

Liga SMS II runda
Zielona Góra - Drzonków, 28. - 29.5.2021

Konkurencja 20
29.05.2021 - 9:54

M czynn, 400m dowolny

Open
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.		Czas		Pkt.	Dru	100m	200m	300m	400m	
1. KOSI SKI Filip	04	SMS Warszawa Bielany	4:02.80	74431,00			58.43	1:02.07	1:01.11	1:00.42	
50m:	27.93	27.93	150m:	1:29.22	30.79	250m:	2:31.48	30.98	350m:	3:33.29	30.91
100m:	58.43	30.50	200m:	2:00.50	31.28	300m:	3:02.38	30.90	400m:	4:02.80	29.51
2. WI ZIK Jan	03	SMS O wi cim	4:03.69	73629,00			59.46	1:02.58	1:02.32	59.33	
50m:	28.35	28.35	150m:	1:30.69	31.23	250m:	2:33.24	31.20	350m:	3:34.81	30.45
100m:	59.46	31.11	200m:	2:02.04	31.35	300m:	3:04.36	31.12	400m:	4:03.69	28.88
3. KAPAŁA Szymon	03	SMS Olsztyn	4:04.18	73228,00			1:00.08	1:03.01	1:01.63	59.46	
50m:	29.06	29.06	150m:	1:31.71	31.63	250m:	2:34.20	31.11	350m:	3:35.21	30.49
100m:	1:00.08	31.02	200m:	2:03.09	31.38	300m:	3:04.72	30.52	400m:	4:04.18	28.97
4. GRZEGORCZYK Wiktor	02	SMS O wi cim	4:04.40	73027,00			1:00.22	1:03.72	1:01.47	58.99	
50m:	28.94	28.94	150m:	1:31.76	31.54	250m:	2:34.62	30.68	350m:	3:35.35	29.94
100m:	1:00.22	31.28	200m:	2:03.94	32.18	300m:	3:05.41	30.79	400m:	4:04.40	29.05
5. DASZKIEWICZ Michał	03	SMS O wi cim	4:04.84	726	-		1:00.39	1:03.40	1:02.35	58.70	
50m:	29.21	29.21	150m:	1:31.96	31.57	250m:	2:35.05	31.26	350m:	3:36.35	30.21
100m:	1:00.39	31.18	200m:	2:03.79	31.83	300m:	3:06.14	31.09	400m:	4:04.84	28.49
6. ZUBIK Jan	03	SMS Warszawa Konwiktors	4:06.05	71526,00			57.37	1:01.68	1:03.11	1:03.14	
50m:	27.15	27.15	150m:	1:27.89	30.52	250m:	2:30.68	31.63	350m:	3:34.61	31.70
100m:	57.37	30.22	200m:	1:59.05	31.16	300m:	3:02.91	32.23	400m:	4:06.05	31.44
7. PI TKA Hubert	04	SMS Szczecin	4:07.23	70525,00			1:00.29	1:02.28	1:02.11	1:02.28	
50m:	29.13	29.13	150m:	1:31.75	31.46	250m:	2:33.92	31.35	350m:	3:36.74	31.79
100m:	1:00.29	31.16	200m:	2:02.57	30.82	300m:	3:04.95	31.03	400m:	4:07.23	30.49
8. SIENKIEWICZ Aleksander	03	SMS Zielona Góra	4:07.64	70124,00			57.74	1:02.97	1:04.11	1:02.69	
50m:	27.46	27.46	150m:	1:28.94	31.20	250m:	2:32.87	32.16	350m:	3:36.59	31.64
100m:	57.74	30.28	200m:	2:00.71	31.77	300m:	3:04.95	32.08	400m:	4:07.64	31.05
9. RYNKIEWICZ Jakub	05	SMS Lublin	4:08.07	69823,00			2:02.61	1:04.10	1:01.36		
50m:	28.57	28.57	150m:	1:30.97		250m:	2:34.60		350m:	3:38.22	
