

Zimowe Mistrzostwa Polski Juniorów Młodszych 14 lat
Gorzów Wlkp., 11- - 13-3-2011

Konkurencja 11
2011-03-11

Dziewcz t, 400m zmienny

14 lat
Wyniki Eliminacje

Rekordy Polski 14 lat 4:53.95 SZMAGALSKA Agata SLGOR Gorzów Wielkopolski 2009-11-29

Punkty: FINA 2010

Pozycja	Rok ur.	Czas	Pkt.
1. KARPISZ Milena	97 UKS Pi tka Konstantynów	5:05.62	623 A
50m: 32.35 32.35	150m: 1:50.26 39.12	250m: 3:11.40 41.49	350m: 4:30.33 36.48
100m: 1:11.14 38.79	200m: 2:29.91 39.65	300m: 3:53.85 42.45	400m: 5:05.62 35.29
2. CIESZKO Agnieszka	97 SKS START Łód	5:08.81	604 A
50m: 31.72 31.72	150m: 1:49.82 41.03	250m: 3:13.73 44.32	350m: 4:34.84 35.88
100m: 1:08.79 37.07	200m: 2:29.41 39.59	300m: 3:58.96 45.23	400m: 5:08.81 33.97
3. BIEDRZYCKA Iga	97 RO Pisz	5:09.27	601 A
50m: 32.67 32.67	150m: 1:50.70 39.30	250m: 3:14.16 43.19	350m: 4:34.50 36.72
100m: 1:11.40 38.73	200m: 2:30.97 40.27	300m: 3:57.78 43.62	400m: 5:09.27 34.77
4. MENDOWSKA PAULINA	97 Warta Pozna	5:13.54	577 A
50m: 32.80 32.80	150m: 1:50.91 39.43	250m: 3:15.54 44.84	350m: 4:37.05 36.72
100m: 1:11.48 38.68	200m: 2:30.70 39.79	300m: 4:00.33 44.79	400m: 5:13.54 36.49
5. LIWI SKA Marta	97 MOS D browa Górnicza	5:14.60	571 A
50m: 31.62 31.62	150m: 1:50.64 42.20	250m: 3:15.92 44.60	350m: 4:38.49 36.67
100m: 1:08.44 36.82	200m: 2:31.32 40.68	300m: 4:01.82 45.90	400m: 5:14.60 36.11
6. MARZEC Sara	97 Unia Oswiecim	5:19.08	547 A
50m: 34.77 34.77	150m: 1:54.90 40.54	250m: 3:20.54 44.67	350m: 4:42.97 37.09
100m: 1:14.36 39.59	200m: 2:35.87 40.97	300m: 4:05.88 45.34	400m: 5:19.08 36.11
7. KUBACKA Magdalena SO	97 KS 5 Chorzów	5:20.44	540 A
50m: 35.18 35.18	150m: 1:56.52 41.39	250m: 3:21.91 44.76	350m: 4:44.47 37.12
100m: 1:15.13 39.95	200m: 2:37.15 40.63	300m: 4:07.35 45.44	400m: 5:20.44 35.97
8. CIEBIELSKA Adrianna	97 MKP Słowianka Gorzów Wlkp.	5:21.83	533 A
50m: 34.87 34.87	150m: 1:57.09 41.36	250m: 3:22.12 44.24	350m: 4:44.86 37.85
100m: 1:15.73 40.86	200m: 2:37.88 40.79	300m: 4:07.01 44.89	400m: 5:21.83 36.97
9. WI NIEWSKA NATALIA	97 Warta Pozna	5:26.22	512 B
50m: 35.24 35.24	150m: 1:59.21 42.46	250m: 3:24.96 44.82	350m: 4:48.70 38.68
100m: 1:16.75 41.51	200m: 2:40.14 40.93	300m: 4:10.02 45.06	400m: 5:26.22 37.52
10. KANIAK Aleksandra	97 MKS Juvenia Wrocław	5:27.87	504 B
50m: 37.82 37.82	150m: 2:01.89 40.70	250m: 3:27.90 44.81	350m: 4:52.03 38.07
100m: 1:21.19 43.37	200m: 2:43.09 41.20	300m: 4:13.96 46.06	400m: 5:27.87 35.84
11. ZAWOLIK Wiktoria	97 KSZO Ostrowiec w.	5:28.83	500 B
50m: 36.47 36.47	150m: 2:00.10 40.72	250m: 3:27.88 46.68	350m: 4:51.80 36.49
100m: 1:19.38 42.91	200m: 2:41.20 41.10	300m: 4:15.31 47.43	400m: 5:28.83 37.03
12. BAGI SKA Zofia	97 Siódemka Sopot	5:29.56	496 B
50m: 36.05 36.05	150m: 1:59.81 42.24	250m: 3:27.98 45.87	350m: 4:52.46 38.77
100m: 1:17.57 41.52	200m: 2:42.11 42.30	300m: 4:13.69 45.71	400m: 5:29.56 37.10
13. CZERNIAK Magdalena	97 MKP Bobry D bica	5:32.27	484 B
50m: 33.72 33.72	150m: 1:56.84 42.66	250m: 3:26.52 47.96	350m: 4:54.20 38.44
100m: 1:14.18 40.46	200m: 2:38.56 41.72	300m: 4:15.76 49.24	400m: 5:32.27 38.07
14. JO CZYK Aleksandra	97 MKS Jedyńka Łód	5:32.44	484 B
50m: 33.39 33.39	150m: 2:40.70 1:26.80	250m: 4:16.52 48.72	350m: 5:32.44 37.05
100m: 1:13.90 40.51	200m: 3:27.80 47.10	300m: 4:55.39 38.87	400m: 5:32.44
15. BARTNIAK Dorota	97 Mks Trójka Łód	5:34.38	475 B
50m: 36.22 36.22	150m: 2:03.31 44.38	250m: 3:31.77 45.46	350m: 4:57.58 39.09
100m: 1:18.93 42.71	200m: 2:46.31 43.00	300m: 4:18.49 46.72	400m: 5:34.38 36.80
16. NIED WIEDZKA Małgorzata SR	97 MMKS K dzierzyn-Ko le	5:36.85	465 B
50m: 35.28 35.28	150m: 2:02.72 45.60	250m: 3:31.71 44.41	350m: 4:57.58 39.61
100m: 1:17.12 41.84	200m: 2:47.30 44.58	300m: 4:17.97 46.26	400m: 5:36.85 39.27
17. SOŁTYSIAK Patrycja	97 MOSiR Mysłowice	5:52.74	405 R
50m: 35.69 35.69	150m: 2:05.38 46.02	250m: 3:37.78 47.12	350m: 5:11.50 43.30
100m: 1:19.36 43.67	200m: 2:50.66 45.28	300m: 4:28.20 50.42	400m: 5:52.74 41.24

