

Liga SMS II runda  
Zielona Góra - Drzonków, 24- - 25-5-2019

Konkurencja 19  
2019-05-25 - 9:30

Kobiet, 400m dowolny

Open  
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.			Czas Pkt. Dru			100m	200m	300m	400m
1. NITA Daria	01	SMS O wi cim		<b>4:24.06</b> 71831,00			1:03.95	1:08.30	1:07.1	1:04.18
50m: 30.18	30.18	150m: 1:38.02	34.07	250m: 2:45.82	33.57	350m: 3:52.49	32.61			
100m: 1:03.95	33.77	200m: 2:12.25	34.23	300m: 3:19.88	34.06	400m: 4:24.06	31.57			
2. KLIMEK Marta	03	SMS O wi cim		<b>4:26.22</b> 70029,00			1:03.95	1:08.67	1:08.1	1:05.49
50m: 30.54	30.54	150m: 1:38.30	34.35	250m: 2:46.92	34.30	350m: 3:54.65	33.92			
100m: 1:03.95	33.41	200m: 2:12.62	34.32	300m: 3:20.73	33.81	400m: 4:26.22	31.57			
3. MICIAK Agata	02	SMS Gorzów Wielkopolski		<b>4:28.17</b> 68528,00			1:04.74	1:09.03	1:08.1	1:05.67
50m: 31.35	31.35	150m: 1:39.31	34.57	250m: 2:47.93	34.16	350m: 3:56.23	33.73			
100m: 1:04.74	33.39	200m: 2:13.77	34.46	300m: 3:22.50	34.57	400m: 4:28.17	31.94			
4. JASZCZUK Ewa	02	SMS Olsztyn		<b>4:28.45</b> 68327,00			1:05.72	1:08.23	1:06.1	1:07.58
50m: 31.94	31.94	150m: 1:39.96	34.24	250m: 2:47.23	33.28	350m: 3:54.86	33.99			
100m: 1:05.72	33.78	200m: 2:13.95	33.99	300m: 3:20.87	33.64	400m: 4:28.45	33.59			
5. D BROWSKA Tatiana	02	SMS Wrocław		<b>4:31.14</b> 66326,00			1:05.77	1:08.91	1:09.1	1:06.86
50m: 31.68	31.68	150m: 1:40.26	34.49	250m: 2:49.54	34.86	350m: 3:59.21	34.93			
100m: 1:05.77	34.09	200m: 2:14.68	34.42	300m: 3:24.28	34.74	400m: 4:31.14	31.93			
6. CIERPIAŁOWSKA Paulina	05	SMS Gda sk		<b>4:33.19</b> 64825,00			1:05.17	1:09.32	1:09.1	1:08.78
50m: 31.35	31.35	150m: 1:39.86	34.69	250m: 2:49.41	34.92	350m: 3:59.44	35.03			
100m: 1:05.17	33.82	200m: 2:14.49	34.63	300m: 3:24.41	35.00	400m: 4:33.19	33.75			
7. RODA Dominika	02	SMS Szczecin		<b>4:34.34</b> 64024,00			1:06.48	1:09.68	1:09.1	1:08.91
50m: 31.88	31.88	150m: 1:41.34	34.86	250m: 2:50.76	34.60	350m: 3:59.98	34.55			
100m: 1:06.48	34.60	200m: 2:16.16	34.82	300m: 3:25.43	34.67	400m: 4:34.34	34.36			
8. MARGULA Weronika	00	SMS Szczecin		<b>4:34.89</b> 63623,00			1:06.44	1:08.69	1:09.1	1:09.96
50m: 32.16	32.16	150m: 1:40.80	34.36	250m: 2:49.71	34.58	350m: 4:00.07	35.14			
100m: 1:06.44	34.28	200m: 2:15.13	34.33	300m: 3:24.93	35.22	400m: 4:34.89	34.82			
9. ŁYSAKOWSKA Julia	01	SMS Lublin		<b>4:36.99</b> 62222,00			1:07.21	1:11.13	1:10.1	1:08.14
