

Mistrzostwa Polski w pływaniu w płetwach kat. E i D
Chodzie , 3- - 4-6-2017

Konkurencja 3
2017-06-03 - 10:55

Dziewcz t, 400 m pp

13 lat i młodszy
Wyniki

Rekord Polski kat. D	3:49.19	Zuzanna RZEPKA	Olsztyn	2014-05-05
Rekord Polski kat. E	3:30.02	Katarzyna TRUSZCZY SKA	Ostrowiec w.	2005-08-01

Pozycja			Rok ur.					Czas	
12 - 13 lat									
1.	Weronika WOLNIEWICZ		04	UKS DELFINEK SP1 Chodzie			3:59.91	-	
	50m: 26.47	26.47	150m: 1:27.03	30.76	250m: 2:28.69	30.55	350m: 3:30.64	30.92	
	100m: 56.27	29.80	200m: 1:58.14	31.11	300m: 2:59.72	31.03	400m: 3:59.91	29.27	
2.	Wiktoria OSZKIEL		04	KS NAUTILUS Jastrz bie			4:03.27	-	
	50m: 26.02	26.02	150m: 1:26.36	31.04	250m: 2:28.82	30.65	350m: 3:33.61	33.26	
	100m: 55.32	29.30	200m: 1:58.17	31.81	300m: 3:00.35	31.53	400m: 4:03.27	29.66	
3.	Julia IWANOWSKA		04	LAGUNA 24 Toru			4:15.34	-	
	50m: 28.19	28.19	150m: 1:30.46	31.86	250m: 2:36.04	33.06	350m: 3:42.97	33.53	
	100m: 58.60	30.41	200m: 2:02.98	32.52	300m: 3:09.44	33.40	400m: 4:15.34	32.37	
4.	Maria DREGER		04	UKS DELFINEK SP1 Chodzie			4:19.83	-	
	50m: 29.05	29.05	150m: 1:34.55	32.83	250m: 2:41.98	33.53	350m: 3:48.44	33.07	
	100m: 1:01.72	32.67	200m: 2:08.45	33.90	300m: 3:15.37	33.39	400m: 4:19.83	31.39	
5.	Anna SAŁATA		05	UKS DELFINEK SP1 Chodzie			4:28.18	-	
	50m: 29.64	29.64	150m: 1:37.07	34.11	250m: 2:46.76	34.93	350m: 3:55.88	34.33	
	100m: 1:02.96	33.32	200m: 2:11.83	34.76	300m: 3:21.55	34.79	400m: 4:28.18	32.30	
6.	Maria JANKA		05	UKS DELFINEK SP1 Chodzie			4:30.92	-	
	50m: 29.26	29.26	150m: 1:35.75	34.20	250m: 2:45.30	34.83	350m: 3:58.15	36.71	
	100m: 1:01.55	32.29	200m: 2:10.47	34.72	300m: 3:21.44	36.14	400m: 4:30.92	32.77	
7.	Maja RANISZEWSKA		05	LAGUNA 24 Toru			4:50.80	-	
	50m: 31.53	31.53	150m: 1:45.59	37.70	250m: 3:00.99	38.27	350m: 4:16.25	37.92	
	100m: 1:07.89	36.36	200m: 2:22.72	37.13	300m: 3:38.33	37.34	400m: 4:50.80	34.55	
8.	Weronika TUSK		05	UKS DELFIN Władysławowo			5:02.33	-	
	50m: 32.45	32.45	150m: 1:49.35	39.87	250m: 3:07.80	38.88	350m: 4:25.27	39.33	
	100m: 1:09.48	37.03	200m: 2:28.92	39.57	300m: 3:45.94	38.14	400m: 5:02.33	37.06	
9.	Ewa ŁAPUCKA		04	OSN AMFIPRION Olecko			5:13.97	-	
	50m: 32.03	32.03	150m: 1:51.27	40.99	250m: 3:14.11	41.17	350m: 4:36.67	41.19	
	100m: 1:10.28	38.25	200m: 2:32.94	41.67	300m: 3:55.48	41.37	400m: 5:13.97	37.30	
10.	Karolina KOPYCKA		04	UKS TRYTON Olecko			5:19.81	-	
	50m: 30.89	30.89	150m: 1:51.11	41.47	250m: 3:18.68	42.79	350m: 4:42.06	41.32	
	100m: 1:09.64	38.75	200m: 2:35.89	44.78	300m: 4:00.74	42.06	400m: 5:19.81	37.75	

11 lat i młodszy

1.	Sonia KILISZEWSKA		06	KS NAUTILUS Jastrz bie			4:35.20	-	
	50m: 30.34	30.34	150m: 1:40.46	35.58	250m: 2:52.95	35.64	350m: 4:03.61	35.15	
	100m: 1:04.88	34.54	200m: 2:17.31	36.85	300m: 3:28.46	35.51	400m: 4:35.20	31.59	
2.	Tatiana OSZKIEL		06	KS NAUTILUS Jastrz bie			4:39.96	-	
	50m: 30.76	30.76	150m: 1:42.16	35.97	250m: 2:55.34	36.27	350m: 4:07.53	36.13	
	100m: 1:06.19	35.43	200m: 2:19.07	36.91	300m: 3:31.40	36.06	400m: 4:39.96	32.43	
3.	Anita JANKOWSKA		06	UKS DELFINEK SP1 Chodzie			4:56.97	-	
	50m: 31.54	31.54	150m: 1:47.10	38.93	250m: 3:03.59	38.09	350m: 4:20.83	37.92	
	100m: 1:08.17	36.63	200m: 2:25.50	38.40	300m: 3:42.91	39.32	400m: 4:56.97	36.14	
4.	Maja NECEL		06	UKS DELFIN Władysławowo			4:58.64	-	
	50m: 31.14	31.14	150m: 1:45.73	38.11	250m: 3:04.42	39.31	350m: 4:23.59	39.12	
	100m: 1:07.62	36.48	200m: 2:25.11	39.38	300m: 3:44.47	40.05	400m: 4:58.64	35.05	
5.	Kinga KLASA		07	UKS WODNIACY Garczyn			5:01.72	-	
	50m: 35.08	35.08	150m: 1:49.78	37.72	250m: 3:06.89	38.46	350m: 4:26.04	38.69	
	100m: 1:12.06	36.98	200m: 2:28.43	38.65	300m: 3:47.35	40.46	400m: 5:01.72	35.68	

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Pozycja				Rok ur.					Czas			
6.	Judyta KRAINSKA			06	LAGUNA 24 Toru				5:10.72	-		
	50m:	34.72	34.72	150m:	1:53.65	38.90	250m:	3:14.96	40.55	350m:	4:33.76	39.59
	100m:	1:14.75	40.03	200m:	2:34.41	40.76	300m:	3:54.17	39.21	400m:	5:10.72	36.96
7.	Olga GUZI SKA			06	UKS MANTA Ko cierzyna				5:31.15	-		
	50m:	36.81	36.81	150m:	1:59.66		250m:	3:26.40		350m:	4:48.78	39.67
	100m:			200m:			300m:	4:09.11	42.71	400m:	5:31.15	42.37