

Zimowe Mistrzostwa Polski Juniorów Młodszych 14 lat  
Gorzów Wlkp., 11 - 13-3-2011

Konkurencja 11  
2011-03-11

Dziewcz t, 400m zmienny

14 lat  
Wyniki Finał

Rekordy Polski 14 lat 4:53.95 SZMAGALSKA Agata SLGOR Gorzów Wielkopolski 2009-11-29

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
<b>Finał A</b>									
1.	KARPISZ Milena	97	UKS Pi tka Konstantynów					<b>5:02.60</b>	641
	50m: 33.41 33.41	150m: 1:49.82 39.44	250m: 3:09.76 40.17	350m: 4:27.29 35.62					
	100m: 1:10.38 36.97	200m: 2:29.59 39.77	300m: 3:51.67 41.91	400m: 5:02.60 35.31					
2.	MENDOWSKA PAULINA	97	Warta Pozna					<b>5:07.34</b>	612
	50m: 31.93 31.93	150m: 1:49.06 38.83	250m: 3:11.87 43.61	350m: 4:32.29 36.93					
	100m: 1:10.23 38.30	200m: 2:28.26 39.20	300m: 3:55.36 43.49	400m: 5:07.34 35.05					
3.	LIWI SKA Marta	97	MOS D browa Górnicza					<b>5:07.53</b>	611
	50m: 31.84 31.84	150m: 1:50.62 41.77	250m: 3:15.76 43.73	350m: 4:34.34 34.09					
	100m: 1:08.85 37.01	200m: 2:32.03 41.41	300m: 4:00.25 44.49	400m: 5:07.53 33.19					
4.	CIESZKO Agnieszka	97	SKS START Łód					<b>5:08.63</b>	605
	50m: 31.51 31.51	150m: 1:49.70 40.86	250m: 3:14.18 43.85	350m: 4:35.31 35.51					
	100m: 1:08.84 37.33	200m: 2:30.33 40.63	300m: 3:59.80 45.62	400m: 5:08.63 33.32					
5.	BIEDRZYCKA Iga	97	RO Pisz					<b>5:08.88</b>	603
	50m: 33.24 33.24	150m: 1:51.79 39.60	250m: 3:15.45 43.57	350m: 4:34.83 35.59					
	100m: 1:12.19 38.95	200m: 2:31.88 40.09	300m: 3:59.24 43.79	400m: 5:08.88 34.05					
6.	MARZEC Sara	97	Unia Oswiecim					<b>5:19.15</b>	547
	50m: 34.75 34.75	150m: 1:54.89 39.60	250m: 3:21.23 45.34	350m: 4:43.18 36.68					
	100m: 1:15.29 40.54	200m: 2:35.89 41.00	300m: 4:06.50 45.27	400m: 5:19.15 35.97					
7.	KUBACKA Magda	97	Ks Piatka Chorzów					<b>5:21.37</b>	535
	50m: 35.34 35.34	150m: 1:57.87 41.86	250m: 3:23.19 44.64	350m: 4:45.67 36.68					
	100m: 1:16.01 40.67	200m: 2:38.55 40.68	300m: 4:08.99 45.80	400m: 5:21.37 35.70					
8.	CIEBIELSKA Adrianna	97	MKP Słowianka Gorzów Wlkp.					<b>5:24.65</b>	519
	50m: 34.24 34.24	150m: 1:56.54 41.62	250m: 3:23.21 44.13	350m: 4:47.53 38.89					
	100m: 1:14.92 40.68	200m: 2:39.08 42.54	300m: 4:08.64 45.43	400m: 5:24.65 37.12					
<b>Finał B</b>									
9.	CZERNIAK Magdalena	97	MKP Bobry D bica					<b>5:27.17</b>	507
	50m: 34.58 34.58	150m: 1:57.06 41.28	250m: 3:26.22 47.03	350m: 4:52.28 38.33					
	100m: 1:15.78 41.20	200m: 2:39.19 42.13	300m: 4:13.95 47.73	400m: 5:27.17 34.89					
10.	KANIAK Aleksandra	97	MKS Juvenia Wrocław					<b>5:27.43</b>	506
	50m: 36.71 36.71	150m: 2:01.68 41.75	250m: 3:27.86 45.15	350m: 4:51.41 38.30					
	100m: 1:19.93 43.22	200m: 2:42.71 41.03	300m: 4:13.11 45.25	400m: 5:27.43 36.02					
11.	ZAWOLIK Wiktoria	97	KSZO Ostrowiec w.					<b>5:29.40</b>	497
	50m: 36.70 36.70	150m: 2:01.37 40.68	250m: 3:29.27 47.83	350m: 4:54.14 36.97					
	100m: 1:20.69 43.99	200m: 2:41.44 40.07	300m: 4:17.17 47.90	400m: 5:29.40 35.26					
12.	WI NIEWSKA NATALIA	97	Warta Pozna					<b>5:29.72</b>	496
	50m: 35.84 35.84	150m: 1:59.93 42.00	250m: 3:26.29 45.30	350m: 4:52.43 40.05					
	100m: 1:17.93 42.09	200m: 2:40.99 41.06	300m: 4:12.38 46.09	400m: 5:29.72 37.29					
13.	BARTNIAK Dorota	97	Mks Trójka Łód					<b>5:37.16</b>	464
	50m: 37.53 37.53	150m: 2:06.19 45.21	250m: 3:35.37 45.61	350m: 5:01.42 39.09					
	100m: 1:20.98 43.45	200m: 2:49.76 43.57	300m: 4:22.33 46.96	400m: 5:37.16 35.74					
14.	SADOWSKA Natalia	97	Olimpijczyk Suwałki					<b>5:45.22</b>	432
	50m: 35.01 35.01	150m: 2:00.19 43.94	250m: 3:32.53 49.24	350m: 5:04.40 41.23					
	100m: 1:16.25 41.24	200m: 2:43.29 43.10	300m: 4:23.17 50.64	400m: 5:45.22 40.82					
15.	KOLECEK Natalia	97	VEGA Dobrodzie					<b>5:51.95</b>	408
	50m: 36.90 36.90	150m: 2:52.85 45.01	250m: 350m: 5:13.05 40.72						
	100m: 2:07.84 1:30.94	200m: 3:41.93 49.08	300m: 4:32.33 400m: 5:51.95 38.90						
DYSKW.	SOŁTYSIAK Patrycja	97	MOSiR Mysłowice					<b>5:52.15</b>	
	ZK12								
	50m: 37.49 37.49	150m: 2:09.96 45.65	250m: 3:41.70 46.67	350m: 5:11.90 40.49					
	100m: 1:24.31 46.82	200m: 2:55.03 45.07	300m: 4:31.41 49.71	400m: 5:52.15 40.25					