

Grand Prix - Puchar Polski
Pozna , 22- - 23-11-2014

Konkurencja 33
2014-11-23 - 12:19

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
14 lat i starsi			
1. ZACHOSZCZ Joanna	93	4:15.10	776
50m: 30.27 30.27	150m: 1:33.67 31.90	250m: 2:37.61 32.01	350m: 3:42.75 32.69
100m: 1:01.77 31.50	200m: 2:05.60 31.93	300m: 3:10.06 32.45	400m: 4:15.10 32.35
2. WIKIEŁ Manuela	92	4:16.62	763
50m: 31.12 31.12	150m: 1:35.28 32.01	250m: 2:39.69 32.22	350m: 3:44.52 32.48
100m: 1:03.27 32.15	200m: 2:07.47 32.19	300m: 3:12.04 32.35	400m: 4:16.62 32.10
3. JANKOWSKA Klaudia	98	4:17.77	753
50m: 29.76 29.76	150m: 1:34.04 32.26	250m: 2:39.49 32.81	350m: 3:45.69 33.13
100m: 1:01.78 32.02	200m: 2:06.68 32.64	300m: 3:12.56 33.07	400m: 4:17.77 32.08
4. BURSKA Justyna	95	4:19.37	739
50m: 31.02 31.02	150m: 1:36.71 32.72	250m: 2:42.07 32.75	350m: 3:47.48 32.64
100m: 1:03.99 32.97	200m: 2:09.32 32.61	300m: 3:14.84 32.77	400m: 4:19.37 31.89
5. KARPISZ Milena	97	4:19.48	738
50m: 31.31 31.31	150m: 1:37.10 32.95	250m: 2:43.09 32.88	350m: 3:48.05 32.45
100m: 1:04.15 32.84	200m: 2:10.21 33.11	300m: 3:15.60 32.51	400m: 4:19.48 31.43
6. PIECHOTA Paulina	99	4:20.89	726
50m: 29.95 29.95	150m: 1:34.83 32.54	250m: 2:40.71 32.91	350m: 3:47.86 33.63
100m: 1:02.29 32.34	200m: 2:07.80 32.97	300m: 3:14.23 33.52	400m: 4:20.89 33.03
7. BORKOWSKA Lucyna SZG	97	4:22.47	713
50m: 31.37 31.37	150m: 1:37.44 33.03	250m: 2:43.97 33.51	350m: 3:50.24 33.23
100m: 1:04.41 33.04	200m: 2:10.46 33.02	300m: 3:17.01 33.04	400m: 4:22.47 32.23
8. MARGULA Weronika	00	4:24.36	698
50m: 30.50 30.50	150m: 1:37.16 33.74	250m: 2:44.03 33.28	350m: 3:50.60 33.26
100m: 1:03.42 32.92	200m: 2:10.75 33.59	300m: 3:17.34 33.31	400m: 4:24.36 33.76
9. KASPEREK Katarzyna	96	4:25.37	690
50m: 31.35 31.35	150m: 1:38.59 33.83	250m: 2:46.36 33.86	350m: 3:52.97 33.16
100m: 1:04.76 33.41	200m: 2:12.50 33.91	300m: 3:19.81 33.45	400m: 4:25.37 32.40
10. BAKUNIAK Hanna	96	4:27.25	675
50m: 31.16 31.16	150m: 1:38.53 33.74	250m: 2:46.22 34.07	350m: 3:54.39 33.92
100m: 1:04.79 33.63	200m: 2:12.15 33.62	300m: 3:20.47 34.25	400m: 4:27.25 32.86
11. BARYŁA Julia	00	4:28.16	668
50m: 30.66 30.66	150m: 1:37.36 33.65	250m: 2:44.91 33.68	350m: 3:53.99 34.97
100m: 1:03.71 33.05	200m: 2:11.23 33.87	300m: 3:19.02 34.11	400m: 4:28.16 34.17
12. HALAGIERA Joanna	96	4:28.65	665
50m: 30.91 30.91	150m: 1:38.97 34.25	250m: 2:47.73 34.09	350m: 3:55.45 33.91
100m: 1:04.72 33.81	200m: 2:13.64 34.67	300m: 3:21.54 33.81	400m: 4:28.65 33.20
13. REKS Aleksandra	00	4:29.40	659
50m: 31.05 31.05	150m: 1:38.20 33.97	250m: 2:46.17 33.95	350m: 3:54.82 34.36
100m: 1:04.23 33.18	200m: 2:12.22 34.02	300m: 3:20.46 34.29	400m: 4:29.40 34.58
14. SZATANEK Julia SSz	99	4:31.58	643
50m: 29.61 29.61	150m: 1:36.32 33.86	250m: 2:46.50 35.33	350m: 3:57.23 35.44
100m: 1:02.46 32.85	200m: 2:11.17 34.85	300m: 3:21.79 35.29	400m: 4:31.58 34.35
15. ZROBEK Natalia	99	4:32.03	640
50m: 31.52 31.52	150m: 1:39.39 34.21	250m: 2:48.37 34.62	350m: 3:57.95 35.00
100m: 1:05.18 33.66	200m: 2:13.75 34.36	300m: 3:22.95 34.58	400m: 4:32.03 34.08
16. EMAJTIS Maria	00	4:32.63	636
50m: 30.80 30.80	150m: 1:38.55 34.07	250m: 2:48.51 34.95	350m: 3:58.92 35.25
100m: 1:04.48 33.68	200m: 2:13.56 35.01	300m: 3:23.67 35.16	400m: 4:32.63 33.71
17. RZO CA Patrycja	99	4:32.74	635
50m: 31.35 31.35	150m: 1:39.83 34.40	250m: 2:49.09 34.43	350m: 3:58.79 34.99
100m: 1:05.43 34.08	200m: 2:14.66 34.83	300m: 3:23.80 34.71	400m: 4:32.74 33.95

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Konkurencja 33, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.				Czas				Pkt.