50m: 32.19	32.19	150m: 1:42.55	35.34	250m: 2:53.16	34.82	350m: 4:04.46	35.61			
100m: 1:07.21	35.02	200m: 2:18.34	35.79	300m: 3:28.85	35.69	400m: 4:36.99	32.53			
10. ZAR BA-PARADOWSKA	02	SMS Warszawa Bielany		<b>4:37.18</b> 62021,00			1:06.75	1:10.56	1:11.1	1:08.81
50m: 31.99	31.99	150m: 1:41.88	35.13	250m: 2:52.75	35.44	350m: 4:03.68	35.31			
100m: 1:06.75	34.76	200m: 2:17.31	35.43	300m: 3:28.37	35.62	400m: 4:37.18	33.50			
11. ZIELI SKA Daria	03	SMS Warszawa Konwiktors		<b>4:37.24</b> 62020,00			1:07.24	1:10.74	1:09.1	1:09.37
50m: 32.28	32.28	150m: 1:42.51	35.27	250m: 2:52.84	34.86	350m: 4:03.25	35.38			
100m: 1:07.24	34.96	200m: 2:17.98	35.47	300m: 3:27.87	35.03	400m: 4:37.24	33.99			
12. PIEPIÓRKA Martyna	03	SMS Gda sk		<b>4:37.41</b> 61919,00			1:07.67	1:10.91	1:11.1	1:07.39
50m: 32.87	32.87	150m: 1:43.07	35.40	250m: 2:54.28	35.70	350m: 4:05.12	35.10			
100m: 1:07.67	34.80	200m: 2:18.58	35.51	300m: 3:30.02	35.74	400m: 4:37.41	32.29			
13. CELMER Wiktoria	03	SMS Pozna		<b>4:37.71</b> 61718,00			1:06.50	1:11.98	1:11.1	1:07.65
50m: 31.28	31.28	150m: 1:42.49	35.99	250m: 2:54.28	35.80	350m: 4:04.81	34.75			
100m: 1:06.50	35.22	200m: 2:18.48	35.99	300m: 3:30.06	35.78	400m: 4:37.71	32.90			
14. SZEWCZYK Zofia	02	SMS Lublin		<b>4:39.17</b> 60717,00			1:07.69	1:10.93	1:11.1	1:09.37
50m: 32.53	32.53	150m: 1:43.04	35.35	250m: 2:54.18	35.56	350m: 4:05.30	35.50			
100m: 1:07.69	35.16	200m: 2:18.62	35.58	300m: 3:29.80	35.62	400m: 4:39.17	33.87			
15. CYNARSKA Weronika	03	SMS Warszawa Konwiktors		<b>4:40.95</b> 59616,00			1:06.97	1:10.87	1:11.1	1:11.92
50m: 32.07	32.07	150m: 1:42.50	35.53	250m: 2:53.20	35.36	350m: 4:06.79	37.76			
100m: 1:06.97	34.90	200m: 2:17.84	35.34	300m: 3:29.03	35.83	400m: 4:40.95	34.16			
16. SM TEK Wiktoria	01	SMS Racibórz		<b>4:41.29</b> 59415,00			1:08.48	1:11.49	1:10.1	1:10.75
50m: 32.54	32.54	150m: 1:44.44	35.96	250m: 2:55.01	35.04	350m: 4:06.26	35.72			
100m: 1:08.48	35.94	200m: 2:19.97	35.53	300m: 3:30.54	35.53	400m: 4:41.29	35.03			
17. ŁUCZAK Dominika	02	SMS Zielona Góra		<b>4:42.10</b> 58814,00			1:07.34	1:11.33	1:12.1	1:11.12
50m: 32.36	32.36	150m: 1:42.74	35.40	250m: 2:54.63	35.96	350m: 4:06.88	35.90			
100m: 1:07.34	34.98	200m: 2:18.67	35.93	300m: 3:30.98	36.35	400m: 4:42.10	35.22			
18. KURASI SKA Oliwia	02	SMS Ostrowiec w.		<b>4:42.48</b> 58613,00			1:07.75	1:11.76	1:12.1	1:10.53
