

Otwarte Letnie Mistrzostwa Województw D L i LBU
Drzonków, 22- - 23-6-2012

Konkurencja 25
2012-06-23 - 12:01

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m				
16 lat i starsi												
1.	Barbara WASILEWSKA	94	OMEGA Kleszczów	4:23.02	751	1:03.58	1:06.58	1:07.11	1:05.75			
	50m:	31.07	31.07	150m:	1:36.96	33.38	250m:	2:43.97	33.81	350m:	3:50.74	33.47
	100m:	1:03.58	32.51	200m:	2:10.16	33.20	300m:	3:17.27	33.30	400m:	4:23.02	32.28
2.	Joanna ZACHOSZCZ	93	SŁOWIANKA Gorzów Wlkp.	4:31.67	682	1:04.24	2:17.57					
	50m:	31.18	31.18	150m:	1:37.98	33.74	250m:	2:46.84		350m:	3:56.88	
	100m:	1:04.24	33.06	200m:	3:21.81	1:43.83	300m:			400m:	4:31.67	34.79
3.	Joanna HALAGIERA	96	SŁOWIANKA Gorzów Wlkp.	4:35.34	655	1:05.01	1:10.08	1:10.78	1:09.47			
	50m:	31.35	31.35	150m:	1:39.97	34.96	250m:	2:50.53	35.44	350m:	4:00.92	35.05
	100m:	1:05.01	33.66	200m:	2:15.09	35.12	300m:	3:25.87	35.34	400m:	4:35.34	34.42
4.	Beata PO AROWSZCZYK	91	JUVENIA Wrocław	4:39.40	627	1:06.50	1:09.99	1:11.17	1:11.74			
	50m:	32.18	32.18	150m:	1:41.35	34.85	250m:	2:51.81	35.32	350m:	4:04.03	36.37
	100m:	1:06.50	34.32	200m:	2:16.49	35.14	300m:	3:27.66	35.85	400m:	4:39.40	35.37
5.	Kinga TROJANOWSKA	95	OMEGA Kleszczów	4:49.88	561	1:08.10	1:13.58	1:14.09	1:14.11			
	50m:	32.57	32.57	150m:	1:44.59	36.49	250m:	2:58.61	36.93	350m:	4:12.84	37.07
	100m:	1:08.10	35.53	200m:	2:21.68	37.09	300m:	3:35.77	37.16	400m:	4:49.88	37.04
14 - 15 lat												
1.	Paulina HACZKIEWICZ	97	KORNER Zielona Góra	4:38.55	632	1:06.44	1:11.73	1:12.00	1:08.38			
	50m:	31.52	31.52	150m:	1:42.14	35.70	250m:	2:54.21	36.04	350m:	4:05.83	35.66
	100m:	1:06.44	34.92	200m:	2:18.17	36.03	300m:	3:30.17	35.96	400m:	4:38.55	32.72
2.	Katarzyna ZI BA	97	KORNER Zielona Góra	4:38.74	631	1:07.04	1:12.22	1:11.05	1:08.43			
	50m:			150m:	1:43.00	35.96	250m:			350m:		
	100m:	1:07.04		200m:	2:19.26	36.26	300m:	3:30.31		400m:	4:38.74	
3.	Alicja JASEK	97	L SK Wrocław	4:45.32	588	1:06.37	1:13.11	1:13.92	1:11.92			
	50m:			150m:			250m:			350m:	4:09.97	36.57
	100m:	1:06.37		200m:	2:19.48		300m:	3:33.40		400m:	4:45.32	35.35
4.	Zuzanna OLEJNICZAK	97	JEDYNKA Łódź	4:45.96	584	1:09.73	1:13.38	1:12.99	1:09.86			
	50m:	33.61	33.61	150m:	1:46.17	36.44	250m:	2:59.47	36.36	350m:	4:12.74	36.64
	100m:	1:09.73	36.12	200m:	2:23.11	36.94	300m:	3:36.10	36.63	400m:	4:45.96	33.22
