

Liga SMS II runda
Zielona Góra - Drzonków, 24- - 25-5-2019

Konkurencja 11
2019-05-24 - 17:51

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.		Czas		Pkt.	Dru	100m	200m	300m	400m		
1.	PARADOWSKA Kinga	01	SMS Bydgoszcz	5:00.34	69731,00		1:08.79	1:19.24	1:22.11	1:09.63		
	50m:	32.36	32.36	150m:	1:48.94	40.15	250m:	3:08.97	40.94	350m:	4:25.99	35.28
	100m:	1:08.79	36.43	200m:	2:28.03	39.09	300m:	3:50.71	41.74	400m:	5:00.34	34.35
2.	WILCZEWSKA Aleksandra	02	SMS Lublin	5:02.67	68129,00		1:08.43	1:17.60	1:26.11	1:10.13		
	50m:	32.09	32.09	150m:	1:47.69	39.26	250m:	3:09.02	42.99	350m:	4:28.72	36.18
	100m:	1:08.43	36.34	200m:	2:26.03	38.34	300m:	3:52.54	43.52	400m:	5:02.67	33.95
3.	KLIMEK Marta	03	SMS O wi cim	5:05.59	66228,00		1:10.15	1:19.17	1:31.11	1:04.62		
	50m:	32.41	32.41	150m:	1:50.39	40.24	250m:	3:14.53	45.21	350m:	4:34.62	33.65
	100m:	1:10.15	37.74	200m:	2:29.32	38.93	300m:	4:00.97	46.44	400m:	5:05.59	30.97
4.	SM TEK Wiktoria	01	SMS Racibórz	5:07.56	64927,00		1:11.50	1:18.02	1:26.11	1:11.39		
	50m:	32.83	32.83	150m:	1:50.94	39.44	250m:	3:12.01	42.49	350m:	4:32.95	36.78
	100m:	1:11.50	38.67	200m:	2:29.52	38.58	300m:	3:56.17	44.16	400m:	5:07.56	34.61
5.	SOBIAK Zuzanna	02	SMS Wrocław	5:07.68	64826,00		1:08.19	1:18.07	1:31.11	1:09.64		
	50m:	31.50	31.50	150m:	1:48.30	40.11	250m:	3:11.62	45.36	350m:	4:33.46	35.42
	100m:	1:08.19	36.69	200m:	2:26.26	37.96	300m:	3:58.04	46.42	400m:	5:07.68	34.22
6.	PROCHOWNIK Martyna	02	SMS Lublin	5:11.89	62225,00		1:06.71	1:19.09	1:33.11	1:12.86		
	50m:	30.71	30.71	150m:	1:46.73	40.02	250m:	3:11.97	46.17	350m:	4:36.06	37.03
	100m:	1:06.71	36.00	200m:	2:25.80	39.07	300m:	3:59.03	47.06	400m:	5:11.89	35.83
7.	MARGULA Weronika	00	SMS Szczecin	5:12.19	62124,00		1:11.27	1:18.70	1:33.11	1:08.80		
	50m:	33.16	33.16	150m:	1:50.52	39.25	250m:	3:16.49	46.52	350m:	4:38.86	35.47
	100m:	1:11.27	38.11	200m:	2:29.97	39.45	300m:	4:03.39	46.90	400m:	5:12.19	33.33
8.	MODRZEJEWSKA Magda	02a	SMS Racibórz	5:12.51	61923,00		1:09.04	1:18.76	1:31.11	1:13.67		
	50m:	31.90	31.90	150m:	1:48.92	39.88	250m:	3:12.93	45.13	350m:	4:36.99	38.15
	100m:	1:09.04	37.14	200m:	2:27.80	38.88	300m:	3:58.84	45.91	400m:	5:12.51	35.52
9.	CYGAN Julia	04	SMS Bydgoszcz	5:14.30	60822,00		1:13.66	1:23.60	1:26.11	1:10.88		
	50m:	33.81	33.81	150m:	1:56.25	42.59	250m:	3:19.77	42.51	350m:	4:39.64	36.22
	100m:	1:13.66	39.85	200m:	2:37.26	41.01	300m:	4:03.42	43.65	400m:	5:14.30	34.66
10.	SKARWECKA Wiktoria	02	SMS O wi cim	5:15.24	60321,00		1:10.52	1:21.84	1:30.11	1:12.70		
	50m:	33.02	33.02	150m:	1:51.46	40.94	250m:	3:16.60	44.24	350m:	4:39.63	37.09
	100m:	1:10.52	37.50	200m:	2:32.36	40.90	300m:	4:02.54	45.94	400m:	5:15.24	35.61
