

Grand Prix - Puchar Polski  
Pozna , 22- - 23-11-2014

Konkurencja 13  
2014-11-22 - 17:14

M czyzn, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	ZBUTOWICZ Karol SOL		98	KORMORAN Olsztyn				<b>4:17.57</b>	764
	50m: 28.09 28.09	150m: 1:34.81 34.32	250m: 2:43.18 35.54	350m: 3:48.77 30.41	400m: 4:17.57 28.80				
	100m: 1:00.49 32.40	200m: 2:07.64 32.83	300m: 3:18.36 35.18						
2.	G SIOR Patryk		94	AZS AWF Warszawa				<b>4:21.91</b>	726
	50m: 28.18 28.18	150m: 1:34.92 34.56	250m: 2:45.09 36.37	350m: 3:53.11 30.94	400m: 4:21.91 28.80				
	100m: 1:00.36 32.18	200m: 2:08.72 33.80	300m: 3:22.17 37.08						
3.	SOBCZYK Maciej		95	AZS-AGH Kraków				<b>4:22.55</b>	721
	50m: 28.52 28.52	150m: 1:36.03 34.37	250m: 2:45.17 36.73	350m: 3:53.22 30.91	400m: 4:22.55 29.33				
	100m: 1:01.66 33.14	200m: 2:08.44 32.41	300m: 3:22.31 37.14						
4.	OSSES Arkadiusz		95	WARTA Pozna				<b>4:25.21</b>	700
	50m: 28.31 28.31	150m: 1:35.50 34.30	250m: 2:47.11 38.87	350m: 3:56.04 29.96	400m: 4:25.21 29.17				
	100m: 1:01.20 32.89	200m: 2:08.24 32.74	300m: 3:26.08 38.97						
5.	BUJAK Dominik		99	SALOS CORTILE Kielce				<b>4:25.49</b>	697
	50m: 28.37 28.37	150m: 1:36.54 35.00	250m: 2:48.02 37.54	350m: 3:56.74 30.84	400m: 4:25.49 28.75				
	100m: 1:01.54 33.17	200m: 2:10.48 33.94	300m: 3:25.90 37.88						
6.	CHMIELEWSKI Jakub		99	L SK Wrocław				<b>4:25.87</b>	694
	50m: 29.04 29.04	150m: 1:36.15 33.95	250m: 2:47.96 39.23	350m: 3:57.14 30.26	400m: 4:25.87 28.73				
	100m: 1:02.20 33.16	200m: 2:08.73 32.58	300m: 3:26.88 38.92						
7.	BAŁABUCH Krystian		95	AZS-AGH Kraków				<b>4:26.29</b>	691
	50m: 28.87 28.87	150m: 1:37.52 35.37	250m: 2:48.22 36.35	350m: 3:56.04 31.32	400m: 4:26.29 30.25				
	100m: 1:02.15 33.28	200m: 2:11.87 34.35	300m: 3:24.72 36.50						
8.	KUBKOWSKI Bartłomiej		95	L SK Wrocław				<b>4:27.28</b>	684
	50m: 28.39 28.39	150m: 1:34.49 33.98	250m: 2:45.03 37.32	350m: 3:55.39 32.16	400m: 4:27.28 31.89				
	100m: 1:00.51 32.12	200m: 2:07.71 33.22	300m: 3:23.23 38.20						
9.	KAMINIARZ Jakub		96	ASTROMAL AKWAWIT Leszno				<b>4:32.04</b>	648
	50m: 28.87 28.87	150m: 1:37.26 35.69	250m: 2:48.89 36.64	350m: 3:59.38 32.85	400m: 4:32.04 32.66				
	100m: 1:01.57 32.70	200m: 2:12.25 34.99	300m: 3:26.53 37.64						
10.	BRODOWSKI Jakub		97	SŁOWIANKA Gorzów Wlkp.				<b>4:33.75</b>	636
	50m: 29.00 29.00	150m: 1:37.10 35.10	250m: 2:51.29 39.52	350m: 4:03.66 31.64	400m: 4:33.75 30.09				
	100m: 1:02.00 33.00	200m: 2:11.77 34.67	300m: 3:32.02 40.73						
11.	BODZIOCH Andrzej		98	MKP Szczecin				<b>4:35.72</b>	623
	50m: 29.22 29.22	150m: 1:38.58 35.34	250m: 2:52.14 39.45	350m: 4:04.46 32.82	400m: 4:35.72 31.26				
	100m: 1:03.24 34.02	200m: 2:12.69 34.11	300m: 3:31.64 39.50						
12.	WERTEPNY Damian		96	SHARK Rudna				<b>4:35.81</b>	622
	50m: 29.41 29.41	150m: 1:39.19 35.48	250m: 2:52.55 39.03	350m: 4:04.52 32.70	400m: 4:35.81 31.29				
	100m: 1:03.71 34.30	200m: 2:13.52 34.33	300m: 3:31.82 39.27						
13.	NIEDZIAŁEK Dominik		98	SKARPA Lublin				<b>4:36.84</b>	615
	50m: 29.42 29.42	150m: 1:39.79 36.17	250m: 2:53.35 39.58	350m: 4:06.26 32.43	400m: 4:36.84 30.58				
	100m: 1:03.62 34.20	200m: 2:13.77 33.98	300m: 3:33.83 40.48						
14.	KUCA Przemysław		94	WARTA Pozna				<b>4:38.22</b>	606
	50m: 27.53 27.53	150m: 1:37.02 37.51	250m: 2:53.56 40.22	350m: 4:07.55 32.54	400m: 4:38.22 30.67				
	100m: 59.51 31.98	200m: 2:13.34 36.32	300m: 3:35.01 41.45						
15.	KUBOT Szymon SZG		97	WARTA Pozna				<b>4:41.62</b>	584
	50m: 29.78 29.78	150m: 1:42.50 37.77	250m: 2:57.81 39.44	350m: 4:10.09 32.89	400m: 4:41.62 31.53				
	100m: 1:04.73 34.95	200m: 2:18.37 35.87	300m: 3:37.20 39.39						
16.	SZOŁOCH Andrzej		96	MKP Gda sk				<b>4:42.54</b>	579
	50m: 29.74 29.74	150m: 1:41.21 37.53	250m: 2:58.02 40.37	350m: 4:11.37 32.92	400m: 4:42.54 31.17				
	100m: 1:03.68 33.94	200m: 2:17.65 36.44	300m: 3:38.45 40.43						
17.	JANUSZANIS Jakub SOL		98	OLIMPIJCZYK Suwałki				<b>4:42.56</b>	578
	50m: 29.68 29.68	150m: 1:41.98 37.65	250m: 2:56.59 38.26	350m: 4:09.81 34.04	400m: 4:42.56 32.75				
	100m: 1:04.33 34.65	200m: 2:18.33 36.35	300m: 3:35.77 39.18						

