

Zimowe Mistrzostwa Okręgu Wlkp. 2016  
Poznań, 12- - 13-2-2016

Konkurencja 38  
2016-02-13 - 13:27

Mężczyźni, 400m dowolny

13 lat i starsi  
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
<b>16 lat i starsi</b>									
1.	SZCZEPANSKI Kacper		99	MKS Astoria Bydgoszcz				<b>4:08.25</b>	624
	50m:	27.92 27.92	150m:	1:30.06	31.64	250m:	2:33.37 31.47	350m:	3:37.33 32.20
	100m:	58.42 30.50	200m:	2:01.90	31.84	300m:	3:05.13 31.76	400m:	4:08.25 30.92
2.	G BKA Olaf		00	KS Warta Poznań				<b>4:10.34</b>	609
	50m:	28.43 28.43	150m:	1:31.59	31.85	250m:	2:35.41 31.87	350m:	3:39.55 32.00
	100m:	59.74 31.31	200m:	2:03.54	31.95	300m:	3:07.55 32.14	400m:	4:10.34 30.79
3.	JARASZKIEWICZ Piotr		98	UKS CITYZEN Poznań				<b>4:13.15</b>	589
	50m:	29.30 29.30	150m:	1:33.29	32.12	250m:	2:37.65 32.04	350m:	3:42.00 32.15
	100m:	1:01.17 31.87	200m:	2:05.61	32.32	300m:	3:09.85 32.20	400m:	4:13.15 31.15
4.	OLEKSY Hubert SB		98	MUKS "Piłastka" Bydgoszcz				<b>4:13.71</b>	585
	50m:	29.27 29.27	150m:	1:34.28	32.62	250m:	2:38.86 32.04	350m:	3:42.83 31.61
	100m:	1:01.66 32.39	200m:	2:06.82	32.54	300m:	3:11.22 32.36	400m:	4:13.71 30.88
5.	PRUS Mateusz		00	KP Astromal Akwawit Leszno				<b>4:17.72</b>	558
	50m:	29.21 29.21	150m:	1:34.28	32.84	250m:	2:40.03 32.58	350m:	3:45.69 32.92
	100m:	1:01.44 32.23	200m:	2:07.45	33.17	300m:	3:12.77 32.74	400m:	4:17.72 32.03
6.	KRUK Tomasz		98	KP Astromal Akwawit Leszno				<b>4:24.19</b>	518
	50m:	29.75 29.75	150m:	1:35.71	33.27	250m:	2:43.27 33.67	350m:	3:51.00 34.14
	100m:	1:02.44 32.69	200m:	2:09.60	33.89	300m:	3:16.86 33.59	400m:	4:24.19 33.19
7.	SZYMKOWIAK Krystian		98	MKP Słowianka Gorzów Wlkp.				<b>4:28.25</b>	495
	50m:	29.20 29.20	150m:	1:35.20	33.36	250m:	2:43.92 34.52	350m:	3:54.14 35.08
	100m:	1:01.84 32.64	200m:	2:09.40	34.20	300m:	3:19.06 35.14	400m:	4:28.25 34.11
8.	ROJEK Oskar		00	KS Warta Poznań				<b>4:32.19</b>	474
	50m:	30.15 30.15	150m:	1:37.95	34.62	250m:	2:47.46 34.87	350m:	3:57.77 35.42
	100m:	1:03.33 33.18	200m:	2:12.59	34.64	300m:	3:22.35 34.89	400m:	4:32.19 34.42
9.	NOWICKI Kacper		98	UKS Fala Swarzędz				<b>4:34.29</b>	463
	50m:	31.03 31.03	150m:	1:40.87	35.32	250m:	2:53.10 36.31	350m:	4:03.00 34.88
	100m:	1:05.55 34.52	200m:	2:16.79	35.92	300m:	3:28.12 35.02	400m:	4:34.29 31.29
10.	KOKOSZA Filip		00	KS Warta Poznań				<b>4:35.91</b>	455
	50m:	30.77 30.77	150m:	1:39.32	34.55	250m:	2:50.05 35.42	350m:	4:02.01 35.97
