

Otwarte Letnie Mistrzostwa Województw D L i LBU
Drzonków, 22- - 23-6-2012

Konkurencja 3
2012-06-22 - 10:27

Kobiet, 400m zmienny

12 lat i starsi
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m	
16 lat i starsi									
1.	Alicja TCHÓRZ	92	JUVENIA Wrocław	4:58.85	732	1:06.64	1:18.45	1:26.31	1:07.45
	50m: 31.18	31.18	150m: 1:46.22	39.58	250m: 3:08.19	43.10	350m: 4:26.11	34.71	
	100m: 1:06.64	35.46	200m: 2:25.09	38.87	300m: 3:51.40	43.21	400m: 4:58.85	32.74	
2.	Agata SZMAGALSKA	95	SŁOWIANKA Gorzów Wlkp.	5:11.73	645	1:08.87	1:18.87	1:30.96	1:13.03
	50m: 31.78	31.78	150m: 1:48.53	39.66	250m: 3:12.86	45.12	350m: 4:35.33	36.63	
	100m: 1:08.87	37.09	200m: 2:27.74	39.21	300m: 3:58.70	45.84	400m: 5:11.73	36.40	
3.	Joanna ZACHOSZCZ	93	SŁOWIANKA Gorzów Wlkp.	5:16.21	618	1:08.47	1:22.68	1:29.51	1:15.55
	50m: 32.11	32.11	150m: 1:50.36	41.89	250m: 3:15.34	44.19	350m: 4:39.21	38.55	
	100m: 1:08.47	36.36	200m: 2:31.15	40.79	300m: 4:00.66	45.32	400m: 5:16.21	37.00	
4.	Paulina KŁOPOCKA	95	JUVENIA Wrocław	5:24.92	570	1:08.70	1:23.57	1:39.35	1:13.30
	50m: 32.03	32.03	150m: 1:50.69	41.99	250m: 3:21.47	49.20	350m: 4:50.41	38.79	
	100m: 1:08.70	36.67	200m: 2:32.27	41.58	300m: 4:11.62	50.15	400m: 5:24.92	34.51	
5.	Anna PORZELSKA	95	SŁOWIANKA Gorzów Wlkp.	5:26.99	559	1:11.01	1:23.90	1:37.12	1:14.96
	50m: 33.32	33.32	150m: 1:54.25	43.24	250m: 3:23.61	48.70	350m: 4:50.54	38.51	
	100m: 1:11.01	37.69	200m: 2:34.91	40.66	300m: 4:12.03	48.42	400m: 5:26.99	36.45	
6.	Kinga TROJANOWSKA	95	OMEGA Kleszczów	5:29.63	546	1:15.19	1:24.40	1:37.39	1:12.65
	50m: 35.10	35.10	150m: 1:58.15	42.96	250m: 3:28.49	48.90	350m: 4:53.86	36.88	
	100m: 1:15.19	40.09	200m: 2:39.59	41.44	300m: 4:16.98	48.49	400m: 5:29.63	35.77	
7.	Katarzyna CHUDZIK	95	SŁOWIANKA Gorzów Wlkp.	5:35.60	517	1:12.10	1:27.08	1:35.83	1:20.59
	50m: 32.93	32.93	150m: 1:55.36	43.26	250m: 3:26.70	47.52	350m: 4:55.62	40.61	
	100m: 1:12.10	39.17	200m: 2:39.18	43.82	300m: 4:15.01	48.31	400m: 5:35.60	39.98	
14 - 15 lat									
1.	Julia NOWAK	97	SŁOWIANKA Gorzów Wlkp.	5:19.62	599	1:11.72	1:23.60	1:32.34	1:11.96
	50m: 33.79	33.79	150m: 1:53.76	42.04	250m: 3:21.72	46.40	350m: 4:44.80	37.14	
	100m: 1:11.72	37.93	200m: 2:35.32	41.56	300m: 4:07.66	45.94	400m: 5:19.62	34.82	
2.	Oliwia BEJUK	98	SŁOWIANKA Gorzów Wlkp.	5:25.28	568	1:14.16	1:24.11	1:33.33	1:13.68
	50m: 34.93	34.93	150m: 1:56.66	42.50	250m: 3:24.76	46.49	350m: 4:48.81	37.21	
	100m: 1:14.16	39.23	200m: 2:38.27	41.61	300m: 4:11.60	46.84	400m: 5:25.28	36.47	
3.	Natalia SZELWACH	98	SŁOWIANKA Gorzów Wlkp.	5:33.83	525	1:10.50	1:28.74	1:38.35	1:16.24
