

Grand Prix Polski w Pływaniu Zawody Kwalifikacyjne do Mistrzostw Europy w Netanya  
Pozna , 21- - 22-11-2015

Konkurencja 34  
2015-11-22 - 13:18

M czyzn, 400m dowolny

14 lat i starsi  
Wyniki

Minimum do Mistrzostw Europy w Netanya(ISR) Open: 3:43.50

Punkty: FINA 2015

Pozycja			Rok ur.							Czas	Pkt.
1.	ZABOROWSKI Filip		94	MKP Szczecin						<b>3:48.36</b>	802
	50m:	27.01 27.01	150m:	1:24.53	28.66	250m:	2:22.02	28.74	350m:	3:19.80	28.79
	100m:	55.87 28.86	200m:	1:53.28	28.75	300m:	2:51.01	28.99	400m:	3:48.36	28.56
2.	KLICH Kacper		94	I sk Wrocław						<b>3:48.48</b>	801
	50m:	27.13 27.13	150m:	1:25.02	28.77	250m:	2:22.63	28.79	350m:	3:20.56	29.08
	100m:	56.25 29.12	200m:	1:53.84	28.82	300m:	2:51.48	28.85	400m:	3:48.48	27.92
3.	OPALSKI Marcin		93	WP Warszawianka						<b>3:50.95</b>	776
	50m:	26.65 26.65	150m:	1:25.56	29.53	250m:	2:25.16	29.59	350m:	3:23.46	28.96
	100m:	56.03 29.38	200m:	1:55.57	30.01	300m:	2:54.50	29.34	400m:	3:50.95	27.49
4.	KAŁU Y SKI Antoni		99	WP Warszawianka						<b>3:51.50</b>	770
	50m:	26.29 26.29	150m:	1:24.37	29.30	250m:	2:23.07	29.32	350m:	3:23.44	30.08
	100m:	55.07 28.78	200m:	1:53.75	29.38	300m:	2:53.36	30.29	400m:	3:51.50	28.06
5.	ARNDT Mateusz		98	Delfin Gdynia						<b>3:51.71</b>	768
	50m:	27.24 27.24	150m:	1:26.36	29.70	250m:	2:25.59	29.22	350m:	3:23.68	28.95
	100m:	56.66 29.42	200m:	1:56.37	30.01	300m:	2:54.73	29.14	400m:	3:51.71	28.03
6.	JURA Maciej		96	I sk Wrocław						<b>3:52.39</b>	761
	50m:	27.35 27.35	150m:	1:26.28	29.63	250m:	2:25.01	28.92	350m:	3:24.21	30.00
	100m:	56.65 29.30	200m:	1:56.09	29.81	300m:	2:54.21	29.20	400m:	3:52.39	28.18
7.	PIELOWSKI krzysztof		91	Kormoran Olsztyn						<b>3:53.41</b>	751
	50m:	27.21 27.21	150m:	1:25.99	29.40	250m:	2:25.20	29.70	350m:	3:24.24	29.44
	100m:	56.59 29.38	200m:	1:55.50	29.51	300m:	2:54.80	29.60	400m:	3:53.41	29.17
8.	MŁYNARCZYK Karol		00	G-8 Bielany Warszawa						<b>3:54.53</b>	741
	50m:	25.73 25.73	150m:	1:24.40	29.85	250m:	2:25.03	30.05	350m:	3:25.38	30.14
	100m:	54.55 28.82	200m:	1:54.98	30.58	300m:	2:55.24	30.21	400m:	3:54.53	29.15
9.	STEPIE Konrad		96	AZS AWF Warszawa						<b>3:55.02</b>	736
	50m:	27.29 27.29	150m:	1:26.51	29.61	250m:	2:25.83	29.37	350m:	3:25.70	29.89
	100m:	56.90 29.61	200m:	1:56.46	29.95	300m:	2:55.81	29.98	400m:	3:55.02	29.32
10.	KACZMARSKI Marcin		94	AZS AWF Warszawa						<b>3:56.33</b>	724
	50m:	27.16 27.16	150m:	1:26.72	29.93	250m:	2:27.18	30.21	350m:	3:27.39	30.08
	100m:	56.79 29.63	200m:	1:56.97	30.25	300m:	2:57.31	30.13	400m:	3:56.33	28.94
11.	GŁYK Wojciech		92	AZS AWF Katowice						<b>3:56.75</b>	720
	50m:	27.23 27.23	150m:	1:26.65	29.83	250m:	2:26.79	30.29	350m:	3:27.67	30.31
	100m:	56.82 29.59	200m:	1:56.50	29.85	300m:	2:57.36	30.57	400m:	3:56.75	29.08
12.	PISZCZOROWICZ Bartosz		99	Włókniarz 1925 Kalisz						<b>3:57.70</b>	711
	50m:	27.68 27.68	150m:	1:27.89	30.02	250m:	2:28.64	30.39	350m:	3:29.33	30.20
	100m:	57.87 30.19	200m:	1:58.25	30.36	300m:	2:59.13	30.49	400m:	3:57.70	28.37
13.	STANISZEWSKI ADAM SSz		97	MKP Szczecin						<b>3:58.22</b>	707
	50m:	27.86 27.86	150m:	1:28.07	29.98	250m:	2:28.38	30.25	350m:	3:28.84	30.36
	100m:	58.09 30.23	200m:	1:58.13	30.06	300m:	2:58.48	30.10	400m:	3:58.22	29.38
14.	PARZYNOWSKI Wojciech		99	Olimpijczyk Aleksandrów Łódzki						<b>3:58.42</b>	705
	50m:	26.50 26.50	150m:	1:25.14	29.66	250m:	2:26.02	30.71	350m:	3:27.74	30.98
	100m:	55.48 28.98	200m:	1:55.31	30.17	300m:	2:56.76	30.74	400m:	3:58.42	30.68
15.	KUBKOWSKI Bartłomiej		95	Kormoran Olsztyn						<b>3:58.73</b>	702
	50m:	28.17 28.17	150m:	1:28.44	30.13	250m:	2:29.46	30.43	350m:	3:29.76	29.74
	100m:	58.31 30.14	200m:	1:59.03	30.59	300m:	3:00.02	30.56	400m:	3:58.73	28.97
16.	RÓJ KONRAD SSz		98	MKP Szczecin						<b>3:58.78</b>	702
	50m:	27.72 27.72	150m:	1:28.03	30.36	250m:	2:29.00	30.25	350m:	3:29.46	30.23
	100m:	57.67 29.95	200m:	1:58.75	30.72	300m:	2:59.23	30.23	400m:	3:58.78	29.32
17.	BUJAK Piotr		97	Salos-Cortile Kielce						<b>3:58.98</b>	700
	50m:	27.42 27.42	150m:	1:27.10	29.90	250m:	2:27.48	30.08	350m:	3:29.10	30.78
	100m:	57.20 29.78	200m:	1:57.40	30.30	300m:	2:58.32	30.84	400m:	3:58.98	29.88

Grand Prix Polski w Pływaniu Zawody Kwalifikacyjne do Mistrzostw Europy w Netanya  
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Konkurencja 34, M czyzn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.		
