

Otwarte Mistrzostwa Województwa Lubuskiego 2016
Zielona Góra - Drzonków, 26-6-2016

Konkurencja 15
2016-06-26 - 13:17

Kobiet, 400m zmienny

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Wyniki

Punkty: FINA 2016

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m
1. Monika SKORUPA	99	VEGA Dobrodzie	5:17.62	603		1:10.68	1:17.36	1:33.44	1:16.14
50m: 32.14	32.14	150m: 1:50.28	39.60	250m: 3:14.77	46.73	350m: 4:40.52	39.04		
100m: 1:10.68	38.54	200m: 2:28.04	37.76	300m: 4:01.48	46.71	400m: 5:17.62	37.10		
2. Paulina WIELI SKA	02	WANKAN Legnica	5:33.43	521		1:20.54	1:31.84	1:30.00	1:11.05
50m: 36.30	36.30	150m: 2:07.93	47.39	250m: 3:36.92	44.54	350m: 4:58.29	35.91		
100m: 1:20.54	44.24	200m: 2:52.38	44.45	300m: 4:22.38	45.46	400m: 5:33.43	35.14		
3. Vanessa SPIK	02	VEGA Dobrodzie	5:34.77	515		1:18.92	1:29.04	1:32.96	1:13.85
50m: 35.73	35.73	150m: 2:04.87	45.95	250m: 3:34.25	46.29	350m: 4:58.22	37.30		
100m: 1:18.92	43.19	200m: 2:47.96	43.09	300m: 4:20.92	46.67	400m: 5:34.77	36.55		
4. Weronika BŁASZCZYK	02	JUNIOR Kluczbork	5:44.95	471		1:15.28	1:31.34	1:39.05	1:19.28
50m: 35.16	35.16	150m: 2:01.38	46.10	250m: 3:35.39	48.77	350m: 5:06.07	40.40		
100m: 1:15.28	40.12	200m: 2:46.62	45.24	300m: 4:25.67	50.28	400m: 5:44.95	38.88		
5. Klaudia NAREWSKA	00	WANKAN Legnica	5:47.93	459		1:20.26	1:26.61	1:42.09	1:18.97
50m: 36.03	36.03	150m: 2:04.67	44.41	250m: 3:37.43	50.56	350m: 5:08.53	39.57		
100m: 1:20.26	44.23	200m: 2:46.87	42.20	300m: 4:28.96	51.53	400m: 5:47.93	39.40		
6. Klaudyna PRUSINOWSKA	00	STILON Gorzów Wlkp.	5:48.89	455		1:20.59	1:26.08	1:39.25	1:22.97
50m: 36.49	36.49	150m: 2:03.90	43.31	250m: 3:36.27	49.60	350m: 5:08.05	42.13		
100m: 1:20.59	44.10	200m: 2:46.67	42.77	300m: 4:25.92	49.65	400m: 5:48.89	40.84		
7. Alicja CZEPULANIS	02	SŁOWIANKA Gorzów Wlkp.	5:49.49	453		1:20.49	1:30.17	1:43.21	1:15.62
50m: 36.98	36.98	150m: 2:05.80	45.31	250m: 3:42.25	51.59	350m: 5:12.76	38.89		
100m: 1:20.49	43.51	200m: 2:50.66	44.86	300m: 4:33.87	51.62	400m: 5:49.49	36.73		
8. Marta PROCE	02	REKIN wiebodzice	5:54.14	435		1:22.70	1:29.50	1:42.14	1:19.80
50m: 38.26	38.26	150m: 2:07.75	45.05	250m: 3:42.80	50.60	350m: 5:15.70	41.36		
100m: 1:22.70	44.44	200m: 2:52.20	44.45	300m: 4:34.34	51.54	400m: 5:54.14	38.44		
9. Wiktoria KRÓL	01	WARTA Pozna	5:59.86	415		1:26.58	1:27.95	1:44.53	1:20.80
50m: 37.92	37.92	150m: 2:11.75	45.17	250m: 3:46.70	52.17	350m: 5:19.45	40.39		
100m: 1:26.58	48.66	200m: 2:54.53	42.78	300m: 4:39.06	52.36	400m: 5:59.86	40.41		
10. Maja MACIOŁA	03	ROKITA Brzeg Dolny	6:04.78	398		1:21.37	1:27.90	1:49.57	1:25.94
50m: 36.26	36.26	150m: 2:05.38	44.01	250m: 3:44.46	55.19	350m: 5:23.02	44.18		
100m: 1:21.37	45.11	200m: 2:49.27	43.89	300m: 4:38.84	54.38	400m: 6:04.78	41.76		
11. Marcelina GLEJZER	02	REKIN wiebodzice	6:17.74	358		1:26.34	1:41.74	1:41.33	1:28.33
50m: 38.57	38.57	150m: 2:18.21	51.87	250m: 3:58.66	50.58	350m: 5:34.69	45.28		
100m: 1:26.34	47.77	200m: 3:08.08	49.87	300m: 4:49.41	50.75	400m: 6:17.74	43.05		