

Grand Prix Polski w Pływaniu Zawody Kwalifikacyjne do Mistrzostw Europy w Netanya
Pozna , 21- - 22-11-2015

Konkurencja 13
2015-11-21 - 17:24

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Minimum do Mistrzostw Europy w Netanya(ISR) Open: 4:09.30

Punkty: FINA 2015

Pozycja			Rok ur.						Czas	Pkt.	
1.	W	GROWSKI Marcel	99	Olimpijczyk Aleksandrów Łódzki					4:17.31	766	
	50m:	27.59 27.59	150m:	1:31.62	32.76	250m:	2:40.84	37.13	350m:	3:48.24	30.10
	100m:	58.86 31.27	200m:	2:03.71	32.09	300m:	3:18.14	37.30	400m:	4:17.31	29.07
2.	SZWEDZKI Dawid		94	I sk Wrocław					4:18.57	755	
	50m:	28.05 28.05	150m:	1:33.70	33.36	250m:	2:42.47	36.00	350m:	3:49.60	30.92
	100m:	1:00.34 32.29	200m:	2:06.47	32.77	300m:	3:18.68	36.21	400m:	4:18.57	28.97
3.	KUBKOWSKI Bartłomiej		95	Kormoran Olsztyn					4:18.66	754	
	50m:	28.53 28.53	150m:	1:34.60	34.06	250m:	2:43.19	35.69	350m:	3:49.91	30.42
	100m:	1:00.54 32.01	200m:	2:07.50	32.90	300m:	3:19.49	36.30	400m:	4:18.66	28.75
4.	WOJDAK Wojciech		96	Unia O wi cim					4:21.05	734	
	50m:	27.11 27.11	150m:	1:31.43	33.24	250m:	2:43.19	38.07	350m:	3:51.06	30.06
	100m:	58.19 31.08	200m:	2:05.12	33.69	300m:	3:21.00	37.81	400m:	4:21.05	29.99
5.	BUJAK Dominik		99	Salos-Cortile Kielce					4:21.59	729	
	50m:	27.92 27.92	150m:	1:33.74	33.17	250m:	2:43.62	37.27	350m:	3:51.79	30.31
	100m:	1:00.57 32.65	200m:	2:06.35	32.61	300m:	3:21.48	37.86	400m:	4:21.59	29.80
6.	DUBIEL Adam		93	AZS AWF Warszawa					4:22.65	720	
	50m:	28.35 28.35	150m:	1:33.65	32.91	250m:	2:44.31	38.18	350m:	3:52.69	30.31
	100m:	1:00.74 32.39	200m:	2:06.13	32.48	300m:	3:22.38	38.07	400m:	4:22.65	29.96
7.	URBA SKI Michał SB		97	Aqua Pi tnastka Bydgoszcz					4:23.69	712	
	50m:	28.49 28.49	150m:	1:36.49	35.62	250m:	2:46.53	35.59	350m:	3:53.75	30.66
	100m:	1:00.87 32.38	200m:	2:10.94	34.45	300m:	3:23.09	36.56	400m:	4:23.69	29.94
8.	CHMIELEWSKI Jakub		99	I sk Wrocław					4:26.28	691	
	50m:	28.81 28.81	150m:	1:35.21	33.85	250m:	2:46.83	38.75	350m:	3:56.84	31.18
	100m:	1:01.36 32.55	200m:	2:08.08	32.87	300m:	3:25.66	38.83	400m:	4:26.28	29.44
9.	SOBCZYK Maciej		95	AZS AGH Kraków					4:28.59	674	
	50m:	29.47 29.47	150m:	1:37.91	34.69	250m:	2:48.36	36.47	350m:	3:58.48	32.33
	100m:	1:03.22 33.75	200m:	2:11.89	33.98	300m:	3:26.15	37.79	400m:	4:28.59	30.11
10.	BAŁABUCH Krystian		95	AZS AGH Kraków					4:28.97	671	
	50m:	28.90 28.90	150m:	1:38.45	36.07	250m:	2:50.53	37.46	350m:	3:59.87	31.62
	100m:	1:02.38 33.48	200m:	2:13.07	34.62	300m:	3:28.25	37.72	400m:	4:28.97	29.10
11.	STEPIE Konrad		96	AZS AWF Warszawa					4:29.17	669	
	50m:	28.09 28.09	150m:	1:36.30	35.28	250m:	2:49.24	38.04	350m:	3:59.52	31.52
	100m:	1:01.02 32.93	200m:	2:11.20	34.90	300m:	3:28.00	38.76	400m:	4:29.17	29.65
