

XXV OOM - Letnie Mistrzostwa Polski 17-18 lat  
Zielona Góra - Drzonków, 18. - 21.7.2019

Konkurencja 22  
20.07.2019 - 10:45

Kobiet, 400m dowolny

17 - 18 lat  
Wyniki Eliminacje

Top Times "Poland" 18	4:12.62	Paula UKOWSKA	00914	Doha (QAT)	09.12.2009
Top Times "Poland" 17	4:12.62	Paula UKOWSKA		Doha (QAT)	09.12.2009

Punkty: FINA 2019

Pozycja	Rok ur.	Czas Pkt.	100m	200m	300m	400m
1. Daria NITA	01 KORONA Kraków	<b>4:28.33</b> 684 A	1:03.49	1:08.78	1:09.31	1:06.75
50m: 30.01	30.01	150m: 1:37.64	34.40	350m: 3:55.31	33.73	
100m: 1:03.49	33.48	200m: 2:12.27	34.91	400m: 4:28.33	33.02	
2. Klaudia SKIBIAK	02 UKS 190 Łódź	<b>4:28.37</b> 684 A	1:05.94	1:08.57	1:07.54	1:06.32
50m: 31.92	31.92	150m: 1:40.03	33.46	350m: 3:55.50	33.45	
100m: 1:05.94	34.02	200m: 2:14.51	34.08	400m: 4:28.37	32.87	
3. A. W GRZYNOWSKA	01 WKS L SK Wrocław	<b>4:29.23</b> 677 A	1:04.21	1:08.75	1:09.25	1:07.02
50m: 30.70	30.70	150m: 1:38.44	34.57	350m: 3:56.36	34.15	
100m: 1:04.21	33.51	200m: 2:12.96	34.68	400m: 4:29.23	32.87	
4. Katarzyna SZL K	02 KU AZS Politechniki Łódzkiej	<b>4:29.80</b> 673 A	1:06.07	1:07.68	1:08.68	1:07.37
50m: 31.86	31.86	150m: 1:39.58	34.21	350m: 3:56.65	34.22	
100m: 1:06.07	34.21	200m: 2:13.75	34.47	400m: 4:29.80	33.15	
Karolina PIECHOTA	01 UKS 190 Łódź	<b>4:29.80</b> 673 A	1:05.60	1:08.90	1:08.25	1:07.05
50m: 31.77	31.77	150m: 1:39.76	33.76	350m: 3:56.36	33.61	
100m: 1:05.60	33.83	200m: 2:14.50	34.49	400m: 4:29.80	33.44	
6. Agata MICIAK	02 SŁOWIANKA Gorzów Wlkp.	<b>4:31.50</b> 660 A	1:06.33	1:08.98	1:08.73	1:07.46
50m: 31.83	31.83	150m: 1:40.90	33.93	350m: 3:57.87	33.83	
100m: 1:06.33	34.50	200m: 2:15.31	34.80	400m: 4:31.50	33.63	
7. Tatiana D BROWSKA	02 UKS 190 Łódź	<b>4:34.03</b> 642 A	1:05.70	1:09.29	1:09.88	1:09.16
50m: 31.71	31.71	150m: 1:40.42	34.84	350m: 3:59.59	34.72	
100m: 1:05.70	33.99	200m: 2:14.99	35.04	400m: 4:34.03	34.44	
8. Julia ŁYSAKOWSKA	01 KU AZS UMCS Lublin	<b>4:34.28</b> 640 A	1:06.05	1:09.58	1:09.49	1:09.16
50m: 31.60	31.60	150m: 1:40.86	34.55	350m: 3:59.79	34.67	
100m: 1:06.05	34.45	200m: 2:15.63	34.94	400m: 4:34.28	34.49	
9. Barbara SERAFIN	02 UKS G-8 BIELANY Warszawa	<b>4:35.94</b> 629 B	1:06.26	1:09.78	1:10.48	1:09.42
50m: 31.63	31.63	150m: 1:41.01	34.83	350m: 4:01.66	35.14	
100m: 1:06.26	34.63	200m: 2:16.04	35.65	400m: 4:35.94	34.28	
10. Zofia SZEWCZYK	02 UKP FALA Kra nik	<b>4:36.39</b> 626 B	1:06.55	1:09.94	1:10.07	1:09.83
50m: 32.32	32.32	150m: 1:41.46	35.03	350m: 4:02.08	35.52	
100m: 1:06.55	34.23	200m: 2:16.49	35.04	400m: 4:36.39	34.31	
11. Katarzyna ZAREMBIK	02 MKS SMS VICTORIA Racibó	<b>4:36.87</b> 622 B	1:07.22	1:10.75	1:10.64	1:08.26
