

Ogóln. Zawody Pływackie "Ruszamy z Kopyta"
Zielona Góra, 3-2-2013

Konkurencja 12
2013-02-03 - 12:15

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
Open									
1.	PTASZY	SKI Mikołaj	95	KORNER Zielona Góra				4:06.35	644
	50m:	29.63	29.63	150m:	1:33.25	31.67	250m:	2:35.77	30.60
	100m:	1:01.58	31.95	200m:	2:05.17	31.92	300m:	3:06.75	30.98
							350m:	3:36.98	30.23
							400m:	4:06.35	29.37
2.	SIKORA	Michał	95	L SK Wrocław				4:16.63	569
	50m:	30.04	30.04	150m:	1:36.07	32.84	250m:	2:40.48	31.53
	100m:	1:03.23	33.19	200m:	2:08.95	32.88	300m:	3:13.17	32.69
							350m:	3:45.58	32.41
							400m:	4:16.63	31.05
3.	MASLOWSKI	Mateusz	98	L SK Wrocław				4:21.37	539
	50m:	30.06	30.06	150m:	1:36.26	33.11	250m:	2:42.57	33.11
	100m:	1:03.15	33.09	200m:	2:09.46	33.20	300m:	3:15.74	33.17
							350m:	3:49.10	33.36
							400m:	4:21.37	32.27
4.	ORPISZAK	Bartłomiej	95	L SK Wrocław				4:22.55	532
	50m:	29.04	29.04	150m:	1:33.35	32.33	250m:	2:41.03	34.26
	100m:	1:01.02	31.98	200m:	2:06.77	33.42	300m:	3:15.63	34.60
							350m:	3:50.16	34.53
							400m:	4:22.55	32.39
5.	BORUCKI	Marcin	95	MKP Szczecin				4:24.24	522
	50m:	31.01	31.01	150m:	1:37.64	33.63	250m:	2:44.92	33.50
	100m:	1:04.01	33.00	200m:	2:11.42	33.78	300m:	3:18.31	33.39
							350m:	3:51.62	33.31
							400m:	4:24.24	32.62
6.	GRZYMSKI	Mateusz	98	L SK Wrocław				4:24.80	518
	50m:	29.62	29.62	150m:	1:35.09	32.90	250m:	2:42.79	33.94
	100m:	1:02.19	32.57	200m:	2:08.85	33.76	300m:	3:16.97	34.18
							350m:	3:51.63	34.66
							400m:	4:24.80	33.17
7.	PLUTA	Piotr	97	KORNER Zielona Góra				4:25.53	514
	50m:	30.64	30.64	150m:	1:38.09	33.52	250m:	2:45.49	33.98
	100m:	1:04.57	33.93	200m:	2:11.51	33.42	300m:	3:19.30	33.81
							350m:	3:53.06	33.76
							400m:	4:25.53	32.47
8.	PIECHOWIAK	Michał	98	KORNER Zielona Góra				4:28.82	495
	50m:	29.32	29.32	150m:	1:35.58	33.63	250m:	2:44.90	34.70
	100m:	1:01.95	32.63	200m:	2:10.20	34.62	300m:	3:19.74	34.84
							350m:	3:54.66	34.92
							400m:	4:28.82	34.16
9.	RÓJ	Konrad	98	MKP Szczecin				4:32.93	473
	50m:	30.91	30.91	150m:	1:41.63	35.51	250m:	2:52.62	35.24
	100m:	1:06.12	35.21	200m:	2:17.38	35.75	300m:	3:27.05	34.43
							350m:	4:01.25	34.20
							400m:	4:32.93	31.68
10.	WIERDAK	Michał	98	L SK Wrocław				4:33.23	472
	50m:	31.48	31.48	150m:	1:41.48	35.31	250m:	2:51.82	35.25
	100m:	1:06.17	34.69	200m:	2:16.57	35.09	300m:	3:27.03	35.21
							350m:	4:01.26	34.23
							400m:	4:33.23	31.97
11.	TUREK	Maksymilian	98	L SK Wrocław				4:34.16	467
	50m:	32.26	32.26	150m:	1:41.62	34.75	250m:	2:50.99	34.48
	100m:	1:06.87	34.61	200m:	2:16.51	34.89	300m:	3:25.56	34.57
							350m:	4:00.07	34.51
							400m:	4:34.16	34.09
12.	KUCZMA	J drzej	98	L SK Wrocław				4:35.38	461
	50m:	31.80	31.80	150m:	1:42.14	35.75	250m:	2:52.30	35.05
	100m:	1:06.39	34.59	200m:	2:17.25	35.11	300m:	3:27.70	35.40
							350m:	4:02.04	34.34
							400m:	4:35.38	33.34
13.	SZCZUTKOWSKI	Robert	98	L SK Wrocław				4:46.42	409
	50m:	32.86	32.86	150m:	1:43.87	35.80	250m:	2:57.11	36.34
	100m:	1:08.07	35.21	200m:	2:20.77	36.90	300m:	3:33.79	36.68
							350m:	4:10.61	36.82
							400m:	4:46.42	35.81
14.	KOPCZY	SKI Dawid	99	KORNER Zielona Góra				4:58.96	360
	50m:	32.69	32.69	150m:	1:47.63	37.81	250m:	3:04.10	38.52
	100m:	1:09.82	37.13	200m:	2:25.58	37.95	300m:	3:42.78	38.68
							350m:	4:22.24	39.46
							400m:	4:58.96	36.72

