

Grand Prix Polski w Pływaniu Zawody Kwalifikacyjne do Mistrzostw Europy w Netanya
Pozna , 21- - 22-11-2015

Konkurencja 33 Kobiet, 400m dowolny 14 lat i starsi
2015-11-22 - 12:36 Wyniki

Minimum do Mistrzostw Europy w Netanya(ISR) Open: 4:03.35

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
1.	UKOWSKA Paula		93	Juvenia Wrocław				4:10.63	819
	50m:	29.70 29.70	150m:	1:33.12 31.73	250m:	2:35.98 31.30	350m:	3:39.23 31.78	
	100m:	1:01.39 31.69	200m:	2:04.68 31.56	300m:	3:07.45 31.47	400m:	4:10.63 31.40	
2.	CZERNIAK Monika		92	Kormoran Olsztyn				4:11.23	813
	50m:	29.81 29.81	150m:	1:33.36 31.71	250m:	2:36.97 31.63	350m:	3:40.35 31.66	
	100m:	1:01.65 31.84	200m:	2:05.34 31.98	300m:	3:08.69 31.72	400m:	4:11.23 30.88	
3.	KUNKA Kamila		96	AZS AGH Kraków				4:13.51	791
	50m:	29.64 29.64	150m:	1:34.04 32.09	250m:	2:38.79 32.45	350m:	3:42.82 31.86	
	100m:	1:01.95 32.31	200m:	2:06.34 32.30	300m:	3:10.96 32.17	400m:	4:13.51 30.69	
4.	PIECHOTA Paulina		99	190 Łódź				4:14.57	781
	50m:	30.14 30.14	150m:	1:34.43 32.17	250m:	2:38.84 32.18	350m:	3:43.48 32.42	
	100m:	1:02.26 32.12	200m:	2:06.66 32.23	300m:	3:11.06 32.22	400m:	4:14.57 31.09	
5.	JANKOWSKA Klaudia		98	Gim 92 Ursynów Warszawa				4:17.75	753
	50m:	29.94 29.94	150m:	1:35.18 32.37	250m:	2:39.63 32.27	350m:	3:45.69 33.21	
	100m:	1:02.81 32.87	200m:	2:07.36 32.18	300m:	3:12.48 32.85	400m:	4:17.75 32.06	
6.	KARPISZ Milena		97	Pi tka Konstantynów Łódzki				4:17.79	752
	50m:	30.66 30.66	150m:	1:35.16 32.19	250m:	2:40.48 32.68	350m:	3:45.69 32.61	
	100m:	1:02.97 32.31	200m:	2:07.80 32.64	300m:	3:13.08 32.60	400m:	4:17.79 32.10	
7.	ROMAN Magdalena		99	G-8 Bielany Warszawa				4:22.83	710
	50m:	31.09 31.09	150m:	1:39.56 34.53	250m:	2:46.78 32.56	350m:	3:51.83 32.27	
	100m:	1:05.03 33.94	200m:	2:14.22 34.66	300m:	3:19.56 32.78	400m:	4:22.83 31.00	
8.	BAKUNIAK HANNA SSz		96	MKP Szczecin				4:22.95	709
	50m:	30.85 30.85	150m:	1:37.88 33.54	250m:	2:44.83 33.29	350m:	3:51.29 33.34	
	100m:	1:04.34 33.49	200m:	2:11.54 33.66	300m:	3:17.95 33.12	400m:	4:22.95 31.66	
9.	ADAMCZYK Julia		99	Lublinianka Lublin				4:23.09	708
	50m:	30.71 30.71	150m:	1:37.20 33.47	250m:	2:44.21 33.55	350m:	3:50.95 33.16	
	100m:	1:03.73 33.02	200m:	2:10.66 33.46	300m:	3:17.79 33.58	400m:	4:23.09 32.14	
10.	BARYŁA Julia		00	Dwójka Morena Gda sk				4:25.35	690
	50m:	30.76 30.76	150m:	1:37.41 33.38	250m:	2:45.06 33.74	350m:	3:53.10 33.79	
	100m:	1:04.03 33.27	200m:	2:11.32 33.91	300m:	3:19.31 34.25	400m:	4:25.35 32.25	
11.	CIE LAK Joanna		96	Warta Pozna				4:25.38	690
	50m:	29.92 29.92	150m:	1:36.22 33.33	250m:	2:43.70 33.91	350m:	3:52.99 34.90	
	100m:	1:02.89 32.97	200m:	2:09.79 33.57	300m:	3:18.09 34.39	400m:	4:25.38 32.39	
12.	MARGULA WERONIKA SSz		00	MKP Szczecin				4:26.48	681
