

Otwarte Letnie Mistrzostwa Województw D L i LBU
Drzonków, 22- - 23-6-2012

Konkurencja 26
2012-06-23 - 12:42

M czynn, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m	
16 lat i starsi								
1. Maciej KU WIK	96	L SK Wrocław	4:07.24	705	58.73	1:02.22	1:03.39	1:02.90
50m:	28.27	28.27	150m:	1:29.77	31.04	250m:	2:32.54	31.59
100m:	58.73	30.46	200m:	2:00.95	31.18	300m:	3:04.34	31.80
350m:						400m:	4:07.24	31.09
2. Mikołaj PTASZY SKI	95	KORNER Zielona Góra	4:14.20	648	1:02.42	1:05.76	1:03.60	1:02.42
50m:	29.92	29.92	150m:	1:35.34	32.92	250m:	2:39.95	31.77
100m:	1:02.42	32.50	200m:	2:08.18	32.84	300m:	3:11.78	31.83
350m:						400m:	4:14.20	30.83
3. Bartosz GIERACKI	95	L SK Wrocław	4:15.27	640	59.54	1:04.96	1:06.26	1:04.51
50m:	28.34	28.34	150m:	1:31.66	32.12	250m:	2:37.56	33.06
100m:	59.54	31.20	200m:	2:04.50	32.84	300m:	3:10.76	33.20
350m:						400m:	4:15.27	31.68
4. Mateusz CHABA	96	JUVENIA Wrocław	4:15.81	636	1:00.86	1:04.97	1:05.51	1:04.47
50m:	28.99	28.99	150m:	1:33.55	32.69	250m:	2:38.68	32.85
100m:	1:00.86	31.87	200m:	2:05.83	32.28	300m:	3:11.34	32.66
350m:						400m:	4:15.81	31.51
5. Bartosz CI KI	94	AZS WSG ASTORIA Bydgos	4:20.67	601	1:01.57	1:06.39	1:07.05	1:05.66
50m:	28.94	28.94	150m:	1:35.15	33.58	250m:	2:41.73	33.77
100m:	1:01.57	32.63	200m:	2:07.96	32.81	300m:	3:15.01	33.28
350m:						400m:	4:20.67	32.08
6. Krzysztof SZAMOTULSKI	96	SŁOWIANKA Gorzów Wlkp	4:21.50	596	1:02.15	1:06.09	1:06.90	1:06.36
50m:	29.98	29.98	150m:	1:34.95	32.80	250m:	2:41.63	33.39
100m:	1:02.15	32.17	200m:	2:08.24	33.29	300m:	3:15.14	33.51
350m:						400m:	4:21.50	32.50
7. Patryk SMEJA	95	AZS WSG ASTORIA Bydgos	4:24.26	577	1:02.79	1:06.32	1:07.77	1:07.38
50m:	30.09	30.09	150m:	1:36.12	33.33	250m:	2:42.70	33.59
100m:	1:02.79	32.70	200m:	2:09.11	32.99	300m:	3:16.88	34.18
350m:						400m:	4:24.26	33.81
8. Michał MALINOWSKI	96	L SK Wrocław	4:26.69	561	1:01.91	1:07.21	1:08.62	1:08.95
50m:	29.75	29.75	150m:	1:35.13	33.22	250m:	2:42.90	33.78
100m:	1:01.91	32.16	200m:	2:09.12	33.99	300m:	3:17.74	34.84
350m:						400m:	4:26.69	34.43
9. Kamil BUCZKOWSKI	96	KORNER Zielona Góra	4:27.80	554	1:03.00	1:08.03	1:09.12	1:07.65
50m:	30.04	30.04	150m:	1:36.84	33.84	250m:	2:45.71	34.68
100m:	1:03.00	32.96	200m:	2:11.03	34.19	300m:	3:20.15	34.44
350m:						400m:	4:27.80	33.06
10. Łukasz MAJEWSKI	96	SŁOWIANKA Gorzów Wlkp	4:31.86	530	1:07.02	1:09.01	1:09.68	1:06.15
50m:	32.12	32.12	150m:	1:41.56	34.54	250m:	2:50.65	34.62
100m:	1:07.02	34.90	200m:	2:16.03	34.47	300m:	3:25.71	35.06
350m:						400m:	4:31.86	32.44
11. Bartłomiej JURU	96	SŁOWIANKA Gorzów Wlkp	4:32.39	527	1:06.55	1:10.60	1:09.73	1:05.51
50m:	31.30	31.30	150m:	1:41.86	35.31	250m:	2:51.76	34.61
100m:	1:06.55	35.25	200m:	2:17.15	35.29	300m:	3:26.88	35.12
350m:						400m:	4:32.39	31.44
12. Łukasz DALECKI	96	L SK Wrocław	4:33.38	521	1:03.60	1:09.27	1:09.67	1:10.84
50m:	30.19	30.19	150m:	1:37.92	34.32	250m:	2:47.42	34.55
100m:	1:03.60	33.41	200m:	2:12.87	34.95	300m:	3:22.54	35.12
350m:						400m:	4:33.38	35.28
13. Daniel WYSZY SKI	96	L SK Wrocław	4:41.46	478	1:07.38	1:11.37	1:12.60	1:10.11
50m:	32.29	32.29	150m:	1:42.97	35.59	250m:	2:54.79	36.04
100m:	1:07.38	35.09	200m:	2:18.75	35.78	300m:	3:31.35	36.56
350m:						400m:	4:41.46	33.86
14. Jerzy GNIAZDOWSKI	96	WODNIK Rawicz	4:47.18	450	1:06.28	1:13.53	1:13.90	1:13.47
50m:	31.10	31.10	150m:	1:43.06	36.78	250m:	2:56.77	36.96
100m:	1:06.28	35.18	200m:	2:19.81	36.75	300m:	3:33.71	36.94
350m:						400m:	4:47.18	36.02
15. Patryk PALUSZKIEWICZ	96	JEDYNKA Łód	4:55.56	412	1:08.48	1:15.83	1:16.83	1:14.42
50m:	32.34	32.34	150m:	1:46.15	37.67	250m:	3:02.78	38.47
100m:	1:08.48	36.14	200m:	2:24.31	38.16	300m:	3:41.14	38.36
350m:						400m:	4:55.56	36.22
16. Sebastian PIETRZAK	96	SŁOWIANKA Gorzów Wlkp	4:55.73	412	1:09.05	1:16.83	1:16.77	1:13.08
50m:	32.91	32.91	150m:	1:47.22	38.17	250m:	3:04.16	38.28
100m:	1:09.05	36.14	200m:	2:25.88	38.66	300m:	3:42.65	38.49
350m:						400m:	4:55.73	35.43

