

Mistrzostwa Polski w pływaniu w płetwach kat. E i D  
Chodzie , 3- - 4-6-2017

Konkurencja 4  
2017-06-03 - 11:22

Chłopców, 400 m pp

13 lat i młodsi  
Wyniki

Rekord Polski kat. D	3:20.75	Wojciech MAJEWSKI	Toru	2003-11-12
Rekord Polski kat. E	3:12.03	Adrian WINIARSKI	Bari (ITA)	2007-08-03

Pozycja			Rok ur.					Czas				
12 - 13 lat												
1.	Filip GIBA		04	KS NAUTILUS Jastrz bie				<b>4:03.06</b>	-			
	50m:	25.55	25.55	150m:	1:25.40	30.59	250m:	2:27.56	31.23	350m:	3:30.30	30.82
	100m:	54.81	29.26	200m:	1:56.33	30.93	300m:	2:59.48	31.92	400m:	4:03.06	32.76
2.	Kamil PIETRAS		05	UKS DELFINEK SP1 Chodzie				<b>4:03.22</b>	-			
	50m:	25.68	25.68	150m:	1:26.54	30.96	250m:	2:30.58	31.96	350m:	3:34.50	31.48
	100m:	55.58	29.90	200m:	1:58.62	32.08	300m:	3:03.02	32.44	400m:	4:03.22	28.72
3.	Igor KOWALCZYK		05	UKS DELFIN Władysławowo				<b>4:08.64</b>	-			
	50m:	27.71	27.71	150m:	1:30.20	31.33	250m:	2:34.44	32.08	350m:	3:38.87	32.21
	100m:	58.87	31.16	200m:	2:02.36	32.16	300m:	3:06.66	32.22	400m:	4:08.64	29.77
4.	Tomasz KASZKIEL		04	OSN AMFIPRION Olecko				<b>4:27.52</b>	-			
	50m:	30.26	30.26	150m:	1:38.59	34.97	250m:	2:47.04	33.77	350m:	3:55.34	34.47
	100m:	1:03.62	33.36	200m:	2:13.27	34.68	300m:	3:20.87	33.83	400m:	4:27.52	32.18
5.	Ryszard DULNIAK		04	GKP NEPTUN Gda sk				<b>4:31.84</b>	-			
	50m:	28.53	28.53	150m:	1:35.59	34.64	250m:	2:46.59	35.59	350m:	3:57.66	35.16
	100m:	1:00.95	32.42	200m:	2:11.00	35.41	300m:	3:22.50	35.91	400m:	4:31.84	34.18
6.	Oskar MARGOL		05	UKS DELFIN Władysławowo				<b>4:49.10</b>	-			
	50m:	30.84	30.84	150m:	1:41.21	36.19	250m:	2:56.62	37.40	350m:	4:13.54	38.21
	100m:	1:05.02	34.18	200m:	2:19.22	38.01	300m:	3:35.33	38.71	400m:	4:49.10	35.56
7.	Oskar IZYKOWSKI		05	UKS DELFIN Władysławowo				<b>4:53.45</b>	-			
	50m:	30.35	30.35	150m:	1:42.46	36.75	250m:	2:59.66	38.96	350m:	4:17.30	38.74
	100m:	1:05.71	35.36	200m:	2:20.70	38.24	300m:	3:38.56	38.90	400m:	4:53.45	36.15
11 lat i młodsi												
1.	Karol GRUDZI SKI		06	UKS REKIN Wrocław				<b>4:30.10</b>	-			
	50m:	28.42	28.42	150m:	1:35.72	34.70	250m:	2:46.42	35.20	350m:	3:57.56	36.11
	100m:	1:01.02	32.60	200m:	2:11.22	35.50	300m:	3:21.45	35.03	400m:	4:30.10	32.54
2.	Karol MARKIEWICZ		07	UKS DELFIN Władysławowo				<b>4:43.51</b>	-			
	50m:	33.85	33.85	150m:	1:46.40	37.10	250m:	2:59.58	36.50	350m:	4:10.81	34.31
	100m:	1:09.30	35.45	200m:	2:23.08	36.68	300m:	3:36.50	36.92	400m:	4:43.51	32.70
3.	Wiktor SMOSZNA		08	UKS REKIN Wrocław				<b>4:52.51</b>	-			
	50m:	1:47.17	1:47.17	150m:	2:25.41		250m:	3:03.75		350m:	4:18.80	37.54
	100m:			200m:			300m:	3:41.26	37.51	400m:	4:52.51	33.71
DYSKW.	Eryk PIOTROWSKI		06	UKS DELFINEK SP1 Chodzie					-			
	<i>nie uko czył konkurencji</i>											
	50m:	35.73	35.73	150m:	2:09.58	48.52	250m:	3:48.44	49.51	350m:		
	100m:	1:21.06	45.33	200m:	2:58.93	49.35	300m:	4:35.69	47.25	400m:		