5.	Maja GAWLICKA	98	KORNER Zielona Góra	4:54.15	537	1:09.78	1:14.76	1:16.16	1:13.45			
	50m:	33.56	33.56	150m:	1:46.97	37.19	250m:	3:02.51	37.97	350m:	4:18.47	37.77
	100m:	1:09.78	36.22	200m:	2:24.54	37.57	300m:	3:40.70	38.19	400m:	4:54.15	35.68
6.	Gabriela TRZCI SKA	98	SŁOWIANKA Gorzów Wlkp.	4:54.57	535	1:09.10	1:15.29	1:16.07	1:14.11			
	50m:	32.48	32.48	150m:	1:46.82	37.72	250m:	3:02.18	37.79	350m:	4:19.22	38.76
	100m:	1:09.10	36.62	200m:	2:24.39	37.57	300m:	3:40.46	38.28	400m:	4:54.57	35.35
7.	Aleksandra CEKAŁA	97	JUVENIA Wrocław	4:56.98	522	1:09.44	1:15.97	1:17.11	1:14.46			
	50m:	32.96	32.96	150m:	1:47.45	38.01	250m:	3:04.14	38.73	350m:	4:21.18	38.66
	100m:	1:09.44	36.48	200m:	2:25.41	37.96	300m:	3:42.52	38.38	400m:	4:56.98	35.80
8.	Agata KASPROWICZ	98	AZS WSG ASTORIA Bydgos	4:59.78	507	1:10.68	1:17.64	1:16.51	1:14.95			
	50m:	33.67	33.67	150m:	1:49.35	38.67	250m:	3:07.40	39.08	350m:	4:23.18	38.35
	100m:	1:10.68	37.01	200m:	2:28.32	38.97	300m:	3:44.83	37.43	400m:	4:59.78	36.60
9.	Paulina LACH	98	KORNER Zielona Góra	5:00.74	502	1:10.92	1:17.58	1:18.01	1:14.23			
	50m:	33.68	33.68	150m:	1:49.47	38.55	250m:	3:07.43	38.93	350m:	4:25.05	38.54
	100m:	1:10.92	37.24	200m:	2:28.50	39.03	300m:	3:46.51	39.08	400m:	5:00.74	35.69
10.	Anna SMAGA	98	L SK Wrocław	5:00.86	502	1:12.25	1:18.00	1:18.59	1:12.02			
	50m:	34.01	34.01	150m:	1:50.81	38.56	250m:	3:09.52	39.27	350m:	4:26.60	37.76
	100m:	1:12.25	38.24	200m:	2:30.25	39.44	300m:	3:48.84	39.32	400m:	5:00.86	34.26
11.	Aleksandra BEDNAREK	98	JEDYNKA Łódź	5:03.34	490	1:12.10	1:17.06	1:18.11	1:16.07			
	50m:	34.76	34.76	150m:	1:50.41	38.31	250m:	3:08.23	39.07	350m:	4:26.60	39.33
	100m:	1:12.10	37.34	200m:	2:29.16	38.75	300m:	3:47.27	39.04	400m:	5:03.34	36.74
12.	Katarzyna AUGUSTYNIAK	98	KORNER Zielona Góra	5:03.93	487	1:12.28	1:18.21	1:18.35	1:15.09			
	50m:	34.29	34.29	150m:	1:51.45	39.17	250m:	3:09.86	39.37	350m:	4:27.28	38.44
	100m:	1:12.28	37.99	200m:	2:30.49	39.04	300m:	3:48.84	38.98	400m:	5:03.93	36.65
13.	Gabriela VAN DOORNE	98	SŁOWIANKA Gorzów Wlkp.	5:03.95	487	1:11.50	1:18.40	1:18.57	1:15.48			
	50m:	33.60	33.60	150m:	1:50.36	38.86	250m:	3:08.42	38.52	350m:	4:27.21	38.74
	100m:	1:11.50	37.90	200m:	2:29.90	39.54	300m:	3:48.47	40.05	400m:	5:03.95	36.74

