

Liga SMS II runda
Zielona Góra - Drzonków, 24- - 25-5-2019

Konkurencja 20
2019-05-25 - 9:54

M czynn, 400m dowolny

Open
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.		Czas		Pkt.	Dru	100m	200m	300m	400m	
1. KOZIEJKO Bartłomiej	00	SMS Olsztyn	3:59.05	780	31,00		58.65	1:01.04	1:00.39	58.97	
50m:	28.09	28.09	150m:	1:29.15	30.50	250m:	2:29.84	30.15	350m:	3:29.44	29.36
100m:	58.65	30.56	200m:	1:59.69	30.54	300m:	3:00.08	30.24	400m:	3:59.05	29.61
2. JACKOWSKI Tomasz	02	SMS Wrocław	4:01.24	759	29,00		57.41	1:01.22	1:02.11	00.04	
50m:	27.48	27.48	150m:	1:27.66	30.25	250m:	2:29.98	31.35	350m:	3:32.28	31.08
100m:	57.41	29.93	200m:	1:58.63	30.97	300m:	3:01.20	31.22	400m:	4:01.24	28.96
3. KAROLCZAK Jan	01	SMS Warszawa Bielany	4:02.03	751	28,00		59.11	1:01.78	1:01.11	00.08	
50m:	28.65	28.65	150m:	1:30.04	30.93	250m:	2:31.10	30.21	350m:	3:32.82	30.87
100m:	59.11	30.46	200m:	2:00.89	30.85	300m:	3:01.95	30.85	400m:	4:02.03	29.21
4. DASZKIEWICZ Michał	03	SMS O wi cim	4:05.07	724	27,00		59.22	1:02.10	1:02.11	01.05	
50m:	28.56	28.56	150m:	1:30.10	30.88	250m:	2:32.92	31.60	350m:	3:35.46	31.44
100m:	59.22	30.66	200m:	2:01.32	31.22	300m:	3:04.02	31.10	400m:	4:05.07	29.61
5. GRZEGORCZYK Wiktor	02	SMS O wi cim	4:05.31	721	26,00		58.73	1:03.54	1:02.11	00.29	
50m:	28.35	28.35	150m:	1:30.46	31.73	250m:	2:33.93	31.66	350m:	3:35.80	30.78
100m:	58.73	30.38	200m:	2:02.27	31.81	300m:	3:05.02	31.09	400m:	4:05.31	29.51
6. CIE LA Oskar	01	SMS O wi cim	4:05.50	720	-		59.98	1:03.84	1:02.02	59.66	
50m:	29.03	29.03	150m:	1:31.78	31.80	250m:	2:35.63	31.81	350m:	3:36.67	30.83
100m:	59.98	30.95	200m:	2:03.82	32.04	300m:	3:05.84	30.21	400m:	4:05.50	28.83
7. DOMINIAK Kacper	00	SMS Wrocław	4:05.61	719	25,00		59.36	1:03.09	1:02.11	00.54	
50m:	28.16	28.16	150m:	1:30.77	31.41	250m:	2:33.88	31.43	350m:	3:35.98	30.91
100m:	59.36	31.20	200m:	2:02.45	31.68	300m:	3:05.07	31.19	400m:	4:05.61	29.63
8. JÓ KÓW Cezary	01	SMS Wrocław	4:06.22	714	-		59.90	1:02.49	1:02.11	00.98	
50m:	29.32	29.32	150m:	1:30.86	30.96	250m:	2:33.92	31.53	350m:	3:36.56	31.32
100m:	59.90	30.58	200m:	2:02.39	31.53	300m:	3:05.24	31.32	400m:	4:06.22	29.66
9. MAJERSKI Jakub	00	SMS Kraków	4:06.69	709	24,00		59.37	1:03.07	1:03.11	01.07	
50m:	28.20	28.20	150m:	1:30.90	31.53	250m:	2:34.01	31.57	350m:	3:36.68	31.06
100m:	59.37	31.17	200m:	2:02.44	31.54	300m:	3:05.62	31.61	400m:	4:06.69	30.01
10. SZCZERBA Adam	02	SMS Lublin	4:08.12	697	23,00		58.36	1:02.16	1:02.11	04.65	
50m:	27.74	27.74	150m:	1:29.38	31.02	250m:	2:31.77	31.25	350m:	3:36.06	32.59
