

Grand Prix Polski w Pływaniu Zawody Kwalifikacyjne do Mistrzostw Europy w Netanya
Pozna , 21- - 22-11-2015

Konkurencja 12 Kobiet, 400m zmienny 14 lat i starsi
2015-11-21 - 17:00 Wyniki

Minimum do Mistrzostw Europy w Netanya(ISR) Open: 4:35.10

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
1.	TCHÓRZ Alicja		92	Juvenia Wrocław				4:36.52	829
	50m:	29.59 29.59	150m:	1:39.49 36.00	250m:	2:53.55 38.84	350m:	4:05.33 32.48	
	100m:	1:03.49 33.90	200m:	2:14.71 35.22	300m:	3:32.85 39.30	400m:	4:36.52 31.19	
2.	UKOWSKA Paula		93	Juvenia Wrocław				4:46.55	745
	50m:	30.69 30.69	150m:	1:42.35 37.05	250m:	3:01.11 42.68	350m:	4:15.33 32.66	
	100m:	1:05.30 34.61	200m:	2:18.43 36.08	300m:	3:42.67 41.56	400m:	4:46.55 31.22	
3.	PIECHOTA Paulina		99	190 Łódź				4:48.89	727
	50m:	31.25 31.25	150m:	1:43.84 37.22	250m:	3:01.87 41.86	350m:	4:17.35 33.36	
	100m:	1:06.62 35.37	200m:	2:20.01 36.17	300m:	3:43.99 42.12	400m:	4:48.89 31.54	
4.	ADAMCZYK Julia		99	Lublinianka Lublin				4:49.02	726
	50m:	31.66 31.66	150m:	1:44.78 37.56	250m:	3:02.70 41.62	350m:	4:17.34 33.26	
	100m:	1:07.22 35.56	200m:	2:21.08 36.30	300m:	3:44.08 41.38	400m:	4:49.02 31.68	
5.	CZERNAK Monika		92	Kormoran Olsztyn				4:52.22	703
	50m:	32.62 32.62	150m:	1:49.17 38.77	250m:	3:07.17 40.72	350m:	4:21.09 32.62	
	100m:	1:10.40 37.78	200m:	2:26.45 37.28	300m:	3:48.47 41.30	400m:	4:52.22 31.13	
6.	NIENAŁTOWSKA Natalia		96	AZS AWF Warszawa				4:55.16	682
	50m:	31.80 31.80	150m:	1:45.14 37.45	250m:	3:04.90 42.68	350m:	4:22.28 34.56	
	100m:	1:07.69 35.89	200m:	2:22.22 37.08	300m:	3:47.72 42.82	400m:	4:55.16 32.88	
7.	SAJECKA Zofia		98	Gim 92 Ursynów Warszawa				4:56.78	671
	50m:	32.37 32.37	150m:	1:45.91 36.51	250m:	3:04.84 42.41	350m:	4:22.98 35.32	
	100m:	1:09.40 37.03	200m:	2:22.43 36.52	300m:	3:47.66 42.82	400m:	4:56.78 33.80	
8.	WÓJTOWICZ Gabriela		95	AZS AWFIS Gdańsk				4:57.49	666
	50m:	30.67 30.67	150m:	1:42.83 37.23	250m:	3:03.25 43.65	350m:	4:21.26 33.66	
