



Letnie Mistrzostwa Dolnego Śląska
Wrocław, 31.5. - 1.6.2024

H₂O SHOP.PL
DOMAGAMY WYGRYWAĆ

Konkurencja 36
01.06.2024 - 11:10

Mężczyźni, 400m zmienny

13 lat i starsi
Wyniki

Punkty: FINA 2024

Pozycja	Rok ur.	Imię i nazwisko	Club	Time	Pkt.	100m	200m	300m	400m
13 lat									
1.	11	Lotko Oliwier	UKS "Dragon" B dzin	5:25.81	412	1:12.81	1:29.31	1:28.14	1:15.55
		50m: 32.83	32.83	150m: 1:58.39	45.58	250m: 3:25.98	43.86	350m: 4:48.93	38.67
		100m: 1:12.81	39.98	200m: 2:42.12	43.73	300m: 4:10.26	44.28	400m: 5:25.81	36.88
2.	11	Wolny Dariusz	KS "Swimmers I za" I za	5:53.15	323	1:25.88	1:28.25	1:42.44	1:16.58
		50m: 38.34	38.34	150m: 2:09.74	43.86	250m: 3:43.61	49.48	350m: 5:14.88	38.31
		100m: 1:25.88	47.54	200m: 2:54.13	44.39	300m: 4:36.57	52.96	400m: 5:53.15	38.27
3.	11	Skowron Tymoteusz	UKS KORAL Wrocław	5:53.21	323	1:12.17	1:40.48	1:42.81	1:17.75
		50m: 33.58	33.58	150m: 2:03.96	51.79	250m: 3:43.78	51.13	350m: 5:15.36	39.90
		100m: 1:12.17	38.59	200m: 2:52.65	48.69	300m: 4:35.46	51.68	400m: 5:53.21	37.85
4.	11	Basiak Bartłomiej	UKS KORAL Wrocław	6:34.21	232	1:28.81	1:44.41	1:50.50	1:30.49
		50m: 38.30	38.30	150m: 2:23.14	54.33	250m: 4:07.71	54.49	350m: 5:49.95	46.23
		100m: 1:28.81	50.51	200m: 3:13.22	50.08	300m: 5:03.72	56.01	400m: 6:34.21	44.26
14 lat									
1.	10	Pawlak Oliwier	WKS I sk Wrocław	5:42.79	354	1:24.84	1:26.77	1:33.46	1:17.72
		50m: 37.61	37.61	150m: 2:08.71	43.87	250m: 3:37.90	46.29	350m: 5:04.79	39.72
		100m: 1:24.84	47.23	200m: 2:51.61	42.90	300m: 4:25.07	47.17	400m: 5:42.79	38.00
2.	10	I ycki Mateusz	MKS Juwenia Wrocław	5:48.80	336	1:22.06	1:30.19	1:35.77	1:20.78
		50m: 36.80	36.80	150m: 2:06.58	44.52	250m: 3:39.16	46.91	350m: 5:08.75	40.73
		100m: 1:22.06	45.26	200m: 2:52.25	45.67	300m: 4:28.02	48.86	400m: 5:48.80	40.05
3.	10	Jasi ski Oliwier	UKS KORAL Wrocław	6:37.74	226	1:29.99	1:39.73	1:50.65	1:37.37
		50m: 40.27	40.27	150m: 2:20.27	50.28	250m: 4:04.36	54.64	350m: 5:49.30	48.93
		100m: 1:29.99	49.72	200m: 3:09.72	49.45	300m: 5:00.37	56.01	400m: 6:37.74	48.44
15 lat									
1.	09	Dziedzic Michał	UKS "ORKA" Luba	4:48.93	591	1:03.31	1:15.74	1:25.74	1:04.14
		50m: 29.43	29.43	150m: 1:41.87	38.56	250m: 3:01.53	42.48	350m: 4:17.45	32.66
		100m: 1:03.31	33.88	200m: 2:19.05	37.18	300m: 3:44.79	43.26	400m: 4:48.93	31.48
2.	09	Sadek Franciszek	MKS Juwenia Wrocław	5:29.75	397	1:17.06	1:22.30	1:36.51	1:13.88
		50m: 35.23	35.23	150m: 1:58.51	41.45	250m: 3:26.75	47.39	350m: 4:53.08	37.21
		100m: 1:17.06	41.83	200m: 2:39.36	40.85	300m: 4:15.87	49.12	400m: 5:29.75	36.67
16 lat i starsi									
1.	08	Pawlak Dawid	UKS 190 Łódź	4:56.31	548	1:05.76	1:19.94	1:24.67	1:05.94
		50m: 30.17	30.17	150m: 1:46.08	40.32	250m: 3:07.73	42.03	350m: 4:24.15	33.78
		100m: 1:05.76	35.59	200m: 2:25.70	39.62	300m: 3:50.37	42.64	400m: 4:56.31	32.16
2.	08	Pakuła Patryk	UKS Shark Rudna	5:05.87	498	1:07.86	1:22.65	1:29.33	1:06.03
		50m: 31.53	31.53	150m: 1:49.94	42.08	250m: 3:14.90	44.39	350m: 4:34.08	34.24
		100m: 1:07.86	36.33	200m: 2:30.51	40.57	300m: 3:59.84	44.94	400m: 5:05.87	31.79
3.	08	Twaróg Mateusz	UKS "Kro nicka Przysła "	K5:06.37	495	1:06.02	1:22.87	1:30.40	1:07.08
		50m: 30.32	30.32	150m: 1:47.60	41.58	250m: 3:13.67	44.78	350m: 4:33.79	34.50
		100m: 1:06.02	35.70	200m: 2:28.89	41.29	300m: 3:59.29	45.62	400m: 5:06.37	32.58
4.	07	Kołodziej Bartosz	UKS PATOMSWIM Bogatyni	5:22.57	424	1:11.05	1:24.10	1:31.58	1:15.84
		50m: 32.00	32.00	150m: 1:53.42	42.37	250m: 3:20.58	45.43	350m: 4:45.81	39.08
		100m: 1:11.05	39.05	200m: 2:35.15	41.73	300m: 4:06.73	46.15	400m: 5:22.57	36.76