18.	KRAWCZYK Paweł		99	BUKS Warszawa				<b>3:59.67</b>	694		
	50m:	26.96 26.96	150m:	1:26.49	30.46	250m:	2:28.38	30.97	350m:	3:30.36	30.75
	100m:	56.03 29.07	200m:	1:57.41	30.92	300m:	2:59.61	31.23	400m:	3:59.67	29.31
19.	OSSES Arkadiusz		95	Warta Pozna				<b>3:59.79</b>	693		
	50m:	27.78 27.78	150m:	1:27.33	29.95	250m:	2:27.85	30.29	350m:	3:29.57	30.81
	100m:	57.38 29.60	200m:	1:57.56	30.23	300m:	2:58.76	30.91	400m:	3:59.79	30.22
20.	SMEJA Sławomir		94	AZS AWF Katowice				<b>4:00.41</b>	688		
	50m:	27.84 27.84	150m:	1:28.20	30.23	250m:	2:29.13	30.52	350m:	3:30.33	30.61
	100m:	57.97 30.13	200m:	1:58.61	30.41	300m:	2:59.72	30.59	400m:	4:00.41	30.08
21.	CUKANOW Michał		99	Olimpijczyk Aleksandrów Łódzki				<b>4:00.48</b>	687		
	50m:	26.43 26.43	150m:	1:25.78	30.02	250m:	2:27.21	30.81	350m:	3:29.80	30.99
	100m:	55.76 29.33	200m:	1:56.40	30.62	300m:	2:58.81	31.60	400m:	4:00.48	30.68
22.	URBA SKI Michał SB		97	Aqua Pi tnastka Bydgoszcz				<b>4:00.95</b>	683		
	50m:	27.05 27.05	150m:	1:28.01	30.74	250m:	2:30.09	30.83	350m:	3:31.63	30.38
	100m:	57.27 30.22	200m:	1:59.26	31.25	300m:	3:01.25	31.16	400m:	4:00.95	29.32
23.	SZWEDZKI Dawid		94	I sk Wrocław				<b>4:01.04</b>	682		
	50m:	27.39 27.39	150m:	1:27.62	30.46	250m:	2:28.83	30.62	350m:	3:31.04	31.15
	100m:	57.16 29.77	200m:	1:58.21	30.59	300m:	2:59.89	31.06	400m:	4:01.04	30.00
24.	ROGUSKI Bartłomiej		93	oliborz Warszawa				<b>4:01.70</b>	677		
	50m:	27.92 27.92	150m:	1:27.76	30.27	250m:	2:29.16	30.86	350m:	3:30.99	31.11
	100m:	57.49 29.57	200m:	1:58.30	30.54	300m:	2:59.88	30.72	400m:	4:01.70	30.71
25.	OLENDER Karol		96	MKP Gda sk				<b>4:02.26</b>	672		
	50m:	28.12 28.12	150m:	1:28.99	30.72	250m:	2:31.08	30.95	350m:	3:32.59	30.56
	100m:	58.27 30.15	200m:	2:00.13	31.14	300m:	3:02.03	30.95	400m:	4:02.26	29.67
26.	BRYŁA Kamil		99	Lublinianka Lublin				<b>4:02.84</b>	667		
	50m:	28.18 28.18	150m:	1:29.09	30.77	250m:	2:31.11	30.87	350m:	3:33.09	30.96
	100m:	58.32 30.14	200m:	2:00.24	31.15	300m:	3:02.13	31.02	400m:	4:02.84	29.75
27.	CZARNOTA Mateusz		91	Unia O wi cim				<b>4:02.96</b>	666		
	50m:	28.53 28.53	150m:	1:30.45	30.73	250m:	2:30.89	29.95	350m:	3:33.19	31.18
	100m:	59.72 31.19	200m:	2:00.94	30.49	300m:	3:02.01	31.12	400m:	4:02.96	29.77
28.	KOZIEJKO Bartłomiej		00	Kormoran Olsztyn				<b>4:03.28</b>	664		
	50m:	27.87 27.87	150m:	1:29.45	31.10	250m:	2:31.96	31.26	350m:	3:33.58	30.59
	100m:	58.35 30.48	200m:	2:00.70	31.25	300m:	3:02.99	31.03	400m:	4:03.28	29.70
29.	SZCZEPA SKI Kacper		99	Astoria Bydgoszcz				<b>4:03.88</b>	659		
	50m:	27.65 27.65	150m:	1:29.01	31.14	250m:	2:30.91	30.60	350m:	3:33.58	31.41
	100m:	57.87 30.22	200m:	2:00.31	31.30	300m:	3:02.17	31.26	400m:	4:03.88	30.30
30.	SOLAK Łukasz		99	Swim Płock				<b>4:04.16</b>	656		
