

Otwarte Mistrzostwa Okręgu Lubuskiego basen 50 m 2023
Zielona Góra - Drzonków, 4.6.2023

Konkurencja 25
04.06.2023 - 13:36

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2023

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m		
1. CHYCZEWSKA Pola	09		SŁOWIANKA Gorzów Wlkp.		4:49.81	542	1:09.02	1:14.64	1:14.65	1:11.50	
50m:	32.72	32.72	150m:	1:46.48	37.46	250m:	3:01.17	37.51	350m:	4:15.25	36.94
100m:	1:09.02	36.30	200m:	2:23.66	37.18	300m:	3:38.31	37.14	400m:	4:49.81	34.56
2. SZCZEPANIK Nikola	09		SŁOWIANKA Gorzów Wlkp.		4:51.98	530	1:11.02	1:15.37	1:14.71	1:10.88	
50m:	33.41	33.41	150m:	1:48.74	37.72	250m:	3:03.76	37.37	350m:	4:17.85	36.75
100m:	1:11.02	37.61	200m:	2:26.39	37.65	300m:	3:41.10	37.34	400m:	4:51.98	34.13
3. TOMASZEWSKA Maria	08		SŁOWIANKA Gorzów Wlkp.		4:55.95	509	1:10.45	1:16.68	1:15.53	1:13.29	
50m:	33.03	33.03	150m:	1:48.89	38.44	250m:	3:05.41	38.28	350m:	4:20.57	37.91
100m:	1:10.45	37.42	200m:	2:27.13	38.24	300m:	3:42.66	37.25	400m:	4:55.95	35.38
4. LETKIEWICZ Zuzanna	08		TP Zielona Góra		4:59.79	490	1:09.37	1:16.61	1:18.07	1:15.74	
50m:	33.46	33.46	150m:	1:47.31	37.94	250m:	3:05.67	39.69	350m:	4:22.96	38.91
100m:	1:09.37	35.91	200m:	2:25.98	38.67	300m:	3:44.05	38.38	400m:	4:59.79	36.83
5. NAJMAN Natalia	10		TP Zielona Góra		5:01.08	484	1:10.40	1:17.24	1:18.19	1:15.25	
50m:	33.04	33.04	150m:	1:49.15	38.75	250m:	3:06.96	39.32	350m:	4:25.02	39.19
100m:	1:10.40	37.36	200m:	2:27.64	38.49	300m:	3:45.83	38.87	400m:	5:01.08	36.06
6. PRONIN Natalia	10		SŁOWIANKA Gorzów Wlkp.		5:15.34	421	1:11.92	1:21.33	1:22.18	1:19.91	
50m:	33.74	33.74	150m:	1:51.95	40.03	250m:	3:13.93	40.68	350m:	4:36.53	41.10
100m:	1:11.92	38.18	200m:	2:33.25	41.30	300m:	3:55.43	41.50	400m:	5:15.34	38.81
7. M DRY Maja	09		OLIMPIA wiecie		5:21.60	397	1:12.84	1:19.90	1:23.04	1:25.82	
50m:	34.42	34.42	150m:	1:52.12	39.28	250m:	3:13.40	40.66	350m:	4:39.35	43.57
100m:	1:12.84	38.42	200m:	2:32.74	40.62	300m:	3:55.78	42.38	400m:	5:21.60	42.25
8. ENO Milena	14		AQUARIUS Mi dzyrzecz		6:27.93	226	1:31.31	1:40.60	1:40.89	1:35.13	
50m:	42.40	42.40	150m:	2:21.56	50.25	250m:	4:02.90	50.99	350m:	5:41.30	48.50
100m:	1:31.31	48.91	200m:	3:11.91	50.35	300m:	4:52.80	49.90	400m:	6:27.93	46.63