

XXV OOM - Letnie Mistrzostwa Polski 17-18 lat
Zielona Góra - Drzonków, 18. - 21.7.2019

Konkurencja 23
20.07.2019 - 17:39

Chłopców, 400m dowolny

17 - 18 lat
Wyniki Finał

Top Times "Poland" 18	3:49.21	Wojciech WOJDAK	03116	Dordrecht (NED)	09.07.2014
Top Times "Poland" 17	3:51.80	Wojciech WOJDAK	03106	Poznan	10.07.2013

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m	
Finał A								
1. Jan KAROLCZAK	01	UKS G-8 BIELANY Warszawa	3:57.17	798	56.02	59.68	1:00.63	1:00.84
50m:	26.70	26.70	150m:	1:25.60	29.58	250m:	2:25.69	29.99
100m:	56.02	29.32	200m:	1:55.70	30.10	300m:	2:56.33	30.64
350m:						350m:	3:27.00	30.67
400m:						400m:	3:57.17	30.17
2. Tomasz JACKOWSKI	02	WKS L SK Wrocław	4:00.09	770	56.93	1:01.29	1:01.93	59.94
50m:	27.12	27.12	150m:	1:27.15	30.22	250m:	2:28.89	30.67
100m:	56.93	29.81	200m:	1:58.22	31.07	300m:	3:00.15	31.26
350m:						350m:	3:31.10	30.95
400m:						400m:	4:00.09	28.99
3. Wiktor GRZEGORCZYK	02	UKS MOS Elk	4:00.44	766	58.50	1:01.84	1:01.71	58.39
50m:	28.06	28.06	150m:	1:29.27	30.77	250m:	2:31.32	30.98
100m:	58.50	30.44	200m:	2:00.34	31.07	300m:	3:02.05	30.73
350m:						350m:	3:32.14	30.09
400m:						400m:	4:00.44	28.30
4. Mikołaj MALEC	01	MKS TRÓJKA Łódź	4:04.08	732	58.19	1:02.31	1:03.05	1:00.53
50m:	27.73	27.73	150m:	1:29.22	31.03	250m:	2:32.15	31.65
100m:	58.19	30.46	200m:	2:00.50	31.28	300m:	3:03.55	31.40
350m:						350m:	3:34.30	30.75
400m:						400m:	4:04.08	29.78
5. Mateusz GŁUSZKOWSKI	01	UKS CITY ZEN Poznań	4:04.90	725	59.23	1:01.65	1:02.77	1:01.25
50m:	28.14	28.14	150m:	1:29.65	30.42	250m:	2:31.84	30.96
100m:	59.23	31.09	200m:	2:00.88	31.23	300m:	3:03.65	31.81
350m:						350m:	3:35.18	31.53
400m:						400m:	4:04.90	29.72
6. Adam SZCZERBA	02	KU AZS UMCS Lublin	4:05.56	719	57.86	1:01.33	1:03.14	1:03.23
50m:	27.42	27.42	150m:	1:28.27	30.41	250m:	2:30.59	31.40
100m:	57.86	30.44	200m:	1:59.19	30.92	300m:	3:02.33	31.74
350m:						350m:	3:34.21	31.88
400m:						400m:	4:05.56	31.35
7. Szymon JAWORSKI	01	WKS L SK Wrocław	4:05.60	719	58.34	1:02.45	1:02.87	1:01.94
50m:	27.80	27.80	150m:	1:29.41	31.07	250m:	2:32.18	31.39
100m:	58.34	30.54	200m:	2:00.79	31.38	300m:	3:03.66	31.48
350m:						350m:	3:34.96	31.30
400m:						400m:	4:05.60	30.64
8. Albert WARZOCHA	01	UKS CITY ZEN Poznań	4:06.60	710	58.98	1:03.05	1:02.63	1:01.94
50m:	27.94	27.94	150m:	1:30.46	31.48	250m:	2:33.24	31.21
100m:	58.98	31.04	200m:	2:02.03	31.57	300m:	3:04.66	31.42
350m:						350m:	3:36.20	31.54
400m:						400m:	4:06.60	30.40
Finał B								
9. Michał URBA SKI	01	DELFIN Gdynia	4:06.23	713	58.49	1:03.17	1:03.51	1:01.06
50m:	28.00	28.00	150m:	1:29.82	31.33	250m:	2:32.86	31.20
100m:	58.49	30.49	200m:	2:01.66	31.84	300m:	3:05.17	32.31
350m:						350m:	3:37.18	32.01
400m:						400m:	4:06.23	29.05
10. Bartłomiej KONCKI	01	WISŁA Puławy	4:06.45	712	58.95	1:02.12	1:03.00	1:02.38
50m:	28.33	28.33	150m:	1:29.92	30.97	250m:	2:32.33	31.26
100m:	58.95	30.62	200m:	2:01.07	31.15	300m:	3:04.07	31.74
350m:						350m:	3:35.78	31.71
400m:						400m:	4:06.45	30.67
11. Mateusz TYLICKI	01	MUKS PI TNASTKA Bydgoszcz	4:06.64	710	58.75	1:02.79	1:02.84	1:02.26
50m:	28.09	28.09	150m:	1:30.14	31.39	250m:	2:32.96	31.42
100m:	58.75	30.66	200m:	2:01.54	31.40	300m:	3:04.38	31.42
350m:						350m:	3:35.86	31.48
400m:						400m:	4:06.64	30.78
12. Artur SIEKACZY SKI	02	UKP FALA Krańnik	4:08.53	694	59.28	1:03.96	1:04.47	1:00.82
50m:	27.98	27.98	150m:	1:31.27	31.99	250m:	2:35.51	32.27
100m:	59.28	31.30	200m:	2:03.24	31.97	300m:	3:07.71	32.20
350m:						350m:	3:39.45	31.74
400m:						400m:	4:08.53	29.08
13. Cezary JÓ KÓW	01	WKS L SK Wrocław	4:08.73	692	1:00.29	1:04.37	1:05.74	58.33
50m:	28.81	28.81	150m:	1:32.20	31.91	250m:	2:37.39	32.73
100m:	1:00.29	31.48	200m:	2:04.66	32.46	300m:	3:10.40	33.01
350m:						350m:	3:40.37	29.97
400m:						400m:	4:08.73	28.36
14. Jakub MUSZY SKI	01	MUKS PI TNASTKA Bydgoszcz	4:09.64	685	59.52	1:03.78	1:04.10	1:02.24
50m:	28.58	28.58	150m:	1:31.33	31.81	250m:	2:34.99	31.69
100m:	59.52	30.94	200m:	2:03.30	31.97	300m:	3:07.40	32.41
350m:						350m:	3:38.81	31.41
400m:						400m:	4:09.64	30.83
15. Marcin SZARPAK	01	AZS AWF Katowice	4:09.73	684	58.26	1:03.25	1:04.55	1:03.67
50m:	27.75	27.75	150m:	1:29.72	31.46	250m:	2:33.78	32.27
100m:	58.26	30.51	200m:	2:01.51	31.79	300m:	3:06.06	32.28
350m:						350m:	3:38.51	32.45
400m:						400m:	4:09.73	31.22