	50m:	26.57 26.57	150m:	1:27.56	30.88	250m:	2:29.28	30.95	350m:	3:32.95	32.26
	100m:	56.68 30.11	200m:	1:58.33	30.77	300m:	3:00.69	31.41	400m:	4:04.16	31.21
31.	ZONIUK Maciej		94	I sk Wrocław				<b>4:05.51</b>	646		
	50m:	28.24 28.24	150m:	1:30.01	31.08	250m:	2:31.76	30.77	350m:	3:34.26	31.24
	100m:	58.93 30.69	200m:	2:00.99	30.98	300m:	3:03.02	31.26	400m:	4:05.51	31.25
32.	CHMIELEWSKI Jakub		99	I sk Wrocław				<b>4:05.92</b>	642		
	50m:	28.42 28.42	150m:	1:29.81	30.85	250m:	2:31.67	31.21	350m:	3:34.57	31.62
	100m:	58.96 30.54	200m:	2:00.46	30.65	300m:	3:02.95	31.28	400m:	4:05.92	31.35
33.	KIEŁCZEWSKI Amadeusz		00	I sk Wrocław				<b>4:06.76</b>	636		
	50m:	27.55 27.55	150m:	1:29.52	31.30	250m:	2:32.13	31.46	350m:	3:35.58	31.68
	100m:	58.22 30.67	200m:	2:00.67	31.15	300m:	3:03.90	31.77	400m:	4:06.76	31.18
34.	KAROLCZAK Jan		01	BUKS Warszawa				<b>4:07.11</b>	633		
	50m:	26.97 26.97	150m:	1:28.59	31.12	250m:	2:31.92	31.63	350m:	3:36.23	32.18
	100m:	57.47 30.50	200m:	2:00.29	31.70	300m:	3:04.05	32.13	400m:	4:07.11	30.88
35.	FR CZEK Paweł		98	MKP Gda sk				<b>4:07.74</b>	628		
	50m:	29.09 29.09	150m:	1:32.14	31.68	250m:	2:35.89	31.90	350m:	3:38.77	31.43
	100m:	1:00.46 31.37	200m:	2:03.99	31.85	300m:	3:07.34	31.45	400m:	4:07.74	28.97

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Pozycja			Rok ur.				Czas				Pkt.
36.	SUMARA Benjamin	99	CSIR MOS D browa Górnicza				<b>4:07.96</b>				627
	50m: 28.74	28.74	150m: 1:31.45	31.58	250m: 2:34.56	31.30	350m: 3:37.59	31.42			
	100m: 59.87	31.13	200m: 2:03.26	31.81	300m: 3:06.17	31.61	400m: 4:07.96	30.37			
37.	TOPOLSKI Dawid	00	Trójka Łód				<b>4:08.14</b>				625
	50m: 27.18	27.18	150m: 1:28.71	31.50	250m: 2:32.73	32.03	350m: 3:37.47	32.46			
	100m: 57.21	30.03	200m: 2:00.70	31.99	300m: 3:05.01	32.28	400m: 4:08.14	30.67			
38.	DANILEWSKI Maciej SOL	98	Juvenia Białystok				<b>4:08.21</b>				625
	50m: 28.27	28.27	150m: 1:31.10	31.29	250m: 2:34.83	31.51	350m: 3:37.60	30.63			
	100m: 59.81	31.54	200m: 2:03.32	32.22	300m: 3:06.97	32.14	400m: 4:08.21	30.61			
39.	STEC Kacper	99	Kmita Zabierzów				<b>4:08.25</b>				624
	50m: 28.01	28.01	150m: 1:29.84	31.30	250m: 2:33.16	31.66	350m: 3:37.27	32.19			
	100m: 58.54	30.53	200m: 2:01.50	31.66	300m: 3:05.08	31.92	400m: 4:08.25	30.98			
40.	BUCZKOWSKI Kamil	96	AZS AGH Kraków				<b>4:08.30</b>				624
	50m: 27.56	27.56	150m: 1:29.45	31.23	250m: 2:33.25	31.99	350m: 3:37.32	31.71			
	100m: 58.22	30.66	200m: 2:01.26	31.81	300m: 3:05.61	32.36	400m: 4:08.30	30.98			
41.	KACZOROWSKI Jakub	97	oliborz Warszawa				<b>4:08.99</b>				619
	50m: 28.48	28.48	150m: 1:30.31	31.03	250m: 2:34.11	31.93	350m: 3:38.17	32.19			
	100m: 59.28	30.80	200m: 2:02.18	31.87	300m: 3:05.98	31.87	400m: 4:08.99	30.82			
42.	PAWLACZYK Patryk	00	190 Łód				<b>4:09.93</b>				612