12.	KŁOS Grzegorz		95	AZS AWF Katowice					4:29.72	665	
	50m:	29.17 29.17	150m:	1:37.37	34.82	250m:	2:49.68	37.66	350m:	3:59.67	31.36
	100m:	1:02.55 33.38	200m:	2:12.02	34.65	300m:	3:28.31	38.63	400m:	4:29.72	30.05
13.	GAWRON Oskar		99	I sk Wrocław					4:29.93	664	
	50m:	28.55 28.55	150m:	1:36.90	35.95	250m:	2:48.28	36.48	350m:	3:58.68	33.06
	100m:	1:00.95 32.40	200m:	2:11.80	34.90	300m:	3:25.62	37.34	400m:	4:29.93	31.25
14.	DOBRZY SKI Tomasz		98	G-8 Bielany Warszawa					4:30.22	661	
	50m:	28.55 28.55	150m:	1:38.30	36.38	250m:	2:51.84	38.39	350m:	4:01.43	31.43
	100m:	1:01.92 33.37	200m:	2:13.45	35.15	300m:	3:30.00	38.16	400m:	4:30.22	28.79
15.	ADAMCZYK PATRYK SSz		97	MKP Szczecin					4:30.40	660	
	50m:	28.30 28.30	150m:	1:36.76	34.76	250m:	2:50.29	38.90	350m:	4:00.67	31.69
	100m:	1:02.00 33.70	200m:	2:11.39	34.63	300m:	3:28.98	38.69	400m:	4:30.40	29.73
16.	NIEDZIAŁEK Dominik		98	Skarpa Lublin					4:30.46	660	
	50m:	28.48 28.48	150m:	1:37.07	35.22	250m:	2:50.15	39.08	350m:	4:00.96	31.20
	100m:	1:01.85 33.37	200m:	2:11.07	34.00	300m:	3:29.76	39.61	400m:	4:30.46	29.50
17.	PIETRZAK DAWID SSz		97	MKP Szczecin					4:30.71	658	
	50m:	28.75 28.75	150m:	1:36.89	35.62	250m:	2:49.63	38.82	350m:	4:00.43	31.94
	100m:	1:01.27 32.52	200m:	2:10.81	33.92	300m:	3:28.49	38.86	400m:	4:30.71	30.28

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Pozycja			Rok ur.					Czas	Pkt.
18.	CZARNOTA Mateusz		91	Unia O wi cim				4:32.42	646
	50m: 29.10	29.10	150m: 1:39.16	36.20	250m: 2:51.73	37.71	350m: 4:01.93	31.22	
	100m: 1:02.96	33.86	200m: 2:14.02	34.86	300m: 3:30.71	38.98	400m: 4:32.42	30.49	
19.	KOZIEJKO Bartłomiej		00	Kormoran Olsztyn				4:33.53	638
	50m: 29.95	29.95	150m: 1:40.05	36.56	250m: 2:53.56	37.79	350m: 4:03.91	31.77	
	100m: 1:03.49	33.54	200m: 2:15.77	35.72	300m: 3:32.14	38.58	400m: 4:33.53	29.62	
20.	DANILEWSKI Maciej SOL		98	Juvenia Białystok				4:33.98	635
	50m: 29.45	29.45	150m: 1:39.04	35.54	250m: 2:53.02	39.81	350m: 4:04.15	31.41	
	100m: 1:03.50	34.05	200m: 2:13.21	34.17	300m: 3:32.74	39.72	400m: 4:33.98	29.83	
21.	OLENDER Karol		96	MKP Gda sk				4:35.34	625
	50m: 29.30	29.30	150m: 1:39.04	36.00	250m: 2:54.72	39.88	350m: 4:05.38	30.07	
	100m: 1:03.04	33.74	200m: 2:14.84	35.80	300m: 3:35.31	40.59	400m: 4:35.34	29.96	
22.	KURLETO Piotr		00	Korona Kraków				4:35.72	623
	50m: 29.53	29.53	150m: 1:38.85	35.73	250m: 2:53.15	38.74	350m: 4:04.38	32.85	
	100m: 1:03.12	33.59	200m: 2:14.41	35.56	300m: 3:31.53	38.38	400m: 4:35.72	31.34	
23.	BODZIOCH ANDRZEJ SSz		98	MKP Szczecin				4:36.49	617
	50m: 29.76	29.76	150m: 1:39.52	35.03	250m: 2:53.24	39.19	350m: 4:05.03	32.44	
	100m: 1:04.49	34.73	200m: 2:14.05	34.53	300m: 3:32.59	39.35	400m: 4:36.49	31.46	