	50m:	31.36 31.36	150m:	1:38.34 33.57	250m:	2:45.97 33.84	350m:	3:53.54 33.74	
	100m:	1:04.77 33.41	200m:	2:12.13 33.79	300m:	3:19.80 33.83	400m:	4:26.48 32.94	
13.	KOSSAKOWSKA Dominika		01	GTSiK SiKReT Gliwice				4:26.66	680
	50m:	30.88 30.88	150m:	1:39.40 34.47	250m:	2:46.70 33.19	350m:	3:54.42 33.94	
	100m:	1:04.93 34.05	200m:	2:13.51 34.11	300m:	3:20.48 33.78	400m:	4:26.66 32.24	
14.	ZABOROWICZ Julia		01	Górnik Sosnowiec				4:27.41	674
	50m:	31.00 31.00	150m:	1:39.75 34.69	250m:	2:48.28 34.09	350m:	3:56.50 33.99	
	100m:	1:05.06 34.06	200m:	2:14.19 34.44	300m:	3:22.51 34.23	400m:	4:27.41 30.91	
15.	KLONOWSKA Julia		00	Dwójka Morena Gda sk				4:27.72	672
	50m:	30.88 30.88	150m:	1:40.08 34.66	250m:	2:48.10 33.66	350m:	3:55.47 33.39	
	100m:	1:05.42 34.54	200m:	2:14.44 34.36	300m:	3:22.08 33.98	400m:	4:27.72 32.25	
16.	POGORZELSKA Inez		00	GOS Raszyn				4:27.89	670
	50m:	30.20 30.20	150m:	1:38.94 34.62	250m:	2:47.59 34.01	350m:	3:55.95 33.95	
	100m:	1:04.32 34.12	200m:	2:13.58 34.64	300m:	3:22.00 34.41	400m:	4:27.89 31.94	
17.	CZARNECKA Wiktoria		99	Skarpa Lublin				4:28.81	664
	50m:	30.69 30.69	150m:	1:38.01 33.70	250m:	2:46.54 34.23	350m:	3:55.43 34.34	
	100m:	1:04.31 33.62	200m:	2:12.31 34.30	300m:	3:21.09 34.55	400m:	4:28.81 33.38	

Grand Prix Polski w Pływaniu Zawody Kwalifikacyjne do Mistrzostw Europy w Netanya
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Pozycja			Rok ur.					Czas	Pkt.
18.	PECYNA Michalina		00	IKS Konstancin				4:29.22	661
	50m: 30.61	30.61	150m: 1:38.05	34.08	250m: 2:47.13	34.52	350m: 3:55.95	34.21	
	100m: 1:03.97	33.36	200m: 2:12.61	34.56	300m: 3:21.74	34.61	400m: 4:29.22	33.27	
19.	ZROBEK Natalia		99	Jedynka Łód				4:29.67	657
	50m: 29.83	29.83	150m: 1:37.91	34.43	250m: 2:46.94	34.63	350m: 3:56.59	34.84	
	100m: 1:03.48	33.65	200m: 2:12.31	34.40	300m: 3:21.75	34.81	400m: 4:29.67	33.08	
20.	SZATANEK Julia		99	MKP Szczecin				4:31.24	646
	50m: 30.35	30.35	150m: 1:38.33	34.14	250m: 2:47.44	34.77	350m: 3:57.03	34.73	
	100m: 1:04.19	33.84	200m: 2:12.67	34.34	300m: 3:22.30	34.86	400m: 4:31.24	34.21	
21.	ZYGO Karolina		96	OLIMPIA Lublin				4:31.71	643
	50m: 31.78	31.78	150m: 1:39.53	34.07	250m: 2:47.77	34.41	350m: 3:56.76	35.04	
	100m: 1:05.46	33.68	200m: 2:13.36	33.83	300m: 3:21.72	33.95	400m: 4:31.71	34.95	
22.	GRZEGORCZYK Izabella		93	Warta Pozna				4:31.78	642
	50m: 30.75	30.75	150m: 1:38.81	34.39	250m: 2:48.07	34.55	350m: 3:57.74	34.81	
	100m: 1:04.42	33.67	200m: 2:13.52	34.71	300m: 3:22.93	34.86	400m: 4:31.78	34.04	
23.	NITA Daria		01	Korona Kraków				4:31.95	641
	50m: 32.20	32.20	150m: 1:42.00	34.95	250m: 2:51.82	34.60	350m: 4:00.11	33.89	
	100m: 1:07.05	34.85	200m: 2:17.22	35.22	300m: 3:26.22	34.40	400m: 4:31.95	31.84	
