

Grand Prix - Puchar Polski
Pozna , 22- - 23-11-2014

Konkurencja 12
2014-11-22 - 17:00

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	PIECHOTA Paulina		99	UKS 190 Łód				4:48.04	742
	50m:	31.26 31.26	150m:	1:44.03	37.24	250m:	3:02.57 41.96	350m:	4:17.08 32.52
	100m:	1:06.79 35.53	200m:	2:20.61	36.58	300m:	3:44.56 41.99	400m:	4:48.04 30.96
2.	SZPUCHA Katarzyna		96	TRÓJKA Łód				4:48.65	738
	50m:	32.15 32.15	150m:	1:44.41	36.68	250m:	3:00.73 40.03	350m:	4:15.65 34.24
	100m:	1:07.73 35.58	200m:	2:20.70	36.29	300m:	3:41.41 40.68	400m:	4:48.65 33.00
3.	GUS Julia		99	PI TNASTKA Bydgoszcz				4:54.71	693
	50m:	31.12 31.12	150m:	1:43.61	36.98	250m:	3:03.38 43.08	350m:	4:21.38 35.42
	100m:	1:06.63 35.51	200m:	2:20.30	36.69	300m:	3:45.96 42.58	400m:	4:54.71 33.33
4.	KASPEREK Katarzyna		96	MKP Szczecin				4:56.46	681
	50m:	31.72 31.72	150m:	1:48.12	39.49	250m:	3:08.68 42.49	350m:	4:24.72 34.08
	100m:	1:08.63 36.91	200m:	2:26.19	38.07	300m:	3:50.64 41.96	400m:	4:56.46 31.74
5.	FILIPEK Jagoda		99	L SK Wrocław				5:03.17	636
	50m:	31.53 31.53	150m:	1:48.24	39.75	250m:	3:09.53 43.26	350m:	4:29.39 36.03
	100m:	1:08.49 36.96	200m:	2:26.27	38.03	300m:	3:53.36 43.83	400m:	5:03.17 33.78
6.	PECYNA Michalina		00	IKS Konstancin				5:05.41	623
	50m:	33.03 33.03	150m:	1:49.29	38.23	250m:	3:11.72 44.52	350m:	4:31.84 35.21
	100m:	1:11.06 38.03	200m:	2:27.20	37.91	300m:	3:56.63 44.91	400m:	5:05.41 33.57
7.	NIESZPOREK Wiktoria		99	UKS 190 Łód				5:05.56	622
	50m:	33.79 33.79	150m:	1:53.54	40.98	250m:	3:15.21 41.42	350m:	4:32.13 35.19
	100m:	1:12.56 38.77	200m:	2:33.79	40.25	300m:	3:56.94 41.73	400m:	5:05.56 33.43
8.	DUDEK Marlena		94	AZS AWF Katowice				5:07.58	609
	50m:	34.44 34.44	150m:	1:55.80	40.57	250m:	3:15.37 40.24	350m:	4:33.38 36.61
	100m:	1:15.23 40.79	200m:	2:35.13	39.33	300m:	3:56.77 41.40	400m:	5:07.58 34.20
9.	HALAGIERA Joanna		96	SŁOWIANKA Gorzów Wlkp.				5:07.65	609
	50m:	33.35 33.35	150m:	1:51.72	40.65	250m:	3:16.79 45.06	350m:	4:35.54 33.95
	100m:	1:11.07 37.72	200m:	2:31.73	40.01	300m:	4:01.59 44.80	400m:	5:07.65 32.11
10.	GIEDZICZ Katarzyna		98	JUVENIA Białystok				5:07.96	607
	50m:	32.00 32.00	150m:	1:49.70	41.14	250m:	3:13.84 43.70	350m:	4:33.74 36.05
	100m:	1:08.56 36.56	200m:	2:30.14	40.44	300m:	3:57.69 43.85	400m:	5:07.96 34.22
11.	KOŁODZIEJ Katarzyna SO		00	UNIA O wi cim				5:08.16	606
	50m:	33.75 33.75	150m:	1:52.07	39.25	250m:	3:13.99 43.30	350m:	4:33.89 36.20
	100m:	1:12.82 39.07	200m:	2:30.69	38.62	300m:	3:57.69 43.70	400m:	5:08.16 34.27
12.	TRAFAS Kornelia		99	WARTA Pozna				5:08.73	603
	50m:	32.50 32.50	150m:	1:51.71	40.67	250m:	3:14.89 43.87	350m:	4:35.02 36.41
	100m:	1:11.04 38.54	200m:	2:31.02	39.31	300m:	3:58.61 43.72	400m:	5:08.73 33.71
13.	DZWONNIK Zuzanna		00	UKS SP19 Łód				5:10.44	593
	50m:	32.34 32.34	150m:	1:49.14	39.20	250m:	3:12.59 44.88	350m:	4:34.22 36.43
	100m:	1:09.94 37.60	200m:	2:27.71	38.57	300m:	3:57.79 45.20	400m:	5:10.44 36.22
14.	ADAMSKA Alicja		00	ALIGATOR Gorzyce				5:14.28	571
	50m:	34.44 34.44	150m:	1:54.40	39.48	250m:	3:18.44 44.90	350m:	4:40.14 36.62
	100m:	1:14.92 40.48	200m:	2:33.54	39.14	300m:	4:03.52 45.08	400m:	5:14.28 34.14
15.	KLESSA Helena		00	NIELBA W growiec				5:22.63	528
	50m:	35.37 35.37	150m:	1:56.62	41.20	250m:	3:22.65 46.34	350m:	4:46.82 37.33
	100m:	1:15.42 40.05	200m:	2:36.31	39.69	300m:	4:09.49 46.84	400m:	5:22.63 35.81
16.	BOREJSZO Paula		00	MKP Szczecin				5:24.46	519
	50m:	34.21 34.21	150m:	1:56.00	41.30	250m:	3:23.43 46.54	350m:	4:48.49 37.16
	100m:	1:14.70 40.49	200m:	2:36.89	40.89	300m:	4:11.33 47.90	400m:	5:24.46 35.97
17.	KNAPIK Agata		00	OXPRESS Bolesławiec				5:26.57	509
	50m:	34.28 34.28	150m:	1:58.47	42.56	250m:	3:26.04 45.44	350m:	4:49.96 37.34
	100m:	1:15.91 41.63	200m:	2:40.60	42.13	300m:	4:12.62 46.58	400m:	5:26.57 36.61

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18.	SENCZYSZYN Barbara			00	MKP Szczecin				5:28.54	500		
	50m:	33.62	33.62	150m:	1:57.13	43.43	250m:	3:25.36	46.95	350m:	4:51.06	38.05
	100m:	1:13.70	40.08	200m:	2:38.41	41.28	300m:	4:13.01	47.65	400m:	5:28.54	37.48