Otwarte Letnie Mistrzostwa Województw D L i LBU
Drzonków, 22- - 23-6-2012

Konkurencja 25, Dziewcz t, 400m dowolny, 14 - 15 lat

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m				
14. Ada KOPCZY SKA	98	SŁOWIANKA Gorzów Wlkp.	5:05.23 480	1:10.29	1:18.40	1:19.59	1:16.95				
50m:	33.46	33.46	150m:	1:49.53	39.24	250m:	3:08.72	40.03	350m:	4:27.88	39.60
100m:	1:10.29	36.83	200m:	2:28.69	39.16	300m:	3:48.28	39.56	400m:	5:05.23	37.35
15. Paula ZIELENIEWICZ	98	JEDYNKA Łód	5:05.45 479	1:11.33	1:18.29	1:18.59	1:17.24				
50m:	33.50	33.50	150m:	1:50.61	39.28	250m:	3:08.62	39.00	350m:	4:27.60	39.39
100m:	1:11.33	37.83	200m:	2:29.62	39.01	300m:	3:48.21	39.59	400m:	5:05.45	37.85
16. Dominika DYKIJ	98	L SK Wrocław	5:09.27 462	1:12.80	1:18.40	1:19.80	1:18.27				
50m:	34.63	34.63	150m:	1:51.68	38.88	250m:	3:10.75	39.55	350m:	4:30.53	39.53
100m:	1:12.80	38.17	200m:	2:31.20	39.52	300m:	3:51.00	40.25	400m:	5:09.27	38.74
17. Monika SAWZDARGO	97	L SK Wrocław	5:14.18 441	1:12.46	1:20.61	1:21.54	1:19.57				
50m:	34.13	34.13	150m:	1:52.72	40.26	250m:	3:13.77	40.70	350m:	4:35.19	40.58
100m:	1:12.46	38.33	200m:	2:33.07	40.35	300m:	3:54.61	40.84	400m:	5:14.18	38.99
18. Alicja KACZMAREK	97	L SK Wrocław	5:16.55 431	1:14.57	1:21.38	1:21.24	1:19.36				
50m:	35.65	35.65	150m:	1:55.46	40.89	250m:	3:16.79	40.84	350m:	4:37.58	40.39
100m:	1:14.57	38.92	200m:	2:35.95	40.49	300m:	3:57.19	40.40	400m:	5:16.55	38.97
19. Wiktoria PAWŁOWSKA	98	ZRYW Opole	5:17.45 427	1:14.85	1:21.73	1:22.08	1:18.79				
50m:	35.15	35.15	150m:	1:55.70	40.85	250m:	3:17.85	41.27	350m:	4:39.19	40.53
100m:	1:14.85	39.70	200m:	2:36.58	40.88	300m:	3:58.66	40.81	400m:	5:17.45	38.26
20. Oliwia ZAJ C	98	ENERGETYK Zgorzelec	5:20.01 417	1:15.26	1:23.17	1:22.65	1:18.93				
50m:	35.39	35.39	150m:	1:57.13	41.87	250m:	3:19.85	41.42	350m:	4:41.75	40.67
100m:	1:15.26	39.87	200m:	2:38.43	41.30	300m:	4:01.08	41.23	400m:	5:20.01	38.26
21. Izabela SZYDŁO	98	L SK Wrocław	5:30.22 379	1:19.59	1:25.24	1:24.88	1:20.51				
50m:	38.12	38.12	150m:	2:02.11	42.52	250m:	3:27.45	42.62	350m:	4:50.32	40.61
100m:	1:19.59	41.47	200m:	2:44.83	42.72	300m:	4:09.71	42.26	400m:	5:30.22	39.90
22. Joanna OLSZEWSKA	98	SŁOWIANKA Gorzów Wlkp.	5:49.32 320	1:22.77	1:28.89	1:28.35	1:29.31				
50m:			150m:			250m:			350m:		
100m:	1:22.77		200m:	2:51.66		300m:	4:20.01		400m:	5:49.32	
23. Patrycja KRAWCZYK	98	PIAST Głogów	6:00.78 291	1:22.39	1:33.81	1:35.31	1:29.27				
50m:	38.25	38.25	150m:	2:09.11	46.72	250m:	3:43.77	47.57	350m:	5:18.20	46.69
100m:	1:22.39	44.14	200m:	2:56.20	47.09	300m:	4:31.51	47.74	400m:	6:00.78	42.58
24. Dominika SZADEJ	98	PIAST Głogów	6:00.83 291	1:22.94	1:33.90	1:35.00	1:28.99				
50m:	38.61	38.61	150m:	2:09.19	46.25	250m:	3:44.05	47.21	350m:	5:18.42	46.58
100m:	1:22.94	44.33	200m:	2:56.84	47.65	300m:	4:31.84	47.79	400m:	6:00.83	42.41

12 - 13 lat

1. Julia NIEMCZYCKA	99	L SK Wrocław	5:14.19 440	1:12.95	1:20.17	1:21.58	1:19.49				
50m:	34.27	34.27	150m:	1:52.29	39.34	250m:	3:13.92	40.80	350m:	4:34.98	40.28
100m:	1:12.95	38.68	200m:	2:33.12	40.83	300m:	3:54.70	40.78	400m:	5:14.19	39.21
2. Magdalena REBIEC	99	PŁETWAL Polkowice	5:31.95 373	1:17.76	1:25.83	1:25.72	1:22.64				
50m:	36.43	36.43	150m:	2:00.62	42.86	250m:	3:26.57	42.98	350m:	4:52.38	43.07
100m:	1:17.76	41.33	200m:	2:43.59	42.97	300m:	4:09.31	42.74	400m:	5:31.95	39.57
3. Klara GOTTSCHLING	99	L SK Wrocław	5:36.61 358	1:20.53	1:27.18	1:26.39	1:22.51				
50m:	38.35	38.35	150m:	2:03.79	43.26	250m:	3:30.99	43.28	350m:	4:55.87	41.77
100m:	1:20.53	42.18	200m:	2:47.71	43.92	300m:	4:14.10	43.11	400m:	5:36.61	40.74
4. Martyna BORCZYK	00	REKIN wiebodzi	6:07.08 276	1:28.09	1:34.57	1:33.74	1:30.68				
50m:	41.54	41.54	150m:	2:15.45	47.36	250m:	3:50.08	47.42	350m:	5:22.56	46.16
100m:	1:28.09	46.55	200m:	3:02.66	47.21	300m:	4:36.40	46.32	400m:	6:07.08	44.52
5. Dominika PIEKARZ	99	PŁETWAL Polkowice	6:13.75 261	1:26.93	1:36.62	1:36.88	1:33.32				
50m:	40.11	40.11	150m:	2:15.35	48.42	250m:	3:51.85	48.30	350m:	5:27.82	47.39
100m:	1:26.93	46.82	200m:	3:03.55	48.20	300m:	4:40.43	48.58	400m:	6:13.75	45.93