

Konkurencja 7
 2017-06-17 - 16:42

Dziewcz t, 400m dowolny

 13 lat
 Wyniki

 Rekordy Polski 13 lat 4:18.09 KNOP Aleksandra POL Ostrowiec Sw 2016-06-18
 Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
1.	TRACZYK Justyna		04	AWF Wrocław				4:33.36	631
	50m:	30.45 30.45	150m:	1:39.38 34.90	250m:	2:48.89 34.94	350m:	3:57.42 35.05	
	100m:	1:04.48 34.03	200m:	2:13.95 34.57	300m:	3:22.37 33.48	400m:	4:33.36 35.94	
2.	KRUPA Milena		04	AWF Wrocław				4:34.23	625
	50m:	29.99 29.99	150m:	1:38.23 34.62	250m:	2:47.97 35.03	350m:	3:58.94 35.86	
	100m:	1:03.61 33.62	200m:	2:12.94 34.71	300m:	3:23.08 35.11	400m:	4:34.23 35.29	
3.	RYDY SKA Marianna		04	SP-63 Bydgoszcz				4:39.03	593
	50m:	31.86 31.86	150m:	1:42.55 35.61	250m:	2:53.51 35.45	350m:	4:05.14 35.77	
	100m:	1:06.94 35.08	200m:	2:18.06 35.51	300m:	3:29.37 35.86	400m:	4:39.03 33.89	
4.	MRO EK Weronika		04	MKP Kołobrzeg				4:41.51	578
	50m:	30.96 30.96	150m:	1:40.80 35.40	250m:	2:53.26 36.22	350m:	4:05.42 35.95	
	100m:	1:05.40 34.44	200m:	2:17.04 36.24	300m:	3:29.47 36.21	400m:	4:41.51 36.09	
5.	LENZ Vanessa		04	SP-63 Bydgoszcz				4:47.92	540
	50m:	32.46 32.46	150m:	1:44.54 36.30	250m:	2:58.14 36.82	350m:	4:11.54 36.78	
	100m:	1:08.24 35.78	200m:	2:21.32 36.78	300m:	3:34.76 36.62	400m:	4:47.92 36.38	
6.	STE Oliwia		04	Team Rumia				4:49.32	532
	50m:	33.14 33.14	150m:	1:45.88 36.86	250m:	2:59.43 36.83	350m:	4:13.56 37.12	
	100m:	1:09.02 35.88	200m:	2:22.60 36.72	300m:	3:36.44 37.01	400m:	4:49.32 35.76	
7.	STASZAK Agnieszka		04	Warta Pozna				4:51.31	521
	50m:	33.04 33.04	150m:	1:48.01 37.90	250m:	3:03.96 38.04	350m:	4:17.57 36.88	
	100m:	1:10.11 37.07	200m:	2:25.92 37.91	300m:	3:40.69 36.73	400m:	4:51.31 33.74	
8.	WA KOWSKA Zofia		04	Warta Pozna				4:51.96	518
	50m:	32.55 32.55	150m:	1:46.92 37.69	250m:	3:02.05 37.09	350m:	4:16.28 36.23	
	100m:	1:09.23 36.68	200m:	2:24.96 38.04	300m:	3:40.05 38.00	400m:	4:51.96 35.68	
9.	KRÓLIK Adrianna		04	Znicz Koszalin				4:53.15	512
	50m:	31.35 31.35	150m:	1:46.31 38.56	250m:	3:03.64 38.62	350m:	4:17.84 35.84	
	100m:	1:07.75 36.40	200m:	2:25.02 38.71	300m:	3:42.00 38.36	400m:	4:53.15 35.31	
10.	SIKORSKA Oliwia		04	Juvenia Wrocław				4:53.53	510
	50m:	32.29 32.29	150m:	1:46.13 37.68	250m:	3:01.30 37.53	350m:	4:17.32 37.64	
	100m:	1:08.45 36.16	200m:	2:23.77 37.64	300m:	3:39.68 38.38	400m:	4:53.53 36.21	
11.	KOWALSKA Zosia		04	SP-63 Bydgoszcz				4:56.15	496
	50m:	33.35 33.35	150m:	1:49.45 38.48	250m:	3:05.94 38.03	350m:	4:21.09 37.12	