	50m: 28.06	28.06	150m: 1:31.33	31.96	250m: 2:36.06	32.17	350m: 3:40.28	32.11			
	100m: 59.37	31.31	200m: 2:03.89	32.56	300m: 3:08.17	32.11	400m: 4:09.93	29.65			
43.	STAWARUK Michał	99	Jedynka Łód				<b>4:10.17</b>				610
	50m: 29.02	29.02	150m: 1:31.96	31.30	250m: 2:35.37	31.87	350m: 3:39.16	32.17			
	100m: 1:00.66	31.64	200m: 2:03.50	31.54	300m: 3:06.99	31.62	400m: 4:10.17	31.01			
44.	ZUCHOWICZ Jan	98	oliborz Warszawa				<b>4:11.23</b>				603
	50m: 28.55	28.55	150m: 1:32.36	32.22	250m: 2:36.80	31.70	350m: 3:39.87	31.32			
	100m: 1:00.14	31.59	200m: 2:05.10	32.74	300m: 3:08.55	31.75	400m: 4:11.23	31.36			
45.	MAŁECKI Mateusz	98	MKP Gda sk				<b>4:11.63</b>				600
	50m: 28.31	28.31	150m: 1:32.33	32.57	250m: 2:37.28	32.47	350m: 3:40.99	31.80			
	100m: 59.76	31.45	200m: 2:04.81	32.48	300m: 3:09.19	31.91	400m: 4:11.63	30.64			
46.	STONAWSKI Maciej	00	Stilon Gorzów Wlkp.				<b>4:12.06</b>				597
	50m: 29.13	29.13	150m: 1:32.72	31.76	250m: 2:36.52	31.92	350m: 3:40.77	32.27			
	100m: 1:00.96	31.83	200m: 2:04.60	31.88	300m: 3:08.50	31.98	400m: 4:12.06	31.29			
47.	POPIS Emil	98	MKP Szczecin				<b>4:12.36</b>				594
	50m: 28.92	28.92	150m: 1:32.45	32.11	250m: 2:37.08	32.41	350m: 3:41.45	32.03			
	100m: 1:00.34	31.42	200m: 2:04.67	32.22	300m: 3:09.42	32.34	400m: 4:12.36	30.91			
48.	SIEMI SKI Piotr	00	oliborz Warszawa				<b>4:13.69</b>				585
	50m: 29.26	29.26	150m: 1:33.19	32.00	250m: 2:37.48	32.37	350m: 3:42.38	32.72			
	100m: 1:01.19	31.93	200m: 2:05.11	31.92	300m: 3:09.66	32.18	400m: 4:13.69	31.31			
49.	G BKA Olaf	00	Warta Pozna				<b>4:14.04</b>				583
	50m: 28.39	28.39	150m: 1:32.03	31.82	250m: 2:36.65	32.28	350m: 3:42.27	32.77			
	100m: 1:00.21	31.82	200m: 2:04.37	32.34	300m: 3:09.50	32.85	400m: 4:14.04	31.77			
50.	LENARTOWICZ Kacper	99	IKS Konstancin				<b>4:14.75</b>				578
	50m: 28.61	28.61	150m: 1:32.26	31.86	250m: 2:37.33	32.57	350m: 3:43.15	32.79			
	100m: 1:00.40	31.79	200m: 2:04.76	32.50	300m: 3:10.36	33.03	400m: 4:14.75	31.60			
51.	KALKOWSKI Dawid	00	Sambor Tczew				<b>4:14.82</b>				577
	50m: 27.87	27.87	150m: 1:30.32	31.83	250m: 2:36.33	33.19	350m: 3:42.46	33.13			
	100m: 58.49	30.62	200m: 2:03.14	32.82	300m: 3:09.33	33.00	400m: 4:14.82	32.36			
52.	MA CZAK Bła ej	98	Delfin Gdynia				<b>4:14.87</b>				577
	50m: 28.48	28.48	150m: 1:31.07	31.85	250m: 2:36.10	32.75	350m: 3:42.26	33.03			
	100m: 59.22	30.74	200m: 2:03.35	32.28	300m: 3:09.23	33.13	400m: 4:14.87	32.61			
53.	PIOTROWSKI Kacper	01	I sk Wrocław				<b>4:14.98</b>				576
	50m: 27.85	27.85	150m: 1:31.34	32.31	250m: 2:36.48	32.76	350m: 3:42.92	33.27			
	100m: 59.03	31.18	200m: 2:03.72	32.38	300m: 3:09.65	33.17	400m: 4:14.98	32.06			

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Pozycja			Rok ur.					Czas	Pkt.
