

Zimowe Mistrzostwa Polski Juniorów 16 lat
Gorzów Wielkopolski, 14. - 16.12.2018

Konkurencja 12
14.12.2018 - 10:50

Chłopców, 400m zmienny

16 lat
Wyniki Eliminacje

Rekord Polski 4:12.62 W GROWSKI Marcel POL Lublin 18.12.2015

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.	
1.	ZDZIEBŁO Piotr		02	WKS I sk Wrocław				4:29.02	670	A
	50m:	28.24 28.24	150m:	1:35.38	35.36	250m:	2:47.03	37.76	350m:	3:57.34 32.80
	100m:	1:00.02 31.78	200m:	2:09.27	33.89	300m:	3:24.54	37.51	400m:	4:29.02 31.68
2.	SYNOWIEC Mikołaj		02	UKS SMS Galicja Kraków				4:31.05	655	A
	50m:	28.36 28.36	150m:	1:36.40	35.43	250m:	2:49.97	37.50	350m:	4:00.90 32.68
	100m:	1:00.97 32.61	200m:	2:12.47	36.07	300m:	3:28.22	38.25	400m:	4:31.05 30.15
3.	KSI NICKI Dawid		02	MKS „IKAR” Mielec				4:31.52	652	A
	50m:	29.18 29.18	150m:	1:38.37	36.19	250m:	2:50.39	37.24	350m:	4:00.26 33.15
	100m:	1:02.18 33.00	200m:	2:13.15	34.78	300m:	3:27.11	36.72	400m:	4:31.52 31.26
4.	POPIOŁEK Dawid		02	Uks Skarpa Lublin				4:32.23	647	A
	50m:	29.03 29.03	150m:	1:36.61	35.37	250m:	2:51.10	40.23	350m:	4:00.88 30.67
	100m:	1:01.24 32.21	200m:	2:10.87	34.26	300m:	3:30.21	39.11	400m:	4:32.23 31.35
5.	RAJCA Wiktor		02	UKS 190 Łódź				4:32.73	643	A
	50m:	28.86 28.86	150m:	1:35.52	34.39	250m:	2:48.73	37.77	350m:	4:01.22 32.78
	100m:	1:01.13 32.27	200m:	2:10.96	35.44	300m:	3:28.44	39.71	400m:	4:32.73 31.51
6.	BLACHURA Oskar		02	UKP Unia O wi cim				4:34.62	630	A
	50m:	29.36 29.36	150m:	1:37.57	35.25	250m:	2:50.94	38.51	350m:	4:02.45 32.01
	100m:	1:02.32 32.96	200m:	2:12.43	34.86	300m:	3:30.44	39.50	400m:	4:34.62 32.17
7.	SZCZYGIEŁ David		02	UKP Unia O wi cim				4:34.86	628	A
	50m:	29.33 29.33	150m:	1:37.28	35.00	250m:	2:51.10	38.82	350m:	4:03.45 32.45
	100m:	1:02.28 32.95	200m:	2:12.28	35.00	300m:	3:31.00	39.90	400m:	4:34.86 31.41
8.	JA KIEWICZ Adrian		02	UKS G-8 Bielany Warszawa				4:37.29	612	A
	50m:	27.96 27.96	150m:	1:35.84	35.84	250m:	2:51.34	40.30	350m:	4:05.51 32.69
	100m:	1:00.00 32.04	200m:	2:11.04	35.20	300m:	3:32.82	41.48	400m:	4:37.29 31.78
9.	WORONKO Krzysztof		02	MTP Kormoran Olsztyn				4:37.84	608	B
	50m:	28.92 28.92	150m:	1:36.15	33.94	250m:	2:50.84	40.75	350m:	4:05.19 32.49
	100m:	1:02.21 33.29	200m:	2:10.09	33.94	300m:	3:32.70	41.86	400m:	4:37.84 32.65
10.	DOROBA Michał		02	WKS I sk Wrocław				4:37.97	608	B