24.	LITWA Krzysztof		96	AZS AGH Kraków				4:37.17	613
	50m: 29.31	29.31	150m: 1:39.97	36.52	250m: 2:55.04	38.36	350m: 4:06.88	31.60	
	100m: 1:03.45	34.14	200m: 2:16.68	36.71	300m: 3:35.28	40.24	400m: 4:37.17	30.29	
25.	STEC ADAM SSz		97	MKP Szczecin				4:37.50	611
	50m: 30.05	30.05	150m: 1:39.59	34.98	250m: 2:53.30	39.49	350m: 4:06.23	32.24	
	100m: 1:04.61	34.56	200m: 2:13.81	34.22	300m: 3:33.99	40.69	400m: 4:37.50	31.27	
26.	GIERSZEWSKI Jan		98	Aqua Pi tnastka Bydgoszcz				4:38.24	606
	50m: 28.87	28.87	150m: 1:37.58	35.85	250m: 2:53.61	40.07	350m: 4:07.06	32.49	
	100m: 1:01.73	32.86	200m: 2:13.54	35.96	300m: 3:34.57	40.96	400m: 4:38.24	31.18	
27.	MA KA Filip		00	190 Łód				4:38.90	602
	50m: 30.15	30.15	150m: 1:39.31	35.39	250m: 2:54.19	39.44	350m: 4:07.33	32.96	
	100m: 1:03.92	33.77	200m: 2:14.75	35.44	300m: 3:34.37	40.18	400m: 4:38.90	31.57	
28.	SZOŁOCH Andrzej		96	MKP Gda sk				4:41.77	583
	50m: 29.24	29.24	150m: 1:40.88	37.20	250m: 2:57.83	40.81	350m: 4:11.53	32.83	
	100m: 1:03.68	34.44	200m: 2:17.02	36.14	300m: 3:38.70	40.87	400m: 4:41.77	30.24	
29.	KUBIAK Bartłomiej		99	Włóknierz 1925 Kalisz				4:42.37	580
	50m: 29.17	29.17	150m: 1:40.10	36.87	250m: 2:55.02	39.43	350m: 4:10.26	34.06	
	100m: 1:03.23	34.06	200m: 2:15.59	35.49	300m: 3:36.20	41.18	400m: 4:42.37	32.11	
30.	LENARTOWICZ Kacper		99	IKS Konstancin				4:43.07	575
	50m: 29.50	29.50	150m: 1:40.71	36.91	250m: 2:58.31	41.36	350m: 4:11.82	31.89	
	100m: 1:03.80	34.30	200m: 2:16.95	36.24	300m: 3:39.93	41.62	400m: 4:43.07	31.25	
31.	WARZOCHA Albert		01	Warta Pozna				4:44.54	566
	50m: 29.94	29.94	150m: 1:43.63	38.34	250m: 2:59.43	39.89	350m: 4:12.86	33.38	
	100m: 1:05.29	35.35	200m: 2:19.54	35.91	300m: 3:39.48	40.05	400m: 4:44.54	31.68	
32.	WALASZEK J drzej SOL		98	Kormoran Olsztyn				4:45.06	563
	50m: 29.82	29.82	150m: 1:44.69	39.48	250m: 3:01.75	38.41	350m: 4:13.55	33.50	
	100m: 1:05.21	35.39	200m: 2:23.34	38.65	300m: 3:40.05	38.30	400m: 4:45.06	31.51	
33.	RAMA Gabriel SP		99	Warta Pozna				4:45.31	562
	50m: 29.07	29.07	150m: 1:39.49	36.49	250m: 2:57.55	42.28	350m: 4:13.30	32.50	
	100m: 1:03.00	33.93	200m: 2:15.27	35.78	300m: 3:40.80	43.25	400m: 4:45.31	32.01	
34.	BARUSI SKI Kordian		01	Korona-Swim Kielce				4:45.50	561
	50m: 30.75	30.75	150m: 1:40.79	35.26	250m: 2:57.52	40.82	350m: 4:12.67	33.88	
	100m: 1:05.53	34.78	200m: 2:16.70	35.91	300m: 3:38.79	41.27	400m: 4:45.50	32.83	
35.	ADAMCZAK Jakub		01	Shark Rudna				4:46.26	556
	50m: 31.67	31.67	150m: 1:46.73	37.70	250m: 3:01.47	37.77	350m: 4:13.84	33.53	
	100m: 1:09.03	37.36	200m: 2:23.70	36.97	300m: 3:40.31	38.84	400m: 4:46.26	32.42	

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Pozycja					Rok ur.					Czas	Pkt.	