100m:	2:02.61	1:34.04	200m:	3:06.71	1:35.74	300m:	4:08.07	1:33.47	400m:	4:08.07	29.85
10. SZCZERBA Adam	02	SMS Lublin	4:08.71	69222,00			1:00.16	1:03.11	1:03.11	1:02.06	
50m:	28.75	28.75	150m:	1:31.77	31.61	250m:	2:34.72	31.45	350m:	3:38.02	31.37
100m:	1:00.16	31.41	200m:	2:03.27	31.50	300m:	3:06.65	31.93	400m:	4:08.71	30.69
11. ZAREMBA Adam	05	SMS Wrocław	4:09.86	68321,00			1:00.06	1:03.97	1:03.11	1:02.83	
50m:	28.93	28.93	150m:	1:32.00	31.94	250m:	2:35.41	31.38	350m:	3:38.60	31.57
100m:	1:00.06	31.13	200m:	2:04.03	32.03	300m:	3:07.03	31.62	400m:	4:09.86	31.26
12. SOBIESZUK Kacper	02	SMS Lublin	4:10.66	676	-		58.81	1:03.29	1:04.11	1:04.34	
50m:	27.74	27.74	150m:	1:30.73	31.92	250m:	2:34.12	32.02	350m:	3:38.51	32.19
100m:	58.81	31.07	200m:	2:02.10	31.37	300m:	3:06.32	32.20	400m:	4:10.66	32.15
13. DRABCZYK Krystian	04	SMS O wi cim	4:10.75	676	-		1:00.93	1:04.74	1:03.11	1:01.23	
50m:	29.44	29.44	150m:	1:33.10	32.17	250m:	2:37.58	31.91	350m:	3:41.17	31.65
100m:	1:00.93	31.49	200m:	2:05.67	32.57	300m:	3:09.52	31.94	400m:	4:10.75	29.58
14. WO NIAK Piotr	05	SMS Olsztyn	4:10.78	67520,00			1:00.99	1:04.24	1:04.11	1:01.13	
50m:	29.24	29.24	150m:	1:33.09	32.10	250m:	2:37.37	32.14	350m:	3:41.57	31.92
100m:	1:00.99	31.75	200m:	2:05.23	32.14	300m:	3:09.65	32.28	400m:	4:10.78	29.21
15. KARPI SKI Jakub	03	SMS Warszawa Bielany	4:11.03	67319,00			59.78	1:04.17	1:04.11	1:02.59	
50m:	28.20	28.20	150m:	1:31.64	31.86	250m:	2:36.06	32.11	350m:	3:40.73	32.29
100m:	59.78	31.58	200m:	2:03.95	32.31	300m:	3:08.44	32.38	400m:	4:11.03	30.30
16. RADKIEWICZ Kajetan	05	SMS Ostrowiec w.	4:11.05	67318,00			59.67	1:05.06	1:05.11	1:00.57	
50m:	28.40	28.40	150m:	1:31.97	32.30	250m:	2:37.69	32.96	350m:	3:42.06	31.58
100m:	59.67	31.27	200m:	2:04.73	32.76	300m:	3:10.48	32.79	400m:	4:11.05	28.99
17. MY LIWIEC Bartosz	04	SMS Szczecin	4:12.70	66017,00			1:02.02	1:04.84	1:03.11	1:02.12	
50m:	29.52	29.52	150m:	1:34.29	32.27	250m:	2:38.52	31.66	350m:	3:42.15	31.57
100m:	1:02.02	32.50	200m:	2:06.86	32.57	300m:	3:10.58	32.06	400m:	4:12.70	30.55
18. SYNOWIEC Mikołaj	02	SMS Kraków	4:13.06	65716,00			1:01.14	1:05.34	1:03.11	1:03.12	
50m:	29.08	29.08	150m:	1:33.88	32.74	250m:	2:37.97	31.49	350m:	3:42.19	32.25
100m:	1:01.14	32.06	200m:	2:06.48	32.60	300m:	3:09.94	31.97	400m:	4:13.06	30.87
19. GORRA Mikołaj	03	SMS Szczecin	4:14.05	650	-		1:00.30	1:05.53	1:05.11	1:02.38	