54.	SIONKOWSKI Arkadiusz		00	Kmita Zabierzów				<b>4:15.19</b>	575
	50m: 28.90	28.90	150m: 1:34.12	32.58	250m: 2:39.45	32.62	350m: 3:44.69	32.55	
	100m: 1:01.54	32.64	200m: 2:06.83	32.71	300m: 3:12.14	32.69	400m: 4:15.19	30.50	
55.	WARZOCHA Albert		01	Warta Poznań				<b>4:15.40</b>	573
	50m: 29.20	29.20	150m: 1:33.76	32.13	250m: 2:38.79	32.61	350m: 3:44.02	32.58	
	100m: 1:01.63	32.43	200m: 2:06.18	32.42	300m: 3:11.44	32.65	400m: 4:15.40	31.38	
56.	D BSKI Dominik		98	MKP Szczecin				<b>4:15.54</b>	573
	50m: 29.06	29.06	150m: 1:32.69	32.30	250m: 2:38.04	32.83	350m: 3:43.84	32.85	
	100m: 1:00.39	31.33	200m: 2:05.21	32.52	300m: 3:10.99	32.95	400m: 4:15.54	31.70	
57.	FIKS Krzysztof		00	190 Łódź				<b>4:15.63</b>	572
	50m: 30.35	30.35	150m: 1:35.34	32.94	250m: 2:40.96	32.64	350m: 3:46.32	32.74	
	100m: 1:02.40	32.05	200m: 2:08.32	32.98	300m: 3:13.58	32.62	400m: 4:15.63	29.31	
58.	DURAJCZYK Michał		97	IKS Konstancin				<b>4:15.91</b>	570
	50m: 29.38	29.38	150m: 1:32.99	31.89	250m: 2:37.67	32.37	350m: 3:43.13	32.41	
	100m: 1:01.10	31.72	200m: 2:05.30	32.31	300m: 3:10.72	33.05	400m: 4:15.91	32.78	
59.	WILEJTO Igor		01	Sambor Tczew				<b>4:15.98</b>	570
	50m: 29.75	29.75	150m: 1:34.37	32.75	250m: 2:40.01	32.75	350m: 3:44.55	32.39	
	100m: 1:01.62	31.87	200m: 2:07.26	32.89	300m: 3:12.16	32.15	400m: 4:15.98	31.43	
60.	ADAMCZAK Jakub		01	Shark Rudna				<b>4:16.08</b>	569
	50m: 29.71	29.71	150m: 1:34.27	32.50	250m: 2:39.76	32.82	350m: 3:45.12	32.53	
	100m: 1:01.77	32.06	200m: 2:06.94	32.67	300m: 3:12.59	32.83	400m: 4:16.08	30.96	
61.	CZERNIAK Konrad		98	Skarpa Lublin				<b>4:16.77</b>	564
	50m: 29.10	29.10	150m: 1:34.04	32.84	250m: 2:39.76	32.80	350m: 3:45.45	32.87	
	100m: 1:01.20	32.10	200m: 2:06.96	32.92	300m: 3:12.58	32.82	400m: 4:16.77	31.32	
62.	OLEKSY Hubert		98	Aqua Pi Łódź				<b>4:16.80</b>	564
	50m: 28.96	28.96	150m: 1:33.97	32.82	250m: 2:40.55	33.43	350m: 3:45.91	32.55	
	100m: 1:01.15	32.19	200m: 2:07.12	33.15	300m: 3:13.36	32.81	400m: 4:16.80	30.89	
63.	GUZIOR Maciej		00	MZOS Płock				<b>4:16.99</b>	563
	50m: 28.04	28.04	150m: 1:32.88	33.16	250m: 2:39.16	33.36	350m: 3:45.60	33.17	
	100m: 59.72	31.68	200m: 2:05.80	32.92	300m: 3:12.43	33.27	400m: 4:16.99	31.39	
64.	JEMIELITA Oskar		01	Orka Ciechanów				<b>4:17.62</b>	559
	50m: 28.08	28.08	150m: 1:32.61	32.71	250m: 2:38.70	33.23	350m: 3:45.56	33.33	
	100m: 59.90	31.82	200m: 2:05.47	32.86	300m: 3:12.23	33.53	400m: 4:17.62	32.06	
65.	S CZEK Szymon		99	Trójka Łódź				<b>4:18.00</b>	556
	50m: 29.19	29.19	150m: 1:33.94	32.59	250m: 2:39.34	32.99	350m: 3:45.41	33.09	
	100m: 1:01.35	32.16	200m: 2:06.35	32.41	300m: 3:12.32	32.98	400m: 4:18.00	32.59	
66.	WALASZEK J drzej SOL		98	Kormoran Olsztyn				<b>4:18.01</b>	556
	50m: 29.71	29.71	150m: 1:35.71	33.07	250m: 2:41.43	32.40	350m: 3:46.20	32.47	
	100m: 1:02.64	32.93	200m: 2:09.03	33.32	300m: 3:13.73	32.30	400m: 4:18.01	31.81	
67.	BEZUHLIYI Kyrylo		96	Astoria Bydgoszcz				<b>4:18.13</b>	555
	50m: 29.17	29.17	150m: 1:33.64	32.31	250m: 2:39.86	33.03	350m: 3:46.17	33.25	
	100m: 1:01.33	32.16	200m: 2:06.83	33.19	300m: 3:12.92	33.06	400m: 4:18.13	31.96	
68.	MA KA Filip		00	190 Łódź				<b>4:18.29</b>	554
	50m: 29.09	29.09	150m: 1:34.59	33.11	250m: 2:41.18	33.23	350m: 3:46.22	31.60	
	100m: 1:01.48	32.39	200m: 2:07.95	33.36	300m: 3:14.62	33.44	400m: 4:18.29	32.07	
69.	DOMA SKI Kamil		00	Olimpijczyk Aleksandrów Łódzki				<b>4:18.69</b>	552
	50m: 27.87	27.87	150m: 1:31.36	32.83	250m: 2:38.99	33.93	350m: 3:46.64	34.13	
	100m: 58.53	30.66	200m: 2:05.06	33.70	300m: 3:12.51	33.52	400m: 4:18.69	32.05	
70.	TARADY Jakub		00	Korner Zielona Góra				<b>4:18.80</b>	551
	50m: 28.64	28.64	150m: 1:34.54	33.53	250m: 2:39.73	32.76	350m: 3:45.87	32.94	
	100m: 1:01.01	32.37	200m: 2:06.97	32.43	300m: 3:12.93	33.20	400m: 4:18.80	32.93	
71.	LIWKA Jakub		99	G-8 Bielany Warszawa				<b>4:19.37</b>	548
	50m: 28.13	28.13	150m: 1:31.09	32.01	250m: 2:37.23	33.31	350m: 3:45.72	34.35	
	100m: 59.08	30.95	200m: 2:03.92	32.83	300m: 3:11.37	34.14	400m: 4:19.37	33.65	

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Pozycja			Rok ur.					Czas	Pkt.			
