

OGÓLNOPOLSKI SPRAWDZIAN WYTRZYMAŁO CI I WSZECHSTRONNO CI
Legnica, 28-10-2011

Konkurencja 5
2011-10-28 - 12:30

Dziewcz t, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
1.	HADUBIAK Katarzyna		00	KS Wankan Legnica				5:52.44	296
	50m:	37.06 37.06	150m:	2:04.79	44.83	250m:	3:37.96 46.96	350m:	5:13.51 48.08
	100m:	1:19.96 42.90	200m:	2:51.00	46.21	300m:	4:25.43 47.47	400m:	5:52.44 38.93
2.	NAREWSKA Klaudia		00	KS Wankan Legnica				6:14.83	246
	50m:	39.47 39.47	150m:	2:15.86	48.08	250m:	3:54.35 50.00	350m:	5:29.93 46.24
	100m:	1:27.78 48.31	200m:	3:04.35	48.49	300m:	4:43.69 49.34	400m:	6:14.83 44.90
3.	TOKARCZYK Gabriela		00	KS Wankan Legnica				6:15.97	243
	50m:	36.93 36.93	150m:	2:06.49	46.59	250m:	3:44.79 49.64	350m:	5:27.21 51.66
	100m:	1:19.90 42.97	200m:	2:55.15	48.66	300m:	4:35.55 50.76	400m:	6:15.97 48.76
4.	BORCZYK MARTYNA		00	KS "Rekin" wiebodzice				6:23.64	229
	50m:	42.54 42.54	150m:	2:20.29	49.25	250m:	3:57.32 48.21	350m:	5:34.39 48.99
	100m:	1:31.04 48.50	200m:	3:09.11	48.82	300m:	4:45.40 48.08	400m:	6:23.64 49.25
5.	D US Dominika		00	KS Wankan Legnica				6:37.84	205
	50m:	43.31 43.31	150m:	2:23.33	50.77	250m:	4:06.75 50.99	350m:	5:49.43 50.44
	100m:	1:32.56 49.25	200m:	3:15.76	52.43	300m:	4:58.99 52.24	400m:	6:37.84 48.41
6.	GÓRA Ewelina		00	UKS SVIDA widnica				6:59.81	175
	50m:	46.92 46.92	150m:	2:35.35	54.05	250m:	4:27.59 56.10	350m:	6:11.87 51.49
	100m:	1:41.30 54.38	200m:	3:31.49	56.14	300m:	5:20.38 52.79	400m:	6:59.81 47.94
7.	STASIAK Julia		00	ULKS Wodny wiat				7:15.00	157
	50m:	48.62 48.62	150m:	2:36.82	55.43	250m:	4:27.88 55.53	350m:	6:17.74 55.09
	100m:	1:41.39 52.77	200m:	3:32.35	55.53	300m:	5:22.65 54.77	400m:	7:15.00 57.26
8.	WOŁOSZCZUK Wiktoria		00	ULKS Wodny wiat				7:31.82	140
	50m:	49.87 49.87	150m:	2:43.37	57.42	250m:	4:36.59 56.89	350m:	6:35.19 59.57
	100m:	1:45.95 56.08	200m:	3:39.70	56.33	300m:	5:35.62 59.03	400m:	7:31.82 56.63
9.	ST BALSKA Aleksandra		00	ULKS Wodny wiat				7:54.33	121
	50m:	50.44 50.44	150m:	2:51.85	1:00.94	250m:	5:55.39 2:02.85	350m:	7:54.80 59.07
	100m:	1:50.91 1:00.47	200m:	3:52.54	1:00.69	300m:	6:55.73 1:00.34	400m:	7:54.33