24.	ZADUMI SKA Weronika		99	AZS AWF Warszawa				4:32.80	635
	50m: 31.79	31.79	150m: 1:40.04	34.27	250m: 2:49.19	34.64	350m: 3:58.91	34.75	
	100m: 1:05.77	33.98	200m: 2:14.55	34.51	300m: 3:24.16	34.97	400m: 4:32.80	33.89	
25.	NIEWIADOMSKA Adrianna		99	GOS Raszyn				4:32.86	634
	50m: 31.20	31.20	150m: 1:40.51	35.02	250m: 2:50.06	34.57	350m: 4:00.13	35.23	
	100m: 1:05.49	34.29	200m: 2:15.49	34.98	300m: 3:24.90	34.84	400m: 4:32.86	32.73	
26.	BOCHENEK Anna		01	Skalar Warszawa				4:33.93	627
	50m: 31.20	31.20	150m: 1:39.65	34.54	250m: 2:49.31	34.75	350m: 3:59.44	35.19	
	100m: 1:05.11	33.91	200m: 2:14.56	34.91	300m: 3:24.25	34.94	400m: 4:33.93	34.49	
27.	WARDZI SKA Martyna		98	Trójka Łód				4:34.57	623
	50m: 31.38	31.38	150m: 1:40.59	34.77	250m: 2:50.27	34.85	350m: 4:00.74	35.22	
	100m: 1:05.82	34.44	200m: 2:15.42	34.83	300m: 3:25.52	35.25	400m: 4:34.57	33.83	
28.	W CŁAWIAK Irena		98	Gim 92 Ursynów Warszawa				4:34.66	622
	50m: 30.98	30.98	150m: 1:39.26	34.85	250m: 2:49.93	35.31	350m: 4:00.61	35.20	
	100m: 1:04.41	33.43	200m: 2:14.62	35.36	300m: 3:25.41	35.48	400m: 4:34.66	34.05	
29.	KLESSA HELENA SSz		00	MKP Szczecin				4:36.76	608
	50m: 31.62	31.62	150m: 1:41.24	35.05	250m: 2:51.55	35.01	350m: 4:02.10	35.36	
	100m: 1:06.19	34.57	200m: 2:16.54	35.30	300m: 3:26.74	35.19	400m: 4:36.76	34.66	
30.	BŁA YCZEK Klaudia		00	Astromal Akwawit Leszno				4:37.69	602
	50m: 31.28	31.28	150m: 1:42.07	35.72	250m: 2:53.09	35.38	350m: 4:04.28	35.47	
	100m: 1:06.35	35.07	200m: 2:17.71	35.64	300m: 3:28.81	35.72	400m: 4:37.69	33.41	
31.	JU WICKA Zuzanna		01	Trójka Łód				4:38.13	599
	50m: 31.31	31.31	150m: 1:40.99	35.15	250m: 2:52.38	35.79	350m: 4:04.13	35.86	
	100m: 1:05.84	34.53	200m: 2:16.59	35.60	300m: 3:28.27	35.89	400m: 4:38.13	34.00	
32.	BEDNAREK Aleksandra		98	Jedynka Łód				4:38.28	598
	50m: 32.30	32.30	150m: 1:42.03	35.41	250m: 2:52.84	35.35	350m: 4:03.84	35.35	
	100m: 1:06.62	34.32	200m: 2:17.49	35.46	300m: 3:28.49	35.65	400m: 4:38.28	34.44	
33.	WAWRZYNKIEWICZ Wiktoria		99	oliborz Warszawa				4:39.01	593
	50m: 32.31	32.31	150m: 1:42.65	35.09	250m: 2:53.95	35.56	350m: 4:05.47	35.48	
	100m: 1:07.56	35.25	200m: 2:18.39	35.74	300m: 3:29.99	36.04	400m: 4:39.01	33.54	
34.	POKRYWKA Karolina		98	Trójka Łód				4:40.80	582
	50m: 32.21	32.21	150m: 1:41.52	35.09	250m: 2:52.29	35.47	350m: 4:04.99	36.36	
	100m: 1:06.43	34.22	200m: 2:16.82	35.30	300m: 3:28.63	36.34	400m: 4:40.80	35.81	
35.	REKS Aleksandra		00	G-8 Bielany Warszawa				4:40.84	582
	50m: 31.25	31.25	150m: 1:39.58	34.77	250m: 2:51.69	36.24	350m: 4:05.16	36.40	
	100m: 1:04.81	33.56	200m: 2:15.45	35.87	300m: 3:28.76	37.07	400m: 4:40.84	35.68	

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Pozycja					Rok ur.					Czas	Pkt.	