18.	DYRDA Karolina		97 L SK Wrocław				4:33.69				629
	50m:	31.60 31.60	150m:	1:41.16 35.00	250m:	2:51.52 35.13	350m:	4:00.31 34.09	400m:	4:33.69 33.38	
	100m:	1:06.16 34.56	200m:	2:16.39 35.23	300m:	3:26.22 34.70	400m:	4:33.69 33.38			
19.	NIESZPOREK Wiktoria		99 UKS 190 Łód				4:35.27				618
	50m:	30.71 30.71	150m:	1:40.65 35.15	250m:	2:51.19 35.51	350m:	4:01.16 35.00	400m:	4:35.27 34.11	
	100m:	1:05.50 34.79	200m:	2:15.68 35.03	300m:	3:26.16 34.97	400m:	4:35.27 34.11			
20.	FILIPEK Jagoda		99 L SK Wrocław				4:35.83				614
	50m:	31.40 31.40	150m:	1:41.06 35.07	250m:	2:50.90 34.55	350m:	4:01.29 35.29	400m:	4:35.83 34.54	
	100m:	1:05.99 34.59	200m:	2:16.35 35.29	300m:	3:26.00 35.10	400m:	4:35.83 34.54			
21.	POKRYWKA Karolina		98 TRÓJKA Łód				4:35.88				614
	50m:	31.98 31.98	150m:	1:41.20 35.11	250m:	2:51.72 35.00	350m:	4:01.75 34.97	400m:	4:35.88 34.13	
	100m:	1:06.09 34.11	200m:	2:16.72 35.52	300m:	3:26.78 35.06	400m:	4:35.88 34.13			
22.	NIKLARZ Maria		97 RUCH Grudzi dz				4:37.08				606
	50m:	31.03 31.03	150m:	1:39.35 34.47	250m:	2:48.87 35.26	350m:	4:01.81 36.57	400m:	4:37.08 35.27	
	100m:	1:04.88 33.85	200m:	2:13.61 34.26	300m:	3:25.24 36.37	400m:	4:37.08 35.27			
23.	ROGOWSKA Paulina		98 SALOS CORTILE Kielce				4:37.63				602
	50m:	31.26 31.26	150m:	1:39.63 34.49	250m:	2:50.95 35.83	350m:	4:03.16 36.07	400m:	4:37.63 34.47	
	100m:	1:05.14 33.88	200m:	2:15.12 35.49	300m:	3:27.09 36.14	400m:	4:37.63 34.47			
24.	KIT Zuzanna		97 DZIEWI TKA Kalisz				4:38.60				596
	50m:	30.08 30.08	150m:	1:36.87 33.90	250m:	2:48.48 36.24	350m:	4:02.77 37.29	400m:	4:38.60 35.83	
	100m:	1:02.97 32.89	200m:	2:12.24 35.37	300m:	3:25.48 37.00	400m:	4:38.60 35.83			
25.	BRONEK Martyna		00 ALIGATOR Gorzyce				4:38.80				595
	50m:	30.61 30.61	150m:	1:40.72 35.42	250m:	2:52.86 36.23	350m:	4:04.77 35.62	400m:	4:38.80 34.03	
	100m:	1:05.30 34.69	200m:	2:16.63 35.91	300m:	3:29.15 36.29	400m:	4:38.80 34.03			
26.	NIEWIADOMSKA Adrianna		99 GOS Raszyn				4:39.03				593
	50m:	31.74 31.74	150m:	1:42.35 35.75	250m:	2:53.65 35.16	350m:	4:04.72 35.08	400m:	4:39.03 34.31	
	100m:	1:06.60 34.86	200m:	2:18.49 36.14	300m:	3:29.64 35.99	400m:	4:39.03 34.31			
27.	SPOLJAR Sylwia SR		98 AZS AWF Katowice				4:39.31				591
	50m:	30.84 30.84	150m:	1:40.15 34.94	250m:	2:52.28 36.56	350m:	4:05.01 36.29	400m:	4:39.31 34.30	
	100m:	1:05.21 34.37	200m:	2:15.72 35.57	300m:	3:28.72 36.44	400m:	4:39.31 34.30			
28.	DUDA Zuzanna		99 L SK Wrocław				4:39.51				590
	50m:	32.13 32.13	150m:	1:43.65 36.19	250m:	2:55.41 35.51	350m:	4:06.20 35.65	400m:	4:39.51 33.31	
	100m:	1:07.46 35.33	200m:	2:19.90 36.25	300m:	3:30.55 35.14	400m:	4:39.51 33.31			
29.	W CŁAWIAK Irena		98 GIM92 URSYNÓW Warszawa				4:39.63				589
	50m:	32.56 32.56	150m:	1:43.54 35.58	250m:	2:55.21 35.37	350m:	4:05.97 35.37	400m:	4:39.63 33.66	
	100m:	1:07.96 35.40	200m:	2:19.84 36.30	300m:	3:30.60 35.39	400m:	4:39.63 33.66			
30.	PECYNA Michalina		00 IKS Konstancin				4:39.78				588
