

Otwarte Mistrzostwa Województwa Lubuskiego 2020
Zielona Góra - Drzonków, 26.9.2020

Konkurencja 21
26.09.2020 - 13:52

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2020

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
1. MIŁEK Alicja	06	SOLNE MIASTO SP. z o.o. V4:35.15	634	1:05.66	1:10.60	1:10.18	1:08.71
50m: 31.44	31.44	150m: 1:40.70	35.04	250m: 2:51.24	34.98	350m: 4:02.43	35.99
100m: 1:05.66	34.22	200m: 2:16.26	35.56	300m: 3:26.44	35.20	400m: 4:35.15	32.72
2. MICIĄK Agata	02	SŁOWIANKA Gorzów Wlkp. 4:47.82	554	1:07.37	1:12.03	1:15.19	1:13.23
50m: 31.87	31.87	150m: 1:43.26	35.89	250m: 2:57.12	37.72	350m: 4:11.79	37.20
100m: 1:07.37	35.50	200m: 2:19.40	36.14	300m: 3:34.59	37.47	400m: 4:47.82	36.03
3. SZWABI KA Alicja	06	TORPEDA Ole nica 5:01.89	480	1:11.78	1:17.41	1:17.59	1:15.11
50m: 33.81	33.81	150m: 1:50.36	38.58	250m: 3:08.08	38.89	350m: 4:25.92	39.14
100m: 1:11.78	37.97	200m: 2:29.19	38.83	300m: 3:46.78	38.70	400m: 5:01.89	35.97
4. WICHULSKA Małgorzata	07	UKS 48 Warszawa ródnie 5:07.68	453	1:10.91	1:19.40	1:19.80	1:17.57
50m: 33.02	33.02	150m: 1:50.49	39.58	250m: 3:10.85	40.54	350m: 4:30.10	39.99
100m: 1:10.91	37.89	200m: 2:30.31	39.82	300m: 3:50.11	39.26	400m: 5:07.68	37.58
5. MAZUR Zuzanna	05	SŁOWIANKA Gorzów Wlkp. 5:07.87	453	1:11.80	1:18.60	1:20.48	1:16.99
50m: 34.51	34.51	150m: 1:50.64	38.84	250m: 3:10.77	40.37	350m: 4:30.81	39.93
100m: 1:11.80	37.29	200m: 2:30.40	39.76	300m: 3:50.88	40.11	400m: 5:07.87	37.06
6. TOMSIA Oliwia	06	OMEGA Oikusz 5:07.93	452	1:10.01	1:19.94	1:21.15	1:16.83
50m: 33.04	33.04	150m: 1:49.56	39.55	250m: 3:10.62	40.67	350m: 4:30.52	39.42
100m: 1:10.01	36.97	200m: 2:29.95	40.39	300m: 3:51.10	40.48	400m: 5:07.93	37.41
7. KLIMIUK Zuzanna	05	SŁOWIANKA Gorzów Wlkp. 5:10.94	439	1:13.10	1:19.71	1:20.69	1:17.44
50m: 34.67	34.67	150m: 1:52.77	39.67	250m: 3:13.44	40.63	350m: 4:33.23	39.73
100m: 1:13.10	38.43	200m: 2:32.81	40.04	300m: 3:53.50	40.06	400m: 5:10.94	37.71
8. ŁUKASIK Zuzanna	08	CSiR MOS D browa Górn. 5:20.46	401	1:16.58	1:21.96	1:22.14	1:19.78
50m: 36.42	36.42	150m: 1:57.20	40.62	250m: 3:19.71	41.17	350m: 4:41.28	40.60
100m: 1:16.58	40.16	200m: 2:38.54	41.34	300m: 4:00.68	40.97	400m: 5:20.46	39.18
9. GAJB Maria	08	WARTA Pozna 5:30.03	367	1:18.38	1:24.38	1:24.76	1:22.51
50m: 37.15	37.15	150m: 2:00.20	41.82	250m: 3:25.72	42.96	350m: 4:50.21	42.69
100m: 1:18.38	41.23	200m: 2:42.76	42.56	300m: 4:07.52	41.80	400m: 5:30.03	39.82
10. OSZMIA SKA Kaja	06	SŁOWIANKA Gorzów Wlkp. 5:38.38	341	1:20.52	1:27.23	1:27.07	1:23.56
50m: 38.40	38.40	150m: 2:04.18	43.66	250m: 3:31.48	43.73	350m: 4:57.76	42.94
100m: 1:20.52	42.12	200m: 2:47.75	43.57	300m: 4:14.82	43.34	400m: 5:38.38	40.62