

Ogólnopolski Sprawdzian Wszechstronno ci Stylowej i Wytrzymało ci Miting Pływacki Laguna Cup 2019  
Gryfino, 30-11-2019

Konkurencja 16  
2019-11-30 - 15:05

Chłopców, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
1.	MAŁYSZ Jeremi		08	MKS Neptun Stargard				<b>5:20.94</b>	289
	50m:	36.20 36.20	150m:	1:58.92 42.07	250m:	3:21.93 41.17	350m:	4:44.76 40.85	
	100m:	1:16.85 40.65	200m:	2:40.76 41.84	300m:	4:03.91 41.98	400m:	5:20.94 36.18	
2.	BAS Maciej		08	MKS Neptun Stargard				<b>5:28.37</b>	270
	50m:	35.68 35.68	150m:	1:59.45 43.03	250m:	3:25.44 42.90	350m:	4:49.72 41.91	
	100m:	1:16.42 40.74	200m:	2:42.54 43.09	300m:	4:07.81 42.37	400m:	5:28.37 38.65	
3.	DOKURNO Jakub		08	UKS „FOKA” Choszczno				<b>5:31.35</b>	262
	50m:	36.47 36.47	150m:	2:01.47 43.27	250m:	3:28.05 43.36	350m:	4:53.24 42.22	
	100m:	1:18.20 41.73	200m:	2:44.69 43.22	300m:	4:11.02 42.97	400m:	5:31.35 38.11	
4.	HANC Brunon		08	MKS CKS-SMS Szczecin				<b>5:38.59</b>	246
	50m:	37.58 37.58	150m:	2:04.13 43.69	250m:	3:30.45 43.12	350m:	4:58.17 44.43	
	100m:	1:20.44 42.86	200m:	2:47.33 43.20	300m:	4:13.74 43.29	400m:	5:38.59 40.42	
5.	SERAFIN Szymon		08	UKP „Marlin”				<b>5:39.62</b>	244
	50m:	37.06 37.06	150m:	2:02.50 43.97	250m:	3:31.35 44.83	350m:	4:59.62 43.90	
	100m:	1:18.53 41.47	200m:	2:46.52 44.02	300m:	4:15.72 44.37	400m:	5:39.62 40.00	
6.	KACZMAREK Adrian		08	IU KP „WODNIK” Police				<b>5:41.23</b>	240
	50m:	36.51 36.51	150m:	2:02.65 43.44	250m:	3:31.15 44.68	350m:	4:59.54 44.44	
	100m:	1:19.21 42.70	200m:	2:46.47 43.82	300m:	4:15.10 43.95	400m:	5:41.23 41.69	
7.	PIE LAK Adam		08	MKS Znicz Koszalin				<b>5:42.26</b>	238
	50m:	38.40 38.40	150m:	2:04.83 43.93	250m:	3:33.73 44.47	350m:	5:01.11 43.25	
	100m:	1:20.90 42.50	200m:	2:49.26 44.43	300m:	4:17.86 44.13	400m:	5:42.26 41.15	
8.	DZIEDZIC Gabriel		08	MKS CKS-SMS Szczecin				<b>5:52.11</b>	219
	50m:	38.61 38.61	150m:	2:08.19 45.84	250m:	3:39.91 45.50	350m:	5:11.77 46.86	
	100m:	1:22.35 43.74	200m:	2:54.41 46.22	300m:	4:24.91 45.00	400m:	5:52.11 40.34	
9.	PAKOSZ Oliwier		08	MKS CKS-SMS Szczecin				<b>5:57.94</b>	208
	50m:	41.26 41.26	150m:	2:10.28 44.32	250m:	3:41.61 45.57	350m:	5:14.05 46.12	
	100m:	1:25.96 44.70	200m:	2:56.04 45.76	300m:	4:27.93 46.32	400m:	5:57.94 43.89	
10.	TOPORKIEWICZ Maksymilian		08	MKS Neptun Stargard				<b>5:58.64</b>	207
	50m:	39.24 39.24	150m:	2:07.83 45.08	250m:	3:39.94 46.27	350m:	5:12.63 46.26	
	100m:	1:22.75 43.51	200m:	2:53.67 45.84	300m:	4:26.37 46.43	400m:	5:58.64 46.01	
11.	PROKOPOWICZ Bartłomiej		08	UKP „Marlin”				<b>6:06.83</b>	193
	50m:	40.68 40.68	150m:	2:13.87 47.01	250m:	3:48.03 47.17	350m:	5:24.31 48.01	
	100m:	1:26.86 46.18	200m:	3:00.86 46.99	300m:	4:36.30 48.27	400m:	6:06.83 42.52	
12.	PAWLIK Krystian		08	MKS CKS-SMS Szczecin				<b>6:12.02</b>	185
	50m:	40.63 40.63	150m:	2:15.73 48.45	250m:		350m:	5:27.78 47.83	
	100m:	1:27.28 46.65	200m:	3:03.19 47.46	300m:	4:39.95	400m:	6:12.02 44.24	
13.	STASZKIEWICZ Tobiasz		08	MKS CKS-SMS Szczecin				<b>6:24.20</b>	168
	50m:	1:27.07 1:27.07	150m:	3:03.52 49.46	250m:	4:43.52 49.01	350m:	6:24.20 49.13	
	100m:	2:14.06 46.99	200m:	3:54.51 50.99	300m:	5:35.07 51.55	400m:	6:24.20	
14.	GARBI CZ Aleksander		08	UKS „FOKA” Choszczno				<b>6:49.03</b>	139
	50m:	47.27 47.27	150m:		250m:	5:12.09 1:44.14	350m:		
	100m:	2:34.89 1:47.62	200m:	3:27.95	300m:	6:03.04 50.95	400m:	6:49.03	
15.	TOMASZCZUK Ludwik		08	UKS „FOKA” Choszczno				<b>7:17.29</b>	114
	50m:	43.04 43.04	150m:	2:36.43 58.02	250m:	4:31.46 58.19	350m:	6:27.88 57.22	
	100m:	1:38.41 55.37	200m:	3:33.27 56.84	300m:	5:30.66 59.20	400m:	7:17.29 49.41	