	50m:	31.98 31.98	150m:	1:42.04 35.38	250m:	2:53.67 35.76	350m:	4:05.57 35.91	400m:	4:39.78 34.21	
	100m:	1:06.66 34.68	200m:	2:17.91 35.87	300m:	3:29.66 35.99	400m:	4:39.78 34.21			
31.	SADOWSKA Klaudia		99 L SK Wrocław				4:40.29				585
	50m:	32.28 32.28	150m:	1:44.05 36.18	250m:	2:54.76 34.65	350m:	4:05.33 35.55	400m:	4:40.29 34.96	
	100m:	1:07.87 35.59	200m:	2:20.11 36.06	300m:	3:29.78 35.02	400m:	4:40.29 34.96			
32.	SINITCHINE Zoja		00 KORMORAN Olsztyn				4:42.20				573
	50m:	31.48 31.48	150m:	1:42.27 35.71	250m:	2:54.51 35.98	350m:	4:07.09 36.12	400m:	4:42.20 35.11	
	100m:	1:06.56 35.08	200m:	2:18.53 36.26	300m:	3:30.97 36.46	400m:	4:42.20 35.11			
33.	KLESSA Helena		00 NIELBA W growiec				4:43.52				565
	50m:	31.67 31.67	150m:	1:41.29 35.60	250m:	2:53.89 36.51	350m:	4:07.35 36.94	400m:	4:43.52 36.17	
	100m:	1:05.69 34.02	200m:	2:17.38 36.09	300m:	3:30.41 36.52	400m:	4:43.52 36.17			
34.	MAZUR Maja		98 SALOS CORTILE Kielce				4:44.44				560
	50m:	31.74 31.74	150m:	1:41.88 35.82	250m:	2:55.30 36.88	350m:	4:09.14 36.24	400m:	4:44.44 35.30	
	100m:	1:06.06 34.32	200m:	2:18.42 36.54	300m:	3:32.90 37.60	400m:	4:44.44 35.30			
35.	KAPŁON Aleksandra		99 ORKA Zamo				4:46.12				550
	50m:	32.32 32.32	150m:	1:44.42 36.58	250m:	2:58.27 36.52	350m:	4:11.26 36.35	400m:	4:46.12 34.86	
	100m:	1:07.84 35.52	200m:	2:21.75 37.33	300m:	3:34.91 36.64	400m:	4:46.12 34.86			

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Pozycja			Rok ur.					Czas	Pkt.
36.	MALCZEWSKA Zofia	00	POLONIA Warszawa					4:47.65	541
	50m: 32.52 32.52	150m: 1:45.91	36.92	250m: 2:58.92	36.51	350m: 4:12.21	36.61		
	100m: 1:08.99 36.47	200m: 2:22.41	36.50	300m: 3:35.60	36.68	400m: 4:47.65	35.44		
37.	I YCKA Marta	00	WODNIK Siemianowice I.					4:47.94	540
	50m: 31.80 31.80	150m: 1:42.61	35.86	250m: 2:55.85	36.55	350m: 4:11.01	37.70		
	100m: 1:06.75 34.95	200m: 2:19.30	36.69	300m: 3:33.31	37.46	400m: 4:47.94	36.93		
38.	BOREJSZO Paula	00	MKP Szczecin					4:50.22	527
	50m: 33.41 33.41	150m: 1:46.20	37.20	250m: 3:00.45	36.71	350m: 4:15.49	37.74		
	100m: 1:09.00 35.59	200m: 2:23.74	37.54	300m: 3:37.75	37.30	400m: 4:50.22	34.73		
39.	LEWANDOWICZ Natalia	00	ABIANKA Gda sk					4:50.29	527
	50m: 32.60 32.60	150m: 1:45.88	37.04	250m: 3:00.37	37.35	350m: 4:14.08	36.69		
	100m: 1:08.84 36.24	200m: 2:23.02	37.14	300m: 3:37.39	37.02	400m: 4:50.29	36.21		
40.	CIPORSKA Katarzyna	00	POLONIA Warszawa					4:50.63	525
	50m: 32.48 32.48	150m: 1:45.74	37.06	250m: 3:00.46	37.49	350m: 4:14.68	37.18		
	100m: 1:08.68 36.20	200m: 2:22.97	37.23	300m: 3:37.50	37.04	400m: 4:50.63	35.95		
41.	MORCHAT Katarzyna	00	KORNER Zielona Góra					4:52.19	517
	50m: 34.06 34.06	150m: 1:47.90	37.03	250m: 3:02.32	37.13	350m: 4:16.88	37.08		
	100m: 1:10.87 36.81	200m: 2:25.19	37.29	300m: 3:39.80	37.48	400m: 4:52.19	35.31		
42.	PRUSINOWSKA Klaudyna	00	SŁOWIANKA Gorzów Wlkp.					4:54.04	507
	50m: 32.00 32.00	150m: 1:46.30	37.25	250m: 3:02.08	37.88	350m: 4:17.20	37.26		