	100m:	1:04.77 34.00	200m:	2:14.63	35.31	300m:	3:26.04 35.99	400m:	4:35.91 33.90
11.	KOSTYK Teodor		00	UKS CITYZEN Poznań				<b>4:45.68</b>	410
	50m:	32.49 32.49	150m:	1:44.04	36.03	250m:	2:57.98 37.04	350m:	4:11.00 35.66
	100m:	1:08.01 35.52	200m:	2:20.94	36.90	300m:	3:35.34 37.36	400m:	4:45.68 34.68
12.	KWIATKOWSKI Igor		98	KS Extreme Team Oborniki				<b>4:52.75</b>	381
	50m:	31.49 31.49	150m:	1:42.74	36.21	250m:	2:57.79 37.58	350m:	4:14.80 38.53
	100m:	1:06.53 35.04	200m:	2:20.21	37.47	300m:	3:36.27 38.48	400m:	4:52.75 37.95
<b>13 - 15 lat</b>									
1.	DROZDA Jakub		01	MKP Słowianka Gorzów Wlkp.				<b>4:13.93</b>	583
	50m:	29.14 29.14	150m:	1:33.76	32.63	250m:	2:38.45 32.50	350m:	3:43.07 32.54
	100m:	1:01.13 31.99	200m:	2:05.95	32.19	300m:	3:10.53 32.08	400m:	4:13.93 30.86
2.	KRÓL Mateusz		01	MKS Astoria Bydgoszcz				<b>4:21.23</b>	536
	50m:	28.50 28.50	150m:	1:34.16	33.46	250m:	2:41.36 33.76	350m:	3:49.12 33.90
	100m:	1:00.70 32.20	200m:	2:07.60	33.44	300m:	3:15.22 33.86	400m:	4:21.23 32.11
3.	GŁUSZKOWSKI Mateusz		01	UKS CITYZEN Poznań				<b>4:24.09</b>	519
	50m:	31.04 31.04	150m:	1:37.65	33.04	250m:	2:44.52 32.84	350m:	3:51.81 33.37
	100m:	1:04.61 33.57	200m:	2:11.68	34.03	300m:	3:18.44 33.92	400m:	4:24.09 32.28
4.	WOJNY Wiktor		01	UKS Shark Rudna				<b>4:24.28</b>	518
	50m:	30.42 30.42	150m:	1:37.34	33.66	250m:	2:45.71 34.01	350m:	3:53.11 33.65
	100m:	1:03.68 33.26	200m:	2:11.70	34.36	300m:	3:19.46 33.75	400m:	4:24.28 31.17

Zimowe Mistrzostwa Okręgu Wlkp. 2016  
Poznań, 12 - 13-2-2016

Konkurencja 38, Chłopców, 400m dowolny, 13 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.	
5.	MUSZY	SKI Jakub	01	MKP W	growiec		<b>4:25.11</b>	513		
	50m:	29.66	29.66	150m:	1:36.59	33.94	250m: 2:45.21	34.22	350m: 3:52.49	33.55
	100m:	1:02.65	32.99	200m:	2:10.99	34.40	300m: 3:18.94	33.73	400m: 4:25.11	32.62
6.	JUSKOWIAK	Jakub	01	KS Warta	Pozna		<b>4:25.88</b>	508		
	50m:	30.97	30.97	150m:	1:38.84	34.09	250m: 2:46.63	33.66	350m: 3:54.03	33.44
	100m:	1:04.75	33.78	200m:	2:12.97	34.13	300m: 3:20.59	33.96	400m: 4:25.88	31.85
7.	GU	CIN Eryk	01	UKS Shark	Rudna		<b>4:31.78</b>	476		
	50m:	30.29	30.29	150m:	1:38.22	34.23	250m: 2:46.96	34.44	350m: 3:56.92	35.15
	100m:	1:03.99	33.70	200m:	2:12.52	34.30	300m: 3:21.77	34.81	400m: 4:31.78	34.86
8.	RYBACKI	Mksymilian	02	KS Warta	Pozna		<b>4:36.82</b>	450		
	50m:	31.45	31.45	150m:	1:41.92	35.67	250m: 2:53.34	35.41	350m: 4:03.32	34.54
