

Zimowe Mistrzostwa Polski Juniorów 16 lat
Gorzów Wielkopolski, 14. - 16.12.2018

Konkurencja 11
14.12.2018 - 10:30

Dziewcz t, 400m zmienny

16 lat
Wyniki Eliminacje

Rekord Polski 4:41.20 KNOP Aleksandra POL Łód 10.11.2018

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.	
1.	WILCZEWSKA Aleksandra		02	Olimpia Lublin				4:56.92	667	A
	50m:	31.60 31.60	150m:	1:46.01 37.89	250m:	3:05.90 42.99	350m:	4:22.60 34.96		
	100m:	1:08.12 36.52	200m:	2:22.91 36.90	300m:	3:47.64 41.74	400m:	4:56.92 34.32		
2.	KUCHTA Maria		02	UKS „Dwójka” Tczew				4:58.18	658	A
	50m:	31.35 31.35	150m:	1:46.76 39.02	250m:	3:07.29 42.63	350m:	4:24.89 33.56		
	100m:	1:07.74 36.39	200m:	2:24.66 37.90	300m:	3:51.33 44.04	400m:	4:58.18 33.29		
3.	NOWAK Zuzanna		02	UKP Unia O wi cim				4:59.27	651	A
	50m:	31.80 31.80	150m:	1:47.05 38.48	250m:	3:08.76 43.35	350m:	4:25.98 34.04		
	100m:	1:08.57 36.77	200m:	2:25.41 38.36	300m:	3:51.94 43.18	400m:	4:59.27 33.29		
4.	MILEK Marcelina		02	UKS SMS Galicja Kraków				4:59.75	648	A
	50m:	31.66 31.66	150m:	1:45.97 37.66	250m:	3:07.86 43.53	350m:	4:27.10 35.16		
	100m:	1:08.31 36.65	200m:	2:24.33 38.36	300m:	3:51.94 44.08	400m:	4:59.75 32.65		
5.	KRYPA Marta		02	UKS Manta Warszawa Włochy				5:00.04	646	A
	50m:	31.35 31.35	150m:	1:46.09 38.86	250m:	3:07.92 42.90	350m:	4:26.29 34.26		
	100m:	1:07.23 35.88	200m:	2:25.02 38.93	300m:	3:52.03 44.11	400m:	5:00.04 33.75		
6.	PROCHOWNIK Martyna		02	KU AZS UMCS Lublin				5:02.27	632	A
	50m:	31.93 31.93	150m:	1:46.37 38.22	250m:	3:08.66 44.46	350m:	4:28.20 35.45		
	100m:	1:08.15 36.22	200m:	2:24.20 37.83	300m:	3:52.75 44.09	400m:	5:02.27 34.07		
7.	CERLICH Oliwia		02	MKS „IKAR” Mielec				5:03.39	625	A
	50m:	33.36 33.36	150m:	1:49.80 39.93	250m:	3:12.01 42.54	350m:	4:29.41 33.74		
	100m:	1:09.87 36.51	200m:	2:29.47 39.67	300m:	3:55.67 43.66	400m:	5:03.39 33.98		
8.	BANACZKOWSKA Aleksandra		02	KS KSZO Ostrowiec w.				5:06.84	604	A
	50m:	33.85 33.85	150m:	1:53.54 39.77	250m:	3:13.11 39.89	350m:	4:30.44 37.44		
	100m:	1:13.77 39.92	200m:	2:33.22 39.68	300m:	3:53.00 39.89	400m:	5:06.84 36.40		
9.	RYGIEL Oliwia		02	UKS Junior Kluczbork				5:10.39	584	B
	50m:	32.83 32.83	150m:	1:48.63 38.65	250m:	3:13.14 46.05	350m:	4:36.12 36.59		
	100m:	1:09.98 37.15	200m:	2:27.09 38.46	300m:	3:59.53 46.39	400m:	5:10.39 34.27		
10.	KURASI SKA Oliwia		02	KS KSZO Ostrowiec w.				5:11.51	577	B
	50m:	33.90 33.90	150m:	1:52.27 39.87	250m:	3:15.63 44.16	350m:	4:36.64 36.40		
	100m:	1:12.40 38.50	200m:	2:31.47 39.20	300m:	4:00.24 44.61	400m:	5:11.51 34.87		
11.	KROSTA Emilia		02	UKS Wodnik Siemianowice I ski				5:13.62	566	B
	50m:	32.26 32.26	150m:	1:50.96 40.84	250m:	3:16.56 43.95	350m:	4:39.08 37.13		
	100m:	1:10.12 37.86	200m:	2:32.61 41.65	300m:	4:01.95 45.39	400m:	5:13.62 34.54		
12.	NOCO Dominika		02	UKP Unia O wi cim				5:14.14	563	B
	50m:	33.24 33.24	150m:	1:51.66 40.18	250m:	3:16.27 44.57	350m:	4:38.26 36.37		
	100m:	1:11.48 38.24	200m:	2:31.70 40.04	300m:	4:01.89 45.62	400m:	5:14.14 35.88		
13.	DRA YK Natalia		02	UKP Unia O wi cim				5:15.26	557	B
	50m:	34.24 34.24	150m:	1:53.03 39.95	250m:	3:18.19 45.21	350m:	4:39.73 36.11		
	100m:	1:13.08 38.84	200m:	2:32.98 39.95	300m:	4:03.62 45.43	400m:	5:15.26 35.53		
14.	KAPCI SKA Maja		02	UKP Unia O wi cim				5:15.39	556	B
	50m:	33.60 33.60	150m:	1:51.15 40.17	250m:	3:16.38 43.84	350m:	4:39.27 37.39		
	100m:	1:10.98 37.38	200m:	2:32.54 41.39	300m:	4:01.88 45.50	400m:	5:15.39 36.12		
15.	SZPIEGOWSKA Wiktoria		02	WKS I sk Wrocław				5:20.12	532	B
	50m:	33.27 33.27	150m:	1:52.89 40.86	250m:	3:18.82 45.98	350m:	4:43.50 37.16		
	100m:	1:12.03 38.76	200m:	2:32.84 39.95	300m:	4:06.34 47.52	400m:	5:20.12 36.62		
16.	PAŁKA Aleksandra		02	MKP „Wodnik 29” Tychy				5:36.75	457	B
	50m:	35.16 35.16	150m:	2:00.36 43.35	250m:	3:28.98 45.66	350m:	4:57.79 41.30		
	100m:	1:17.01 41.85	200m:	2:43.32 42.96	300m:	4:16.49 47.51	400m:	5:36.75 38.96		

Zimowe Mistrzostwa Polski Juniorów 16 lat
Gorzów Wielkopolski, 14. - 16.12.2018

Konkurencja 11, Dziewcz t, 400m zmienny, Eliminacje, 16 lat

Pozycja			Rok ur.						Czas	Pkt.
DYSKW.	SOBIAK Zuzanna		02		WKS I sk Wrocław				4:59.75	
	O1									
	50m:	30.96 30.96	150m:	1:46.38 38.58	250m:	3:07.06 43.98	350m:	4:26.11 34.97		
	100m:	1:07.80 36.84	200m:	2:23.08 36.70	300m:	3:51.14 44.08	400m:	4:59.75 33.64		