

Zimowe Mistrzostwa Okręgu Wlkp. 2016
Poznań, 12- - 13-2-2016

Konkurencja 27
2016-02-13 - 10:57

Kobiet, 400m zmienny

13 lat i starsi
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
16 lat i starsi									
1.	CIE LAK Joanna		96	KS Warta Pozna			4:58.06	662	
	50m: 31.06	31.06	150m: 1:47.56	40.01	250m: 3:08.01	43.47	350m: 4:25.41	34.52	
	100m: 1:07.55	36.49	200m: 2:24.54	36.98	300m: 3:50.89	42.88	400m: 4:58.06	32.65	
13 - 15 lat									
1.	TRAMBOWICZ Zuzanna		02	MKS SP-63 Bydgoszcz			5:05.54	615	
	50m: 31.11	31.11	150m: 1:48.72	41.12	250m: 3:14.81	46.06	350m: 4:33.47	33.75	
	100m: 1:07.60	36.49	200m: 2:28.75	40.03	300m: 3:59.72	44.91	400m: 5:05.54	32.07	
2.	PARADOWSKA Kinga SB		01	MUKS "Pi tnatka" Bydgoszcz			5:06.92	606	
	50m: 32.52	32.52	150m: 1:48.30	38.00	250m: 3:11.56	44.41	350m: 4:32.79	35.91	
	100m: 1:10.30	37.78	200m: 2:27.15	38.85	300m: 3:56.88	45.32	400m: 5:06.92	34.13	
3.	HOLAK Marta		01	MUKS "Pi tnatka" Bydgoszcz			5:25.99	506	
	50m: 34.37	34.37	150m: 1:54.45	40.01	250m: 3:21.55	47.81	350m: 4:49.32	39.75	
	100m: 1:14.44	40.07	200m: 2:33.74	39.29	300m: 4:09.57	48.02	400m: 5:25.99	36.67	
4.	SOBIAK Zuzanna		02	KS Warta Pozna			5:26.96	502	
	50m: 34.28	34.28	150m: 1:56.76	42.23	250m: 3:25.88	48.10	350m: 4:50.99	36.88	
	100m: 1:14.53	40.25	200m: 2:37.78	41.02	300m: 4:14.11	48.23	400m: 5:26.96	35.97	
5.	KŁUSEK Maria		02	UKS Shark Rudna			5:30.96	484	
	50m: 36.90	36.90	150m: 2:06.22	41.91	250m: 3:31.96	44.20	350m: 4:56.59	38.13	
	100m: 1:24.31	47.41	200m: 2:47.76	41.54	300m: 4:18.46	46.50	400m: 5:30.96	34.37	
6.	KULESZA Weronika		02	MKP Słowianka Gorzów Wlkp.			5:32.50	477	
	50m: 34.92	34.92	150m: 2:00.30	45.41	250m: 3:30.11	46.12	350m: 4:55.33	38.72	
	100m: 1:14.89	39.97	200m: 2:43.99	43.69	300m: 4:16.61	46.50	400m: 5:32.50	37.17	
7.	KOZANECKA Katarzyna		01	KS Poznania Pozna			5:34.77	467	
	50m: 35.07	35.07	150m: 2:02.07	44.22	250m: 3:31.00	44.73	350m: 4:57.59	39.77	
	100m: 1:17.85	42.78	200m: 2:46.27	44.20	300m: 4:17.82	46.82	400m: 5:34.77	37.18	
8.	CZECHYRA Agata		03	KS Warta Pozna			5:37.46	456	
	50m: 37.18	37.18	150m: 2:04.22	44.22	250m: 3:34.26	47.62	350m: 5:01.28	37.80	
	100m: 1:20.00	42.82	200m: 2:46.64	42.42	300m: 4:23.48	49.22	400m: 5:37.46	36.18	
9.	KRÓL Wiktoria		01	KS Warta Pozna			5:47.72	417	
	50m: 37.15	37.15	150m: 2:06.13	43.04	250m: 3:38.13	50.78	350m: 5:09.54	40.14	
	100m: 1:23.09	45.94	200m: 2:47.35	41.22	300m: 4:29.40	51.27	400m: 5:47.72	38.18	
10.	CZEPULANIS Alicja		02	MKP Słowianka Gorzów Wlkp.			5:52.93	399	
	50m: 37.28	37.28	150m: 2:07.24	45.86	250m: 3:42.93	50.23	350m: 5:14.16	40.86	
	100m: 1:21.38	44.10	200m: 2:52.70	45.46	300m: 4:33.30	50.37	400m: 5:52.93	38.77	
11.	WILCZY SKA Zofia		03	KS Poznania Pozna			6:28.26	299	
	50m: 41.83	41.83	150m: 2:20.85	49.94	250m: 4:04.35	55.25	350m: 5:45.54	45.50	
	100m: 1:30.91	49.08	200m: 3:09.10	48.25	300m: 5:00.04	55.69	400m: 6:28.26	42.72	