36.	GAWLICKA Maja				98	Korner Zielona Góra				4:41.08	580	
	50m:	32.52	32.52	150m:	1:42.80	35.14	250m:	2:54.40	35.94	350m:	4:05.89	35.50
	100m:	1:07.66	35.14	200m:	2:18.46	35.66	300m:	3:30.39	35.99	400m:	4:41.08	35.19
	SOKÓŁ Zuzanna				01	IKS Konstancin				4:41.08	580	
	50m:	32.10	32.10	150m:	1:43.64	35.94	250m:	2:54.98	35.49	350m:	4:06.67	35.90
	100m:	1:07.70	35.60	200m:	2:19.49	35.85	300m:	3:30.77	35.79	400m:	4:41.08	34.41
38.	SKOWRO SKA Wiktoria				01	Słowianka Gorzów Wielkopolski				4:41.18	580	
	50m:	31.23	31.23	150m:	1:41.00	34.59	250m:	2:52.54	35.67	350m:	4:05.52	36.67
	100m:	1:06.41	35.18	200m:	2:16.87	35.87	300m:	3:28.85	36.31	400m:	4:41.18	35.66
39.	OLEBA MAŁGORZATA SSz				98	MKP Szczecin				4:41.33	579	
	50m:	34.12	34.12	150m:	1:44.98	34.89	250m:	2:55.67	35.33	350m:	4:06.85	36.02
	100m:	1:10.09	35.97	200m:	2:20.34	35.36	300m:	3:30.83	35.16	400m:	4:41.33	34.48
40.	WI NIEWSKA Barbara				00	oliborz Warszawa				4:41.34	579	
	50m:	32.12	32.12	150m:	1:42.83	35.50	250m:	2:55.06	36.19	350m:	4:07.20	36.12
	100m:	1:07.33	35.21	200m:	2:18.87	36.04	300m:	3:31.08	36.02	400m:	4:41.34	34.14
41.	GOŁ BIEWSKA Dominika				01	Gim 92 Ursynów Warszawa				4:41.35	579	
	50m:	32.13	32.13	150m:	1:43.22	35.78	250m:	2:55.09	35.93	350m:	4:07.20	35.81
	100m:	1:07.44	35.31	200m:	2:19.16	35.94	300m:	3:31.39	36.30	400m:	4:41.35	34.15
42.	DUDEK Aleksandra SB				01	Aqua Pi tnastka Bydgoszcz				4:41.46	578	
	50m:	30.58	30.58	150m:	1:41.96	36.04	250m:	2:54.24	36.41	350m:	4:06.88	36.24
	100m:	1:05.92	35.34	200m:	2:17.83	35.87	300m:	3:30.64	36.40	400m:	4:41.46	34.58
43.	BŁAJET Oliwia				00	Warta Pozna				4:41.88	575	
	50m:	32.03	32.03	150m:	1:43.18	35.80	250m:	2:54.67	35.75	350m:	4:06.39	35.82
	100m:	1:07.38	35.35	200m:	2:18.92	35.74	300m:	3:30.57	35.90	400m:	4:41.88	35.49
44.	REDNER Sandra				99	Trójka Łód				4:42.21	573	
	50m:	32.64	32.64	150m:	1:43.30	35.51	250m:	2:54.92	35.50	350m:	4:06.63	36.06
	100m:	1:07.79	35.15	200m:	2:19.42	36.12	300m:	3:30.57	35.65	400m:	4:42.21	35.58