50m: 32.39	32.39	150m: 1:43.44	35.69	250m: 2:55.43	35.92	350m: 4:08.02	36.07			
100m: 1:07.75	35.36	200m: 2:19.51	36.07	300m: 3:31.95	36.52	400m: 4:42.48	34.46			
19. KINDRAT Julia	03	SMS Wrocław		<b>4:42.84</b> 58412,00			1:07.99	1:12.11	1:11.1	1:10.94
50m: 32.55	32.55	150m: 1:43.91	35.92	250m: 2:55.91	35.81	350m: 4:07.86	35.96			
100m: 1:07.99	35.44	200m: 2:20.10	36.19	300m: 3:31.90	35.99	400m: 4:42.84	34.98			
20. KACZOR Natalia	01	SMS Racibórz		<b>4:44.55</b> 57311,00			1:07.09	1:13.22	1:13.1	1:10.99
50m: 31.70	31.70	150m: 1:43.81	36.72	250m: 2:57.05	36.74	350m: 4:10.21	36.65			
100m: 1:07.09	35.39	200m: 2:20.31	36.50	300m: 3:33.56	36.51	400m: 4:44.55	34.34			

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Pozycja		Rok ur.				Czas	Pkt.	Dru	100m	200m	300m	400m
21.	WISTU Julia	00	SMS Kraków			<b>4:45.79</b>	566	10,00	1:07.39	1:13.10	1:13.11	1:12.26
	50m: 32.07	32.07	150m: 1:43.68	36.29	250m: 2:56.55	36.06	350m: 4:10.86	37.33				
	100m: 1:07.39	35.32	200m: 2:20.49	36.81	300m: 3:33.53	36.98	400m: 4:45.79	34.93				
22.	GRO Weronika	03	SMS Bydgoszcz			<b>4:46.21</b>	563	9,00	1:07.64	1:13.20	1:14.11	1:11.29
	50m: 32.30	32.30	150m: 1:43.96	36.32	250m: 2:57.84	37.00	350m: 4:11.65	36.73				
	100m: 1:07.64	35.34	200m: 2:20.84	36.88	300m: 3:34.92	37.08	400m: 4:46.21	34.56				
23.	GARBARCZYK Weronika	03	SMS Szczecin			<b>4:46.49</b>	562	-	1:07.79	1:12.52	1:13.11	1:12.91
	50m: 32.91	32.91	150m: 1:44.11	36.32	250m: 2:56.87	36.56	350m: 4:10.72	37.14				
	100m: 1:07.79	34.88	200m: 2:20.31	36.20	300m: 3:33.58	36.71	400m: 4:46.49	35.77				
24.	KUSION Weronika	02	SMS O wi cim			<b>4:46.57</b>	561	-	1:07.66	1:12.17	1:13.11	1:13.10
	50m: 32.48	32.48	150m: 1:43.42	35.76	250m: 2:56.34	36.51	350m: 4:10.77	37.30				
	100m: 1:07.66	35.18	200m: 2:19.83	36.41	300m: 3:33.47	37.13	400m: 4:46.57	35.80				
25.	SKIBCZAK Natalia	00	SMS Warszawa Bielany			<b>4:46.58</b>	561	8,00	1:09.26	1:13.53	1:13.11	1:10.19
	50m: 32.87	32.87	150m: 1:46.06	36.80	250m: 2:59.69	36.90	350m: 4:12.52	36.13				
	100m: 1:09.26	36.39	200m: 2:22.79	36.73	300m: 3:36.39	36.70	400m: 4:46.58	34.06				
26.	KOZD BA Karolina	03	SMS Kraków			<b>4:46.74</b>	560	7,00	1:07.63	1:12.73	1:13.11	1:12.98
	50m: 32.32	32.32	150m: 1:43.91	36.28	250m: 2:56.77	36.41	350m: 4:10.79	37.03				
	100m: 1:07.63	35.31	200m: 2:20.36	36.45	300m: 3:33.76	36.99	400m: 4:46.74	35.95				