72.	PAJ	K Bartosz	01	BUKS Warszawa			<b>4:20.16</b>	543				
	50m:	28.04	28.04	150m:	1:32.07	32.47	250m:	2:39.53	33.90	350m:	3:47.93	33.72
	100m:	59.60	31.56	200m:	2:05.63	33.56	300m:	3:14.21	34.68	400m:	4:20.16	32.23
73.	SZOŁOCH	Andrzej	96	MKP Gda sk			<b>4:20.36</b>	541				
	50m:	29.28	29.28	150m:	1:35.38	33.35	250m:	2:42.15	32.87	350m:	3:48.14	32.95
	100m:	1:02.03	32.75	200m:	2:09.28	33.90	300m:	3:15.19	33.04	400m:	4:20.36	32.22
74.	DULSKI	Piotr	96	Posnania Pozna			<b>4:20.47</b>	541				
	50m:	29.27	29.27	150m:	1:34.92	33.17	250m:	2:41.65	33.42	350m:	3:48.20	33.15
	100m:	1:01.75	32.48	200m:	2:08.23	33.31	300m:	3:15.05	33.40	400m:	4:20.47	32.27
75.	KUCZAK	Adam	00	Korner Zielona Góra			<b>4:20.90</b>	538				
	50m:	29.67	29.67	150m:	1:35.71	32.94	250m:	2:42.00	32.70	350m:	3:48.31	33.03
	100m:	1:02.77	33.10	200m:	2:09.30	33.59	300m:	3:15.28	33.28	400m:	4:20.90	32.59
76.	PRUS	Mateusz	00	Astromal Akwawit Leszno			<b>4:21.16</b>	536				
	50m:	29.30	29.30	150m:	1:35.34	33.33	250m:	2:42.43	33.75	350m:	3:48.96	33.10
	100m:	1:02.01	32.71	200m:	2:08.68	33.34	300m:	3:15.86	33.43	400m:	4:21.16	32.20
77.	ADAMCZEWSKI	Eryk	00	Włókniarz 1925 Kalisz			<b>4:21.20</b>	536				
	50m:	29.38	29.38	150m:	1:34.58	32.46	250m:	2:41.02	33.39	350m:	3:47.65	33.53
	100m:	1:02.12	32.74	200m:	2:07.63	33.05	300m:	3:14.12	33.10	400m:	4:21.20	33.55
78.	SŁOWIK	Rafał	00	G-8 Bielany Warszawa			<b>4:21.76</b>	533				
	50m:	28.62	28.62	150m:	1:34.03	33.13	250m:	2:40.86	33.66	350m:	3:48.80	33.86
	100m:	1:00.90	32.28	200m:	2:07.20	33.17	300m:	3:14.94	34.08	400m:	4:21.76	32.96
79.	CI	KI Bartosz	94	Astoria Bydgoszcz			<b>4:21.99</b>	531				
	50m:	27.77	27.77	150m:	1:31.76	32.75	250m:	2:39.17	33.81	350m:	3:48.28	34.80
	100m:	59.01	31.24	200m:	2:05.36	33.60	300m:	3:13.48	34.31	400m:	4:21.99	33.71
80.	KOPCZY	SKI Dawid	99	Korner Zielona Góra			<b>4:22.16</b>	530				
	50m:	29.07	29.07	150m:	1:36.33	34.03	250m:	2:42.95	33.22	350m:	3:49.59	33.45
	100m:	1:02.30	33.23	200m:	2:09.73	33.40	300m:	3:16.14	33.19	400m:	4:22.16	32.57
81.	RYTTER	Igor	01	I sk Wrocław			<b>4:22.99</b>	525				
	50m:	29.11	29.11	150m:	1:33.67	32.78	250m:	2:41.28	33.95	350m:	3:49.60	34.10
	100m:	1:00.89	31.78	200m:	2:07.33	33.66	300m:	3:15.50	34.22	400m:	4:22.99	33.39
82.	LISEK	Aleksander	00	Stilon Gorzów Wlkp.			<b>4:24.13</b>	518				
	50m:	29.80	29.80	150m:	1:35.50	33.24	250m:	2:42.04	33.42	350m:	3:49.30	33.66
	100m:	1:02.26	32.46	200m:	2:08.62	33.12	300m:	3:15.64	33.60	400m:	4:24.13	34.83
83.	ZAGRZEJEWSKI	Tomasz	01	Manta Warszawa-Włochy			<b>4:24.18</b>	518				
	50m:	28.39	28.39	150m:	1:34.62	33.77	250m:	2:43.87	34.82	350m:	3:52.56	34.21
	100m:	1:00.85	32.46	200m:	2:09.05	34.43	300m:	3:18.35	34.48	400m:	4:24.18	31.62
84.	MICHNIEWSKI	Tadeusz	98	Jagiellonka Warszawa			<b>4:24.23</b>	518				
	50m:	29.61	29.61	150m:	1:35.67	33.36	250m:	2:43.58	34.22	350m:	3:51.57	33.85
	100m:	1:02.31	32.70	200m:	2:09.36	33.69	300m:	3:17.72	34.14	400m:	4:24.23	32.66
85.	KORZENIEWSKI	Witold	01	Słowianka Gorzów Wielkopolski			<b>4:24.58</b>	516				
	50m:	28.51	28.51	150m:	1:34.58	34.06	250m:	2:43.81	34.58	350m:	3:52.81	34.53
	100m:	1:00.52	32.01	200m:	2:09.23	34.65	300m:	3:18.28	34.47	400m:	4:24.58	31.77