14 - 16 lat

1.	MASLOWSKI	Mateusz	98	L SK Wrocław				4:21.37	539
	50m:	30.06	30.06	150m:	1:36.26	33.11	250m:	2:42.57	33.11
	100m:	1:03.15	33.09	200m:	2:09.46	33.20	300m:	3:15.74	33.17
							350m:	3:49.10	33.36
							400m:	4:21.37	32.27
2.	GRZYMSKI	Mateusz	98	L SK Wrocław				4:24.80	518
	50m:	29.62	29.62	150m:	1:35.09	32.90	250m:	2:42.79	33.94
	100m:	1:02.19	32.57	200m:	2:08.85	33.76	300m:	3:16.97	34.18
							350m:	3:51.63	34.66
							400m:	4:24.80	33.17

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Zielona Góra, 3-2-2013

Konkurencja 12, Chłopców, 400m dowolny, 14 - 16 lat

Pozycja			Rok ur.					Czas	Pkt.
3.	PLUTA Piotr		97	KORNER Zielona Góra				4:25.53	514
	50m: 30.64	30.64	150m: 1:38.09	33.52	250m: 2:45.49	33.98	350m: 3:53.06	33.76	
	100m: 1:04.57	33.93	200m: 2:11.51	33.42	300m: 3:19.30	33.81	400m: 4:25.53	32.47	
4.	PIECHOWIAK Michał		98	KORNER Zielona Góra				4:28.82	495
	50m: 29.32	29.32	150m: 1:35.58	33.63	250m: 2:44.90	34.70	350m: 3:54.66	34.92	
	100m: 1:01.95	32.63	200m: 2:10.20	34.62	300m: 3:19.74	34.84	400m: 4:28.82	34.16	
5.	RÓJ Konrad		98	MKP Szczecin				4:32.93	473
	50m: 30.91	30.91	150m: 1:41.63	35.51	250m: 2:52.62	35.24	350m: 4:01.25	34.20	
	100m: 1:06.12	35.21	200m: 2:17.38	35.75	300m: 3:27.05	34.43	400m: 4:32.93	31.68	
6.	WIERDAK Michał		98	L SK Wrocław				4:33.23	472
	50m: 31.48	31.48	150m: 1:41.48	35.31	250m: 2:51.82	35.25	350m: 4:01.26	34.23	
	100m: 1:06.17	34.69	200m: 2:16.57	35.09	300m: 3:27.03	35.21	400m: 4:33.23	31.97	
7.	TUREK Maksymilian		98	L SK Wrocław				4:34.16	467
	50m: 32.26	32.26	150m: 1:41.62	34.75	250m: 2:50.99	34.48	350m: 4:00.07	34.51	
	100m: 1:06.87	34.61	200m: 2:16.51	34.89	300m: 3:25.56	34.57	400m: 4:34.16	34.09	
8.	KUCZMA J drzej		98	L SK Wrocław				4:35.38	461
	50m: 31.80	31.80	150m: 1:42.14	35.75	250m: 2:52.30	35.05	350m: 4:02.04	34.34	
	100m: 1:06.39	34.59	200m: 2:17.25	35.11	300m: 3:27.70	35.40	400m: 4:35.38	33.34	
9.	SZCZUTKOWSKI Robert		98	L SK Wrocław				4:46.42	409
	50m: 32.86	32.86	150m: 1:43.87	35.80	250m: 2:57.11	36.34	350m: 4:10.61	36.82	
	100m: 1:08.07	35.21	200m: 2:20.77	36.90	300m: 3:33.79	36.68	400m: 4:46.42	35.81	
10.	KOPCZY SKI Dawid		99	KORNER Zielona Góra				4:58.96	360
	50m: 32.69	32.69	150m: 1:47.63	37.81	250m: 3:04.10	38.52	350m: 4:22.24	39.46	
	100m: 1:09.82	37.13	200m: 2:25.58	37.95	300m: 3:42.78	38.68	400m: 4:58.96	36.72	