14 - 15 lat

1. Wiktor JASZCZAK	97	L SK Wrocław	4:20.62	602	1:02.35	1:07.55	1:06.65	1:04.07
50m:	29.48	29.48	150m:	1:36.49	34.14	250m:	2:43.60	33.70
100m:	1:02.35	32.87	200m:	2:09.90	33.41	300m:	3:16.55	32.95
350m:						400m:	4:20.62	31.38
2. Jakub HAHN	97	JEDYNKA Łód	4:26.97	560	1:05.08	1:09.25	1:07.72	1:04.92
50m:	30.81	30.81	150m:	1:39.93	34.85	250m:	2:47.99	33.66
100m:	1:05.08	34.27	200m:	2:14.33	34.40	300m:	3:22.05	34.06
350m:						400m:	4:26.97	31.44

Otwarte Letnie Mistrzostwa Województw D L i LBU
Drzonków, 22- - 23-6-2012

Konkurencja 26, Chłopców, 400m dowolny, 14 - 15 lat

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
3. Jakub SAKRAJDA	98	KORNER Zielona Góra	4:28.34 551	1:03.49	1:08.54	1:09.17	1:07.14
50m: 30.11	30.11	150m: 1:37.59	34.10	250m: 2:46.82	34.79	350m: 3:55.81	34.61
100m: 1:03.49	33.38	200m: 2:12.03	34.44	300m: 3:21.20	34.38	400m: 4:28.34	32.53
4. Jakub BRODOWSKI	97	SŁOWIANKA Gorzów Wlkp.	4:31.50 532	1:04.79	1:08.81	1:09.23	1:08.67
50m: 31.10	31.10	150m: 1:38.87	34.08	250m: 2:48.32	34.72	350m: 3:57.74	34.91
100m: 1:04.79	33.69	200m: 2:13.60	34.73	300m: 3:22.83	34.51	400m: 4:31.50	33.76
5. Kacper DERE	98	DZIEWI TKA Dzier oniów	4:31.86 530	1:04.89	1:10.13	1:10.74	1:06.10
50m: 30.52	30.52	150m: 1:38.74	33.85	250m: 2:50.26	35.24	350m: 4:01.08	35.32
100m: 1:04.89	34.37	200m: 2:15.02	36.28	300m: 3:25.76	35.50	400m: 4:31.86	30.78
6. Kai RUDKOWSKI	98	KORNER Zielona Góra	4:36.55 503	1:04.10	1:11.74	1:12.47	1:08.24
50m: 29.94	29.94	150m: 1:39.86	35.76	250m: 2:52.19	36.35	350m: 4:03.77	35.46
100m: 1:04.10	34.16	200m: 2:15.84	35.98	300m: 3:28.31	36.12	400m: 4:36.55	32.78
7. Łukasz PALICA	97	JUVENIA Wrocław	4:36.65 503	1:06.27	1:11.11	1:10.34	1:08.93
50m: 31.81	31.81	150m: 1:41.69	35.42	250m: 2:52.13	34.75	350m:	
100m: 1:06.27	34.46	200m: 2:17.38	35.69	300m: 3:27.72	35.59	400m: 4:36.65	
8. Kacper BIERNACKI	98	ZNICZ Koszalin	4:40.31 483	1:05.56	1:11.25	1:13.14	1:10.36
50m: 30.86	30.86	150m: 1:41.06	35.50	250m: 2:53.25	36.44	350m: 4:07.35	37.40
100m: 1:05.56	34.70	200m: 2:16.81	35.75	300m: 3:29.95	36.70	400m: 4:40.31	32.96
9. Piotr STEFANKO	97	L SK Wrocław	4:42.92 470	1:06.61	1:12.46	1:13.38	1:10.47
50m: 31.62	31.62	150m: 1:42.59	35.98	250m: 2:55.51	36.44	350m: 4:08.47	36.02
100m: 1:06.61	34.99	200m: 2:19.07	36.48	300m: 3:32.45	36.94	400m: 4:42.92	34.45
10. Mateusz GRZYMSKI	98	L SK Wrocław	4:45.13 459	1:06.69	1:13.25	1:13.52	1:11.67
50m: 31.44	31.44	150m: 1:43.53	36.84	250m: 2:56.64	36.70	350m: 4:10.26	36.80
100m: 1:06.69	35.25	200m: 2:19.94	36.41	300m: 3:33.46	36.82	400m: 4:45.13	34.87
11. Mateusz MASŁOWSKI	98	L SK Wrocław	4:45.33 458	1:05.74	1:12.93	1:14.12	1:12.54
50m: 30.64	30.64	150m: 1:42.28	36.54	250m: 2:55.55	36.88	350m: 4:09.66	36.87