	100m: 1:09.05 37.05	200m: 2:24.20	37.90	300m: 3:39.94	37.86	400m: 4:54.04	36.84		
43.	KOTERBA Adrianna	00	KORNER Zielona Góra					4:56.05	497
	50m: 33.79 33.79	150m: 1:48.25	37.36	250m: 3:04.32	38.22	350m: 4:20.15	38.43		
	100m: 1:10.89 37.10	200m: 2:26.10	37.85	300m: 3:41.72	37.40	400m: 4:56.05	35.90		
44.	PETTERS Klaudia	99	OXPRESS Bolesławiec					4:57.63	489
	50m: 32.84 32.84	150m: 1:48.08	37.94	250m: 3:04.85	38.30	350m: 4:20.93	38.00		
	100m: 1:10.14 37.30	200m: 2:26.55	38.47	300m: 3:42.93	38.08	400m: 4:57.63	36.70		
45.	BIERNACKA Wiktoria	00	ZNICZ Koszalin					4:57.86	488
	50m: 32.04 32.04	150m: 1:46.09	37.67	250m: 3:03.33	39.31	350m: 4:20.95	38.89		
	100m: 1:08.42 36.38	200m: 2:24.02	37.93	300m: 3:42.06	38.73	400m: 4:57.86	36.91		
46.	JAWORSKA Aleksandra	99	SŁOWIANKA Gorzów Wlkp.					4:58.98	482
	50m: 34.13 34.13	150m: 1:50.08	38.44	250m: 3:06.66	38.20	350m: 4:22.02	37.30		
	100m: 1:11.64 37.51	200m: 2:28.46	38.38	300m: 3:44.72	38.06	400m: 4:58.98	36.96		
47.	KIT Natalia	99	DZIEWI TKA Kalisz					4:59.01	482
	50m: 30.98 30.98	150m: 1:44.18	37.36	250m: 3:01.81	38.70	350m: 4:20.14	39.56		
	100m: 1:06.82 35.84	200m: 2:23.11	38.93	300m: 3:40.58	38.77	400m: 4:59.01	38.87		
48.	RADOSZ Joanna	97	FALA Swarz dz					5:01.07	472
	50m: 34.01 34.01	150m: 1:49.36	38.04	250m: 3:06.66	38.83	350m: 4:24.11	38.66		
	100m: 1:11.32 37.31	200m: 2:27.83	38.47	300m: 3:45.45	38.79	400m: 5:01.07	36.96		
49.	NAWROCKA Paulina	99	SŁOWIANKA Gorzów Wlkp.					5:01.69	469
	50m: 35.47 35.47	150m: 1:52.70	38.90	250m: 3:09.97	38.58	350m: 4:26.48	37.62		
	100m: 1:13.80 38.33	200m: 2:31.39	38.69	300m: 3:48.86	38.89	400m: 5:01.69	35.21		
50.	CHOJECKA Karolina	00	OLIMPIC Warka					5:03.73	460
	50m: 33.24 33.24	150m: 1:48.61	38.45	250m: 3:07.53	39.93	350m: 4:25.62	38.80		
	100m: 1:10.16 36.92	200m: 2:27.60	38.99	300m: 3:46.82	39.29	400m: 5:03.73	38.11		
51.	D BROWSKA Agnieszka	00	KORNER Zielona Góra					5:04.02	459
	50m: 33.24 33.24	150m: 1:49.37	38.49	250m: 3:08.77	39.87	350m: 4:28.08	39.99		
	100m: 1:10.88 37.64	200m: 2:28.90	39.53	300m: 3:48.09	39.32	400m: 5:04.02	35.94		

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Konkurencja 33, Kobiet, 400m dowolny

18 - 22 lat

1.	ZACHOSZCZ Joanna	93	AZS UWM Olsztyn	4:15.10	776
	50m: 30.27 30.27	150m: 1:33.67 31.90	250m: 2:37.61 32.01	350m: 3:42.75 32.69	
	100m: 1:01.77 31.50	200m: 2:05.60 31.93	300m: 3:10.06 32.45	400m: 4:15.10 32.35	
2.	WIKIEŁ Manuela	92	AZS UWM Olsztyn	4:16.62	763
	50m: 31.12 31.12	150m: 1:35.28 32.01	250m: 2:39.69 32.22	350m: 3:44.52 32.48	
	100m: 1:03.27 32.15	200m: 2:07.47 32.19	300m: 3:12.04 32.35	400m: 4:16.62 32.10	
3.	BURSKA Justyna	95	PI TKA Konstancynów Ł.	4:19.37	739
	50m: 31.02 31.02	150m: 1:36.71 32.72	250m: 2:42.07 32.75	350m: 3:47.48 32.64	
	100m: 1:03.99 32.97	200m: 2:09.32 32.61	300m: 3:14.84 32.77	400m: 4:19.37 31.89	
4.	KASPEREK Katarzyna	96	MKP Szczecin	4:25.37	690
	50m: 31.35 31.35	150m: 1:38.59 33.83	250m: 2:46.36 33.86	350m: 3:52.97 33.16	