45.	JAWORSKA Marcelina				00	MKS Piaseczno				4:42.28	573	
	50m:	32.15	32.15	150m:	1:42.67	35.74	250m:	2:54.62	35.79	350m:	4:07.53	36.54
	100m:	1:06.93	34.78	200m:	2:18.83	36.16	300m:	3:30.99	36.37	400m:	4:42.28	34.75
46.	W GRZYNOWSKA Aleksandra				01	I sk Wrocław				4:42.48	572	
	50m:	30.99	30.99	150m:	1:41.33	35.66	250m:	2:53.62	36.20	350m:	4:06.65	36.56
	100m:	1:05.67	34.68	200m:	2:17.42	36.09	300m:	3:30.09	36.47	400m:	4:42.48	35.83
47.	WIKIEŁ aklina				00	Kormoran Olsztyn				4:42.55	571	
	50m:	32.95	32.95	150m:	1:44.14	35.66	250m:	2:55.25	35.42	350m:	4:06.92	36.01
	100m:	1:08.48	35.53	200m:	2:19.83	35.69	300m:	3:30.91	35.66	400m:	4:42.55	35.63
48.	JANCZAK PATRYCJA SSz				00	MKP Szczecin				4:43.06	568	
	50m:	32.19	32.19	150m:	1:43.21	35.80	250m:	2:55.32	35.96	350m:	4:07.36	35.80
	100m:	1:07.41	35.22	200m:	2:19.36	36.15	300m:	3:31.56	36.24	400m:	4:43.06	35.70
49.	CHODYNA Kinga				00	Kormoran Olsztyn				4:43.09	568	
	50m:	32.21	32.21	150m:	1:44.14	35.99	250m:	2:55.29	35.52	350m:	4:07.40	36.35
	100m:	1:08.15	35.94	200m:	2:19.77	35.63	300m:	3:31.05	35.76	400m:	4:43.09	35.69
50.	ŁYSAKOWSKA Julia				01	Lublinianka Lublin				4:43.45	566	
	50m:	32.83	32.83	150m:	1:44.47	35.84	250m:	2:56.90	35.86	350m:	4:08.27	35.92
	100m:	1:08.63	35.80	200m:	2:21.04	36.57	300m:	3:32.35	35.45	400m:	4:43.45	35.18
51.	WŁODARCZYK Agnieszka				01	Nielba W growiec				4:43.50	566	
	50m:	32.03	32.03	150m:	1:42.93	36.24	250m:	2:56.10	36.50	350m:	4:09.38	36.99
	100m:	1:06.69	34.66	200m:	2:19.60	36.67	300m:	3:32.39	36.29	400m:	4:43.50	34.12
52.	BALCER Julia				01	190 Łód				4:45.65	553	
	50m:	32.36	32.36	150m:	1:45.13	36.57	250m:	2:57.53	36.25	350m:	4:10.84	36.55
	100m:	1:08.56	36.20	200m:	2:21.28	36.15	300m:	3:34.29	36.76	400m:	4:45.65	34.81
53.	PIPCZY SKA Kamila				00	WP Warszawianka				4:46.31	549	
	50m:	31.39	31.39	150m:	1:43.46	36.65	250m:	2:57.08	36.79	350m:	4:10.50	36.69
	100m:	1:06.81	35.42	200m:	2:20.29	36.83	300m:	3:33.81	36.73	400m:	4:46.31	35.81

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Pozycja			Rok ur.					Czas	Pkt.