50m: 32.12	32.12	150m: 1:42.49	35.28	350m: 4:03.67	35.06	
100m: 1:07.22	35.10	200m: 2:17.97	35.36	400m: 4:36.87	33.20	
12. Dominika ŁUCZAK	02 TP Zielona Góra	<b>4:37.59</b> 618 B	1:06.19	1:10.22	1:10.91	1:10.27
50m: 31.64	31.64	150m: 1:41.00	34.97	350m: 4:02.81	35.49	
100m: 1:06.19	34.55	200m: 2:16.41	35.94	400m: 4:37.59	34.78	
13. Oliwia CERLICH	02 MKS IKAR Mielec	<b>4:37.70</b> 617 B	1:06.09	1:09.50	1:11.24	1:10.87
50m: 31.65	31.65	150m: 1:40.69	35.54	350m: 4:02.90	36.07	
100m: 1:06.09	34.44	200m: 2:15.59	35.70	400m: 4:37.70	34.80	
14. Wiktoria SKARWECKA	02 UKP UNIA O wi cim	<b>4:38.10</b> 614 B	1:06.84	1:10.84	1:11.13	1:09.29
50m: 32.19	32.19	150m: 1:42.11	35.39	350m: 4:04.00	35.19	
100m: 1:06.84	34.65	200m: 2:17.68	35.74	400m: 4:38.10	34.10	
15. Dominika RODA	02 MKP Szczecin	<b>4:38.59</b> 611 B	1:06.74	1:10.51	1:11.62	1:09.72
50m: 31.91	31.91	150m: 1:41.96	35.88	350m: 4:04.16	35.29	
100m: 1:06.74	34.83	200m: 2:17.25	35.74	400m: 4:38.59	34.43	
16. Natalia KACZOR	01 UKS JUNIOR Kluczbork	<b>4:39.04</b> 608 B	1:06.75	1:11.33	1:11.27	1:09.69
50m: 31.68	31.68	150m: 1:42.46	35.73	350m: 4:05.38	36.03	
100m: 1:06.75	35.07	200m: 2:18.08	35.54	400m: 4:39.04	33.66	
17. Zuzanna DOM OL	02 WŁÓKNIARZ 1925 Kalisz	<b>4:40.17</b> 601 R	1:05.67	1:10.96	1:12.15	1:11.39
50m: 31.26	31.26	150m: 1:40.79	36.00	350m: 4:04.83	36.05	
100m: 1:05.67	34.41	200m: 2:16.63	36.15	400m: 4:40.17	35.34	
18. Dominika KOSI SKA	01 AZS AWF Katowice	<b>4:43.49</b> 580 R	1:08.31	1:12.63	1:12.25	1:10.30
50m: 32.49	32.49	150m: 1:44.67	36.02	350m: 4:08.73	35.54	
100m: 1:08.31	35.82	200m: 2:20.94	36.23	400m: 4:43.49	34.76	
19. Julia ZAR BA-PARADOW02A	02 UKS G-8 BIELANY Warszawa	<b>4:44.98</b> 571	1:08.16	1:12.70	1:12.84	1:11.28
50m: 32.54	32.54	150m: 1:44.60	36.48	350m: 4:09.70	36.00	
100m: 1:08.16	35.62	200m: 2:20.86	36.36	400m: 4:44.98	35.28	

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Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
20. Weronika KUSION	02	<b>4:47.36</b>	557	1:07.75	1:13.71	1:14.56	1:11.34
50m: 32.12	32.12	150m: 1:44.36	36.61	250m: 2:58.52	37.06	350m: 4:12.47	36.45
100m: 1:07.75	35.63	200m: 2:21.46	37.10	300m: 3:36.02	37.50	400m: 4:47.36	34.89
21. Oliwia KURASI SKA	02	<b>4:47.50</b>	556	1:07.80	1:13.43	1:13.79	1:12.48
50m: 32.42	32.42	150m: 1:44.27	36.47	250m: 2:57.43	36.20	350m: 4:12.64	37.62
100m: 1:07.80	35.38	200m: 2:21.23	36.96	300m: 3:35.02	37.59	400m: 4:47.50	34.86
22. Karolina MIETANA	01	<b>4:52.98</b>	525	1:09.06	1:14.00	1:15.15	1:14.77
50m: 33.29	33.29	150m: 1:46.15	37.09	250m: 3:00.63	37.57	350m: 4:15.70	37.49
100m: 1:09.06	35.77	200m: 2:23.06	36.91	300m: 3:38.21	37.58	400m: 4:52.98	37.28