	100m:	1:10.97 37.62	200m:	2:27.91 38.46	300m:	3:43.97 38.03	400m:	4:56.15 35.06	
12.	GMITER Barbara		04	KORMORAN Olsztyn				4:57.19	491
	50m:	32.46 32.46	150m:	1:46.06 37.28	250m:	3:02.34 38.37	350m:	4:18.98 38.05	
	100m:	1:08.78 36.32	200m:	2:23.97 37.91	300m:	3:40.93 38.59	400m:	4:57.19 38.21	
13.	JAGODZI SKA Zuzanna		04	Neptun Stargard				4:57.67	489
	50m:	35.39 35.39	150m:	1:50.15 37.56	250m:	3:06.87 38.34	350m:	4:22.60 37.64	
	100m:	1:12.59 37.20	200m:	2:28.53 38.38	300m:	3:44.96 38.09	400m:	4:57.67 35.07	
14.	WO NICA Milena		04	Morena Gda sk				4:57.77	488
	50m:	33.12 33.12	150m:	1:48.63 37.96	250m:	3:04.88 38.11	350m:	4:21.27 38.26	
	100m:	1:10.67 37.55	200m:	2:26.77 38.14	300m:	3:43.01 38.13	400m:	4:57.77 36.50	
15.	BEDNARZ Oliwia		04	Stilon Gorzów				4:57.93	487
	50m:	32.87 32.87	150m:	1:46.98 37.11	250m:	3:03.21 38.37	350m:	4:19.90 38.29	
	100m:	1:09.87 37.00	200m:	2:24.84 37.86	300m:	3:41.61 38.40	400m:	4:57.93 38.03	
16.	SMEKTAŁA Oliwia		04	Astromal Leszno				4:58.25	486
	50m:	34.14 34.14	150m:	1:50.02 38.56	250m:	3:07.33 38.64	350m:	4:22.83 37.26	
	100m:	1:11.46 37.32	200m:	2:28.69 38.67	300m:	3:45.57 38.24	400m:	4:58.25 35.42	

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
17.	WA NIEWSKA	Martyna	04	Jedynka Elbl g			4:58.67	484	
	50m:	32.33 32.33	150m:	1:47.17 37.98	250m:	3:04.07 38.41	350m:	4:21.45 38.45	
	100m:	1:09.19 36.86	200m:	2:25.66 38.49	300m:	3:43.00 38.93	400m:	4:58.67 37.22	
18.	KOZŁOWSKA	Maja	04	Warta Pozna			4:58.71	483	
	50m:	33.28 33.28	150m:	1:48.66 38.07	250m:	3:06.03 38.65	350m:	4:22.85 38.30	
	100m:	1:10.59 37.31	200m:	2:27.38 38.72	300m:	3:44.55 38.52	400m:	4:58.71 35.86	
19.	KRUPI SKA	Lila	04	KORMORAN Olsztyn			5:02.56	465	
	50m:	34.33 34.33	150m:	1:50.39 38.43	250m:	3:08.93 39.12	350m:	4:26.09 38.39	
	100m:	1:11.96 37.63	200m:	2:29.81 39.42	300m:	3:47.70 38.77	400m:	5:02.56 36.47	
20.	PIASECKA	Alicja	04	abianka Gda sk			5:02.62	465	
	50m:	32.70 32.70	150m:	1:50.10 38.95	250m:	3:07.98 38.72	350m:	4:25.63 38.21	
	100m:	1:11.15 38.45	200m:	2:29.26 39.16	300m:	3:47.42 39.44	400m:	5:02.62 36.99	
21.	MALISZEWSKA	Zuzanna	04	H2O Koszalin			5:03.04	463	
	50m:	33.23 33.23	150m:	1:48.20 38.11	250m:	3:06.03 39.14	350m:	4:24.52 39.39	
	100m:	1:10.09 36.86	200m:	2:26.89 38.69	300m:	3:45.13 39.10	400m:	5:03.04 38.52	
22.	FIGAS	Alicja	04	MKP Szczecin			5:04.21	458	
	50m:	35.29 35.29	150m:	1:51.63 38.34	250m:	3:08.62 38.75	350m:	4:25.93 38.15	
	100m:	1:13.29 38.00	200m:	2:29.87 38.24	300m:	3:47.78 39.16	400m:	5:04.21 38.28	