86.	BARTOSIEWICZ	Adrian	99	BUKS Warszawa			<b>4:24.67</b>	515				
	50m:	29.34	29.34	150m:	1:35.98	33.84	250m:	2:43.52	33.55	350m:	3:51.38	34.45
	100m:	1:02.14	32.80	200m:	2:09.97	33.99	300m:	3:16.93	33.41	400m:	4:24.67	33.29
87.	OSSES	Filip SP	97	Warta Pozna			<b>4:25.08</b>	513				
	50m:	29.85	29.85	150m:	1:35.25	32.93	250m:	2:43.04	33.92	350m:	3:51.81	34.34
	100m:	1:02.32	32.47	200m:	2:09.12	33.87	300m:	3:17.47	34.43	400m:	4:25.08	33.27
88.	KRUK	Tomasz	98	Astromal Akwawit Leszno			<b>4:25.91</b>	508				
	50m:	29.54	29.54	150m:	1:35.74	33.64	250m:	2:44.46	34.04	350m:	3:53.19	34.33
	100m:	1:02.10	32.56	200m:	2:10.42	34.68	300m:	3:18.86	34.40	400m:	4:25.91	32.72
89.	SZYNALESKI	Szymon	00	Wodnik Rawicz			<b>4:26.18</b>	507				
	50m:	29.20	29.20	150m:	1:36.63	33.90	250m:	2:45.06	34.31	350m:	3:53.38	33.87
	100m:	1:02.73	33.53	200m:	2:10.75	34.12	300m:	3:19.51	34.45	400m:	4:26.18	32.80

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Pozycja			Rok ur.					Czas	Pkt.
90.	GU CIN Eryk		01	Shark Rudna				<b>4:26.68</b>	504
	50m: 30.30	30.30	150m: 1:38.24	34.30	250m: 2:47.03	34.26	350m: 3:55.75	34.09	
	100m: 1:03.94	33.64	200m: 2:12.77	34.53	300m: 3:21.66	34.63	400m: 4:26.68	30.93	
91.	ZAREMBA Jakub		01	I sk Wrocław				<b>4:27.90</b>	497
	50m: 29.72	29.72	150m: 1:36.57	33.68	250m: 2:44.99	34.37	350m: 3:54.07	34.47	
	100m: 1:02.89	33.17	200m: 2:10.62	34.05	300m: 3:19.60	34.61	400m: 4:27.90	33.83	
92.	MISTAKIEWICZ Patryk		01	190 Łód				<b>4:27.95</b>	497
	50m: 29.41	29.41	150m: 1:36.46	34.02	250m: 2:46.03	34.88	350m: 3:54.88	34.27	
	100m: 1:02.44	33.03	200m: 2:11.15	34.69	300m: 3:20.61	34.58	400m: 4:27.95	33.07	
93.	MUSZY SKI Jakub		01	Nielba W growiec				<b>4:28.29</b>	495
	50m: 29.68	29.68	150m: 1:38.08	34.84	250m: 2:46.13	33.89	350m: 3:55.22	34.23	
	100m: 1:03.24	33.56	200m: 2:12.24	34.16	300m: 3:20.99	34.86	400m: 4:28.29	33.07	
94.	DŁU NIEWSKI Dawid		01	Orka Ciechanow				<b>4:28.39</b>	494
	50m: 29.53	29.53	150m: 1:37.78	34.52	250m: 2:47.61	35.10	350m: 3:56.63	34.22	
	100m: 1:03.26	33.73	200m: 2:12.51	34.73	300m: 3:22.41	34.80	400m: 4:28.39	31.76	
95.	GŁUSZKOWSKI Mateusz		01	City Zen Pozna				<b>4:28.43</b>	494
	50m: 30.89	30.89	150m: 1:39.18	34.18	250m: 2:47.81	34.04	350m: 3:56.13	34.11	
	100m: 1:05.00	34.11	200m: 2:13.77	34.59	300m: 3:22.02	34.21	400m: 4:28.43	32.30	
96.	JOCHYMEK Oskar		01	I sk Wrocław				<b>4:28.51</b>	493
	50m: 29.44	29.44	150m: 1:38.29	35.02	250m: 2:47.71	34.74	350m: 3:55.96	34.42	
	100m: 1:03.27	33.83	200m: 2:12.97	34.68	300m: 3:21.54	33.83	400m: 4:28.51	32.55	
97.	MIGIELSKI Mateusz		01	Jedynka Łód				<b>4:29.99</b>	485
	50m: 29.88	29.88	150m: 1:37.76	34.11	250m: 2:46.76	34.39	350m: 3:56.21	34.77	
	100m: 1:03.65	33.77	200m: 2:12.37	34.61	300m: 3:21.44	34.68	400m: 4:29.99	33.78	
98.	KRZYMA SKI Kajetan		01	Gim 92 Ursynów Warszawa				<b>4:30.28</b>	484
	50m: 29.35	29.35	150m: 1:36.11	33.97	250m: 2:46.29	35.29	350m: 3:56.43	35.66	
	100m: 1:02.14	32.79	200m: 2:11.00	34.89	300m: 3:20.77	34.48	400m: 4:30.28	33.85	
99.	RO EK Oskar		00	Warta Pozna				<b>4:32.39</b>	473
	50m: 29.82	29.82	150m: 1:37.50	34.27	250m: 2:46.42	34.35	350m: 3:57.56	35.55	
	100m: 1:03.23	33.41	200m: 2:12.07	34.57	300m: 3:22.01	35.59	400m: 4:32.39	34.83	
