

Otwarte Mistrzostwa Województwa Lubuskiego 2022
Zielona Góra - Drzonków, 23.6.2022

Konkurencja 21
23.06.2022 - 17:57

Kobiet, 400m dowolny

10 lat i starsi
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m	
1. MAZUR Zuzanna	05	SŁOWIANKA Gorzów Wlkp.	4:47.89	554	1:08.54	1:13.72	1:14.15	1:11.48
50m: 32.45	32.45	150m: 1:45.38	36.84	250m: 2:59.39	37.13	350m: 4:13.22	36.81	
100m: 1:08.54	36.09	200m: 2:22.26	36.88	300m: 3:36.41	37.02	400m: 4:47.89	34.67	
2. GRELA Amelia	06	TP Zielona Góra	4:51.92	531	1:11.70	1:15.63	1:14.02	1:10.57
50m: 34.14	34.14	150m: 1:49.87	38.17	250m: 3:04.67	37.34	350m: 4:17.93	36.58	
100m: 1:11.70	37.56	200m: 2:27.33	37.46	300m: 3:41.35	36.68	400m: 4:51.92	33.99	
3. TOMASZEWSKA Maria	08	SŁOWIANKA Gorzów Wlkp.	5:01.85	480	1:13.11	1:18.88	1:17.37	1:12.49
50m: 34.26	34.26	150m: 1:52.33	39.22	250m: 3:10.77	38.78	350m: 4:27.55	38.19	
100m: 1:13.11	38.85	200m: 2:31.99	39.66	300m: 3:49.36	38.59	400m: 5:01.85	34.30	
4. CHYCZEWSKA Pola	09	SŁOWIANKA Gorzów Wlkp.	5:02.69	476	1:12.57	1:18.37	1:17.84	1:13.91
50m: 34.35	34.35	150m: 1:51.94	39.37	250m: 3:09.80	38.86	350m: 4:27.25	38.47	
100m: 1:12.57	38.22	200m: 2:30.94	39.00	300m: 3:48.78	38.98	400m: 5:02.69	35.44	
5. KO LAK Hanna	10	HS TEAM KRYTY BASEN K5	5:03.93	470	1:10.78	1:18.21	1:19.21	1:15.73
50m: 33.48	33.48	150m: 1:49.72	38.94	250m: 3:08.13	39.14	350m: 4:26.59	38.39	
100m: 1:10.78	37.30	200m: 2:28.99	39.27	300m: 3:48.20	40.07	400m: 5:03.93	37.34	
6. LETKIEWICZ Zuzanna	08	TP Zielona Góra	5:11.75	436	1:14.02	1:19.62	1:20.70	1:17.41
50m: 35.69	35.69	150m: 1:54.21	40.19	250m: 3:14.47	40.83	350m: 4:34.75	40.41	
100m: 1:14.02	38.33	200m: 2:33.64	39.43	300m: 3:54.34	39.87	400m: 5:11.75	37.00	
7. WITKOWSKA Alicja	08	SŁOWIANKA Gorzów Wlkp.	5:42.03	330	1:21.19	1:27.57	1:28.07	1:25.20
50m: 37.83	37.83	150m: 2:04.90	43.71	250m: 3:33.04	44.28	350m: 4:59.78	42.95	
100m: 1:21.19	43.36	200m: 2:48.76	43.86	300m: 4:16.83	43.79	400m: 5:42.03	42.25	
8. KARCH Nadia	08	REKIN wiebodzice	5:46.41	318	1:21.22	1:29.90	1:29.59	1:25.70
50m: 37.98	37.98	150m: 2:05.67	44.45	250m: 3:35.71	44.59	350m: 5:04.34	43.63	
100m: 1:21.22	43.24	200m: 2:51.12	45.45	300m: 4:20.71	45.00	400m: 5:46.41	42.07	
9. TOMCZAK Zuzanna	10	TP Zielona Góra	6:05.02	271	1:25.82	1:35.97	1:34.61	1:28.62
50m: 40.41	40.41	150m: 2:14.13	48.31	250m: 3:49.04	47.25	350m: 5:22.68	46.28	
100m: 1:25.82	45.41	200m: 3:01.79	47.66	300m: 4:36.40	47.36	400m: 6:05.02	42.34	
10. ŁOSI SKA Roksana	10	TP Zielona Góra	6:07.90	265	1:29.16	1:35.38	1:35.56	1:27.80
50m: 42.15	42.15	150m: 2:17.06	47.90	250m: 3:52.28	47.74	350m: 5:27.07	46.97	
100m: 1:29.16	47.01	200m: 3:04.54	47.48	300m: 4:40.10	47.82	400m: 6:07.90	40.83	
11. BRANOWICZ Wiktoria	10	AGA SKIE BOBERKI	6:15.38	249	1:26.79	1:36.02	1:38.57	1:34.00
50m: 39.82	39.82	150m: 2:14.51	47.72	250m: 3:51.53	48.72	350m: 5:30.45	49.07	
100m: 1:26.79	46.97	200m: 3:02.81	48.30	300m: 4:41.38	49.85	400m: 6:15.38	44.93	
12. PYTKOWSKA Aniela	10	TP Zielona Góra	6:20.99	239	1:31.14	1:37.94	1:38.21	1:33.70
50m: 2:20.89	2:20.89	150m: 3:58.11	2:26.97	250m:		350m: 5:35.73	48.44	
100m: 1:31.14		200m: 3:09.08		300m: 4:47.29		400m: 6:20.99	45.26	
13. GUTOWSKA Adriana	11	TP Zielona Góra	6:51.34	189	1:36.40	1:45.21	1:46.69	1:43.04
50m: 44.65	44.65	150m: 2:28.39	51.99	250m: 4:15.67	54.06	350m: 6:01.83	53.53	
100m: 1:36.40	51.75	200m: 3:21.61	53.22	300m: 5:08.30	52.63	400m: 6:51.34	49.51	