100m: 1:05.74	35.10	200m: 2:18.67	36.39	300m: 3:32.79	37.24	400m: 4:45.33	35.67
12. Sebastian BRYCHCZY SI98		L SK Wrocław	4:46.97 450	1:07.22	1:13.31	1:14.13	1:12.31
50m:		150m:		250m:		350m:	
100m: 1:07.22		200m: 2:20.53		300m: 3:34.66		400m: 4:46.97	
13. Kacper LIPI SKI	98	L SK Wrocław	4:48.75 442	1:09.60	1:15.27	1:13.68	1:10.20
50m: 32.85	32.85	150m: 1:47.20	37.60	250m: 3:01.72	36.85	350m: 4:14.12	35.57
100m: 1:09.60	36.75	200m: 2:24.87	37.67	300m: 3:38.55	36.83	400m: 4:48.75	34.63
14. Krystian SZYMKOWIAK	98	SŁOWIANKA Gorzów Wlkp.	4:49.20 440	1:09.25	1:13.73	1:14.46	1:11.76
50m: 32.89	32.89	150m: 1:45.96	36.71	250m: 3:00.01	37.03	350m:	
100m: 1:09.25	36.36	200m: 2:22.98	37.02	300m: 3:37.44	37.43	400m: 4:49.20	
15. Wiktor KOPACKI	98	AZS AWF Wrocław	4:49.34 440	1:06.92	1:14.20	1:14.27	1:13.95
50m: 31.06	31.06	150m: 1:43.95	37.03	250m: 2:57.99	36.87	350m: 4:13.49	38.10
100m: 1:06.92	35.86	200m: 2:21.12	37.17	300m: 3:35.39	37.40	400m: 4:49.34	35.85
16. Łukasz SZPYRA	97	SŁOWIANKA Gorzów Wlkp.	4:52.37 426	1:09.03	1:16.53	1:13.27	1:13.54
50m: 32.51	32.51	150m: 1:47.16	38.13	250m: 3:01.63	36.07	350m: 4:16.91	38.08
100m: 1:09.03	36.52	200m: 2:25.56	38.40	300m: 3:38.83	37.20	400m: 4:52.37	35.46
17. J drzej KUCZMA	98	L SK Wrocław	4:52.51 425	1:09.23	1:15.24	1:14.84	1:13.20
50m: 32.84	32.84	150m: 1:46.98	37.75	250m: 3:02.26	37.79	350m: 4:15.85	36.54
100m: 1:09.23	36.39	200m: 2:24.47	37.49	300m: 3:39.31	37.05	400m: 4:52.51	36.66
18. Kacper KRYSIAK	98	KORNER Zielona Góra	4:53.30 422	1:07.54	1:16.89	1:17.66	1:11.21
50m: 30.92	30.92	150m: 1:46.39	38.85	250m: 3:03.36	38.93	350m: 4:18.52	36.43
100m: 1:07.54	36.62	200m: 2:24.43	38.04	300m: 3:42.09	38.73	400m: 4:53.30	34.78
19. Mateusz TAMM	98	SŁOWIANKA Gorzów Wlkp.	4:56.88 407	1:09.54	1:16.13	1:16.53	1:14.68
50m: 32.84	32.84	150m: 1:47.73	38.19	250m: 3:04.28	38.61	350m: 4:20.01	37.81
100m: 1:09.54	36.70	200m: 2:25.67	37.94	300m: 3:42.20	37.92	400m: 4:56.88	36.87
20. Filip WATRAC	98	SŁOWIANKA Gorzów Wlkp.	4:58.67 400	1:07.95	1:14.67	1:20.87	1:15.18
50m: 32.41	32.41	150m: 1:45.36	37.41	250m: 3:03.61	40.99	350m: 4:21.69	38.20
100m: 1:07.95	35.54	200m: 2:22.62	37.26	300m: 3:43.49	39.88	400m: 4:58.67	36.98
21. Hubert KOZAK	98	KORNER Zielona Góra	4:59.14 398	1:11.21	1:16.13	1:16.51	1:15.29
50m: 33.74	33.74	150m: 1:49.32	38.11	250m: 3:05.75	38.41	350m: 4:22.66	38.81
100m: 1:11.21	37.47	200m: 2:27.34	38.02	300m: 3:43.85	38.10	400m: 4:59.14	36.48
22. Jakub WESOŁOWSKI	98	JEDYNKA Łód	5:14.31 343	1:10.85	1:19.94	1:22.09	1:21.43
50m: 33.43	33.43	150m: 1:50.53	39.68	250m: 3:11.64	40.85	350m: 4:34.16	41.28
100m: 1:10.85	37.42	200m: 2:30.79	40.26	300m: 3:52.88	41.24	400m: 5:14.31	40.15