100m:	58.36	30.62	200m:	2:00.52	31.14	300m:	3:03.47	31.70	400m:	4:08.12	32.06
11. CHODULSKI Jakub	00	SMS Lublin	4:10.32	679	22,00		1:00.46	1:03.56	1:03.11	02.47	
50m:	28.99	28.99	150m:	1:32.24	31.78	250m:	2:36.10	32.08	350m:	3:39.72	31.87
100m:	1:00.46	31.47	200m:	2:04.02	31.78	300m:	3:07.85	31.75	400m:	4:10.32	30.60
12. SYNOWIEC Mikołaj	02	SMS Kraków	4:11.05	673	21,00		1:01.36	1:05.95	1:03.11	00.68	
50m:	28.95	28.95	150m:	1:33.98	32.62	250m:	2:38.69	31.38	350m:	3:41.01	30.64
100m:	1:01.36	32.41	200m:	2:07.31	33.33	300m:	3:10.37	31.68	400m:	4:11.05	30.04
13. TYLICKI Mateusz	01	SMS Bydgoszcz	4:11.22	672	20,00		1:00.07	1:05.04	1:04.11	02.00	
50m:	28.21	28.21	150m:	1:32.66	32.59	250m:	2:37.29	32.18	350m:	3:40.80	31.58
100m:	1:00.07	31.86	200m:	2:05.11	32.45	300m:	3:09.22	31.93	400m:	4:11.22	30.42
14. SZARPAK Marcin	01	SMS O wi cim	4:11.35	671	-		1:00.55	1:04.29	1:04.11	01.67	
50m:	29.22	29.22	150m:	1:32.58	32.03	250m:	2:37.17	32.33	350m:	3:41.15	31.47
100m:	1:00.55	31.33	200m:	2:04.84	32.26	300m:	3:09.68	32.51	400m:	4:11.35	30.20
15. HANO Grzegorz	00	SMS Wrocław	4:11.61	669	-		59.33	1:03.38	1:04.11	04.70	
50m:	28.47	28.47	150m:	1:30.71	31.38	250m:	2:34.37	31.66	350m:	3:39.12	32.21
100m:	59.33	30.86	200m:	2:02.71	32.00	300m:	3:06.91	32.54	400m:	4:11.61	32.49
16. SIEKACZY SKI Artur	02	SMS Lublin	4:11.92	666	-		59.88	1:05.62	1:05.11	01.42	
50m:	28.25	28.25	150m:	1:32.63	32.75	250m:	2:37.95	32.45	350m:	3:42.07	31.57
100m:	59.88	31.63	200m:	2:05.50	32.87	300m:	3:10.50	32.55	400m:	4:11.92	29.85
17. WILK Jakub	02	SMS Ostrowiec w.	4:13.20	656	19,00		59.37	1:03.53	1:05.11	04.75	
50m:	28.58	28.58	150m:	1:30.79	31.42	250m:	2:35.54	32.64	350m:	3:41.40	32.95
100m:	59.37	30.79	200m:	2:02.90	32.11	300m:	3:08.45	32.91	400m:	4:13.20	31.80
18. MŁYNARCZYK Karol	00	SMS Warszawa Bielany	4:13.93	650	18,00		59.74	1:02.81	1:04.11	06.89	
50m:	28.94	28.94	150m:	1:31.14	31.40	250m:	2:34.59	32.04	350m:	3:40.38	33.34
100m:	59.74	30.80	200m:	2:02.55	31.41	300m:	3:07.04	32.45	400m:	4:13.93	33.55
19. KLISZ Krystian	02	SMS Szczecin	4:14.04	650	17,00		1:01.65	1:04.12	1:04.11	03.69	
50m:	30.04	30.04	150m:	1:33.56	31.91	250m:	2:38.14	32.37	350m:	3:42.66	32.31
100m:	1:01.65	31.61	200m:	2:05.77	32.21	300m:	3:10.35	32.21	400m:	4:14.04	31.38
20. JEMIELITA Oskar	01	SMS Warszawa Bielany	4:14.83	644	-		1:00.53	1:05.51	1:04.11	03.80	
50m:	28.34	28.34	150m:	1:33.11	32.58	250m:	2:38.72	32.68	350m:	3:43.42	32.39
100m:	1:00.53	32.19	200m:	2:06.04	32.93	300m:	3:11.03	32.31	400m:	4:14.83	31.41