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Pozycja					Rok ur.					Czas	Pkt.	
18.	PECYNA Maciej				99	IKS Konstancin				<b>4:42.71</b>	578	
	50m:	29.87	29.87	150m:	1:42.10	37.09	250m:	2:58.01	39.90	350m:	4:10.95	32.56
	100m:	1:05.01	35.14	200m:	2:18.11	36.01	300m:	3:38.39	40.38	400m:	4:42.71	31.76
19.	FR CZEK Paweł				98	MKP Gda sk				<b>4:45.09</b>	563	
	50m:	32.08	32.08	150m:	1:45.20	36.61	250m:	3:00.82	40.81	350m:	4:14.05	32.68
	100m:	1:08.59	36.51	200m:	2:20.01	34.81	300m:	3:41.37	40.55	400m:	4:45.09	31.04
20.	D BSKI Dominik				98	TRÓJKA Łód				<b>4:45.99</b>	558	
	50m:	30.40	30.40	150m:	1:43.71	37.84	250m:	3:00.76	41.46	350m:	4:14.96	32.69
	100m:	1:05.87	35.47	200m:	2:19.30	35.59	300m:	3:42.27	41.51	400m:	4:45.99	31.03
21.	DOMA SKI Kamil				00	OLIMPIJCZYK Aleksandrów Ł.				<b>4:47.37</b>	550	
	50m:	30.38	30.38	150m:	1:42.89	37.01	250m:	3:00.45	41.30	350m:	4:15.31	33.18
	100m:	1:05.88	35.50	200m:	2:19.15	36.26	300m:	3:42.13	41.68	400m:	4:47.37	32.06
22.	KUBIAK Bartłomiej				99	DZIEWI TKA Kalisz				<b>4:47.67</b>	548	
	50m:	30.10	30.10	150m:	1:42.87	37.76	250m:	2:59.44	39.96	350m:	4:15.18	34.31
	100m:	1:05.11	35.01	200m:	2:19.48	36.61	300m:	3:40.87	41.43	400m:	4:47.67	32.49
23.	MA KA Filip				00	UKS 190 Łód				<b>4:49.20</b>	539	
	50m:	31.58	31.58	150m:	1:45.13	37.47	250m:	3:02.91	41.24	350m:	4:17.31	32.79
	100m:	1:07.66	36.08	200m:	2:21.67	36.54	300m:	3:44.52	41.61	400m:	4:49.20	31.89
24.	CECERE Marco				99	WARTA Pozna				<b>4:49.83</b>	536	
	50m:	29.73	29.73	150m:	1:41.11	36.84	250m:	3:00.29	42.96	350m:	4:17.40	33.66
	100m:	1:04.27	34.54	200m:	2:17.33	36.22	300m:	3:43.74	43.45	400m:	4:49.83	32.43
25.	TARADY Jakub				00	KORNER Zielona Góra				<b>4:49.93</b>	535	
	50m:	30.28	30.28	150m:	1:43.18	37.05	250m:	3:02.36	43.44	350m:	4:18.35	32.19
	100m:	1:06.13	35.85	200m:	2:18.92	35.74	300m:	3:46.16	43.80	400m:	4:49.93	31.58
26.	STEC Adam				97	MKP Szczecin				<b>4:50.72</b>	531	
	50m:	30.42	30.42	150m:	1:41.77	36.50	250m:	2:59.42	42.11	350m:	4:16.53	34.43
	100m:	1:05.27	34.85	200m:	2:17.31	35.54	300m:	3:42.10	42.68	400m:	4:50.72	34.19
27.	FALBOGOWSKI Maciej				99	WARTA Pozna				<b>4:51.52</b>	527	
	50m:	30.66	30.66	150m:	1:44.03	38.69	250m:	3:04.19	43.11	350m:	4:20.46	33.40