	100m: 1:04.76 33.41	200m: 2:12.50 33.91	300m: 3:19.81 33.45	400m: 4:25.37 32.40	
5.	BAKUNIAK Hanna	96	MKP Szczecin	4:27.25	675
	50m: 31.16 31.16	150m: 1:38.53 33.74	250m: 2:46.22 34.07	350m: 3:54.39 33.92	
	100m: 1:04.79 33.63	200m: 2:12.15 33.62	300m: 3:20.47 34.25	400m: 4:27.25 32.86	
6.	HALAGIERA Joanna	96	SŁOWIANKA Gorzów Wlkp.	4:28.65	665
	50m: 30.91 30.91	150m: 1:38.97 34.25	250m: 2:47.73 34.09	350m: 3:55.45 33.91	
	100m: 1:04.72 33.81	200m: 2:13.64 34.67	300m: 3:21.54 33.81	400m: 4:28.65 33.20	

16 - 17 lat

1.	JANKOWSKA Klaudia	98	GIM92 URSYNÓW Warszawa	4:17.77	753
	50m: 29.76 29.76	150m: 1:34.04 32.26	250m: 2:39.49 32.81	350m: 3:45.69 33.13	
	100m: 1:01.78 32.02	200m: 2:06.68 32.64	300m: 3:12.56 33.07	400m: 4:17.77 32.08	
2.	KARPISZ Milena	97	PI TKA Konstancynów Ł.	4:19.48	738
	50m: 31.31 31.31	150m: 1:37.10 32.95	250m: 2:43.09 32.88	350m: 3:48.05 32.45	
	100m: 1:04.15 32.84	200m: 2:10.21 33.11	300m: 3:15.60 32.51	400m: 4:19.48 31.43	
3.	BORKOWSKA Lucyna SZG	97	SAMBOR Tczew	4:22.47	713
	50m: 31.37 31.37	150m: 1:37.44 33.03	250m: 2:43.97 33.51	350m: 3:50.24 33.23	
	100m: 1:04.41 33.04	200m: 2:10.46 33.02	300m: 3:17.01 33.04	400m: 4:22.47 32.23	
4.	DYRDA Karolina	97	L SK Wrocław	4:33.69	629
	50m: 31.60 31.60	150m: 1:41.16 35.00	250m: 2:51.52 35.13	350m: 4:00.31 34.09	
	100m: 1:06.16 34.56	200m: 2:16.39 35.23	300m: 3:26.22 34.70	400m: 4:33.69 33.38	
5.	POKRYWKA Karolina	98	TRÓJKA Łód	4:35.88	614
	50m: 31.98 31.98	150m: 1:41.20 35.11	250m: 2:51.72 35.00	350m: 4:01.75 34.97	
	100m: 1:06.09 34.11	200m: 2:16.72 35.52	300m: 3:26.78 35.06	400m: 4:35.88 34.13	
6.	NIKLARZ Maria	97	RUCH Grudzi dz	4:37.08	606
	50m: 31.03 31.03	150m: 1:39.35 34.47	250m: 2:48.87 35.26	350m: 4:01.81 36.57	
	100m: 1:04.88 33.85	200m: 2:13.61 34.26	300m: 3:25.24 36.37	400m: 4:37.08 35.27	
7.	ROGOWSKA Paulina	98	SALOS CORTILE Kielce	4:37.63	602
	50m: 31.26 31.26	150m: 1:39.63 34.49	250m: 2:50.95 35.83	350m: 4:03.16 36.07	
	100m: 1:05.14 33.88	200m: 2:15.12 35.49	300m: 3:27.09 36.14	400m: 4:37.63 34.47	
8.	KIT Zuzanna	97	DZIEWI TKA Kalisz	4:38.60	596
	50m: 30.08 30.08	150m: 1:36.87 33.90	250m: 2:48.48 36.24	350m: 4:02.77 37.29	
	100m: 1:02.97 32.89	200m: 2:12.24 35.37	300m: 3:25.48 37.00	400m: 4:38.60 35.83	
9.	SPOLJAR Sylwia SR	98	AZS AWF Katowice	4:39.31	591
	50m: 30.84 30.84	150m: 1:40.15 34.94	250m: 2:52.28 36.56	350m: 4:05.01 36.29	
	100m: 1:05.21 34.37	200m: 2:15.72 35.57	300m: 3:28.72 36.44	400m: 4:39.31 34.30	
10.	W CŁAWIAK Irena	98	GIM92 URSYNÓW Warszawa	4:39.63	589
	50m: 32.56 32.56	150m: 1:43.54 35.58	250m: 2:55.21 35.37	350m: 4:05.97 35.37	
	100m: 1:07.96 35.40	200m: 2:19.84 36.30	300m: 3:30.60 35.39	400m: 4:39.63 33.66	
11.	MAZUR Maja	98	SALOS CORTILE Kielce	4:44.44	560
	50m: 31.74 31.74	150m: 1:41.88 35.82	250m: 2:55.30 36.88	350m: 4:09.14 36.24	
	100m: 1:06.06 34.32	200m: 2:18.42 36.54	300m: 3:32.90 37.60	400m: 4:44.44 35.30	

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Pozycja	Rok ur.						Czas	Pkt.				