50m:	28.58	28.58	150m:	1:33.28	32.98	250m:	2:38.98	33.15	350m:	3:44.41	32.74
100m:	1:00.30	31.72	200m:	2:05.83	32.55	300m:	3:11.67	32.69	400m:	4:14.05	29.64
20. FILIPIAK Mikołaj	06	SMS Gda sk	4:14.48	64615,00			1:01.08	1:05.33	1:05.11	1:02.85	
50m:	29.36	29.36	150m:	1:33.66	32.58	250m:	2:38.95	32.54	350m:	3:43.79	32.16
100m:	1:01.08	31.72	200m:	2:06.41	32.75	300m:	3:11.63	32.68	400m:	4:14.48	30.69

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Pozycja	Rok ur.	Czas	Pkt.	Dru	100m	200m	300m	400m
21. BOLEK Stanisław	05	SMS Warszawa Konwiktors	4:16.42	632 14,00	59.39	1:05.60	1:06.41	1:05.03
50m:	27.87	27.87	150m:	1:31.69	32.30	250m:	2:37.94	32.95
100m:	59.39	31.52	200m:	2:04.99	33.30	300m:	3:11.39	33.45
350m:	3:44.47	33.08	400m:	4:16.42	31.95			
22. JACKOWSKI Tomasz	02	SMS Wrocław	4:17.65	623 13,00	1:00.53	1:04.27	1:05.41	1:07.35
50m:	28.67	28.67	150m:	1:32.82	32.29	250m:	2:36.99	32.19
100m:	1:00.53	31.86	200m:	2:04.80	31.98	300m:	3:10.30	33.31
350m:	3:44.14	33.84	400m:	4:17.65	33.51			
23. HEBEL Maciej	05	SMS Gdańsk	4:18.40	617 12,00	1:00.63	1:05.26	1:06.41	1:06.15
50m:	29.02	29.02	150m:	1:33.26	32.63	250m:	2:38.77	32.88
100m:	1:00.63	31.61	200m:	2:05.89	32.63	300m:	3:12.25	33.48
350m:	3:46.05	33.80	400m:	4:18.40	32.35			
24. KOWALSKI Daniel	03	SMS Zielona Góra	4:19.11	612 11,00	58.74	1:05.89	1:07.41	1:06.66
50m:	27.64	27.64	150m:	1:31.76	33.02	250m:	2:38.38	33.75
100m:	58.74	31.10	200m:	2:04.63	32.87	300m:	3:12.45	34.07
350m:	3:46.25	33.80	400m:	4:19.11	32.86			
25. ROGUSKI Mateusz	03	SMS Warszawa Konwiktors	4:19.21	611 -	1:00.02	1:05.81	1:06.41	1:06.43
50m:	28.52	28.52	150m:	1:33.05	33.03	250m:	2:39.28	33.45
100m:	1:00.02	31.50	200m:	2:05.83	32.78	300m:	3:12.78	33.50
350m:	3:46.50	33.72	400m:	4:19.21	32.71			
26. GO CI SKI Jakub	05	SMS Kraków	4:20.51	602 10,00	1:01.47	1:07.59	1:06.41	1:04.46
50m:	29.23	29.23	150m:	1:35.11	33.64	250m:	2:42.76	33.70
100m:	1:01.47	32.24	200m:	2:09.06	33.95	300m:	3:16.05	33.29
350m:	3:48.46	32.41	400m:	4:20.51	32.05			
27. MALINOWSKI Jakub	03	SMS Gorzów Wielkopolski	4:21.52	595 9,00	1:02.03	1:07.69	1:06.41	1:04.98
50m:	29.59	29.59	150m:	1:36.05	34.02	250m:	2:43.37	33.65
100m:	1:02.03	32.44	200m:	2:09.72	33.67	300m:	3:16.54	33.17
350m:	3:49.81	33.27	400m:	4:21.52	31.71			
28. BANIA Karol	05	SMS Bydgoszcz	4:21.90	593 8,00	1:01.91	1:06.19	1:07.41	1:06.20