11.	ZAR BA-PARADOWSKA	02ia	SMS Warszawa Bielany	5:16.58	59520,00		1:10.61	1:24.41	1:32.11	1:09.07		
	50m:	33.08	33.08	150m:	1:53.25	42.64	250m:	3:21.50	46.48	350m:	4:42.49	34.98
	100m:	1:10.61	37.53	200m:	2:35.02	41.77	300m:	4:07.51	46.01	400m:	5:16.58	34.09
12.	BANACZKOWSKA Aleksa	02a	SMS Lublin	5:17.90	588	-	1:14.28	1:24.94	1:24.11	1:13.75		
	50m:	33.41	33.41	150m:	1:57.06	42.78	250m:	3:21.51	42.29	350m:	4:41.56	37.41
	100m:	1:14.28	40.87	200m:	2:39.22	42.16	300m:	4:04.15	42.64	400m:	5:17.90	36.34
13.	MILEK Marcelina	02	SMS Kraków	5:18.20	58619,00		1:10.56	1:20.98	1:33.11	1:13.59		
	50m:	33.21	33.21	150m:	1:51.00	40.44	250m:	3:16.49	44.95	350m:	4:41.80	37.19
	100m:	1:10.56	37.35	200m:	2:31.54	40.54	300m:	4:04.61	48.12	400m:	5:18.20	36.40
14.	KEMPA Anna	01	SMS O wi cim	5:18.25	586	-	1:12.47	1:25.34	1:24.11	1:15.63		
	50m:	33.37	33.37	150m:	1:56.29	43.82	250m:	3:19.40	41.59	350m:	4:41.22	38.60
	100m:	1:12.47	39.10	200m:	2:37.81	41.52	300m:	4:02.62	43.22	400m:	5:18.25	37.03
15.	CYNARSKA Weronika	03	SMS Warszawa Konwiktors	5:18.66	58418,00		1:13.70	1:20.05	1:32.11	1:12.42		
	50m:	33.37	33.37	150m:	1:54.40	40.70	250m:	3:20.47	46.72	350m:	4:43.99	37.75
	100m:	1:13.70	40.33	200m:	2:33.75	39.35	300m:	4:06.24	45.77	400m:	5:18.66	34.67
16.	KURASI SKA Oliwia	02	SMS Ostrowiec w.	5:19.58	57817,00		1:10.36	1:22.81	1:32.11	1:13.84		
	50m:	32.57	32.57	150m:	1:52.01	41.65	250m:	3:18.80	45.63	350m:	4:43.28	37.54
	100m:	1:10.36	37.79	200m:	2:33.17	41.16	300m:	4:05.74	46.94	400m:	5:19.58	36.30
17.	KULIK Wiktoria	03	SMS Olsztyn	5:20.29	57516,00		1:11.68	1:22.89	1:34.11	1:11.18		
	50m:	33.11	33.11	150m:	1:54.13	42.45	250m:	3:21.58	47.01	350m:	4:45.55	36.44
	100m:	1:11.68	38.57	200m:	2:34.57	40.44	300m:	4:09.11	47.53	400m:	5:20.29	34.74
18.	HOLAK Marta	01	SMS Bydgoszcz	5:21.32	569	-	1:10.87	1:23.78	1:33.11	1:12.77		
	50m:	33.53	33.53	150m:	1:53.24	42.37	250m:	3:21.48	46.83	350m:	4:46.39	37.84
	100m:	1:10.87	37.34	200m:	2:34.65	41.41	300m:	4:08.55	47.07	400m:	5:21.32	34.93
19.	SZPIEGOWSKA Wiktoria	02	SMS Wrocław	5:21.56	56815,00		1:11.03	1:21.51	1:35.11	1:13.98		
	50m:	33.06	33.06	150m:	1:52.28	41.25	250m:	3:19.30	46.76	350m:	4:44.65	37.07
	100m:	1:11.03	37.97	200m:	2:32.54	40.26	300m:	4:07.58	48.28	400m:	5:21.56	36.91
20.	DACH Wiktoria	03	SMS Kraków	5:22.54	56314,00		1:10.37	1:26.27	1:28.11	1:16.92		
	50m:	32.37	32.37	150m:	1:53.33	42.96	250m:	3:19.96	43.32	350m:	4:44.92	39.30
	100m:	1:10.37	38.00	200m:	2:36.64	43.31	300m:	4:05.62	45.66	400m:	5:22.54	37.62

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Pozycja	Rok ur.		Czas		Pkt.	Dru	100m	200m	300m	400m	
21. TASAK Aleksandra	03	SMS Kraków	5:23.74	556	-	1:09.21	1:22.37	1:34.11	1:17.33		