	50m: 31.91	31.91	150m: 1:56.83	46.33	250m: 3:27.33	48.09	350m: 4:56.74	39.15	
	100m: 1:10.50	38.59	200m: 2:39.24	42.41	300m: 4:17.59	50.26	400m: 5:33.83	37.09	
4.	Dominika SZTANDERA	97	DZIEWI TKA Dzier oniów	5:34.27	523	1:16.20	1:30.02	1:31.57	1:16.48
	50m: 34.23	34.23	150m: 2:01.90	45.70	250m: 3:32.19	45.97	350m: 4:58.22	40.43	
	100m: 1:16.20	41.97	200m: 2:46.22	44.32	300m: 4:17.79	45.60	400m: 5:34.27	36.05	
5.	Jolanta HORUDKO	98	L SK Wrocław	5:36.15	515	1:21.87	1:24.77	1:31.23	1:18.28
	50m: 36.77	36.77	150m: 2:05.34	43.47	250m: 3:31.75	45.11	350m: 4:58.31	40.44	
	100m: 1:21.87	45.10	200m: 2:46.64	41.30	300m: 4:17.87	46.12	400m: 5:36.15	37.84	
6.	Julia SYTYK	98	KORNER Zielona Góra	5:39.37	500	1:15.49	1:25.43	1:39.50	1:18.95
	50m: 34.74	34.74	150m: 1:59.67	44.18	250m: 3:31.28	50.36	350m: 5:00.69	40.27	
	100m: 1:15.49	40.75	200m: 2:40.92	41.25	300m: 4:20.42	49.14	400m: 5:39.37	38.68	
7.	Wiktoria MAJ	97	JUVENIA Wrocław	5:44.56	478	1:15.71	1:32.15	1:36.54	1:20.16
	50m: 34.74	34.74	150m: 2:02.78	47.07	250m: 3:35.70	47.84	350m: 5:04.91	40.51	
	100m: 1:15.71	40.97	200m: 2:47.86	45.08	300m: 4:24.40	48.70	400m: 5:44.56	39.65	
8.	Paulina LACH	98	KORNER Zielona Góra	5:47.14	467	1:20.68	1:27.49	1:40.01	1:18.96
	50m: 35.87	35.87	150m:		250m: 3:38.75	50.58	350m:		
	100m: 1:20.68	44.81	200m: 2:48.17		300m: 4:28.18	49.43	400m: 5:47.14		
9.	Gabriela BIAŁKOWSKA	98	KORNER Zielona Góra	5:59.60	420	1:27.47	1:24.81	1:50.98	1:16.34
	50m: 39.36	39.36	150m:		250m:		350m: 5:22.05	38.79	
	100m: 1:27.47	48.11	200m: 2:52.28		300m: 4:43.26		400m: 5:59.60	37.55	
10.	Wiktoria PAWŁOWSKA	98	ZRYW Opole	6:04.35	404	1:28.98	1:27.21	1:46.83	1:21.33
	50m: 39.60	39.60	150m: 2:13.11	44.13	250m: 3:48.83	52.64	350m: 5:24.41	41.39	
	100m: 1:28.98	49.38	200m: 2:56.19	43.08	300m: 4:43.02	54.19	400m: 6:04.35	39.94	
11.	Nikola CZUPRYNIAK	98	SŁOWIANKA Gorzów Wlkp.	6:13.07	376	1:22.97	1:37.30	1:51.76	1:21.04
	50m: 36.61	36.61	150m: 2:13.33	50.36	250m: 3:56.36	56.09	350m: 5:33.29	41.26	
	100m: 1:22.97	46.36	200m: 3:00.27	46.94	300m: 4:52.03	55.67	400m: 6:13.07	39.78	

Otwarte Letnie Mistrzostwa Województw D L i LBU
Drzonków, 22- - 23-6-2012

Konkurencja 3, Dziewcz t, 400m zmienny, 14 - 15 lat

Pozycja		Rok ur.				Czas	Pkt.	100m	200m	300m	400m	
DYSKW.	Agnieszka ŁOCHI	SKA	98	SŁOWIANKA	Gorzów Wlkp.	6:25.39	G 10	1:32.91	1:38.70	1:46.75	1:27.03	
	<i>tak e K 5 i K 6</i>											
	50m:	41.69	41.69	150m:	2:22.91	50.00	250m:	4:05.08	53.47	350m:	5:41.74	43.38
	100m:	1:32.91	51.22	200m:	3:11.61	48.70	300m:	4:58.36	53.28	400m:	6:25.39	43.65