

Zimowe Mistrzostwa Okręgu
Poznań, 13-14-2-2015

Konkurencja 37
2015-02-14 - 11:36

Kobiet, 400m dowolny

13 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
13 - 15 lat			
1. KLESSA Helena	00	4:38.86	594
50m: 31.26 31.26	150m: 1:40.38 35.03	250m: 2:51.60 35.69	350m: 4:03.17 35.82
100m: 1:05.35 34.09	200m: 2:15.91 35.53	300m: 3:27.35 35.75	400m: 4:38.86 35.69
2. TOMKOWICZ Wiktoria	00	4:44.02	562
50m: 31.13 31.13	150m: 1:41.76 35.67	250m: 2:55.18 36.67	350m: 4:09.01 37.03
100m: 1:06.09 34.96	200m: 2:18.51 36.75	300m: 3:31.98 36.80	400m: 4:44.02 35.01
3. JASIORSKA Aleksandra	02	4:47.88	540
50m: 32.91 32.91	150m: 1:44.55 36.34	250m: 2:58.05 37.05	350m: 4:12.34 37.32
100m: 1:08.21 35.30	200m: 2:21.00 36.45	300m: 3:35.02 36.97	400m: 4:47.88 35.54
4. KACZMAREK Julia	01	4:57.78	488
50m: 33.31 33.31	150m: 1:47.44 37.55	250m: 3:03.73 37.94	350m: 4:20.64 38.49
100m: 1:09.89 36.58	200m: 2:25.79 38.35	300m: 3:42.15 38.42	400m: 4:57.78 37.14
5. WŁODARCZYK Agnieszka	01	5:01.70	469
50m: 32.31 32.31	150m: 1:47.41 38.69	250m: 3:06.85 40.07	350m: 4:25.31 38.98
100m: 1:08.72 36.41	200m: 2:26.78 39.37	300m: 3:46.33 39.48	400m: 5:01.70 36.39
6. MICHALAK Weronika	00	5:06.27	448
50m: 34.00 34.00	150m: 1:49.66 38.40	250m: 3:08.67 39.78	350m: 4:27.83 39.57
100m: 1:11.26 37.26	200m: 2:28.89 39.23	300m: 3:48.26 39.59	400m: 5:06.27 38.44
7. MICHALAK Wiktoria	01	5:16.94	405
50m: 36.44 36.44	150m: 1:58.32 41.63	250m: 3:20.85 41.17	350m: 4:40.24 39.12
100m: 1:16.69 40.25	200m: 2:39.68 41.36	300m: 4:01.12 40.27	400m: 5:16.94 36.70
8. SKOCZEK Julia	01	5:19.63	394
50m: 35.14 35.14	150m: 1:55.87 40.49	250m: 3:18.05 40.68	350m: 4:40.85 41.74
100m: 1:15.38 40.24	200m: 2:37.37 41.50	300m: 3:59.11 41.06	400m: 5:19.63 38.78
9. ORWAT Maria	00	5:20.36	392
50m: 34.03 34.03	150m: 1:53.86 41.19	250m: 3:17.43 41.60	350m: 4:39.19 40.38
100m: 1:12.67 38.64	200m: 2:35.83 41.97	300m: 3:58.81 41.38	400m: 5:20.36 41.17
10. BRONIECKA Sandra	01	5:21.74	387
50m: 34.68 34.68	150m: 1:53.11 40.05	250m: 3:16.40 41.63	350m: 4:39.41 41.76
100m: 1:13.06 38.38	200m: 2:34.77 41.66	300m: 3:57.65 41.25	400m: 5:21.74 42.33
11. ÓŁTOWSKA Adrianna	02	6:02.31	271
50m: 39.34 39.34	150m: 2:09.85 45.65	250m: 3:42.42 46.77	350m: 5:16.51 47.59
100m: 1:24.20 44.86	200m: 2:55.65 45.80	300m: 4:28.92 46.50	400m: 6:02.31 45.80

16 lat i starsi

1. CISZEWSKA Sandra	97	4:47.60	542
50m: 31.35 31.35	150m: 1:44.20 36.71	250m: 2:58.59 37.19	350m: 4:12.56 36.75
100m: 1:07.49 36.14	200m: 2:21.40 37.20	300m: 3:35.81 37.22	400m: 4:47.60 35.04
2. ROTTER Zuzanna	97	4:50.65	525
50m: 32.87 32.87	150m: 1:45.13 36.64	250m: 2:59.78 37.26	350m: 4:14.57 37.29
100m: 1:08.49 35.62	200m: 2:22.52 37.39	300m: 3:37.28 37.50	400m: 4:50.65 36.08
3. RADOSZ Joanna	97	4:59.70	479
50m: 33.31 33.31	150m: 1:47.61 37.94	250m: 3:05.13 38.73	350m: 4:22.65 38.75
100m: 1:09.67 36.36	200m: 2:26.40 38.79	300m: 3:43.90 38.77	400m: 4:59.70 37.05
4. LICZNIERSKA Martyna	99	5:29.00	362
50m: 36.92 36.92	150m: 1:59.02 41.29	250m: 3:23.09 42.24	350m: 4:47.36 42.18
100m: 1:17.73 40.81	200m: 2:40.85 41.83	300m: 4:05.18 42.09	400m: 5:29.00 41.64