	100m:	1:06.25	34.80	200m:	2:17.93	36.01	300m: 3:28.78	35.44	400m: 4:36.82	33.50
9.	KULCZYCKI	Patryk	01	MKP Słowianka	Gorzów Wlkp.		<b>4:37.48</b>	447		
	50m:	30.70	30.70	150m:	1:41.39	35.75	250m: 2:52.11	35.71	350m: 4:02.89	35.19
	100m:	1:05.64	34.94	200m:	2:16.40	35.01	300m: 3:27.70	35.59	400m: 4:37.48	34.59
10.	LESICKI	Piotr	02	KS Warta	Pozna		<b>4:39.55</b>	437		
	50m:	31.77	31.77	150m:	1:42.83	36.10	250m: 2:54.11	34.34	350m: 4:04.60	35.06
	100m:	1:06.73	34.96	200m:	2:19.77	36.94	300m: 3:29.54	35.43	400m: 4:39.55	34.95
11.	KUSTRA	Adam	02	UKS Shark	Rudna		<b>4:40.43</b>	433		
	50m:	31.72	31.72	150m:	1:44.05	36.29	250m: 2:56.58	35.85	350m: 4:07.62	35.35
	100m:	1:07.76	36.04	200m:	2:20.73	36.68	300m: 3:32.27	35.69	400m: 4:40.43	32.81
12.	ŁASZCZY	SKI J drzej	01	KP Astromal	Akwawit Leszno		<b>4:43.48</b>	419		
	50m:	31.90	31.90	150m:	1:45.52	37.03	250m: 2:59.24	36.75	350m: 4:10.72	35.07
	100m:	1:08.49	36.59	200m:	2:22.49	36.97	300m: 3:35.65	36.41	400m: 4:43.48	32.76
13.	DOPIERAŁA	Tytus	03	KS Warta	Pozna		<b>4:44.15</b>	416		
	50m:	31.82	31.82	150m:	1:43.44	36.29	250m: 2:56.43	36.38	350m: 4:09.47	36.58
	100m:	1:07.15	35.33	200m:	2:20.05	36.61	300m: 3:32.89	36.46	400m: 4:44.15	34.68
14.	ZIELI	SKI Patryk	02	KP Koziegłowy			<b>4:49.90</b>	392		
	50m:	31.89	31.89	150m:	1:45.62	36.96	250m: 3:00.82	37.63	350m: 4:15.97	37.47
	100m:	1:08.66	36.77	200m:	2:23.19	37.57	300m: 3:38.50	37.68	400m: 4:49.90	33.93
15.	SKROCKI	Maciej	01	KP MZOS	Płock		<b>4:51.05</b>	387		
	50m:	31.87	31.87	150m:	1:44.86	36.86	250m: 3:00.27	37.92	350m: 4:15.36	37.17
	100m:	1:08.00	36.13	200m:	2:22.35	37.49	300m: 3:38.19	37.92	400m: 4:51.05	35.69
16.	NAPIECZEK	Jonasz	02	KP Astromal	Akwawit Leszno		<b>4:52.73</b>	381		
	50m:	33.63	33.63	150m:	1:49.24	37.44	250m: 3:04.07	36.97	350m: 4:18.35	36.92
	100m:	1:11.80	38.17	200m:	2:27.10	37.86	300m: 3:41.43	37.36	400m: 4:52.73	34.38
17.	SOSI	SKI Bartosz	01	UKS CITYZEN	Pozna		<b>4:53.91</b>	376		
	50m:	33.97	33.97	150m:	1:47.88	37.32	250m: 3:02.67	37.27	350m: 4:16.97	37.08
	100m:	1:10.56	36.59	200m:	2:25.40	37.52	300m: 3:39.89	37.22	400m: 4:53.91	36.94
18.	MALINOWSKI	Paweł	02	MKP Słowianka	Gorzów Wlkp.		<b>4:56.10</b>	368		
	50m:	32.90	32.90	150m:	1:48.74	38.78	250m: 3:05.92	37.56	350m: 4:21.02	37.18
	100m:	1:09.96	37.06	200m:	2:28.36	39.62	300m: 3:43.84	37.92	400m: 4:56.10	35.08
19.	LESZCZY	SKI Jakub	02	MKP Słowianka	Gorzów Wlkp.		<b>4:56.44</b>	367		