54.	ABRAMOWICZ Julia		00	IKS Konstancin				4:46.38	549
	50m: 30.79	30.79	150m: 1:42.27	36.10	250m: 2:55.70	36.84	350m: 4:08.09	35.94	
	100m: 1:06.17	35.38	200m: 2:18.86	36.59	300m: 3:32.15	36.45	400m: 4:46.38	38.29	
55.	ROTTER Zuzanna		97	Jedynka Kórnik				4:47.09	545
	50m: 33.03	33.03	150m: 1:45.10	36.27	250m: 2:58.19	36.41	350m: 4:11.33	36.55	
	100m: 1:08.83	35.80	200m: 2:21.78	36.68	300m: 3:34.78	36.59	400m: 4:47.09	35.76	
56.	A CIUKIEWICZ Marta		00	MKP Kołobrzeg				4:47.95	540
	50m: 32.72	32.72	150m: 1:45.84	37.07	250m: 2:59.71	37.07	350m: 4:12.77	36.25	
	100m: 1:08.77	36.05	200m: 2:22.64	36.80	300m: 3:36.52	36.81	400m: 4:47.95	35.18	
57.	KROMOLICKA Wiktoria		00	Warta Pozna				4:48.29	538
	50m: 32.04	32.04	150m: 1:43.71	36.20	250m: 2:57.38	36.86	350m: 4:11.75	37.15	
	100m: 1:07.51	35.47	200m: 2:20.52	36.81	300m: 3:34.60	37.22	400m: 4:48.29	36.54	
58.	LEWANDOWICZ Natalia, SG		00	abianka Gda sk				4:48.78	535
	50m: 33.40	33.40	150m: 1:46.43	36.63	250m: 2:59.84	36.78	350m: 4:12.88	36.31	
	100m: 1:09.80	36.40	200m: 2:23.06	36.63	300m: 3:36.57	36.73	400m: 4:48.78	35.90	
59.	ŁUSZCZY SKA Natalia		01	Dwójka Morena Gda sk				4:49.68	530
	50m: 33.05	33.05	150m: 1:44.66	36.29	250m: 2:58.17	36.64	350m: 4:13.12	37.84	
	100m: 1:08.37	35.32	200m: 2:21.53	36.87	300m: 3:35.28	37.11	400m: 4:49.68	36.56	
60.	MIKOŁAJCZYK Julia		01	190 Łód				4:51.81	519
	50m: 34.29	34.29	150m: 1:48.54	36.95	250m: 3:02.26	36.86	350m: 4:15.90	36.54	
	100m: 1:11.59	37.30	200m: 2:25.40	36.86	300m: 3:39.36	37.10	400m: 4:51.81	35.91	
61.	KACZKOWSKA Anna		01	Skalar Warszawa				4:52.00	518
	50m: 33.52	33.52	150m: 1:46.31	36.62	250m: 3:00.78	37.60	350m: 4:15.92	37.65	
	100m: 1:09.69	36.17	200m: 2:23.18	36.87	300m: 3:38.27	37.49	400m: 4:52.00	36.08	
62.	DMITROCA Julia		01	"1" O arów Mazowiecki				4:54.84	503
	50m: 33.46	33.46	150m: 1:47.60	37.70	250m: 3:03.52	37.85	350m: 4:18.04	37.21	
	100m: 1:09.90	36.44	200m: 2:25.67	38.07	300m: 3:40.83	37.31	400m: 4:54.84	36.80	
63.	ŁOCHI SKA Agnieszka		98	Stilon Gorzów Wlkp.				4:55.08	502
	50m: 32.69	32.69	150m: 1:47.30	37.36	250m: 3:02.68	37.21	350m: 4:18.08	37.47	
	100m: 1:09.94	37.25	200m: 2:25.47	38.17	300m: 3:40.61	37.93	400m: 4:55.08	37.00	
64.	RADOSZ Joanna		97	Fala Swarz dz				4:58.54	484
	50m: 32.96	32.96	150m: 1:46.65	37.40	250m: 3:03.56	38.50	350m: 4:21.63	38.90	
	100m: 1:09.25	36.29	200m: 2:25.06	38.41	300m: 3:42.73	39.17	400m: 4:58.54	36.91	
65.	MAKSIM Matylda		00	abianka Gda sk				4:59.44	480
	50m: 33.78	33.78	150m: 1:50.09	38.65	250m: 3:07.11	38.50	350m: 4:23.18	37.64	
	100m: 1:11.44	37.66	200m: 2:28.61	38.52	300m: 3:45.54	38.43	400m: 4:59.44	36.26	
66.	OLEKSY Aleksandra		01	MKS Piaseczno				5:00.10	477
	50m: 32.93	32.93	150m: 1:48.56	38.52	250m: 3:05.69	38.30	350m: 4:23.22	38.77	