23.	DRU BA	Amelia	04	Skalar Słupsk			5:05.18	453	
	50m:	33.95 33.95	150m:	1:51.01 38.87	250m:	3:09.04 38.62	350m:	4:24.45 36.46	
	100m:	1:12.14 38.19	200m:	2:30.42 39.41	300m:	3:47.99 38.95	400m:	5:05.18 40.73	
24.	PALUSZKIEWICZ	Magdalena	04	Morena Gda sk			5:06.25	449	
	50m:	33.90 33.90	150m:	1:50.66 38.94	250m:	3:09.44 38.97	350m:	4:28.70 39.13	
	100m:	1:11.72 37.82	200m:	2:30.47 39.81	300m:	3:49.57 40.13	400m:	5:06.25 37.55	
25.	GUTOWSKA	Maria	04	Jedynka Elbl g			5:07.41	444	
	50m:	35.81 35.81	150m:	1:53.06 38.22	250m:	3:11.50 39.21	350m:	4:28.92 38.78	
	100m:	1:14.84 39.03	200m:	2:32.29 39.23	300m:	3:50.14 38.64	400m:	5:07.41 38.49	
26.	CZERWI SKA	Martyna	04	Dwójka Tczew			5:08.94	437	
	50m:	35.49 35.49	150m:	1:52.65 38.91	250m:	3:11.82 39.79	350m:	4:29.69 38.55	
	100m:	1:13.74 38.25	200m:	2:32.03 39.38	300m:	3:51.14 39.32	400m:	5:08.94 39.25	
27.	KOWALEWSKA	Jesika	04	Team Rumia			5:10.45	431	
	50m:	36.24 36.24	150m:	1:54.69 38.74	250m:	3:12.45 39.04	350m:	4:31.43 39.41	
	100m:	1:15.95 39.71	200m:	2:33.41 38.72	300m:	3:52.02 39.57	400m:	5:10.45 39.02	
28.	CHRYPLEWICZ	Julia	04	Rekin wiebodzice			5:10.67	430	
	50m:	35.00 35.00	150m:	1:53.03 39.55	250m:	3:11.79 39.50	350m:	4:32.43 40.07	
	100m:	1:13.48 38.48	200m:	2:32.29 39.26	300m:	3:52.36 40.57	400m:	5:10.67 38.24	
29.	KRAMKOWSKA	Dominika	04	Wodnik Włocławek			5:11.04	428	
	50m:	33.97 33.97	150m:	1:51.92 39.62	250m:	3:11.60 39.53	350m:	4:32.22 39.73	
	100m:	1:12.30 38.33	200m:	2:32.07 40.15	300m:	3:52.49 40.89	400m:	5:11.04 38.82	
30.	STRU YK	Karolina	04	Juvenia Wrocław			5:12.71	421	
	50m:	35.93 35.93	150m:	1:55.53 40.27	250m:	3:15.58 39.78	350m:	4:34.44 38.61	
	100m:	1:15.26 39.33	200m:	2:35.80 40.27	300m:	3:55.83 40.25	400m:	5:12.71 38.27	
31.	MIELCAREK	Małgorzata	04	MKP Kołobrzeg			5:15.56	410	
	50m:	35.73 35.73	150m:	1:55.31 40.06	250m:	3:16.03 40.30	350m:	4:36.29 39.59	
	100m:	1:15.25 39.52	200m:	2:35.73 40.42	300m:	3:56.70 40.67	400m:	5:15.56 39.27	
32.	SZAŁKOWSKA	Oliwia	04	KORMORAN Olsztyn			5:17.01	404	
	50m:	36.01 36.01	150m:	1:57.24 40.92	250m:	3:17.84 40.09	350m:	4:38.06 39.65	
	100m:	1:16.32 40.31	200m:	2:37.75 40.51	300m:	3:58.41 40.57	400m:	5:17.01 38.95	
33.	JUCHA	Aleksandra	04	Juvenia Wrocław			5:17.03	404	
	50m:	34.85 34.85	150m:	1:54.92 40.77	250m:	3:15.90 40.60	350m:	4:36.62 40.24	
	100m:	1:14.15 39.30	200m:	2:35.30 40.38	300m:	3:56.38 40.48	400m:	5:17.03 40.41	

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.			