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Pozycja	Rok ur.	Czas	Pkt.	Dru	100m	200m	300m	400m
21. MUSZY SKI Jakub	01	SMS Bydgoszcz	4:16.42	632 16,00	1:00.54	1:04.61	1:05.1	1:06.16
50m:	29.25	29.25	150m:	1:32.32	31.78	250m:	2:37.06	31.91
100m:	1:00.54	31.29	200m:	2:05.15	32.83	300m:	3:10.26	33.20
350m:			350m:	3:44.16	33.90	400m:	4:16.42	32.26
22. MICHALSKI Wojciech	01	SMS Szczecin	4:18.84	614 15,00	1:02.15	1:06.04	1:06.1	1:04.43
50m:	30.04	30.04	150m:	1:35.04	32.89	250m:	2:41.39	33.20
100m:	1:02.15	32.11	200m:	2:08.19	33.15	300m:	3:14.41	33.02
350m:			350m:	3:47.45	33.04	400m:	4:18.84	31.39
23. DUDKIEWICZ Kacper	02	SMS Warszawa Konwiktors	4:19.14	612 14,00	1:00.07	1:05.68	1:07.1	1:06.00
50m:	28.84	28.84	150m:	1:33.14	33.07	250m:	2:39.04	33.29
100m:	1:00.07	31.23	200m:	2:05.75	32.61	300m:	3:13.14	34.10
350m:			350m:	3:47.46	34.32	400m:	4:19.14	31.68
24. NIEDZIAŁEK Michał	03	SMS Olsztyn	4:19.51	609 13,00	1:01.01	1:05.69	1:07.1	1:05.71
50m:	29.46	29.46	150m:	1:33.78	32.77	250m:	2:40.29	33.59
100m:	1:01.01	31.55	200m:	2:06.70	32.92	300m:	3:13.80	33.51
350m:			350m:	3:47.62	33.82	400m:	4:19.51	31.89
25. WO NIAK Hubert	02	SMS Bydgoszcz	4:19.97	606 -	1:02.35	1:07.09	1:05.1	1:05.49
50m:	29.66	29.66	150m:	1:35.91	33.56	250m:	2:42.04	32.60
100m:	1:02.35	32.69	200m:	2:09.44	33.53	300m:	3:14.48	32.44
350m:			350m:	3:47.69	33.21	400m:	4:19.97	32.28
26. HEBEL Maciej	05	SMS Gda sk	4:21.74	594 12,00	1:01.20	1:07.16	1:08.1	1:05.14
50m:	29.18	29.18	150m:	1:34.11	32.91	250m:	2:42.61	34.25
100m:	1:01.20	32.02	200m:	2:08.36	34.25	300m:	3:16.60	33.99
350m:			350m:	3:49.60	33.00	400m:	4:21.74	32.14
27. NOWICZKOW Jakub	01	SMS Lublin	4:22.19	591 -	1:02.15	1:06.34	1:07.1	1:06.57
50m:	29.75	29.75	150m:	1:35.02	32.87	250m:	2:42.00	33.51
100m:	1:02.15	32.40	200m:	2:08.49	33.47	300m:	3:15.62	33.62
350m:			350m:	3:49.09	33.47	400m:	4:22.19	33.10
28. MALINOWSKI Jakub	03	SMS Gorzów Wielkopolski	4:23.67	581 11,00	1:00.95	1:07.30	1:08.1	1:07.10
50m:	28.93	28.93	150m:	1:34.18	33.23	250m:	2:42.36	34.11
100m:	1:00.95	32.02	200m:	2:08.25	34.07	300m:	3:16.57	34.21
350m:			350m:	3:50.91	34.34	400m:	4:23.67	32.76
29. DUDEK Kacper	02	SMS Pozna	4:24.17	578 10,00	1:02.79	1:07.49	1:06.1	1:06.90
50m:	29.65	29.65	150m:	1:36.27	33.48	250m:	2:43.73	33.45
100m:	1:02.79	33.14	200m:	2:10.28	34.01	300m:	3:17.27	33.54
350m:			350m:	3:51.23	33.96	400m:	4:24.17	32.94
30. MINISZEWSKI Sebastian	04	SMS Bydgoszcz	4:26.69	561 -	1:03.32	1:09.81	1:06.1	1:07.45
50m:	30.15	30.15	150m:	1:37.83	34.51	250m:	2:46.00	32.87
100m:	1:03.32	33.17	200m:	2:13.13	35.30	300m:	3:19.24	33.24