Otwarte Letnie Mistrzostwa Województw D L i LBU
Drzonków, 22- - 23-6-2012

Konkurencja 26, Chłopców, 400m dowolny, 14 - 15 lat

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
23. Mateusz CIE LIK	98	SŁOWIANKA Gorzów Wlkp.	5:15.53 339	1:15.24	1:20.54	1:20.72	1:19.03
50m:		150m:	250m:	350m:			
100m: 1:15.24		200m: 2:35.78	300m: 3:56.50	400m: 5:15.53			
24. Dominik ŁAZARECKI	98	PIAST Głogów	5:20.73 323	1:16.46	1:25.98	1:24.11	1:14.18
50m: 34.55 34.55		150m: 1:59.93 43.47	250m: 3:25.34 42.90	350m: 4:44.32 37.77			
100m: 1:16.46 41.91		200m: 2:42.44 42.51	300m: 4:06.55 41.21	400m: 5:20.73 36.41			
25. Radosław ZALEWSKI	97	JUVENIA Wrocław	5:25.60 308	1:16.20	1:23.62	1:24.85	1:20.93
50m: 35.81 35.81		150m: 1:57.45 41.25	250m: 3:22.05 42.23	350m: 4:45.56 40.89			
100m: 1:16.20 40.39		200m: 2:39.82 42.37	300m: 4:04.67 42.62	400m: 5:25.60 40.04			
DYSKW. Michał WIERDAK	98	L SK Wrocław	4:47.73 O 4	1:09.35	1:14.35	1:13.54	1:10.49
50m: 32.73 32.73		150m: 1:47.07 37.72	250m: 3:01.08 37.38	350m: 4:14.04 36.80			
100m: 1:09.35 36.62		200m: 2:23.70 36.63	300m: 3:37.24 36.16	400m: 4:47.73 33.69			

