

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12 lat  
Zielona Góra, 12-6-2016

Konkurencja 7  
2016-06-12 - 12:52

Dziewcz t, 400m dowolny

12 lat  
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.							Czas	Pkt.
1.	Justyna TRACZYK		04	AZS-AWF Wrocław						<b>4:58.64</b>	484
	50m:	33.51 33.51	150m:	1:49.76	38.36	250m:	3:06.93	38.49	350m:	4:22.97	38.05
	100m:	1:11.40 37.89	200m:	2:28.44	38.68	300m:	3:44.92	37.99	400m:	4:58.64	35.67
2.	Milena KRUPA		04	JUVENIA Wrocław						<b>5:10.38</b>	431
	50m:	35.19 35.19	150m:	1:53.60	39.52	250m:	3:12.76	39.74	350m:	4:31.13	39.52
	100m:	1:14.08 38.89	200m:	2:33.02	39.42	300m:	3:51.61	38.85	400m:	5:10.38	39.25
3.	Oliwia BEDNARZ		04	STILON Gorzów						<b>5:14.45</b>	414
	50m:	35.87 35.87	150m:	1:56.17	40.45	250m:	3:15.78	39.81	350m:	4:35.72	39.95
	100m:	1:15.72 39.85	200m:	2:35.97	39.80	300m:	3:55.77	39.99	400m:	5:14.45	38.73
4.	Wiktoria MACIUSZEK		04	CHAMPION SWIMMING Legnica						<b>5:22.93</b>	383
	50m:	35.61 35.61	150m:	1:58.38	42.09	250m:	3:21.71	41.53	350m:	4:45.04	40.92
	100m:	1:16.29 40.68	200m:	2:40.18	41.80	300m:	4:04.12	42.41	400m:	5:22.93	37.89
5.	Dominika SOKOŁOWSKA		04	NEPTUN widnica						<b>5:23.25</b>	381
	50m:	36.75 36.75	150m:	1:59.38	41.74	250m:	3:23.18	41.81	350m:	4:45.56	41.02
	100m:	1:17.64 40.89	200m:	2:41.37	41.99	300m:	4:04.54	41.36	400m:	5:23.25	37.69
6.	Julia CHRYPLEWICZ		04	REKIN wiebodzice						<b>5:34.79</b>	343
	50m:	37.41 37.41	150m:	2:02.63	43.05	250m:	3:30.19	44.14	350m:	4:56.41	42.66
	100m:	1:19.58 42.17	200m:	2:46.05	43.42	300m:	4:13.75	43.56	400m:	5:34.79	38.38
7.	Karolina STRU YK		04	JUVENIA Wrocław						<b>5:39.13</b>	330
	50m:	39.18 39.18	150m:	2:07.01	44.23	250m:	3:34.42	43.19	350m:	4:57.10	38.58
	100m:	1:22.78 43.60	200m:	2:51.23	44.22	300m:	4:18.52	44.10	400m:	5:39.13	42.03
8.	Alicja DAMU		04	TP Zielona Góra						<b>5:44.21</b>	316
	50m:	38.23 38.23	150m:	2:05.26	43.98	250m:	3:34.51	44.31	350m:	5:01.67	42.77
	100m:	1:21.28 43.05	200m:	2:50.20	44.94	300m:	4:18.90	44.39	400m:	5:44.21	42.54
9.	Amelia KOSTRZEWI SKA		04	L SK Wrocław						<b>5:47.08</b>	308
	50m:	38.51 38.51	150m:	2:06.87	45.04	250m:	3:36.96	45.08	350m:	5:07.11	45.72
	100m:	1:21.83 43.32	200m:	2:51.88	45.01	300m:	4:21.39	44.43	400m:	5:47.08	39.97
10.	Angelika ZYS		04	KORAL Wrocław						<b>5:47.21</b>	308
	50m:	38.60 38.60	150m:	2:07.74	44.75	250m:	3:36.29	44.23	350m:	5:03.79	43.36
	100m:	1:22.99 44.39	200m:	2:52.06	44.32	300m:	4:20.43	44.14	400m:	5:47.21	43.42
11.	Jagoda KRAWCZYK		04	JUVENIA Wrocław						<b>5:47.42</b>	307
	50m:	38.46 38.46	150m:	2:07.31	45.25	250m:	4:21.57	44.37	350m:	5:05.80	
	100m:	1:22.06 43.60	200m:	3:37.20	1:29.89	300m:			400m:	5:47.42	41.62
12.	Natalia GRZYB		04	WANKAN Legnica						<b>5:48.91</b>	303
	50m:	37.20 37.20	150m:	2:05.25	45.37	250m:	3:36.59	45.83	350m:	5:06.67	45.27
	100m:	1:19.88 42.68	200m:	2:50.76	45.51	300m:	4:21.40	44.81	400m:	5:48.91	42.24
13.	Dominika CHMIELOWIEC		04	WANKAN Legnica						<b>5:58.26</b>	280
	50m:	39.97 39.97	150m:	2:12.10	46.47	250m:	3:44.49	46.77	350m:	5:15.44	45.56
	100m:	1:25.63 45.66	200m:	2:57.72	45.62	300m:	4:29.88	45.39	400m:	5:58.26	42.82
14.	Jagoda MARGAS		04	PIAST Głogów						<b>6:04.44</b>	266
	50m:	39.00 39.00	150m:	2:07.78	44.81	250m:			350m:		
	100m:	1:22.97 43.97	200m:	2:54.25	46.47	300m:	5:17.98		400m:	6:04.44	
15.	Aleksandra MIKOSZA		04	L SK Wrocław						<b>6:07.48</b>	259
	50m:	40.55 40.55	150m:	2:14.89	47.83	250m:	3:49.23	47.20	350m:	5:19.68	44.07
	100m:	1:27.06 46.51	200m:	3:02.03	47.14	300m:	4:35.61	46.38	400m:	6:07.48	47.80
16.	Iga MICHALEWICZ		04	PIAST Głogów						<b>6:07.66</b>	259
	50m:	36.20 36.20	150m:	2:10.12	48.85	250m:	3:45.93	49.34	350m:	5:21.78	48.68
	100m:	1:21.27 45.07	200m:	2:56.59	46.47	300m:	4:33.10	47.17	400m:	6:07.66	45.88
17.	Julia KAMI SKA		04	JUVENIA Wrocław						<b>6:10.82</b>	252
	50m:	40.95 40.95	150m:	2:15.08	46.57	250m:	3:49.48	47.32	350m:	5:24.42	46.85
	100m:	1:28.51 47.56	200m:	3:02.16	47.08	300m:	4:37.57	48.09	400m:	6:10.82	46.40