	100m:	1:05.60 34.93	200m:	2:19.60 36.77	300m:	3:47.60 44.35	400m:	4:57.49 36.23	
9.	DZWONNIK Zuzanna		00	Delfin-137 Łódź				4:58.14	662
	50m:	32.69 32.69	150m:	1:47.35 36.90	250m:	3:05.90 41.93	350m:	4:23.30 35.45	
	100m:	1:10.45 37.76	200m:	2:23.97 36.62	300m:	3:47.85 41.95	400m:	4:58.14 34.84	
10.	PECYNA Michalina		00	IKS Konstancin				4:59.73	651
	50m:	33.38 33.38	150m:	1:48.32 37.56	250m:	3:08.02 42.83	350m:	4:26.28 34.85	
	100m:	1:10.76 37.38	200m:	2:25.19 36.87	300m:	3:51.43 43.41	400m:	4:59.73 33.45	
11.	HALICKA Lidia		01	I sk Wrocław				5:00.90	644
	50m:	31.20 31.20	150m:	1:45.62 38.21	250m:	3:06.54 42.65	350m:	4:26.30 36.51	
	100m:	1:07.41 36.21	200m:	2:23.89 38.27	300m:	3:49.79 43.25	400m:	5:00.90 34.60	
12.	GOTOWSKA Weronika		00	G-8 Bielany Warszawa				5:01.86	637
	50m:	33.07 33.07	150m:	1:48.34 38.24	250m:	3:10.74 43.63	350m:	4:28.20 33.96	
	100m:	1:10.10 37.03	200m:	2:27.11 38.77	300m:	3:54.24 43.50	400m:	5:01.86 33.66	
13.	CIEŁAK Joanna		96	Warta Poznań				5:02.74	632
	50m:	31.08 31.08	150m:	1:45.67 38.72	250m:	3:07.66 44.78	350m:	4:28.43 35.72	
	100m:	1:06.95 35.87	200m:	2:22.88 37.21	300m:	3:52.71 45.05	400m:	5:02.74 34.31	
14.	SZATANEK Julia		99	MKP Szczecin				5:03.30	628
	50m:	32.82 32.82	150m:	1:49.98 40.08	250m:	3:11.85 43.04	350m:	4:30.30 34.55	
	100m:	1:09.90 37.08	200m:	2:28.81 38.83	300m:	3:55.75 43.90	400m:	5:03.30 33.00	
15.	BEDNAREK Aleksandra		98	Jedynka Łódź				5:03.87	625
	50m:	32.73 32.73	150m:	1:49.64 39.05	250m:	3:11.16 43.27	350m:	4:29.58 35.17	
	100m:	1:10.59 37.86	200m:	2:27.89 38.25	300m:	3:54.41 43.25	400m:	5:03.87 34.29	
16.	WARDZIŁKA Martyna		98	Trójka Łódź				5:05.21	617
	50m:	33.20 33.20	150m:	1:51.10 40.08	250m:	3:12.66 42.86	350m:	4:31.53 35.39	
	100m:	1:11.02 37.82	200m:	2:29.80 38.70	300m:	3:56.14 43.48	400m:	5:05.21 33.68	
17.	MARGULA WERONIKA SSz		00	MKP Szczecin				5:05.49	615
	50m:	31.87 31.87	150m:	1:48.97 38.20	250m:	3:11.65 45.41	350m:	4:32.13 35.34	
	100m:	1:10.77 38.90	200m:	2:26.24 37.27	300m:	3:56.79 45.14	400m:	5:05.49 33.36	