12 - 13 lat

1. Jakub CHMIELEWSKI	99	JUVENIA Wrocław	5:04.41 377	1:12.46	1:18.76	1:19.33	1:13.86
50m: 34.13 34.13		150m: 1:52.13 39.67	250m: 3:10.68 39.46	350m: 4:28.32 37.77			
100m: 1:12.46 38.33		200m: 2:31.22 39.09	300m: 3:50.55 39.87	400m: 5:04.41 36.09			
2. Dawid KOPCZY SKI	99	KORNER Zielona Góra	5:09.06 361	1:12.84	1:19.18	1:20.03	1:17.01
50m: 34.52 34.52		150m: 1:52.65 39.81	250m: 3:12.02 40.00	350m: 4:31.54 39.49			
100m: 1:12.84 38.32		200m: 2:32.02 39.37	300m: 3:52.05 40.03	400m: 5:09.06 37.52			
3. Franciszek ZYGMUNT	99	KORNER Zielona Góra	5:09.69 358	1:14.52	1:19.68	1:19.16	1:16.33
50m:		150m: 1:54.62 40.10	250m: 3:14.17 39.97	350m: 4:33.24 39.88			
100m: 1:14.52		200m: 2:34.20 39.58	300m: 3:53.36 39.19	400m: 5:09.69 36.45			
4. Konrad WORO EWICZ	99	KORAL Wrocław	5:20.99 322	1:14.15	1:25.07	1:25.73	1:16.04
50m: 34.35 34.35		150m: 1:56.35 42.20	250m:	350m: 4:45.71 40.76			
100m: 1:14.15 39.80		200m: 2:39.22 42.87	300m: 4:04.95	400m: 5:20.99 35.28			
5. Karol KRZEKOTOWSKI	00	ATOL Ole nica	5:25.73 308	1:16.57	1:25.43	1:25.21	1:18.52
50m: 36.13 36.13		150m: 1:59.14 42.57	250m: 3:24.27 42.27	350m: 4:45.82 38.61			
100m: 1:16.57 40.44		200m: 2:42.00 42.86	300m: 4:07.21 42.94	400m: 5:25.73 39.91			
6. Wojciech MANIEWSKI	99	JUVENIA Wrocław	5:33.24 288	1:15.89	1:26.76	1:26.64	1:23.95
50m: 33.76 33.76		150m: 1:59.20 43.31	250m: 3:26.17 43.52	350m: 4:52.78 43.49			
100m: 1:15.89 42.13		200m: 2:42.65 43.45	300m: 4:09.29 43.12	400m: 5:33.24 40.46			
7. Bartłomiej ZALEGA	99	KORAL Wrocław	5:39.12 273	1:20.64	1:28.12	1:28.95	1:21.41
50m: 37.58 37.58		150m: 2:04.78 44.14	250m: 3:32.91 44.15	350m: 5:01.26 43.55			
100m: 1:20.64 43.06		200m: 2:48.76 43.98	300m: 4:17.71 44.80	400m: 5:39.12 37.86			
8. Dominik KOZAR	99	PIAST Głogów	5:50.07 248	1:21.41	1:31.55	1:30.48	1:26.63
50m: 37.34 37.34		150m: 2:06.64 45.23	250m: 3:38.62 45.66	350m: 5:07.24 43.80			
100m: 1:21.41 44.07		200m: 2:52.96 46.32	300m: 4:23.44 44.82	400m: 5:50.07 42.83			
9. Kacper KRASI SKI	00	AQUARIUS Bielawa	6:08.91 212	1:21.40	1:36.76	1:37.97	1:32.78
50m: 36.48 36.48		150m: 2:09.94 48.54	250m: 3:47.52 49.36	350m: 5:25.63 49.50			
100m: 1:21.40 44.92		200m: 2:58.16 48.22	300m: 4:36.13 48.61	400m: 6:08.91 43.28			
10. Marcin KRAMARZ	00	PIAST Głogów	6:21.03 192	1:26.10	1:37.28	1:38.38	1:39.27
50m: 39.08 39.08		150m: 2:15.31 49.21	250m: 3:52.55 49.17	350m: 5:33.14 51.38			
100m: 1:26.10 47.02		200m: 3:03.38 48.07	300m: 4:41.76 49.21	400m: 6:21.03 47.89			