50m:	32.61	32.61	150m:	1:51.17	41.96	250m:	3:18.38	46.80	350m:	4:46.16	39.75
100m:	1:09.21	36.60	200m:	2:31.58	40.41	300m:	4:06.41	48.03	400m:	5:23.74	37.58
22. WECKWERT Iga	04	SMS Gda sk	5:23.88	556	13,00	1:14.51	1:19.48	1:33.11	1:16.41		
50m:	34.50	34.50	150m:	1:54.57	40.06	250m:	3:20.63	46.64	350m:	4:46.59	39.12
100m:	1:14.51	40.01	200m:	2:33.99	39.42	300m:	4:07.47	46.84	400m:	5:23.88	37.29
23. ZIENTARSKA Karolina	02	SMS Warszawa Bielany	5:27.17	539	12,00	1:14.83	1:27.86	1:30.11	1:14.17		
50m:	33.81	33.81	150m:	1:59.49	44.66	250m:	3:27.59	44.90	350m:	4:51.02	38.02
100m:	1:14.83	41.02	200m:	2:42.69	43.20	300m:	4:13.00	45.41	400m:	5:27.17	36.15
24. S DŁAK Alicja	05	SMS Bydgoszcz	5:30.09	525	-	1:12.74	1:28.64	1:33.11	1:15.01		
50m:	32.33	32.33	150m:	1:57.76	45.02	250m:	3:27.35	45.97	350m:	4:54.23	39.15
100m:	1:12.74	40.41	200m:	2:41.38	43.62	300m:	4:15.08	47.73	400m:	5:30.09	35.86
25. MAJEWSKA Weronika	01	SMS Racibórz	5:30.17	525	-	1:12.83	1:23.35	1:38.11	1:15.53		
50m:	33.53	33.53	150m:	1:54.82	41.99	250m:	3:24.86	48.68	350m:	4:54.00	39.36
100m:	1:12.83	39.30	200m:	2:36.18	41.36	300m:	4:14.64	49.78	400m:	5:30.17	36.17
26. KUPIS Aleksandra	02	SMS Szczecin	5:30.70	522	11,00	1:17.18	1:23.79	1:38.11	1:11.65		
50m:	35.63	35.63	150m:	1:59.73	42.55	250m:	3:30.05	49.08	350m:	4:55.96	36.91
100m:	1:17.18	41.55	200m:	2:40.97	41.24	300m:	4:19.05	49.00	400m:	5:30.70	34.74
27. ZMIERCZAK Natalia	03	SMS Olsztyn	5:31.30	519	10,00	1:14.34	1:24.66	1:38.11	1:13.55		
50m:	34.10	34.10	150m:	1:57.73	43.39	250m:	3:28.28	49.28	350m:	4:53.57	35.82
100m:	1:14.34	40.24	200m:	2:39.00	41.27	300m:	4:17.75	49.47	400m:	5:31.30	37.73
28. DOBOSZ Kalina	02	SMS Warszawa Konwiktors	5:41.91	472	9,00	1:15.59	1:31.52	1:31.11	1:22.95		
50m:	33.71	33.71	150m:	2:02.58	46.99	250m:	3:32.46	45.35	350m:	5:01.09	42.13
100m:	1:15.59	41.88	200m:	2:47.11	44.53	300m:	4:18.96	46.50	400m:	5:41.91	40.82
29. BILSKA Natalia	01	SMS Gda sk	5:47.23	451	8,00	1:15.73	1:30.67	1:41.11	1:19.26		
50m:	35.05	35.05	150m:	2:01.63	45.90	250m:	3:37.92	51.52	350m:	5:08.62	40.65
100m:	1:15.73	40.68	200m:	2:46.40	44.77	300m:	4:27.97	50.05	400m:	5:47.23	38.61
30. OSZMIA SKA Julia	04	SMS Gorzów Wielkopolski	5:58.92	408	7,00	1:23.65	1:33.93	1:34.11	1:26.40		
50m:	35.47	35.47	150m:	2:11.31	47.66	250m:	3:44.81	47.23	350m:	5:17.23	44.71
100m:	1:23.65	48.18	200m:	2:57.58	46.27	300m:	4:32.52	47.71	400m:	5:58.92	41.69
31. KOWALSKA Nina	05	SMS Gorzów Wielkopolski	6:05.22	387	6,00	1:27.06	1:32.08	1:40.11	1:25.54		
50m:	38.34	38.34	150m:	2:13.75	46.69	250m:	3:49.02	49.88	350m:	5:23.76	44.08
100m:	1:27.06	48.72	200m:	2:59.14	45.39	300m:	4:39.68	50.66	400m:	6:05.22	41.46