	100m: 1:10.04	37.11	200m: 2:27.39	38.83	300m: 3:44.45	38.76	400m: 5:00.10	36.88	
67.	KACZMAREK Adrianna		01	Poznania Pozna				5:02.31	466
	50m: 33.93	33.93	150m: 1:49.63	38.09	250m: 3:06.97	38.86	350m: 4:25.22	39.63	
	100m: 1:11.54	37.61	200m: 2:28.11	38.48	300m: 3:45.59	38.62	400m: 5:02.31	37.09	
68.	KOTWAS Aleksandra		01	Iskra Konin				5:03.19	462
	50m: 33.25	33.25	150m: 1:50.14	38.83	250m: 3:08.92	39.03	350m: 4:27.18	39.29	
	100m: 1:11.31	38.06	200m: 2:29.89	39.75	300m: 3:47.89	38.97	400m: 5:03.19	36.01	
69.	PEPLAK Julia		01	"1" O arów Mazowiecki				5:04.05	458
	50m: 33.93	33.93	150m: 1:50.65	38.86	250m: 3:08.79	39.14	350m: 4:26.35	38.69	
	100m: 1:11.79	37.86	200m: 2:29.65	39.00	300m: 3:47.66	38.87	400m: 5:04.05	37.70	
70.	MICHALAK Weronika		00	Warta Pozna				5:05.03	454
	50m: 34.26	34.26	150m: 1:50.77	38.87	250m: 3:09.10	39.46	350m: 4:27.07	39.03	
	100m: 1:11.90	37.64	200m: 2:29.64	38.87	300m: 3:48.04	38.94	400m: 5:05.03	37.96	
71.	NOWICKA Weronika		00	Fala Swarz dz				5:06.05	449
	50m: 34.69	34.69	150m: 1:52.56	39.36	250m: 3:10.56	39.09	350m: 4:29.07	39.17	
	100m: 1:13.20	38.51	200m: 2:31.47	38.91	300m: 3:49.90	39.34	400m: 5:06.05	36.98	

Grand Prix Polski w Pływaniu Zawody Kwalifikacyjne do Mistrzostw Europy w Netanya
Pozna , 21- - 22-11-2015

Konkurencja 33, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja		Rok ur.						Czas	Pkt.
72.	G SOWSKA Martyna	01	Delfin Toru					5:08.24	440
	50m: 33.95 33.95	150m: 1:51.59	39.19	250m: 3:11.25	40.22	350m: 4:29.52	39.34		
	100m: 1:14.40 38.45	200m: 2:31.03	39.44	300m: 3:50.18	38.93	400m: 5:08.24	38.72		
73.	HARTLIEB Klaudia	00	Shark Rudna					5:09.81	433
	50m: 35.04 35.04	150m: 1:53.96	39.51	250m: 3:13.12	39.20	350m: 4:32.58	39.29		
	100m: 1:14.45 39.41	200m: 2:33.92	39.96	300m: 3:53.29	40.17	400m: 5:09.81	37.23		
74.	BRONIECKA Sandra	01	Nielba W growiec					5:12.58	422
	50m: 33.62 33.62	150m: 1:50.92	39.30	250m: 3:11.16	40.19	350m: 4:33.32	40.78		
	100m: 1:11.62 38.00	200m: 2:30.97	40.05	300m: 3:52.54	41.38	400m: 5:12.58	39.26		
DYSKW.	BEKIER Magdalena	00	Stilon Gorzów Wlkp.						
	SW 10.2								
PK	BUKO Martyna	02	Medyk Gi ycko					4:54.58	504
	50m: 31.41 31.41	150m: 1:46.02	37.79	250m: 3:02.90	38.10	350m: 4:18.23	37.36		
	100m: 1:08.23 36.82	200m: 2:24.80	38.78	300m: 3:40.87	37.97	400m: 4:54.58	36.35		
PK	TRAMBOWICZ Zuzanna	02	SP-63 Bydgoszcz					4:42.24	573
	50m: 31.30 31.30	150m: 1:42.91	36.38	250m: 2:55.61	36.49	350m: 4:08.38	36.43		
	100m: 1:06.53 35.23	200m: 2:19.12	36.21	300m: 3:31.95	36.34	400m: 4:42.24	33.86		
PK	ZAR BA-PARADOWSKA Julia	02	BUKS Warszawa					4:47.20	544
	50m: 32.53 32.53	150m: 1:43.69	35.90	250m: 2:57.10	36.88	350m: 4:10.97	36.85		
	100m: 1:07.79 35.26	200m: 2:20.22	36.53	300m: 3:34.12	37.02	400m: 4:47.20	36.23		