12.	RADOSZ Joanna						97	FALA Swarż dz	5:01.07	472		
	50m:	34.01	34.01	150m:	1:49.36	38.04	250m:	3:06.66	38.83	350m:	4:24.11	38.66
	100m:	1:11.32	37.31	200m:	2:27.83	38.47	300m:	3:45.45	38.79	400m:	5:01.07	36.96
15 lat												
1.	PIECHOTA Paulina						99	UKS 190 Łódź	4:20.89	726		
	50m:	29.95	29.95	150m:	1:34.83	32.54	250m:	2:40.71	32.91	350m:	3:47.86	33.63
	100m:	1:02.29	32.34	200m:	2:07.80	32.97	300m:	3:14.23	33.52	400m:	4:20.89	33.03
2.	SZATANEK Julia SSz						99	MKP Szczecin	4:31.58	643		
	50m:	29.61	29.61	150m:	1:36.32	33.86	250m:	2:46.50	35.33	350m:	3:57.23	35.44
	100m:	1:02.46	32.85	200m:	2:11.17	34.85	300m:	3:21.79	35.29	400m:	4:31.58	34.35
3.	ZROBEK Natalia						99	JEDYNKA Łódź	4:32.03	640		
	50m:	31.52	31.52	150m:	1:39.39	34.21	250m:	2:48.37	34.62	350m:	3:57.95	35.00
	100m:	1:05.18	33.66	200m:	2:13.75	34.36	300m:	3:22.95	34.58	400m:	4:32.03	34.08
4.	RZO CA Patrycja						99	L SK Wrocław	4:32.74	635		
	50m:	31.35	31.35	150m:	1:39.83	34.40	250m:	2:49.09	34.43	350m:	3:58.79	34.99
	100m:	1:05.43	34.08	200m:	2:14.66	34.83	300m:	3:23.80	34.71	400m:	4:32.74	33.95
5.	NIESZPOREK Wiktoria						99	UKS 190 Łódź	4:35.27	618		
	50m:	30.71	30.71	150m:	1:40.65	35.15	250m:	2:51.19	35.51	350m:	4:01.16	35.00
	100m:	1:05.50	34.79	200m:	2:15.68	35.03	300m:	3:26.16	34.97	400m:	4:35.27	34.11
6.	FILIPEK Jagoda						99	L SK Wrocław	4:35.83	614		
	50m:	31.40	31.40	150m:	1:41.06	35.07	250m:	2:50.90	34.55	350m:	4:01.29	35.29
	100m:	1:05.99	34.59	200m:	2:16.35	35.29	300m:	3:26.00	35.10	400m:	4:35.83	34.54
7.	NIEWIADOMSKA Adrianna						99	GOS Raszyn	4:39.03	593		
	50m:	31.74	31.74	150m:	1:42.35	35.75	250m:	2:53.65	35.16	350m:	4:04.72	35.08
	100m:	1:06.60	34.86	200m:	2:18.49	36.14	300m:	3:29.64	35.99	400m:	4:39.03	34.31
8.	DUDA Zuzanna						99	L SK Wrocław	4:39.51	590		
	50m:	32.13	32.13	150m:	1:43.65	36.19	250m:	2:55.41	35.51	350m:	4:06.20	35.65
	100m:	1:07.46	35.33	200m:	2:19.90	36.25	300m:	3:30.55	35.14	400m:	4:39.51	33.31
9.	SADOWSKA Klaudia						99	L SK Wrocław	4:40.29	585		
	50m:	32.28	32.28	150m:	1:44.05	36.18	250m:	2:54.76	34.65	350m:	4:05.33	35.55
	100m:	1:07.87	35.59	200m:	2:20.11	36.06	300m:	3:29.78	35.02	400m:	4:40.29	34.96
10.	KAPŁON Aleksandra						99	ORKA Zamość	4:46.12	550		
	50m:	32.32	32.32	150m:	1:44.42	36.58	250m:	2:58.27	36.52	350m:	4:11.26	36.35
	100m:	1:07.84	35.52	200m:	2:21.75	37.33	300m:	3:34.91	36.64	400m:	4:46.12	34.86
11.	PETTERS Klaudia						99	OXPRESS Bolesławiec	4:57.63	489		
	50m:	32.84	32.84	150m:	1:48.08	37.94	250m:	3:04.85	38.30	350m:	4:20.93	38.00
	100m:	1:10.14	37.30	200m:	2:26.55	38.47	300m:	3:42.93	38.08	400m:	4:57.63	36.70
12.	JAWORSKA Aleksandra						99	SŁOWIANKA Gorzów Wlkp.	4:58.98	482		
