

Letnie Mistrzostwa Okręgu Wielkopolskiego 2015
Poznań, 20-6-2015

Konkurencja 28
2015-06-20 - 11:10

Mężczyźni, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2015

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m
1. GO DZIK Damian	95	Ks Warta Pozna	4:46.11	619		1:02.36	1:16.34	1:27.36	1:00.05
50m: 28.13	28.13	150m: 1:41.94	39.58	250m: 3:01.70	43.00	350m: 4:16.30	30.24		
100m: 1:02.36	34.23	200m: 2:18.70	36.76	300m: 3:46.06	44.36	400m: 4:46.11	29.81		
2. WARZOCHA Albert	01	Ks Warta Pozna	5:03.70	517		1:08.04	1:17.49	1:29.31	1:08.86
50m: 31.49	31.49	150m: 1:47.70	39.66	250m: 3:09.98	44.45	350m: 4:29.70	34.86		
100m: 1:08.04	36.55	200m: 2:25.53	37.83	300m: 3:54.84	44.86	400m: 5:03.70	34.00		
3. WOJCIECHOWSKI Jakub	01	Ks Warta Pozna	5:05.02	510		1:11.13	1:17.29	1:26.84	1:09.76
50m: 33.13	33.13	150m: 1:49.91	38.78	250m: 3:11.15	42.73	350m: 4:30.39	35.13		
100m: 1:11.13	38.00	200m: 2:28.42	38.51	300m: 3:55.26	44.11	400m: 5:05.02	34.63		
4. D BROWSKI Mateusz	00	Ks Warta Pozna	5:15.93	459		1:13.65	1:23.76	1:29.19	1:09.33
50m: 33.83	33.83	150m: 1:56.32	42.67	250m: 3:21.10	43.69	350m: 4:42.14	35.54		
100m: 1:13.65	39.82	200m: 2:37.41	41.09	300m: 4:06.60	45.50	400m: 5:15.93	33.79		
5. KAROLCZAK Jan	01	Buks Warszawa	5:16.93	455		1:11.28	1:21.22	1:32.57	1:11.86
50m: 31.74	31.74	150m: 1:53.01	41.73	250m: 3:18.56	46.06	350m: 4:42.41	37.34		
100m: 1:11.28	39.54	200m: 2:32.50	39.49	300m: 4:05.07	46.51	400m: 5:16.93	34.52		
6. SZYNALSKI Szymon	00	UPKS Wodnik Rawicz	5:17.48	453		1:13.23	1:21.40	1:31.82	1:11.03
50m: 33.51	33.51	150m: 1:55.09	41.86	250m: 3:19.61	44.98	350m: 4:42.90	36.45		
100m: 1:13.23	39.72	200m: 2:34.63	39.54	300m: 4:06.45	46.84	400m: 5:17.48	34.58		
7. HAŁADAJ Dawid	01	Iskra Konin	5:18.46	448		1:10.51	1:23.87	1:33.79	1:10.29
50m: 31.61	31.61	150m: 1:52.75	42.24	250m: 3:20.85	46.47	350m: 4:44.31	36.14		
100m: 1:10.51	38.90	200m: 2:34.38	41.63	300m: 4:08.17	47.32	400m: 5:18.46	34.15		
8. SOLARSKI Antoni	01	Klub Pływacki Koziegłowy	5:20.69	439		1:12.00	1:24.89	1:27.52	1:16.28
50m: 33.05	33.05	150m: 1:54.77	42.77	250m: 3:19.99	43.10	350m: 4:44.00	39.59		
100m: 1:12.00	38.95	200m: 2:36.89	42.12	300m: 4:04.41	44.42	400m: 5:20.69	36.69		
9. GRZEMSKI Kamil	01	MKS Nielba W growiec	5:23.10	429		1:12.26	1:25.08	1:33.80	1:11.96
50m: 33.04	33.04	150m: 1:55.97	43.71	250m: 3:24.31	46.97	350m: 4:48.50	37.36		
100m: 1:12.26	39.22	200m: 2:37.34	41.37	300m: 4:11.14	46.83	400m: 5:23.10	34.60		
10. KACPER Wielgus	01	Posnania Pozna	5:59.34	312		1:23.32	1:29.34	1:43.32	1:23.36
50m: 38.76	38.76	150m: 2:08.83	45.51	250m: 3:44.76	52.10	350m: 5:18.44	42.46		
100m: 1:23.32	44.56	200m: 2:52.66	43.83	300m: 4:35.98	51.22	400m: 5:59.34	40.90		