13.11	36.95
100m: 1:08.41	36.47	200m: 2:21.51	36.48	300m: 3:36.16	37.28	400m: 4:49.78	36.67