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Pozycja	Rok ur.								Czas	Pkt.	
18. KOLECEK Natalia	97 VEGA Dobrodzie								5:53.34	403 R	
50m:	39.12	39.12	150m:	2:08.43	47.47	250m:	3:41.85	48.12	350m:	5:13.82	41.31
100m:	1:20.96	41.84	200m:	2:53.73	45.30	300m:	4:32.51	50.66	400m:	5:53.34	39.52
19. SADOWSKA Natalia	97 Olimpijczyk Suwałki								5:57.59	389	
50m:	35.03	35.03	150m:	2:02.12	45.00	250m:	3:37.15	51.68	350m:	5:13.91	43.40
100m:	1:17.12	42.09	200m:	2:45.47	43.35	300m:	4:30.51	53.36	400m:	5:57.59	43.68
20. MARCINKIEWICZ Agata	97 MUKP Warszawianka Warszawa								6:08.69	354	
50m:	40.25	40.25	150m:	2:15.20	45.64	250m:	3:49.51	49.08	350m:	5:25.96	45.77
100m:	1:29.56	49.31	200m:	3:00.43	45.23	300m:	4:40.19	50.68	400m:	6:08.69	42.73
DYSKW. RESZOTKO JULIA	97 MKP Szczecin								5:32.81		
ZM9											
50m:	35.76	35.76	150m:	2:00.23	41.92	250m:	3:28.26	46.38	350m:	4:54.76	38.91
100m:	1:18.31	42.55	200m:	2:41.88	41.65	300m:	4:15.85	47.59	400m:	5:32.81	38.05