34.	DOBRZELEWSKA	Nina	04	MKP Szczecin				5:17.89	401			
	50m:	35.62	35.62	150m:	1:55.47	40.45	250m:	3:17.21	40.77	350m:	4:37.20	39.04
	100m:	1:15.02	39.40	200m:	2:36.44	40.97	300m:	3:58.16	40.95	400m:	5:17.89	40.69
35.	DAMU	Alicja	04	TP Z.Góra				5:18.09	400			
	50m:	36.50	36.50	150m:	1:57.15	40.65	250m:	3:18.82	40.42	350m:	4:40.01	40.40
	100m:	1:16.50	40.00	200m:	2:38.40	41.25	300m:	3:59.61	40.79	400m:	5:18.09	38.08
36.	GRZEGORCZYN	Oliwia	04	TP Z.Góra				5:19.32	396			
	50m:	36.96	36.96	150m:	1:58.59	40.81	250m:	3:21.11	40.84	350m:	4:43.44	40.80
	100m:	1:17.78	40.82	200m:	2:40.27	41.68	300m:	4:02.64	41.53	400m:	5:19.32	35.88
37.	KRAWCZYK	Jagoda	04	Juvenia Wrocław				5:19.68	394			
	50m:	35.71	35.71	150m:	1:57.40	41.22	250m:	3:20.27	41.21	350m:	4:41.41	39.91
	100m:	1:16.18	40.47	200m:	2:39.06	41.66	300m:	4:01.50	41.23	400m:	5:19.68	38.27
38.	TAMIOŁA	Roksana	04	MKP Szczecin				5:21.85	386			
	50m:	34.59	34.59	150m:	1:54.56	40.59	250m:	3:16.80	41.54	350m:	4:40.99	42.21
	100m:	1:13.97	39.38	200m:	2:35.26	40.70	300m:	3:58.78	41.98	400m:	5:21.85	40.86
39.	MYRCHA	Alicja	04	Morena Gda sk				5:22.06	386			
	50m:	36.83	36.83	150m:	1:59.81	42.12	250m:	3:21.95	41.39	350m:	4:42.90	39.72
	100m:	1:17.69	40.86	200m:	2:40.56	40.75	300m:	4:03.18	41.23	400m:	5:22.06	39.16
40.	HIRSCH	Nicole	04	Warta Pozna				5:22.55	384			
	50m:	35.21	35.21	150m:	1:56.29	40.90	250m:	3:19.81	41.75	350m:	4:44.27	42.10
	100m:	1:15.39	40.18	200m:	2:38.06	41.77	300m:	4:02.17	42.36	400m:	5:22.55	38.28
41.	OSZMIA	SKA Julia	04	Słowianka Gorzów				5:22.68	383			
	50m:	35.94	35.94	150m:	1:55.34	40.44	250m:	3:17.96	41.11	350m:	4:39.10	40.11
	100m:	1:14.90	38.96	200m:	2:36.85	41.51	300m:	3:58.99	41.03	400m:	5:22.68	43.58
42.	ZŁOCH	Natalia	04	Solex L bork				5:23.58	380			
	50m:	36.87	36.87	150m:	2:00.58	42.49	250m:	3:23.61	41.61	350m:	4:45.37	40.30
	100m:	1:18.09	41.22	200m:	2:42.00	41.42	300m:	4:05.07	41.46	400m:	5:23.58	38.21
43.	STARKE	Martyna	04	Morena Gda sk				5:26.92	369			
	50m:	36.79	36.79	150m:	2:00.64	42.52	250m:	3:24.55	42.50	350m:	4:48.01	41.66
	100m:	1:18.12	41.33	200m:	2:42.05	41.41	300m:	4:06.35	41.80	400m:	5:26.92	38.91
44.	KOSTRZEWI	SKA Amelia	04	I sk Wrocław				5:28.33	364			
	50m:	34.70	34.70	150m:	1:56.27	41.91	250m:	3:21.30	42.64	350m:	4:47.15	42.76
	100m:	1:14.36	39.66	200m:	2:38.66	42.39	300m:	4:04.39	43.09	400m:	5:28.33	41.18
45.	WILMONT	Zuzanna	04	Solex L bork				5:30.42	357			
