

Otwarte Mistrzostwa Województwa Lubuskiego 2016  
Zielona Góra - Drzonków, 26-6-2016

Konkurencja 27  
2016-06-26 - 15:02

Kobiet, 400m dowolny

Open  
Wyniki

Punkty: FINA 2016

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m
1. Maja GAWLICKA	98	TP Zielona Góra	<b>4:48.60</b>		563	1:09.10	1:13.68	1:13.11	1:12.71
50m: 33.13	33.13	150m: 1:45.78	36.68	250m: 2:59.73		36.95	350m: 4:12.48	36.59	
100m: 1:09.10	35.97	200m: 2:22.78	37.00	300m: 3:35.89		36.16	400m: 4:48.60	36.12	
2. Dominika ŁUCZAK	02	TP Zielona Góra	<b>4:50.48</b>		552	1:10.92	1:14.44	1:13.44	1:11.68
50m: 34.20	34.20	150m: 1:48.13	37.21	250m: 3:02.33		36.97	350m: 4:15.42	36.62	
100m: 1:10.92	36.72	200m: 2:25.36	37.23	300m: 3:38.80		36.47	400m: 4:50.48	35.06	
3. Kalina LIWI SKA	00	L SK Wrocław	<b>4:51.63</b>		546	1:11.46	1:15.15	1:13.65	1:11.37
50m: 33.97	33.97	150m: 1:49.09	37.63	250m: 3:03.36		36.75	350m: 4:16.86	36.60	
100m: 1:11.46	37.49	200m: 2:26.61	37.52	300m: 3:40.26		36.90	400m: 4:51.63	34.77	
4. Zuzanna MALINOWSKA	00	L SK Wrocław	<b>4:52.26</b>		542	1:12.16	1:16.24	1:13.67	1:10.19
50m: 34.40	34.40	150m: 1:49.84	37.68	250m: 3:06.79		38.39	350m: 4:18.03	35.96	
100m: 1:12.16	37.76	200m: 2:28.40	38.56	300m: 3:42.07		35.28	400m: 4:52.26	34.23	
5. Paulina URBA SKA	01	SŁOWIANKA Gorzów Wlkp.	<b>4:54.56</b>		529	1:12.05	1:15.81	1:15.10	1:11.60
50m: 34.57	34.57	150m: 1:49.98	37.93	250m: 3:05.17		37.31	350m: 4:20.06	37.10	
100m: 1:12.05	37.48	200m: 2:27.86	37.88	300m: 3:42.96		37.79	400m: 4:54.56	34.50	
6. Paulina WIELI SKA	02	WANKAN Legnica	<b>4:54.89</b>		528	1:09.35	1:15.36	1:15.68	1:14.50
50m: 32.93	32.93	150m: 1:46.98	37.63	250m: 3:02.37		37.66	350m: 4:18.34	37.95	
100m: 1:09.35	36.42	200m: 2:24.71	37.73	300m: 3:40.39		38.02	400m: 4:54.89	36.55	
7. Sara MOTYL	03	UKS 190 Łód	<b>5:07.05</b>		467	1:15.82	1:19.10	1:17.97	1:14.16
50m: 36.36	36.36	150m: 1:55.49	39.67	250m: 3:14.15		39.23	350m: 4:31.33	38.44	
100m: 1:15.82	39.46	200m: 2:34.92	39.43	300m: 3:52.89		38.74	400m: 5:07.05	35.72	
8. Alicja MAZIAR	02	REKIN wiebodzice	<b>5:12.21</b>		445	1:13.80	1:20.88	1:21.62	1:15.91
50m: 34.64	34.64	150m: 1:53.75	39.95	250m: 3:15.13		40.45	350m: 4:35.37	39.07	
100m: 1:13.80	39.16	200m: 2:34.68	40.93	300m: 3:56.30		41.17	400m: 5:12.21	36.84	
9. Joanna ROBASZKIEWICZ	02	MKP W growiec	<b>5:23.16</b>		401	1:16.98	1:23.05	1:23.10	1:20.03
50m: 36.40	36.40	150m: 1:57.89	40.91	250m: 3:21.22		41.19	350m: 4:44.20	41.07	
100m: 1:16.98	40.58	200m: 2:40.03	42.14	300m: 4:03.13		41.91	400m: 5:23.16	38.96	
10. Katarzyna STROI SKA	02	EXTREME TEAM Oborniki	<b>5:24.41</b>		396	1:16.85	1:22.29	1:24.47	1:20.80
50m: 36.99	36.99	150m: 1:57.54	40.69	250m: 3:21.52		42.38	350m: 4:45.98	42.37	
100m: 1:16.85	39.86	200m: 2:39.14	41.60	300m: 4:03.61		42.09	400m: 5:24.41	38.43	
11. Angelika BLUGE	00	EXTREME TEAM Oborniki	<b>5:44.26</b>		331	1:24.76	1:29.33	1:25.70	1:24.47
50m: 40.02	40.02	150m: 2:09.78	45.02	250m: 3:37.20		43.11	350m: 5:03.24	43.45	
100m: 1:24.76	44.74	200m: 2:54.09	44.31	300m: 4:19.79		42.59	400m: 5:44.26	41.02	