Grand Prix Polski w Pływaniu Zawody Kwalifikacyjne do Mistrzostw Europy w Netanya
Pozna , 21- - 22-11-2015

Konkurencja 12, Kobiet, 400m zmienny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.			
18.	PAJ	K Liliana	99	Unia O	wi	cim	5:05.80	613				
	50m:	33.63	33.63	150m:	1:49.83	37.83	250m:	3:10.78	43.84	350m:	4:30.95	36.08
	100m:	1:12.00	38.37	200m:	2:26.94	37.11	300m:	3:54.87	44.09	400m:	5:05.80	34.85
19.	WETT	Oliwia	01	Sambor	Tczew		5:05.85	613				
	50m:	32.76	32.76	150m:	1:49.89	39.25	250m:	3:13.31	44.12	350m:	4:32.60	35.59
	100m:	1:10.64	37.88	200m:	2:29.19	39.30	300m:	3:57.01	43.70	400m:	5:05.85	33.25
20.	MAZURKIEWICZ	Barbara	01	IKS	Konstancin		5:05.99	612				
	50m:	31.50	31.50	150m:	1:46.69	39.33	250m:	3:10.84	44.89	350m:	4:31.37	36.12
	100m:	1:07.36	35.86	200m:	2:25.95	39.26	300m:	3:55.25	44.41	400m:	5:05.99	34.62
	OKAJ	Oliwia	96	I sk	Wrocław		5:05.99	612				
	50m:	32.00	32.00	150m:	1:47.93	39.36	250m:	3:08.81	42.35	350m:	4:30.40	36.87
	100m:	1:08.57	36.57	200m:	2:26.46	38.53	300m:	3:53.53	44.72	400m:	5:05.99	35.59
22.	OSINIAK	Ewa	00	Olimpijczyk	23	Lublin	5:06.06	612				
	50m:	32.52	32.52	150m:	1:48.78	38.33	250m:	3:10.97	44.37	350m:	4:31.88	35.93
	100m:	1:10.45	37.93	200m:	2:26.60	37.82	300m:	3:55.95	44.98	400m:	5:06.06	34.18
23.	COCHÓR	Izabela	01	Ostrobramska	Warszawa		5:07.50	603				
	50m:	33.32	33.32	150m:	1:52.15	40.01	250m:	3:15.07	43.52	350m:	4:33.64	34.47
	100m:	1:12.14	38.82	200m:	2:31.55	39.40	300m:	3:59.17	44.10	400m:	5:07.50	33.86
24.	WIKIEŁ	aklina	00	Kormoran	Olsztyn		5:10.09	588				
	50m:	33.30	33.30	150m:	1:51.72	40.37	250m:	3:13.29	42.04	350m:	4:33.50	37.83
	100m:	1:11.35	38.05	200m:	2:31.25	39.53	300m:	3:55.67	42.38	400m:	5:10.09	36.59
25.	KOWALSKA	Dominika	00	Trójka	Łód		5:10.76	584				
	50m:	32.51	32.51	150m:	1:54.60	43.56	250m:	3:16.67	40.29	350m:	4:35.62	37.51
	100m:	1:11.04	38.53	200m:	2:36.38	41.78	300m:	3:58.11	41.44	400m:	5:10.76	35.14
26.	LITWIN	Andrea	01	Ikar	Mielec		5:13.72	568				
	50m:	32.42	32.42	150m:	1:51.12	40.83	250m:	3:15.47	44.26	350m:	4:37.61	36.36
	100m:	1:10.29	37.87	200m:	2:31.21	40.09	300m:	4:01.25	45.78	400m:	5:13.72	36.11
27.	SMOŁA	Monika	99	Delfin	Toru		5:15.23	560				
	50m:	32.96	32.96	150m:	1:53.82	42.59	250m:	3:19.76	44.72	350m:	4:40.86	35.92
	100m:	1:11.23	38.27	200m:	2:35.04	41.22	300m:	4:04.94	45.18	400m:	5:15.23	34.37
28.	KRÓL	Oliwia	99	Trójka	Łód		5:15.60	558				
	50m:	33.28	33.28	150m:	1:53.70	42.69	250m:	3:19.76	44.96	350m:	4:40.69	35.83
	100m:	1:11.01	37.73	200m:	2:34.80	41.10	300m:	4:04.86	45.10	400m:	5:15.60	34.91
29.	JU WICKA	Zuzanna	01	Trójka	Łód		5:21.77	526				
	50m:	32.57	32.57	150m:	1:53.90	41.84	250m:	3:23.48	47.84	350m:	4:46.82	36.06
	100m:	1:12.06	39.49	200m:	2:35.64	41.74	300m:	4:10.76	47.28	400m:	5:21.77	34.95
30.	HOJOŁ	Agata	01	SMS	Galicja	Kraków	5:25.08	510				
	50m:	32.66	32.66	150m:	1:52.69	41.90	250m:	3:20.04	46.93	350m:	4:47.81	38.63
	100m:	1:10.79	38.13	200m:	2:33.11	40.42	300m:	4:09.18	49.14	400m:	5:25.08	37.27
DYSKW.	W	GRZYNOWSKA	Aleksandra	01	I sk	Wrocław						O4
PK	BUKO	Martyna	02	Medyk	Gi	ycko	5:19.65	537				
	50m:	33.36	33.36	150m:	1:55.56	41.43	250m:	3:20.89	45.02	350m:	4:44.31	37.91
	100m:	1:14.13	40.77	200m:	2:35.87	40.31	300m:	4:06.40	45.51	400m:	5:19.65	35.34
PK	ZAR BA-PARADOWSKA	Julia	02	BUKS	Warszawa		5:17.55	548				
	50m:	33.96	33.96	150m:	1:53.70	40.96	250m:	3:18.87	44.82	350m:	4:41.66	37.56
	100m:	1:12.74	38.78	200m:	2:34.05	40.35	300m:	4:04.10	45.23	400m:	5:17.55	35.89