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12 lat  
Zielona Góra, 12-6-2016

Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	Oliwia WITKOWIAK		04	SŁOWIANKA Gorzów Wlkp.				<b>6:12.81</b>	248
	50m: 40.68	40.68	150m: 2:15.07	48.08	250m: 3:49.94	47.80	350m: 5:24.93	47.30	
	100m: 1:26.99	46.31	200m: 3:02.14	47.07	300m: 4:37.63	47.69	400m: 6:12.81	47.88	
19.	Weronika MADEJ		04	L SK Wrocław				<b>6:15.40</b>	243
	50m: 41.73	41.73	150m: 2:16.78	48.21	250m: 3:53.34	48.65	350m: 5:29.02	47.39	
	100m: 1:28.57	46.84	200m: 3:04.69	47.91	300m: 4:41.63	48.29	400m: 6:15.40	46.38	
20.	Izabela GŁÓWKA		04	KORAL Wrocław				<b>6:18.58</b>	237
	50m: 41.23	41.23	150m: 2:17.42	48.72	250m: 3:55.92	49.54	350m: 5:34.28	48.71	
	100m: 1:28.70	47.47	200m: 3:06.38	48.96	300m: 4:45.57	49.65	400m: 6:18.58	44.30	
21.	Martyna LIPIEC		04	KORAL Wrocław				<b>6:25.28</b>	225
	50m: 41.47	41.47	150m: 2:18.83	50.05	250m:		350m:		
	100m: 1:28.78	47.31	200m: 3:09.12	50.29	300m: 4:48.87		400m: 6:25.28		
22.	Amelia KUCINSKA		04	SŁOWIANKA Gorzów Wlkp.				<b>6:47.70</b>	190
	50m: 40.84	40.84	150m: 2:21.22	51.45	250m: 4:07.41	53.05	350m: 5:55.09	53.30	
	100m: 1:29.77	48.93	200m: 3:14.36	53.14	300m: 5:01.79	54.38	400m: 6:47.70	52.61	