36.	DEMBSKI Patryk				99	Aqua Pi tnastka Bydgoszcz				4:46.57	554	
	50m:	28.69	28.69	150m:	1:39.05	37.35	250m:	2:56.46	41.44	350m:	4:12.93	34.12
	100m:	1:01.70	33.01	200m:	2:15.02	35.97	300m:	3:38.81	42.35	400m:	4:46.57	33.64
37.	KARKUT Kamil				96	AZS AGH Kraków				4:47.37	550	
	50m:	30.68	30.68	150m:	1:42.55	36.61	250m:	2:59.19	40.97	350m:	4:15.59	34.79
	100m:	1:05.94	35.26	200m:	2:18.22	35.67	300m:	3:40.80	41.61	400m:	4:47.37	31.78
38.	DOMA SKI Kamil				00	Olimpijczyk Aleksandrów Łódzki				4:47.56	549	
	50m:	30.54	30.54	150m:	1:41.64	36.04	250m:	2:58.94	41.48	350m:	4:15.62	34.21
	100m:	1:05.60	35.06	200m:	2:17.46	35.82	300m:	3:41.41	42.47	400m:	4:47.56	31.94
39.	FIKS Krzysztof				00	190 Łód				4:49.16	540	
	50m:	30.42	30.42	150m:	1:43.41	38.18	250m:	3:02.22	42.11	350m:	4:18.69	33.96
	100m:	1:05.23	34.81	200m:	2:20.11	36.70	300m:	3:44.73	42.51	400m:	4:49.16	30.47
40.	BRODOWSKI Jakub				97	Słowianka Gorzów Wielkopolski				4:51.94	524	
	50m:	29.59	29.59	150m:	1:40.88	37.08	250m:	2:59.50	42.12	350m:	4:17.94	34.18
	100m:	1:03.80	34.21	200m:	2:17.38	36.50	300m:	3:43.76	44.26	400m:	4:51.94	34.00
41.	WIATR Krzysztof				00	IKS Konstancin				4:53.64	515	
	50m:	31.59	31.59	150m:	1:47.99	39.20	250m:	3:05.83	39.63	350m:	4:20.68	34.90
	100m:	1:08.79	37.20	200m:	2:26.20	38.21	300m:	3:45.78	39.95	400m:	4:53.64	32.96
42.	ZAREMBA Jakub				01	I sk Wrocław				4:56.33	501	
	50m:	31.60	31.60	150m:	1:45.76	38.18	250m:	3:05.45	41.65	350m:	4:23.00	34.72
	100m:	1:07.58	35.98	200m:	2:23.80	38.04	300m:	3:48.28	42.83	400m:	4:56.33	33.33
43.	PAJ K Bartosz				01	BUKS Warszawa				4:56.50	501	
	50m:	30.41	30.41	150m:	1:45.18	37.86	250m:	3:06.35	43.65	350m:	4:24.18	34.17
	100m:	1:07.32	36.91	200m:	2:22.70	37.52	300m:	3:50.01	43.66	400m:	4:56.50	32.32
44.	PRÓSZY SKI Igor				99	Fala Krasnik				4:56.97	498	
	50m:	32.09	32.09	150m:	1:48.47	39.61	250m:	3:08.42	42.50	350m:	4:25.03	33.75
	100m:	1:08.86	36.77	200m:	2:25.92	37.45	300m:	3:51.28	42.86	400m:	4:56.97	31.94
45.	HAŁADAJ Dawid				01	Iskra Konin				4:58.48	491	
	50m:	30.19	30.19	150m:	1:45.80	39.81	250m:	3:08.59	44.22	350m:	4:26.60	34.38
	100m:	1:05.99	35.80	200m:	2:24.37	38.57	300m:	3:52.22	43.63	400m:	4:58.48	31.88
46.	RYBARCZYK Adam				00	IKS Konstancin				4:58.79	489	