	50m:	33.13	33.13	150m:	1:49.47	38.68	250m: 3:07.28	39.40	350m: 4:21.18	35.66
	100m:	1:10.79	37.66	200m:	2:27.88	38.41	300m: 3:45.52	38.24	400m: 4:56.44	35.26
20.	KUBIAK	Norbert	02	KS Warta	Pozna		<b>4:59.40</b>	356		
	50m:	33.13	33.13	150m:	1:47.35	37.79	250m: 3:03.42	38.35	350m: 4:20.12	38.53
	100m:	1:09.56	36.43	200m:	2:25.07	37.72	300m: 3:41.59	38.17	400m: 4:59.40	39.28
21.	CZY	EWSKI Adam	01	KP MZOS	Płock		<b>4:59.66</b>	355		
	50m:	33.05	33.05	150m:	1:48.58	38.48	250m: 3:05.68	38.29	350m: 4:23.06	38.70
	100m:	1:10.10	37.05	200m:	2:27.39	38.81	300m: 3:44.36	38.68	400m: 4:59.66	36.60
22.	STANISŁAWSKI	Kacper	02	UKS Trójka	roda Wlkp.		<b>5:00.89</b>	351		
	50m:	33.93	33.93	150m:	1:50.32	38.35	250m: 3:07.03	38.60	350m: 4:23.80	38.39
	100m:	1:11.97	38.04	200m:	2:28.43	38.11	300m: 3:45.41	38.38	400m: 5:00.89	37.09

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Konkurencja 38, Chłopców, 400m dowolny, 13 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.
23.	KŁYS Wiktor		03	KKS Włókniarz 1925 Kalisz				<b>5:02.66</b>	344
	50m: 33.28	33.28	150m: 1:48.97	38.85	250m: 3:07.29	39.29	350m: 4:26.24	39.33	
	100m: 1:10.12	36.84	200m: 2:28.00	39.03	300m: 3:46.91	39.62	400m: 5:02.66	36.42	
24.	WO NIAK Hubert		02	MUKS "Piłnastka" Bydgoszcz				<b>5:07.23</b>	329
	50m: 34.70	34.70	150m: 1:53.49	39.49	250m: 3:13.73	39.59	350m: 4:31.40	37.44	
	100m: 1:14.00	39.30	200m: 2:34.14	40.65	300m: 3:53.96	40.23	400m: 5:07.23	35.83	
25.	ZACHWIEJA Ignacy		03	KS Warta Poznań				<b>5:09.15</b>	323
	50m: 35.19	35.19	150m: 1:53.49	40.06	250m: 3:12.42	39.83	350m: 4:31.34	39.20	
	100m: 1:13.43	38.24	200m: 2:32.59	39.10	300m: 3:52.14	39.72	400m: 5:09.15	37.81	
26.	NOCULAK Jakub		02	MKS Oceanik Ostrzeszów				<b>5:09.27</b>	323
	50m: 34.21	34.21	150m: 1:52.32	40.21	250m: 3:13.06	41.03	350m: 4:32.65	39.29	
	100m: 1:12.11	37.90	200m: 2:32.03	39.71	300m: 3:53.36	40.30	400m: 5:09.27	36.62	
27.	PŁAZIAK Szymon		03	KS Warta Poznań				<b>5:10.06</b>	320
	50m: 36.24	36.24	150m: 1:55.01	39.90	250m: 3:13.65	39.20	350m: 4:31.47	38.96	
	100m: 1:15.11	38.87	200m: 2:34.45	39.44	300m: 3:52.51	38.86	400m: 5:10.06	38.59	
28.	B KOWSKI Mikołaj		03	KP Koziegłowy				<b>5:13.18</b>	311
	50m: 34.38	34.38	150m: 1:53.77	40.43	250m: 3:14.02	40.74	350m: 4:34.03	40.08	
	100m: 1:13.34	38.96	200m: 2:33.28	39.51	300m: 3:53.95	39.93	400m: 5:13.18	39.15	
29.	KOWALSKI Jakub		02	MKP Słowianka Gorzów Wlkp.				<b>5:18.73</b>	295