	50m:	34.13	34.13	150m:	1:50.08	38.44	250m:	3:06.66	38.20	350m:	4:22.02	37.30
	100m:	1:11.64	37.51	200m:	2:28.46	38.38	300m:	3:44.72	38.06	400m:	4:58.98	36.96
13.	KIT Natalia						99	DZIEWI TKA Kalisz	4:59.01	482		
	50m:	30.98	30.98	150m:	1:44.18	37.36	250m:	3:01.81	38.70	350m:	4:20.14	39.56
	100m:	1:06.82	35.84	200m:	2:23.11	38.93	300m:	3:40.58	38.77	400m:	4:59.01	38.87
14.	NAWROCKA Paulina						99	SŁOWIANKA Gorzów Wlkp.	5:01.69	469		
	50m:	35.47	35.47	150m:	1:52.70	38.90	250m:	3:09.97	38.58	350m:	4:26.48	37.62
	100m:	1:13.80	38.33	200m:	2:31.39	38.69	300m:	3:48.86	38.89	400m:	5:01.69	35.21

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14 lat

1.	MARGULA Weronika	00	MKP Szczecin	4:24.36	698
	50m: 30.50 30.50	150m: 1:37.16 33.74	250m: 2:44.03 33.28	350m: 3:50.60 33.26	
	100m: 1:03.42 32.92	200m: 2:10.75 33.59	300m: 3:17.34 33.31	400m: 4:24.36 33.76	
2.	BARYŁA Julia	00	DWÓJKA MORENA Gda sk	4:28.16	668
	50m: 30.66 30.66	150m: 1:37.36 33.65	250m: 2:44.91 33.68	350m: 3:53.99 34.97	
	100m: 1:03.71 33.05	200m: 2:11.23 33.87	300m: 3:19.02 34.11	400m: 4:28.16 34.17	
3.	REKS Aleksandra	00	G8 BIELANY Warszawa	4:29.40	659
	50m: 31.05 31.05	150m: 1:38.20 33.97	250m: 2:46.17 33.95	350m: 3:54.82 34.36	
	100m: 1:04.23 33.18	200m: 2:12.22 34.02	300m: 3:20.46 34.29	400m: 4:29.40 34.58	
4.	EMAJTIS Maria	00	KORMORAN Olsztyn	4:32.63	636
	50m: 30.80 30.80	150m: 1:38.55 34.07	250m: 2:48.51 34.95	350m: 3:58.92 35.25	
	100m: 1:04.48 33.68	200m: 2:13.56 35.01	300m: 3:23.67 35.16	400m: 4:32.63 33.71	
5.	BRONEK Martyna	00	ALIGATOR Gorzyce	4:38.80	595
	50m: 30.61 30.61	150m: 1:40.72 35.42	250m: 2:52.86 36.23	350m: 4:04.77 35.62	
	100m: 1:05.30 34.69	200m: 2:16.63 35.91	300m: 3:29.15 36.29	400m: 4:38.80 34.03	
6.	PECYNA Michalina	00	IKS Konstancin	4:39.78	588
	50m: 31.98 31.98	150m: 1:42.04 35.38	250m: 2:53.67 35.76	350m: 4:05.57 35.91	
	100m: 1:06.66 34.68	200m: 2:17.91 35.87	300m: 3:29.66 35.99	400m: 4:39.78 34.21	
7.	SINITCHINE Zoja	00	KORMORAN Olsztyn	4:42.20	573
	50m: 31.48 31.48	150m: 1:42.27 35.71	250m: 2:54.51 35.98	350m: 4:07.09 36.12	
	100m: 1:06.56 35.08	200m: 2:18.53 36.26	300m: 3:30.97 36.46	400m: 4:42.20 35.11	
8.	KLESSA Helena	00	NIELBA W growiec	4:43.52	565
	50m: 31.67 31.67	150m: 1:41.29 35.60	250m: 2:53.89 36.51	350m: 4:07.35 36.94	
	100m: 1:05.69 34.02	200m: 2:17.38 36.09	300m: 3:30.41 36.52	400m: 4:43.52 36.17	
9.	MALCZEWSKA Zofia	00	POLONIA Warszawa	4:47.65	541
	50m: 32.52 32.52	150m: 1:45.91 36.92	250m: 2:58.92 36.51	350m: 4:12.21 36.61	
	100m: 1:08.99 36.47	200m: 2:22.41 36.50	300m: 3:35.60 36.68	400m: 4:47.65 35.44	
10.	I YCKA Marta	00	WODNIK Siemianowice l.	4:47.94	540