	100m:	1:05.34	34.68	200m:	2:21.08	37.05	300m:	3:47.06	42.87	400m:	4:51.52	31.06
28.	MADO Marek				00	KORNER Zielona Góra				<b>4:52.68</b>	520	
	50m:	32.63	32.63	150m:	1:46.34	35.96	250m:	3:03.66	40.93	350m:	4:19.97	34.39
	100m:	1:10.38	37.75	200m:	2:22.73	36.39	300m:	3:45.58	41.92	400m:	4:52.68	32.71
29.	KRUSZYNA Jakub				98	MKS Piaseczno				<b>4:53.87</b>	514	
	50m:	30.60	30.60	150m:	1:42.14	36.85	250m:	3:01.62	42.30	350m:	4:20.43	34.06
	100m:	1:05.29	34.69	200m:	2:19.32	37.18	300m:	3:46.37	44.75	400m:	4:53.87	33.44
30.	GIBALSKI Bartłomiej				98	SALOS CORTILE Kielce				<b>4:56.20</b>	502	
	50m:	30.27	30.27	150m:	1:44.80	37.86	250m:	3:02.93	41.29	350m:	4:20.86	35.96
	100m:	1:06.94	36.67	200m:	2:21.64	36.84	300m:	3:44.90	41.97	400m:	4:56.20	35.34
31.	WO NIAK Maciej				00	UKS 190 Łód				<b>5:00.97</b>	479	
	50m:	31.69	31.69	150m:	1:46.96	38.65	250m:	3:08.54	45.14	350m:	4:28.05	33.83
	100m:	1:08.31	36.62	200m:	2:23.40	36.44	300m:	3:54.22	45.68	400m:	5:00.97	32.92
32.	KUCZAK Adam				00	KORNER Zielona Góra				<b>5:05.03</b>	460	
	50m:	33.93	33.93	150m:	1:51.18	37.32	250m:	3:12.02	44.31	350m:	4:30.68	34.54
	100m:	1:13.86	39.93	200m:	2:27.71	36.53	300m:	3:56.14	44.12	400m:	5:05.03	34.35
33.	KOWALSKI Rafał				00	SŁOWIANKA Gorzów Wlkp.				<b>5:06.46</b>	453	
	50m:	33.54	33.54	150m:	1:51.05	39.38	250m:	3:12.25	42.69	350m:	4:31.29	35.50
	100m:	1:11.67	38.13	200m:	2:29.56	38.51	300m:	3:55.79	43.54	400m:	5:06.46	35.17
34.	SKUBA Marcin				98	ORKA Zamo				<b>5:14.26</b>	420	
	50m:	32.36	32.36	150m:	1:50.45	39.68	250m:	3:15.06	46.30	350m:	4:39.06	36.75
	100m:	1:10.77	38.41	200m:	2:28.76	38.31	300m:	4:02.31	47.25	400m:	5:14.26	35.20
35.	SZYNAŁSKI Szymon				00	WODNIK Rawicz				<b>5:25.91</b>	377	
	50m:	34.89	34.89	150m:	1:59.08	42.59	250m:	3:26.13	46.55	350m:	4:51.38	37.06
	100m:	1:16.49	41.60	200m:	2:39.58	40.50	300m:	4:14.32	48.19	400m:	5:25.91	34.53

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Konkurencja 13, M czyzn, 400m zmienny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.	
DYSKW.	W	GROWSKI Marcel		99	OLIMPIJCZYK Aleksandrów Ł.					Z 2	
	50m:	28.23	28.23	150m:	1:35.53	34.27	250m:	2:47.21	38.12	350m: 3:56.51	30.87
	100m:	1:01.26	33.03	200m:	2:09.09	33.56	300m:	3:25.64	38.43	400m:	