

XXV OOM - Letnie Mistrzostwa Polski 17-18 lat  
Zielona Góra - Drzonków, 18. - 21.7.2019

Konkurencja 22  
20.07.2019 - 17:26

Kobiet, 400m dowolny

17 - 18 lat  
Wyniki Finał

Top Times "Poland" 18	4:12.62	Paula UKOWSKA	00914	Doha (QAT)	09.12.2009
Top Times "Poland" 17	4:12.62	Paula UKOWSKA		Doha (QAT)	09.12.2009

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
<b>Finał A</b>							
1. Daria NITA	01	<b>4:20.60</b>	747	1:02.86	1:07.27	1:07.08	1:03.39
50m: 29.86	29.86	150m: 1:36.61	33.75	250m: 2:43.49	33.36	350m: 3:49.83	32.62
100m: 1:02.86	33.00	200m: 2:10.13	33.52	300m: 3:17.21	33.72	400m: 4:20.60	30.77
2. A. W GRZYNOWSKA	01	<b>4:21.53</b>	739	1:03.23	1:07.29	1:07.10	1:03.91
50m: 30.05	30.05	150m: 1:36.70	33.47	250m: 2:43.83	33.31	350m: 3:50.22	32.60
100m: 1:03.23	33.18	200m: 2:10.52	33.82	300m: 3:17.62	33.79	400m: 4:21.53	31.31
3. Karolina PIECHOTA	01	<b>4:23.69</b>	721	1:04.56	1:06.66	1:07.37	1:05.10
50m: 31.44	31.44	150m: 1:37.81	33.25	250m: 2:44.58	33.36	350m: 3:51.97	33.38
100m: 1:04.56	33.12	200m: 2:11.22	33.41	300m: 3:18.59	34.01	400m: 4:23.69	31.72
4. Klaudia SKIBIAK	02	<b>4:23.95</b>	718	1:05.12	1:06.73	1:06.22	1:05.88
50m: 31.27	31.27	150m: 1:38.50	33.38	250m: 2:44.75	32.90	350m: 3:51.13	33.06
100m: 1:05.12	33.85	200m: 2:11.85	33.35	300m: 3:18.07	33.32	400m: 4:23.95	32.82
5. Agata MICIAK	02	<b>4:28.07</b>	686	1:06.14	1:07.45	1:07.44	1:07.04
50m: 31.62	31.62	150m: 1:39.99	33.85	250m: 2:47.07	33.48	350m: 3:54.76	33.73
100m: 1:06.14	34.52	200m: 2:13.59	33.60	300m: 3:21.03	33.96	400m: 4:28.07	33.31
6. Katarzyna SZL K	02	<b>4:28.93</b>	679	1:05.95	1:07.28	1:07.49	1:08.21
50m: 31.52	31.52	150m: 1:39.65	33.70	250m: 2:46.64	33.41	350m: 3:55.69	34.97
100m: 1:05.95	34.43	200m: 2:13.23	33.58	300m: 3:20.72	34.08	400m: 4:28.93	33.24
7. Tatiana D BROWSKA	02	<b>4:30.94</b>	664	1:04.83	1:07.84	1:09.30	1:08.97
50m: 31.39	31.39	150m: 1:38.65	33.82	250m: 2:46.81	34.14	350m: 3:57.00	35.03
100m: 1:04.83	33.44	200m: 2:12.67	34.02	300m: 3:21.97	35.16	400m: 4:30.94	33.94
Julia ŁYSAKOWSKA	01	<b>4:30.94</b>	664	1:05.21	1:08.42	1:08.91	1:08.40
50m: 31.40	31.40	150m: 1:39.75	34.54	250m: 2:48.13	34.50	350m: 3:57.37	34.83
100m: 1:05.21	33.81	200m: 2:13.63	33.88	300m: 3:22.54	34.41	400m: 4:30.94	33.57
<b>Finał B</b>							
9. Dominika RODA	02	<b>4:33.07</b>	649	1:06.12	1:09.98	1:09.54	1:07.43
50m: 31.85	31.85	150m: 1:41.18	35.06	250m: 2:51.01	34.91	350m: 3:59.99	34.35
100m: 1:06.12	34.27	200m: 2:16.10	34.92	300m: 3:25.64	34.63	400m: 4:33.07	33.08
10. Katarzyna ZAREMBIK	02	<b>4:33.47</b>	646	1:06.52	1:10.41	1:09.98	1:06.56
50m: 31.81	31.81	150m: 1:41.72	35.20	250m: 2:51.78	34.85	350m: 4:01.25	34.34
100m: 1:06.52	34.71	200m: 2:16.93	35.21	300m: 3:26.91	35.13	400m: 4:33.47	32.22
11. Zofia SZEWCZYK	02	<b>4:33.98</b>	642	1:05.85	1:09.73	1:10.61	1:07.79
50m: 31.36	31.36	150m: 1:40.69	34.84	250m: 2:50.56	34.98	350m: 4:00.88	34.69
100m: 1:05.85	34.49	200m: 2:15.58	34.89	300m: 3:26.19	35.63	400m: 4:33.98	33.10
12. Barbara SERAFIN	02	<b>4:36.20</b>	627	1:05.51	1:10.30	1:11.19	1:09.20
50m: 31.10	31.10	150m: 1:40.32	34.81	250m: 2:51.30	35.49	350m: 4:01.69	34.69
100m: 1:05.51	34.41	200m: 2:15.81	35.49	300m: 3:27.00	35.70	400m: 4:36.20	34.51
13. Dominika ŁUCZAK	02	<b>4:36.30</b>	626	1:06.16	1:10.43	1:10.46	1:09.25
50m: 31.71	31.71	150m: 1:41.29	35.13	250m: 2:51.72	35.13	350m: 4:02.14	35.09
100m: 1:06.16	34.45	200m: 2:16.59	35.30	300m: 3:27.05	35.33	400m: 4:36.30	34.16
14. Natalia KACZOR	01	<b>4:37.73</b>	617	1:06.44	1:10.70	1:11.03	1:09.56
50m: 31.40	31.40	150m: 1:41.83	35.39	250m: 2:52.74	35.60	350m: 4:03.86	35.69
100m: 1:06.44	35.04	200m: 2:17.14	35.31	300m: 3:28.17	35.43	400m: 4:37.73	33.87
15. Wiktoria SKARWECKA	02	<b>4:42.02</b>	589	1:06.72	1:11.92	1:12.02	1:11.36
50m: 31.75	31.75	150m: 1:42.47	35.75	250m: 2:54.60	35.96	350m: 4:06.85	36.19
100m: 1:06.72	34.97	200m: 2:18.64	36.17	300m: 3:30.66	36.06	400m: 4:42.02	35.17
16. Zuzanna DOM OL	02	<b>4:43.20</b>	582	1:05.86	1:12.09	1:12.72	1:12.53
50m: 31.33	31.33	150m: 1:42.14	36.28	250m: 2:54.53	36.58	350m: 4:07.64	36.97
100m: 1:05.86	34.53	200m: 2:17.95	35.81	300m: 3:30.67	36.14	400m: 4:43.20	35.56