	50m:	30.56	30.56	150m:	1:47.23	39.59	250m:	3:07.25	41.64	350m:	4:25.10	34.62
	100m:	1:07.64	37.08	200m:	2:25.61	38.38	300m:	3:50.48	43.23	400m:	4:58.79	33.69
47.	KOWALSKI Kacper				01	Gim 92 Ursynów Warszawa				4:59.81	484	
	50m:	31.89	31.89	150m:	1:46.01	37.12	250m:	3:05.74	44.05	350m:	4:25.88	35.64
	100m:	1:08.89	37.00	200m:	2:21.69	35.68	300m:	3:50.24	44.50	400m:	4:59.81	33.93
48.	DUBIEL Kornel				01	abianka Gda sk				5:00.78	479	
	50m:	33.10	33.10	150m:	1:45.79	35.37	250m:	3:05.35	43.55	350m:	4:25.98	35.75
	100m:	1:10.42	37.32	200m:	2:21.80	36.01	300m:	3:50.23	44.88	400m:	5:00.78	34.80
49.	KOWALSKI Rafał				00	Stilon Gorzów Wlkp.				5:01.11	478	
	50m:	30.36	30.36	150m:	1:47.07	40.50	250m:	3:08.59	42.33	350m:	4:26.87	35.28
	100m:	1:06.57	36.21	200m:	2:26.26	39.19	300m:	3:51.59	43.00	400m:	5:01.11	34.24
50.	D BROWSKI Mateusz				00	Warta Pozna				5:02.59	471	
	50m:	33.30	33.30	150m:	1:50.37	39.13	250m:	3:11.40	42.73	350m:	4:28.80	34.72
	100m:	1:11.24	37.94	200m:	2:28.67	38.30	300m:	3:54.08	42.68	400m:	5:02.59	33.79
51.	GREBER Artur				01	I sk Wrocław				5:06.08	455	
	50m:	31.29	31.29	150m:	1:51.16	41.90	250m:	3:13.97	42.31	350m:	4:32.40	35.73
	100m:	1:09.26	37.97	200m:	2:31.66	40.50	300m:	3:56.67	42.70	400m:	5:06.08	33.68
52.	GRZEMSKI Kamil				01	Nielba W growiec				5:08.21	446	
	50m:	30.97	30.97	150m:	1:50.50	41.48	250m:	3:13.19	44.12	350m:	4:34.56	36.30
	100m:	1:09.02	38.05	200m:	2:29.07	38.57	300m:	3:58.26	45.07	400m:	5:08.21	33.65
53.	SOLARSKI Antoni				01	KP Koziegłowy				5:08.71	443	
	50m:	33.37	33.37	150m:	1:53.73	41.26	250m:	3:15.68	42.11	350m:	4:35.03	36.09
	100m:	1:12.47	39.10	200m:	2:33.57	39.84	300m:	3:58.94	43.26	400m:	5:08.71	33.68

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Pozycja				Rok ur.					Czas	Pkt.		
54.	KULESZKO Mikołaj			98	Delfin Toru				5:14.92	418		
	50m:	30.97	30.97	150m:	1:47.89	41.21	250m:	3:11.28	43.02	350m:	4:35.68	39.64
	100m:	1:06.68	35.71	200m:	2:28.26	40.37	300m:	3:56.04	44.76	400m:	5:14.92	39.24
55.	KOSTYK Teodor			00	City Zen Pozna				5:27.11	373		
	50m:	35.93	35.93	150m:	2:00.27	42.30	250m:	3:27.45	46.41	350m:	4:51.40	38.02
	100m:	1:17.97	42.04	200m:	2:41.04	40.77	300m:	4:13.38	45.93	400m:	5:27.11	35.71
DYSKW.	G SIOR Patryk			94	AZS AWF Warszawa							K14