50m:	29.67	29.67	150m:	1:34.69	32.78	250m:	2:41.88	33.78
100m:	1:01.91	32.24	200m:	2:08.10	33.41	300m:	3:15.70	33.82
350m:	3:49.44	33.74	400m:	4:21.90	32.46			
29. SZELE NIAK-BIAŁKOWSKI04J.		SMS Ostrowiec w.	4:22.33	590 7,00	1:00.16	1:07.52	1:08.41	1:05.90
50m:	28.58	28.58	150m:	1:33.81	33.65	250m:	2:42.20	34.52
100m:	1:00.16	31.58	200m:	2:07.68	33.87	300m:	3:16.43	34.23
350m:	3:50.92	34.49	400m:	4:22.33	31.41			
30. KOZŁOWSKI Konrad	04	SMS Olsztyn	4:22.62	588 -	1:03.50	1:06.64	1:07.41	1:05.31
50m:	30.66	30.66	150m:	1:36.73	33.23	250m:	2:43.55	33.41
100m:	1:03.50	32.84	200m:	2:10.14	33.41	300m:	3:17.31	33.76
350m:	3:50.59	33.28	400m:	4:22.62	32.03			
31. DOKTÓR Mateusz	05	SMS Gorzów Wielkopolski	4:23.12	585 6,00	1:01.61	1:07.29	1:08.41	1:05.85
50m:	29.19	29.19	150m:	1:34.98	33.37	250m:	2:42.82	33.92
100m:	1:01.61	32.42	200m:	2:08.90	33.92	300m:	3:17.27	34.45
350m:	3:51.37	34.10	400m:	4:23.12	31.75			
32. PIECHOWSKI Jakub	05	SMS Racibórz	4:23.14	584 5,00	1:00.45	1:07.05	1:09.41	1:06.52
50m:	28.38	28.38	150m:	1:33.59	33.14	250m:	2:41.80	34.30
100m:	1:00.45	32.07	200m:	2:07.50	33.91	300m:	3:16.62	34.82
350m:	3:51.29	34.67	400m:	4:23.14	31.85			
33. STANEK Kacper	04	SMS Kraków	4:24.50	575 -	1:02.77	1:07.59	1:07.41	1:06.61
50m:	29.67	29.67	150m:	1:36.46	33.69	250m:	2:43.58	33.22
100m:	1:02.77	33.10	200m:	2:10.36	33.90	300m:	3:17.89	34.31
350m:	3:51.54	33.65	400m:	4:24.50	32.96			
34. MAKOWSKI Dominik	03	SMS Poznań	4:26.15	565 4,00	1:04.12	1:08.52	1:08.41	1:04.97
50m:	30.34	30.34	150m:	1:38.18	34.06	250m:	2:46.65	34.01
100m:	1:04.12	33.78	200m:	2:12.64	34.46	300m:	3:21.18	34.53
350m:	3:55.52	34.34	400m:	4:26.15	30.63			
35. STARO Tymoteusz	04	SMS Racibórz	4:26.73	561 3,00	1:02.71	1:08.40	1:08.41	1:07.23
50m:	29.54	29.54	150m:	1:36.81	34.10	250m:	2:45.15	34.04
100m:	1:02.71	33.17	200m:	2:11.11	34.30	300m:	3:19.50	34.35
350m:	3:53.73	34.23	400m:	4:26.73	33.00			
36. FORGEL Konrad	03	SMS Zielona Góra	4:27.13	559 -	1:03.23	1:08.52	1:09.41	1:06.10
50m:	29.87	29.87	150m:	1:37.32	34.09	250m:	2:46.14	34.39
100m:	1:03.23	33.36	200m:	2:11.75	34.43	300m:	3:21.03	34.89
350m:	3:55.00	33.97	400m:	4:27.13	32.13			
37. DARUL Bartosz	04	SMS Gorzów Wielkopolski	4:28.03	553 -	1:02.13	1:09.12	1:08.41	1:08.74
50m:	29.25	29.25	150m:	1:36.48	34.35	250m:	2:45.27	34.02
