

Letnie Mistrzostwa Polski Osób Niepełnosprawnych 2019
Zielona Góra - Drzonków, 15- - 16-6-2019

Konkurencja 8
2019-06-15 - 12:24

M czynn, 400m dowolny

Open
Wyniki

Pozycja	Zawodnik	Kod	Rok ur.	Nazwa klubu	Czas	Punkty
1.	Igor HREHOROWICZ	S9	02	START Wrocław	4:33.58	843
	50m: 30.92 30.92	150m: 1:38.86	34.37	250m: 2:48.18	34.39	350m: 3:59.36 35.73
	100m: 1:04.49 33.57	200m: 2:13.79	34.93	300m: 3:23.63	35.45	400m: 4:33.58 34.22
2.	Alan OGORZAŁEK	S10	03	START Wrocław	4:28.02	754
	50m: 30.17 30.17	150m: 1:38.46	34.13	250m: 2:46.40	33.56	350m: 3:54.79 33.87
	100m: 1:04.33 34.16	200m: 2:12.84	34.38	300m: 3:20.92	34.52	400m: 4:28.02 33.23
3.	Marcin ADAMCZEWSKI	S13	03	START Katowice	5:11.23	270
	50m: 31.95 31.95	150m: 1:47.13	38.85	250m: 3:07.35	39.92	350m: 4:30.89 41.10
	100m: 1:08.28 36.33	200m: 2:27.43	40.30	300m: 3:49.79	42.44	400m: 5:11.23 40.34
4.	Marcin CEGLARSKI	S7	98	KSN START Warszawa	6:18.25	245
	50m: 39.69 39.69	150m: 2:13.22	48.45	250m: 3:51.45	48.90	350m: 5:30.12 49.03
	100m: 1:24.77 45.08	200m: 3:02.55	49.33	300m: 4:41.09	49.64	400m: 6:18.25 48.13
5.	Kamil ORWAT	S9	88	START Zielona Góra	6:01.04	106
	50m: 39.61 39.61	150m: 2:07.64	44.99	250m: 3:39.83	46.97	350m: 5:15.92 48.35
	100m: 1:22.65 43.04	200m: 2:52.86	45.22	300m: 4:27.57	47.74	400m: 6:01.04 45.12
6.	Jarosław MAZUROWSKI	S9	80	SZANSA START Gda sk	6:12.35	65
	50m: 40.89 40.89	150m: 2:14.65	47.53	250m: 3:50.96	48.58	350m: 5:26.76 47.52
	100m: 1:27.12 46.23	200m: 3:02.38	47.73	300m: 4:39.24	48.28	400m: 6:12.35 45.59
7.	Wojciech SZYJKA	S9	02	START Katowice	6:17.44	51
	50m: 41.68 41.68	150m: 2:19.01	49.24	250m: 3:55.91	48.35	350m: 5:31.26 47.77
	100m: 1:29.77 48.09	200m: 3:07.56	48.55	300m: 4:43.49	47.58	400m: 6:17.44 46.18
8.	Braian KACZYCA	S9	05	START Katowice	7:28.94	
	50m: 49.40 49.40	150m: 2:45.31	58.62	250m: 4:41.73	57.74	350m: 6:36.35 55.74
	100m: 1:46.69 57.29	200m: 3:43.99	58.68	300m: 5:40.61	58.88	400m: 7:28.94 52.59
	Jakub JEZNACH	S10	92	IKS AWF Warszawa	8:46.90	
	50m: 2:46.28 2:46.28	150m: 5:09.33	3:28.27	250m:		350m: 7:36.42 1:13.88
	100m: 1:41.06	200m: 3:57.41		300m: 6:22.54		400m: 8:46.90 1:10.48
	Paweł PASTECZKA	S8	87	IKS DSS Kraków	9:22.66	
	50m: 1:01.11 1:01.11	150m: 3:20.10	1:11.91	250m: 5:46.39	1:13.52	350m: 8:11.56 1:12.94
	100m: 2:08.19 1:07.08	200m: 4:32.87	1:12.77	300m: 6:58.62	1:12.23	400m: 9:22.66 1:11.10
PK	Jakub KOWALCZYK	S14	99	SPRAWNI RAZEM	5:37.73	243
	50m: 37.44 37.44	150m: 2:04.85	45.19	250m: 3:33.17	43.81	350m: 4:59.33 41.68
	100m: 1:19.66 42.22	200m: 2:49.36	44.51	300m: 4:17.65	44.48	400m: 5:37.73 38.40
PK	Wojciech KOLEBSKI	S14	04	SPRAWNI RAZEM	6:05.55	88
	50m: 41.34 41.34	150m: 2:15.58	48.27	250m: 3:47.84	44.51	350m: 5:20.21 46.16
	100m: 1:27.31 45.97	200m: 3:03.33	47.75	300m: 4:34.05	46.21	400m: 6:05.55 45.34