	50m:	36.85	36.85	150m:	2:01.51	42.38	250m:	3:25.69	42.19	350m:	4:49.81	41.39
	100m:	1:19.13	42.28	200m:	2:43.50	41.99	300m:	4:08.42	42.73	400m:	5:30.42	40.61
46.	SIKORSKA	Ada	04	Juvenia Wrocław				5:30.89	356			
	50m:	36.75	36.75	150m:	2:00.05	42.19	250m:	3:25.26	42.36	350m:	4:50.16	42.35
	100m:	1:17.86	41.11	200m:	2:42.90	42.85	300m:	4:07.81	42.55	400m:	5:30.89	40.73
47.	JAKOBIENKO	Martyna	04	MKP Szczecin				5:31.31	354			
	50m:	36.91	36.91	150m:	2:00.24	42.13	250m:	3:25.39	42.43	350m:	4:50.40	41.53
	100m:	1:18.11	41.20	200m:	2:42.96	42.72	300m:	4:08.87	43.48	400m:	5:31.31	40.91
48.	LEWANDOWSKA	Alicja	04	WOPR Malbork				5:31.55	353			
	50m:	38.35	38.35	150m:	2:01.53	42.27	250m:	3:26.99	43.02	350m:	4:51.88	41.80
	100m:	1:19.26	40.91	200m:	2:43.97	42.44	300m:	4:10.08	43.09	400m:	5:31.55	39.67
49.	MARCINIAK	Hanna	04	Słowianka Gorzów				5:32.16	351			
	50m:	37.82	37.82	150m:	2:02.51	42.50	250m:	3:26.46	42.19	350m:	4:52.25	42.37
	100m:	1:20.01	42.19	200m:	2:44.27	41.76	300m:	4:09.88	43.42	400m:	5:32.16	39.91
50.	HERMAN	Hanna	04	Koral Wrocław				5:33.13	348			
	50m:	38.08	38.08	150m:	2:02.50	42.69	250m:	3:27.51	42.92	350m:	4:52.85	42.59
	100m:	1:19.81	41.73	200m:	2:44.59	42.09	300m:	4:10.26	42.75	400m:	5:33.13	40.28

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
51.	WALBURG Wiktoria		04	MKP Szczecin				5:33.76	346		
	50m:	37.35 37.35	150m:	2:02.21	42.55	250m:	3:28.41	42.77	350m:	4:55.19	43.27
	100m:	1:19.66 42.31	200m:	2:45.64	43.43	300m:	4:11.92	43.51	400m:	5:33.76	38.57
52.	ZIELINSKA Oliwia		04	Astromal Leszno				5:34.01	346		
	50m:	38.54 38.54	150m:	2:03.15	42.83	250m:	3:29.25	43.16	350m:	4:53.06	41.14
	100m:	1:20.32 41.78	200m:	2:46.09	42.94	300m:	4:11.92	42.67	400m:	5:34.01	40.95
53.	LISZTWAN Marcelina		04	Znicz Koszalin				5:36.55	338		
	50m:	34.95 34.95	150m:	1:57.45	42.31	250m:	3:23.77	43.26	350m:	4:53.97	45.10
	100m:	1:15.14 40.19	200m:	2:40.51	43.06	300m:	4:08.87	45.10	400m:	5:36.55	42.58
54.	ANSZCZAK Ewa		04	KORMORAN Olsztyn				5:42.51	321		
	50m:	37.79 37.79	150m:	2:04.51	43.50	250m:	3:32.59	43.94	350m:	4:56.16	40.46
	100m:	1:21.01 43.22	200m:	2:48.65	44.14	300m:	4:15.70	43.11	400m:	5:42.51	46.35
55.	RUDY Julia		04	MKP Szczecin				5:42.65	320		
	50m:	38.37 38.37	150m:	2:04.73	43.74	250m:	3:32.15	43.65	350m:	5:00.94	44.05
	100m:	1:20.99 42.62	200m:	2:48.50	43.77	300m:	4:16.89	44.74	400m:	5:42.65	41.71