27.	KRUPI SKA Lila	04	SMS Olsztyn			<b>4:46.93</b>	559	6,00	1:09.96	1:13.16	1:13.11	1:10.55
	50m: 33.77	33.77	150m: 1:46.65	36.69	250m: 3:00.31	37.19	350m: 4:12.75	36.37				
	100m: 1:09.96	36.19	200m: 2:23.12	36.47	300m: 3:36.38	36.07	400m: 4:46.93	34.18				
28.	FRYSIAK Zuzanna	03	SMS Bydgoszcz			<b>4:47.72</b>	555	5,00	1:08.72	1:12.31	1:13.11	1:13.05
	50m: 33.41	33.41	150m: 1:44.79	36.07	250m: 2:57.54	36.51	350m: 4:11.72	37.05				
	100m: 1:08.72	35.31	200m: 2:21.03	36.24	300m: 3:34.67	37.13	400m: 4:47.72	36.00				
29.	CIESIELSKA Inga	05	SMS Bydgoszcz			<b>4:57.88</b>	500	-	1:08.89	1:15.70	1:17.11	1:15.93
	50m: 32.57	32.57	150m: 1:46.47	37.58	250m: 3:03.04	38.45	350m: 4:20.92	38.97				
	100m: 1:08.89	36.32	200m: 2:24.59	38.12	300m: 3:41.95	38.91	400m: 4:57.88	36.96				
30.	BŁAJET Oliwia	00	SMS Pozna			<b>4:59.42</b>	492	4,00	1:09.93	1:15.89	1:17.11	1:16.56
	50m: 33.17	33.17	150m: 1:47.88	37.95	250m: 3:04.22	38.40	350m: 4:21.69	38.83				
	100m: 1:09.93	36.76	200m: 2:25.82	37.94	300m: 3:42.86	38.64	400m: 4:59.42	37.73				
31.	SZAFRA SKA Malwina	06	SMS Ostrowiec w.			<b>5:03.57</b>	472	3,00	1:11.58	1:18.36	1:19.11	1:14.47
	50m: 33.53	33.53	150m: 1:50.36	38.78	250m: 3:09.81	39.87	350m: 4:27.45	38.35				
	100m: 1:11.58	38.05	200m: 2:29.94	39.58	300m: 3:49.10	39.29	400m: 5:03.57	36.12				
32.	TOMASIK Otylia	04	SMS Bydgoszcz			<b>5:04.42</b>	468	-	1:09.18	1:16.51	1:18.11	1:20.06
	50m: 32.91	32.91	150m: 1:47.17	37.99	250m: 3:04.81	39.12	350m: 4:24.76	40.40				
	100m: 1:09.18	36.27	200m: 2:25.69	38.52	300m: 3:44.36	39.55	400m: 5:04.42	39.66				
33.	BILSKA Natalia	01	SMS Gda sk			<b>5:09.76</b>	444	-	1:10.29	1:18.26	1:21.11	1:19.38
	50m: 33.27	33.27	150m: 1:48.81	38.52	250m: 3:08.75	40.20	350m: 4:31.06	40.68				
	100m: 1:10.29	37.02	200m: 2:28.55	39.74	300m: 3:50.38	41.63	400m: 5:09.76	38.70				
34.	MAZUR Zuzanna	05	SMS Gorzów Wielkopolski			<b>5:09.84</b>	444	2,00	1:15.79	1:19.68	1:19.11	1:14.56
	50m: 36.63	36.63	150m: 1:55.88	40.09	250m: 3:15.73	40.26	350m: 4:34.28	39.00				
	100m: 1:15.79	39.16	200m: 2:35.47	39.59	300m: 3:55.28	39.55	400m: 5:09.84	35.56				
35.	BEDNARZ Oliwia	04	SMS Gorzów Wielkopolski			<b>5:24.56</b>	386	-	1:14.99	1:23.65	1:24.11	1:21.05
	50m: 35.43	35.43	150m: 1:56.55	41.56	250m: 3:21.10	42.46	350m: 4:43.89	40.38				
	100m: 1:14.99	39.56	200m: 2:38.64	42.09	300m: 4:03.51	42.41	400m: 5:24.56	40.67				