

Otwarte Mistrzostwa Okręgu Lubuskiego 2019
Zielona Góra - Drzonków, 23-6-2019

Konkurencja 16
2019-06-23 - 13:28

Mężczyzn, 400m zmienny

Open
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m
1. Dawid GOTSZLING	01	BARAKUDA Starachowice	4:51.40	585		1:05.17	1:15.39	1:25.50	1:05.34
50m: 29.19	29.19	150m: 1:42.77	37.60	250m: 3:02.58	42.02	350m: 4:18.98	32.92		
100m: 1:05.17	35.98	200m: 2:20.56	37.79	300m: 3:46.06	43.48	400m: 4:51.40	32.42		
2. Mikołaj MOSIAK	03	ATOL Oleśnica	5:02.86	521		1:07.70	1:19.94	1:27.27	1:07.95
50m: 30.57	30.57	150m: 1:48.30	40.60	250m: 3:11.10	43.46	350m: 4:29.21	34.30		
100m: 1:07.70	37.13	200m: 2:27.64	39.34	300m: 3:54.91	43.81	400m: 5:02.86	33.65		
3. Łukasz SZYMAŃSKI	05	WŁÓKNIARZ1925 Kalisz	5:18.42	449		1:10.48	1:19.41	1:33.98	1:14.55
50m: 31.59	31.59	150m: 1:51.26	40.78	250m: 3:15.49	45.60	350m: 4:42.28	38.41		
100m: 1:10.48	38.89	200m: 2:29.89	38.63	300m: 4:03.87	48.38	400m: 5:18.42	36.14		
4. Bartłomiej KUCHARSKI	05	WANKAN Legnica	5:26.46	416		1:11.40	1:24.85	1:34.66	1:15.55
50m: 32.45	32.45	150m: 1:54.32	42.92	250m: 3:23.58	47.33	350m: 4:49.29	38.38		
100m: 1:11.40	38.95	200m: 2:36.25	41.93	300m: 4:10.91	47.33	400m: 5:26.46	37.17		
5. Jan PEPEŁOWSKI	06	LKS Wrocław	5:35.08	385		1:15.33	1:28.33	1:38.87	1:12.55
50m: 34.42	34.42	150m: 2:01.16	45.83	250m: 3:32.71	49.05	350m: 5:00.52	37.99		
100m: 1:15.33	40.91	200m: 2:43.66	42.50	300m: 4:22.53	49.82	400m: 5:35.08	34.56		
6. Bartosz SAROWSKI	07	WANKAN Legnica	6:13.83	277		1:27.00	1:36.86	1:45.56	1:24.41
50m: 39.48	39.48	150m: 2:16.21	49.21	250m: 3:56.66	52.80	350m: 5:32.71	43.29		
100m: 1:27.00	47.52	200m: 3:03.86	47.65	300m: 4:49.42	52.76	400m: 6:13.83	41.12		
7. Filip SZYMKOWICZ	07	WANKAN Legnica	6:34.76	235		1:42.15	1:36.89	1:52.22	1:23.50
50m: 45.97	45.97	150m: 2:31.33	49.18	250m: 4:14.74	55.70	350m: 5:55.72	44.46		
100m: 1:42.15	56.18	200m: 3:19.04	47.71	300m: 5:11.26	56.52	400m: 6:34.76	39.04		
8. Michał OSTROWSKI	06	WANKAN Legnica	6:34.99	235		1:40.53	1:37.56	1:52.76	1:24.14
50m: 46.00	46.00	150m: 2:30.05	49.52	250m: 4:14.10	56.01	350m: 5:55.74	44.89		
100m: 1:40.53	54.53	200m: 3:18.09	48.04	300m: 5:10.85	56.75	400m: 6:34.99	39.25		