100.	WAMKA Mateusz		01	Aqua Pi tnastka Bydgoszcz				<b>4:33.77</b>	465
	50m: 30.36	30.36	150m: 1:40.26	35.40	250m: 2:50.65	34.90	350m: 4:00.78	34.98	
	100m: 1:04.86	34.50	200m: 2:15.75	35.49	300m: 3:25.80	35.15	400m: 4:33.77	32.99	
101.	WOJCIECHOWSKI Jakub		01	Warta Pozna				<b>4:35.24</b>	458
	50m: 29.90	29.90	150m: 1:37.30	33.99	250m: 2:48.35	36.32	350m: 3:59.88	35.87	
	100m: 1:03.31	33.41	200m: 2:12.03	34.73	300m: 3:24.01	35.66	400m: 4:35.24	35.36	
102.	KOKOSZA Filip		00	Warta Pozna				<b>4:35.43</b>	457
	50m: 30.54	30.54	150m: 1:39.75	34.95	250m: 2:50.38	35.16	350m: 4:01.42	35.51	
	100m: 1:04.80	34.26	200m: 2:15.22	35.47	300m: 3:25.91	35.53	400m: 4:35.43	34.01	
103.	SZCZEREK Szymon		01	Włókniarz 1925 Kalisz				<b>4:35.75</b>	456
	50m: 31.69	31.69	150m: 1:41.07	34.78	250m: 2:51.07	34.91	350m: 4:01.79	35.38	
	100m: 1:06.29	34.60	200m: 2:16.16	35.09	300m: 3:26.41	35.34	400m: 4:35.75	33.96	
104.	SIP Michał		01	Włókniarz 1925 Kalisz				<b>4:36.76</b>	451
	50m: 30.11	30.11	150m: 1:39.29	35.30	250m: 2:50.69	35.82	350m: 4:01.71	35.15	
	100m: 1:03.99	33.88	200m: 2:14.87	35.58	300m: 3:26.56	35.87	400m: 4:36.76	35.05	
105.	SZAJNICKI Szymon		00	Shark Rudna				<b>4:38.63</b>	442
	50m: 30.71	30.71	150m: 1:41.62	35.78	250m: 2:53.58	35.75	350m: 4:04.79	35.25	
	100m: 1:05.84	35.13	200m: 2:17.83	36.21	300m: 3:29.54	35.96	400m: 4:38.63	33.84	
106.	JUSKOWIAK Jakub		01	Warta Pozna				<b>4:40.84</b>	431
	50m: 32.00	32.00	150m: 1:42.51	35.40	250m: 2:54.10	35.95	350m: 4:06.07	35.56	
	100m: 1:07.11	35.11	200m: 2:18.15	35.64	300m: 3:30.51	36.41	400m: 4:40.84	34.77	
107.	BURYŁO Krzysztof		01	Warta Pozna				<b>4:43.82</b>	418
	50m: 30.21	30.21	150m: 1:41.25	36.08	250m: 2:55.56	37.11	350m: 4:09.12	37.00	
	100m: 1:05.17	34.96	200m: 2:18.45	37.20	300m: 3:32.12	36.56	400m: 4:43.82	34.70	

Grand Prix Polski w Pływaniu Zawody Kwalifikacyjne do Mistrzostw Europy w Netanya  
Pozna , 21- - 22-11-2015

Konkurencja 34, M czynn, 400m dowolny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.	
108.	WIECI	SKI Andrzej		01	Delfin Toru				<b>4:44.53</b>	415	
	50m:	30.24	30.24	150m:	1:41.35	35.96	250m:	2:54.84	36.56	350m: 4:09.50	37.38
	100m:	1:05.39	35.15	200m:	2:18.28	36.93	300m:	3:32.12	37.28	400m: 4:44.53	35.03
109.	DEREZI	SKI Szymon		01	MKS Piaseczno				<b>4:44.88</b>	413	
	50m:	28.23	28.23	150m:	1:38.92	36.75	250m:	2:53.57	36.85	350m: 4:08.47	37.44
	100m:	1:02.17	33.94	200m:	2:16.72	37.80	300m:	3:31.03	37.46	400m: 4:44.88	36.41
110.	KOSTYK	Teodor		00	City Zen Pozna				<b>4:48.70</b>	397	
	50m:	32.50	32.50	150m:	1:44.88	36.86	250m:	2:58.40	36.91	350m: 4:12.60	37.14
	100m:	1:08.02	35.52	200m:	2:21.49	36.61	300m:	3:35.46	37.06	400m: 4:48.70	36.10
111.	CEMPURA	Szymon		01	Posnania Pozna				<b>5:01.78</b>	347	
	50m:	32.20	32.20	150m:	1:46.78	37.96	250m:	3:05.13	39.28	350m: 4:23.82	39.13
	100m:	1:08.82	36.62	200m:	2:25.85	39.07	300m:	3:44.69	39.56	400m: 5:01.78	37.96
112.	SOSI	SKI Bartosz		01	City Zen Pozna				<b>5:05.16</b>	336	
	50m:	34.74	34.74	150m:	1:52.23	38.97	250m:	3:10.05	38.60	350m: 4:27.22	38.71
	100m:	1:13.26	38.52	200m:	2:31.45	39.22	300m:	3:48.51	38.46	400m: 5:05.16	37.94
DYSKW.	WO NY	Wiktor		01	Shark Rudna						
	SW	10.2									