	50m: 36.31	36.31	150m: 1:57.83	41.42	250m: 3:18.90	40.65	350m: 4:39.91	40.29	
	100m: 1:16.41	40.10	200m: 2:38.25	40.42	300m: 3:59.62	40.72	400m: 5:18.73	38.82	
30.	WOJTKOWIAK Mateusz		03	KS Warta Poznań				<b>5:20.54</b>	290
	50m: 36.06	36.06	150m: 1:56.62	40.10	250m: 3:17.77	39.77	350m: 4:39.94	41.00	
	100m: 1:16.52	40.46	200m: 2:38.00	41.38	300m: 3:58.94	41.17	400m: 5:20.54	40.60	
31.	SOI SKI Dominik		03	KS Warta Poznań				<b>5:21.21</b>	288
	50m: 35.28	35.28	150m: 1:57.65	41.55	250m: 3:21.55	42.41	350m: 4:42.32	40.21	
	100m: 1:16.10	40.82	200m: 2:39.14	41.49	300m: 4:02.11	40.56	400m: 5:21.21	38.89	
32.	KLIMPEL Jakub		01	KP Astromal Akwawit Leszno				<b>5:21.72</b>	287
	50m: 37.27	37.27	150m: 2:01.15	42.55	250m: 3:23.64	41.44	350m: 4:45.01	40.84	
	100m: 1:18.60	41.33	200m: 2:42.20	41.05	300m: 4:04.17	40.53	400m: 5:21.72	36.71	
33.	MAŁEK Mikołaj		03	KS Poznań Poznań				<b>5:23.15</b>	283
	50m: 33.21	33.21	150m: 1:56.91	43.04	250m: 3:21.04	42.02	350m: 4:44.54	41.58	
	100m: 1:13.87	40.66	200m: 2:39.02	42.11	300m: 4:02.96	41.92	400m: 5:23.15	38.61	
34.	POŁOMSKI Tymoteusz		02	MKS Oceanik Ostrzeszów				<b>5:36.52</b>	250
	50m: 35.69	35.69	150m: 1:58.46	42.44	250m: 3:25.20	43.77	350m: 4:52.95	44.30	
	100m: 1:16.02	40.33	200m: 2:41.43	42.97	300m: 4:08.65	43.45	400m: 5:36.52	43.57	
35.	JARUGA Szymon		03	UKS CITYZEN Poznań				<b>5:41.39</b>	240
	50m: 37.06	37.06	150m: 2:02.88	43.84	250m: 3:30.96	44.50	350m: 4:59.61	44.34	
	100m: 1:19.04	41.98	200m: 2:46.46	43.58	300m: 4:15.27	44.31	400m: 5:41.39	41.78	
36.	MAKOWSKI Dominik		03	UKS CITYZEN Poznań				<b>5:48.57</b>	225
	50m: 39.03	39.03	150m: 2:09.23	45.93	250m: 3:39.14	43.90	350m: 5:07.61	43.70	
	100m: 1:23.30	44.27	200m: 2:55.24	46.01	300m: 4:23.91	44.77	400m: 5:48.57	40.96	
37.	MRÓWCZY SKI Kacper		02	KS Extreme Team Oborniki				<b>5:54.50</b>	214
	50m: 38.98	38.98	150m: 2:09.36	45.89	250m: 3:42.36	46.61	350m: 5:16.12	47.23	
	100m: 1:23.47	44.49	200m: 2:55.75	46.39	300m: 4:28.89	46.53	400m: 5:54.50	38.38	
38.	ZIELI SKI Andrzej		03	KP Astromal Akwawit Leszno				<b>5:56.66</b>	210
	50m: 35.66	35.66	150m: 2:01.15	44.37	250m: 3:33.57	46.51	350m: 5:09.35	47.90	
	100m: 1:16.78	41.12	200m: 2:47.06	45.91	300m: 4:21.45	47.88	400m: 5:56.66	47.31	
39.	MAZUREK Jakub		03	UKS CITYZEN Poznań				<b>5:58.00</b>	208
	50m: 37.69	37.69	150m: 2:08.25	45.88	250m: 3:41.18	46.12	350m: 5:15.67	47.01	
	100m: 1:22.37	44.68	200m: 2:55.06	46.81	300m: 4:28.66	47.48	400m: 5:58.00	42.33	