

Zimowe Mistrzostwa Okręgu
Poznań, 13- - 14-2-2015

Konkurencja 27
2015-02-14 - 10:10

Kobiet, 400m zmienny

13 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
13 - 15 lat			
1. WÓJCIK Zuzanna	01 MKS Juwenia Wrocław	5:34.78	473
50m: 35.05 35.05	150m: 2:03.62 46.51	250m: 3:34.13 46.55	350m: 4:58.19 38.34
100m: 1:17.11 42.06	200m: 2:47.58 43.96	300m: 4:19.85 45.72	400m: 5:34.78 36.59
2. JASIORSKA Aleksandra	02 Iuks Muszelka	5:38.35	458
50m: 35.44 35.44	150m: 2:02.80 43.67	250m: 3:34.34 48.74	350m: 5:01.50 38.16
100m: 1:19.13 43.69	200m: 2:45.60 42.80	300m: 4:23.34 49.00	400m: 5:38.35 36.85
3. SOBIAK Zuzanna	02 KS Warta Poznań	5:43.38	438
50m: 36.48 36.48	150m: 2:02.44 43.29	250m: 3:35.23 50.12	350m: 5:05.03 38.96
100m: 1:19.15 42.67	200m: 2:45.11 42.67	300m: 4:26.07 50.84	400m: 5:43.38 38.35
4. MATUSZCZAK Patrycja	02 KS Warta Poznań	6:22.27	317
50m: 41.21 41.21	150m: 2:24.91 52.43	250m: 4:05.09 49.58	350m: 5:39.43 44.11
100m: 1:32.48 51.27	200m: 3:15.51 50.60	300m: 4:55.32 50.23	400m: 6:22.27 42.84
16 lat i starsi			
1. CISZEWSKA Sandra	97 UKS 9 Kalisz	5:19.37	544
50m: 33.53 33.53	150m: 1:53.50 40.46	250m: 3:19.77 46.60	350m: 4:43.52 36.89
100m: 1:13.04 39.51	200m: 2:33.17 39.67	300m: 4:06.63 46.86	400m: 5:19.37 35.85
2. NAGÓRSKA Monika	97 MUKS "Piłnastka" Bydgoszcz	5:34.30	475
50m: 35.45 35.45	150m: 2:03.05 44.47	250m: 3:31.14 44.90	350m: 4:56.30 39.09
100m: 1:18.58 43.13	200m: 2:46.24 43.19	300m: 4:17.21 46.07	400m: 5:34.30 38.00
PK FOELSKE Jade	01 UKS CITYZEN Poznań	5:06.18	618
50m: 30.66 30.66	150m: 1:46.02 39.74	250m: 3:08.46 43.45	350m: 4:30.46 36.20
100m: 1:06.28 35.62	200m: 2:25.01 38.99	300m: 3:54.26 45.80	400m: 5:06.18 35.72