	50m: 31.80 31.80	150m: 1:42.61 35.86	250m: 2:55.85 36.55	350m: 4:11.01 37.70	
	100m: 1:06.75 34.95	200m: 2:19.30 36.69	300m: 3:33.31 37.46	400m: 4:47.94 36.93	
11.	BOREJSZO Paula	00	MKP Szczecin	4:50.22	527
	50m: 33.41 33.41	150m: 1:46.20 37.20	250m: 3:00.45 36.71	350m: 4:15.49 37.74	
	100m: 1:09.00 35.59	200m: 2:23.74 37.54	300m: 3:37.75 37.30	400m: 4:50.22 34.73	
12.	LEWANDOWICZ Natalia	00	ABIANKA Gda sk	4:50.29	527
	50m: 32.60 32.60	150m: 1:45.88 37.04	250m: 3:00.37 37.35	350m: 4:14.08 36.69	
	100m: 1:08.84 36.24	200m: 2:23.02 37.14	300m: 3:37.39 37.02	400m: 4:50.29 36.21	
13.	CIPORSKA Katarzyna	00	POLONIA Warszawa	4:50.63	525
	50m: 32.48 32.48	150m: 1:45.74 37.06	250m: 3:00.46 37.49	350m: 4:14.68 37.18	
	100m: 1:08.68 36.20	200m: 2:22.97 37.23	300m: 3:37.50 37.04	400m: 4:50.63 35.95	
14.	MORCHAT Katarzyna	00	KORNER Zielona Góra	4:52.19	517
	50m: 34.06 34.06	150m: 1:47.90 37.03	250m: 3:02.32 37.13	350m: 4:16.88 37.08	
	100m: 1:10.87 36.81	200m: 2:25.19 37.29	300m: 3:39.80 37.48	400m: 4:52.19 35.31	
15.	PRUSINOWSKA Klaudyna	00	SŁOWIANKA Gorzów Wlkp.	4:54.04	507
	50m: 32.00 32.00	150m: 1:46.30 37.25	250m: 3:02.08 37.88	350m: 4:17.20 37.26	
	100m: 1:09.05 37.05	200m: 2:24.20 37.90	300m: 3:39.94 37.86	400m: 4:54.04 36.84	
16.	KOTERBA Adrianna	00	KORNER Zielona Góra	4:56.05	497
	50m: 33.79 33.79	150m: 1:48.25 37.36	250m: 3:04.32 38.22	350m: 4:20.15 38.43	
	100m: 1:10.89 37.10	200m: 2:26.10 37.85	300m: 3:41.72 37.40	400m: 4:56.05 35.90	
17.	BIERNACKA Wiktoria	00	ZNICZ Koszalin	4:57.86	488
	50m: 32.04 32.04	150m: 1:46.09 37.67	250m: 3:03.33 39.31	350m: 4:20.95 38.89	
	100m: 1:08.42 36.38	200m: 2:24.02 37.93	300m: 3:42.06 38.73	400m: 4:57.86 36.91	
18.	CHOJECKA Karolina	00	OLIMPIC Warka	5:03.73	460
	50m: 33.24 33.24	150m: 1:48.61 38.45	250m: 3:07.53 39.93	350m: 4:25.62 38.80	
	100m: 1:10.16 36.92	200m: 2:27.60 38.99	300m: 3:46.82 39.29	400m: 5:03.73 38.11	

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Pozycja				Rok ur.					Czas	Pkt.
19.	D	BROWSKA Agnieszka		00	KORNER Zielona Góra				5:04.02	459
		50m: 33.24	33.24	150m: 1:49.37	38.49	250m: 3:08.77	39.87	350m: 4:28.08	39.99	
		100m: 1:10.88	37.64	200m: 2:28.90	39.53	300m: 3:48.09	39.32	400m: 5:04.02	35.94	
PK		MUSIOŁ Natalia		01	ALIGATOR Gorzyce				4:50.16	527
		50m: 32.50	32.50	150m: 1:46.53	37.23	250m: 3:02.12	37.79	350m: 4:16.36	37.01	
		100m: 1:09.30	36.80	200m: 2:24.33	37.80	300m: 3:39.35	37.23	400m: 4:50.16	33.80	
PK		SKOWROSKA Wiktoria		01	SŁOWIANKA Gorzów Wlkp.				4:52.64	514
		50m: 32.90	32.90	150m: 1:46.14	37.04	250m: 3:00.47	37.17	350m: 4:15.80	37.78	
		100m: 1:09.10	36.20	200m: 2:23.30	37.16	300m: 3:38.02	37.55	400m: 4:52.64	36.84	