56.	MARCHLEWSKA Weronika		04	WOPR Malbork				5:45.25	313		
	50m:	37.87 37.87	150m:	2:04.76	43.91	250m:	3:34.39	45.12	350m:	5:03.24	44.02
	100m:	1:20.85 42.98	200m:	2:49.27	44.51	300m:	4:19.22	44.83	400m:	5:45.25	42.01
57.	MATYSIAK Zofia		04	Astromal Leszno				5:46.30	310		
	50m:	39.85 39.85	150m:	2:08.64	44.61	250m:	3:38.69	45.22	350m:	5:04.86	42.05
	100m:	1:24.03 44.18	200m:	2:53.47	44.83	300m:	4:22.81	44.12	400m:	5:46.30	41.44
58.	MURASZKO Martyna		04	KORMORAN Olsztyn				5:47.65	306		
	50m:	38.96 38.96	150m:	2:06.56	43.89	250m:	3:36.74	45.00	350m:	5:05.43	44.13
	100m:	1:22.67 43.71	200m:	2:51.74	45.18	300m:	4:21.30	44.56	400m:	5:47.65	42.22
59.	GOCZLING Katarzyna		04	I sk Wrocław				5:50.03	300		
	50m:	40.30 40.30	150m:	2:10.97	45.09	250m:	3:40.66	44.78	350m:	5:09.08	43.76
	100m:	1:25.88 45.58	200m:	2:55.88	44.91	300m:	4:25.32	44.66	400m:	5:50.03	40.95
60.	MANOWSKA Emilia		04	Znicz Koszalin				5:53.51	291		
	50m:	38.39 38.39	150m:	2:06.52	44.61	250m:	3:37.37	45.66	350m:	5:08.98	45.56
	100m:	1:21.91 43.52	200m:	2:51.71	45.19	300m:	4:23.42	46.05	400m:	5:53.51	44.53
61.	KUNICKA Gabriela		04	Neptun Stargard				5:53.65	291		
	50m:	40.80 40.80	150m:	2:13.20	45.97	250m:	3:44.29	44.14	350m:	5:12.14	44.14
	100m:	1:27.23 46.43	200m:	3:00.15	46.95	300m:	4:28.00	43.71	400m:	5:53.65	41.51
62.	MADEJ Weronika		04	I sk Wrocław				5:58.09	280		
	50m:	39.42 39.42	150m:	2:09.14	45.42	250m:	3:41.00	46.54	350m:	5:13.13	45.76
	100m:	1:23.72 44.30	200m:	2:54.46	45.32	300m:	4:27.37	46.37	400m:	5:58.09	44.96
63.	OSZTYNOWICZ Martyna		04	Poznania Pozna				6:00.89	274		
	50m:	40.44 40.44	150m:	2:11.37	45.65	250m:	3:44.79	47.19	350m:	5:18.02	46.24
	100m:	1:25.72 45.28	200m:	2:57.60	46.23	300m:	4:31.78	46.99	400m:	6:00.89	42.87
64.	JASNOCH Emilia		04	Poznania Pozna				6:04.00	267		
	50m:	40.30 40.30	150m:	2:12.88	46.76	250m:	3:46.75	46.79	350m:	5:20.46	46.78
	100m:	1:26.12 45.82	200m:	2:59.96	47.08	300m:	4:33.68	46.93	400m:	6:04.00	43.54
65.	BILI SKA Natalia		04	abianka Gda sk				6:04.45	266		
	50m:	37.77 37.77	150m:	2:15.69	48.96	250m:	3:50.47	47.11	350m:	5:22.44	44.54
	100m:	1:26.73 48.96	200m:	3:03.36	47.67	300m:	4:37.90	47.43	400m:	6:04.45	42.01
66.	SOKOŁOWSKA Małgorzata		04	KORMORAN Olsztyn				6:16.28	242		
	50m:	39.36 39.36	150m:	2:13.93	48.13	250m:	3:50.97	48.21	350m:	5:28.87	49.07
	100m:	1:25.80 46.44	200m:	3:02.76	48.83	300m:	4:39.80	48.83	400m:	6:16.28	47.41