350m:			350m:	3:53.39	34.15	400m:	4:26.69	33.30
31. DOMALEWSKI Bartłomiej	05	SMS Olsztyn	4:27.71	555 -	1:03.52	1:08.39	1:08.1	1:07.31
50m:	30.16	30.16	150m:	1:37.69	34.17	250m:	2:46.07	34.16
100m:	1:03.52	33.36	200m:	2:11.91	34.22	300m:	3:20.40	34.33
350m:			350m:	3:54.29	33.89	400m:	4:27.71	33.42
32. KOWALSKI Marek	03	SMS Zielona Góra	4:28.14	552 9,00	1:03.88	1:09.51	1:10.1	1:04.33
50m:	30.23	30.23	150m:	1:38.26	34.38	250m:	2:48.42	35.03
100m:	1:03.88	33.65	200m:	2:13.39	35.13	300m:	3:23.81	35.39
350m:			350m:	3:57.67	33.86	400m:	4:28.14	30.47
33. GRZYBOWSKI Bartosz	02	SMS Zielona Góra	4:28.15	552 8,00	1:01.42	1:07.32	1:09.1	1:09.90
50m:	29.53	29.53	150m:	1:34.74	33.32	250m:	2:43.41	34.67
100m:	1:01.42	31.89	200m:	2:08.74	34.00	300m:	3:18.25	34.84
350m:			350m:	3:53.58	35.33	400m:	4:28.15	34.57
34. LEWICKI Filip	03	SMS Kraków	4:28.26	552 -	1:01.22	1:07.76	1:09.1	1:09.31
50m:	29.21	29.21	150m:	1:34.73	33.51	250m:	2:44.05	35.07
100m:	1:01.22	32.01	200m:	2:08.98	34.25	300m:	3:18.95	34.90
350m:			350m:	3:53.91	34.96	400m:	4:28.26	34.35
35. LESIK Jarosław	02	SMS Racibórz	4:28.73	549 7,00	1:01.94	1:07.08	1:09.1	1:10.55
50m:	29.13	29.13	150m:	1:35.08	33.14	250m:	2:43.34	34.32
100m:	1:01.94	32.81	200m:	2:09.02	33.94	300m:	3:18.18	34.84
350m:			350m:	3:53.80	35.62	400m:	4:28.73	34.93
36. KESLER Marcin	02	SMS Ostrowiec w.	4:29.05	547 6,00	1:04.33	1:08.61	1:08.1	1:07.17
50m:	30.65	30.65	150m:	1:38.28	33.95	250m:	2:46.95	34.01
100m:	1:04.33	33.68	200m:	2:12.94	34.66	300m:	3:21.88	34.93
350m:			350m:	3:55.90	34.02	400m:	4:29.05	33.15
37. FORGEL Konrad	03	SMS Zielona Góra	4:29.68	543 -	1:03.28	1:09.22	1:09.1	1:08.01
50m:	29.74	29.74	150m:	1:37.70	34.42	250m:	2:47.06	34.56
100m:	1:03.28	33.54	200m:	2:12.50	34.80	300m:	3:21.67	34.61
350m:			350m:	3:56.41	34.74	400m:	4:29.68	33.27
38. KUROWSKI Tymon	04	SMS Gorzów Wielkopolski	4:30.91	536 5,00	1:03.36	1:09.24	1:09.1	1:08.65
50m:	30.07	30.07	150m:	1:37.54	34.18	250m:	2:47.29	34.69
100m:	1:03.36	33.29	200m:	2:12.60	35.06	300m:	3:22.26	34.97
350m:			350m:	3:57.93	35.67	400m:	4:30.91	32.98
39. RO ENEK Patryk	02	SMS Racibórz	4:31.33	533 4,00	1:04.43	1:10.31	1:10.1	1:06.44
50m:	30.72	30.72	150m:	1:39.54	35.11	250m:	2:49.77	35.03
100m:	1:04.43	33.71	200m:	2:14.74	35.20	300m:	3:24.89	35.12
350m:			350m:	3:59.81	34.92	400m:	4:31.33	31.52
40. WYSOCKI Piotr	04	SMS Pozna	4:31.41	533 3,00	1:05.44	1:08.97	1:09.1	1:07.32
50m:	31.00	31.00	150m:	1:39.80	34.36	250m:	2:49.11	34.70
100m:	1:05.44	34.44	200m:	2:14.41	34.61	300m:	3:24.09	34.98