100m:	1:02.13	32.88	200m:	2:11.25	34.77	300m:	3:19.29	34.02
350m:	3:53.80	34.51	400m:	4:28.03	34.23			
38. LITEWSKI Mikołaj	04	SMS Warszawa Konwiktors	4:28.61	549 -	1:04.64	1:09.51	1:08.41	1:06.43
50m:	30.61	30.61	150m:	1:39.28	34.64	250m:	2:48.34	34.19
100m:	1:04.64	34.03	200m:	2:14.15	34.87	300m:	3:22.18	33.84
350m:	3:55.71	33.53	400m:	4:28.61	32.90			
39. MINISZEWSKI Sebastian	04	SMS Bydgoszcz	4:29.65	543 2,00	1:03.30	1:09.70	1:08.41	1:08.57
50m:	30.13	30.13	150m:	1:37.95	34.65	250m:	2:46.96	33.96
100m:	1:03.30	33.17	200m:	2:13.00	35.05	300m:	3:21.08	34.12
350m:	3:55.63	34.55	400m:	4:29.65	34.02			
40. AJTEL Jakub	03	SMS Gdańsk	4:29.74	543 -	1:04.48	1:09.54	1:10.41	1:05.52
50m:	30.91	30.91	150m:	1:39.30	34.82	250m:	2:49.23	35.21
100m:	1:04.48	33.57	200m:	2:14.02	34.72	300m:	3:24.22	34.99
350m:	3:58.05	33.83	400m:	4:29.74	31.69			

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41. LUBERDA Wiktor	04	SMS Kraków	4:35.00	512	-	1:04.82	1:10.92	1:10.1	1:09.08		
50m:	31.01	31.01	150m:	1:39.95	35.13	250m:	2:50.79	35.05	350m:	4:01.13	35.21
100m:	1:04.82	33.81	200m:	2:15.74	35.79	300m:	3:25.92	35.13	400m:	4:35.00	33.87
42. CHABOWSKI Nathaniel	06	SMS Gda sk	4:36.67	503	-	1:05.32	1:10.16	1:11.1	1:10.03		
50m:	30.81	30.81	150m:	1:40.07	34.75	250m:	2:50.84	35.36	350m:	4:02.22	35.58
100m:	1:05.32	34.51	200m:	2:15.48	35.41	300m:	3:26.64	35.80	400m:	4:36.67	34.45
43. UKOWSKI Antoni	05	SMS Bydgoszcz	4:43.45	468	-	1:07.15	1:13.58	1:14.1	1:08.70		
50m:	31.70	31.70	150m:	1:43.17	36.02	250m:	2:57.30	36.57	350m:	4:10.49	35.74
100m:	1:07.15	35.45	200m:	2:20.73	37.56	300m:	3:34.75	37.45	400m:	4:43.45	32.96
44. KESLER Michał	05	SMS Ostrowiec w.	4:43.49	467	-	1:06.50	1:13.13	1:13.1	1:10.60		
50m:	31.22	31.22	150m:	1:43.14	36.64	250m:	2:56.80	37.17	350m:	4:09.33	36.44
100m:	1:06.50	35.28	200m:	2:19.63	36.49	300m:	3:32.89	36.09	400m:	4:43.49	34.16
45. MEYER Krzysztof	05	SMS Pozna	4:48.57	443	1,00	1:05.70	1:13.78	1:14.1	1:14.20		
50m:	30.44	30.44	150m:	1:42.30	36.60	250m:	2:56.84	37.36	350m:	4:11.66	37.29
100m:	1:05.70	35.26	200m:	2:19.48	37.18	300m:	3:34.37	37.53	400m:	4:48.57	36.91
46. LECH Karol	06	SMS Gorzów Wielkopolski	4:53.97	419	-	1:07.72	1:15.30	1:15.1	1:15.58		
50m:	31.55	31.55	150m:	1:45.30	37.58	250m:	3:00.96	37.94	350m:	4:16.71	38.32
100m:	1:07.72	36.17	200m:	2:23.02	37.72	300m:	3:38.39	37.43	400m:	4:53.97	37.26