350m:			350m:	3:58.11	34.02	400m:	4:31.41	33.30

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41. KOZŁOWSKI Konrad	04	SMS Olsztyn	4:32.79	525	-	1:06.09	1:10.08	1:09.11	1:06.77		
50m:	31.82	31.82	150m:	1:41.21	35.12	250m:	2:51.09	34.92	350m:	4:00.32	34.30
100m:	1:06.09	34.27	200m:	2:16.17	34.96	300m:	3:26.02	34.93	400m:	4:32.79	32.47
42. KOWALCZYK Michał	02	SMS Warszawa Konwiktors	4:33.76	519	2,00	1:03.95	1:10.13	1:10.11	1:09.24		
50m:	29.97	29.97	150m:	1:38.65	34.70	250m:	2:49.22	35.14	350m:	3:59.63	35.11
100m:	1:03.95	33.98	200m:	2:14.08	35.43	300m:	3:24.52	35.30	400m:	4:33.76	34.13
43. RUTA Kamil	02	SMS Warszawa Konwiktors	4:34.23	516	-	1:00.77	1:07.84	1:11.11	1:13.73		
50m:	28.94	28.94	150m:	1:34.10	33.33	250m:	2:44.07	35.46	350m:	3:57.31	36.81
100m:	1:00.77	31.83	200m:	2:08.61	34.51	300m:	3:20.50	36.43	400m:	4:34.23	36.92
44. URBANIAK Sebastian	01	SMS Pozna	4:36.90	502	-	1:04.47	1:10.52	1:11.11	1:09.98		
50m:	30.46	30.46	150m:	1:39.27	34.80	250m:	2:50.61	35.62	350m:	4:02.99	36.07
100m:	1:04.47	34.01	200m:	2:14.99	35.72	300m:	3:26.92	36.31	400m:	4:36.90	33.91
45. MAKOWSKI Dominik	03	SMS Pozna	4:40.86	481	-	1:06.14	1:10.81	1:11.11	1:12.05		
50m:	31.53	31.53	150m:	1:41.50	35.36	250m:	2:52.82	35.87	350m:	4:05.14	36.33
100m:	1:06.14	34.61	200m:	2:16.95	35.45	300m:	3:28.81	35.99	400m:	4:40.86	35.72
46. SETLAK Marcel	05	SMS Gda sk	4:43.03	470	1,00	1:06.66	1:13.44	1:12.11	1:10.51		
50m:	31.39	31.39	150m:	1:43.37	36.71	250m:	2:56.40	36.30	350m:	4:08.65	36.13
100m:	1:06.66	35.27	200m:	2:20.10	36.73	300m:	3:32.52	36.12	400m:	4:43.03	34.38
47. OKR T Oliwier	03	SMS Ostrowiec w.	4:43.18	469	-	1:07.41	1:12.61	1:13.11	1:09.99		
50m:	31.69	31.69	150m:	1:43.58	36.17	250m:	2:57.02	37.00	350m:	4:09.45	36.26
100m:	1:07.41	35.72	200m:	2:20.02	36.44	300m:	3:33.19	36.17	400m:	4:43.18	33.73
48. BARTA Kacper	03	SMS Zielona Góra	4:45.71	456	-	1:06.15	1:11.84	1:14.11	1:13.50		
50m:	31.49	31.49	150m:	1:42.07	35.92	250m:	2:54.82	36.83	350m:	4:10.05	37.84
100m:	1:06.15	34.66	200m:	2:17.99	35.92	300m:	3:32.21	37.39	400m:	4:45.71	35.66
49. KRZY ANIAK Jakub	05	SMS Gorzów Wielkopolski	4:46.42	453	-	1:09.69	1:13.61	1:13.11	1:09.84		
50m:	33.25	33.25	150m:	1:46.09	36.40	250m:	3:00.30	37.00	350m:	4:12.58	36.00
100m:	1:09.69	36.44	200m:	2:23.30	37.21	300m:	3:36.58	36.28	400m:	4:46.42	33.84
50. KESLER Michał	05	SMS Ostrowiec w.	5:03.48	381	-	1:12.50	1:19.19	1:17.11	1:14.72		
50m:	33.86	33.86	150m:	1:52.37	39.87	250m:	3:10.31	38.62	350m:	4:27.31	38.55
100m:	1:12.50	38.64	200m:	2:31.69	39.32	300m:	3:48.76	38.45	400m:	5:03.48	36.17