	50m:	30.88 30.88	150m:	1:41.88	36.46	250m:	2:56.65	38.33	350m:	4:07.53 31.81
	100m:	1:05.42 34.54	200m:	2:18.32	36.44	300m:	3:35.72	39.07	400m:	4:37.97 30.44
11.	BOBORYK Wojciech		02	KS Delfin Gdynia				4:39.27	599	B
	50m:	29.21 29.21	150m:	1:38.18	35.28	250m:	2:52.82	39.39	350m:	4:06.25 32.90
	100m:	1:02.90 33.69	200m:	2:13.43	35.25	300m:	3:33.35	40.53	400m:	4:39.27 33.02
12.	MAGDA Patryk		02	MKS „IKAR” Mielec				4:39.48	598	B
	50m:	29.27 29.27	150m:	1:39.18	36.18	250m:	2:55.70	40.77	350m:	4:08.38 32.16
	100m:	1:03.00 33.73	200m:	2:14.93	35.75	300m:	3:36.22	40.52	400m:	4:39.48 31.10
13.	KUBIAK Norbert		02	Warta Pozna				4:40.79	589	B
	50m:	29.53 29.53	150m:	1:38.40	34.86	250m:	2:54.08	39.65	350m:	4:07.51 32.75
	100m:	1:03.54 34.01	200m:	2:14.43	36.03	300m:	3:34.76	40.68	400m:	4:40.79 33.28
14.	PŁATEK Maciej		02	UKP Unia O wi cim				4:41.78	583	B
	50m:	31.06 31.06	150m:	1:40.89	36.41	250m:	2:56.77	40.32	350m:	4:10.74 32.90
	100m:	1:04.48 33.42	200m:	2:16.45	35.56	300m:	3:37.84	41.07	400m:	4:41.78 31.04
15.	KRZYSZTY SKI Jan		02	UKS SMS Galicja Kraków				4:43.41	573	B
	50m:	29.99 29.99	150m:	1:40.94	36.65	250m:	2:58.03	41.22	350m:	4:11.12 32.83
	100m:	1:04.29 34.30	200m:	2:16.81	35.87	300m:	3:38.29	40.26	400m:	4:43.41 32.29
16.	MATYJASEK Maciej		02	MMKS K dzierzyn-Ko le				4:44.01	570	B
	50m:	29.78 29.78	150m:	1:40.63	37.54	250m:	2:56.86	40.77	350m:	4:12.27 33.44
	100m:	1:03.09 33.31	200m:	2:16.09	35.46	300m:	3:38.83	41.97	400m:	4:44.01 31.74
17.	GAŁUSZKA Bruno		02	UKP Unia O wi cim				4:44.99	564	R
	50m:	31.70 31.70	150m:	1:44.05	36.20	250m:	2:58.35	38.51	350m:	4:11.97 34.33
	100m:	1:07.85 36.15	200m:	2:19.84	35.79	300m:	3:37.64	39.29	400m:	4:44.99 33.02

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Pozycja	Rok ur.								Czas	Pkt.
18. KESLER Marcin	02 KS KSZO Ostrowiec w.								4:45.64	560 R
50m: 30.06	30.06	150m: 1:41.76	36.89	250m: 2:59.31	40.97	350m: 4:14.69	33.11			
100m: 1:04.87	34.81	200m: 2:18.34	36.58	300m: 3:41.58	42.27	400m: 4:45.64	30.95			
19. RUTA Kamil	02 UKP „Polonia Warszawa”								4:46.49	555
50m: 29.27	29.27	150m: 1:40.55	37.17	250m: 2:58.33	41.41	350m: 4:13.89	33.28			
100m: 1:03.38	34.11	200m: 2:16.92	36.37	300m: 3:40.61	42.28	400m: 4:46.49	32.60			
20. DOŁOWY Grzegorz	02 IUKS „Muszelka” Warszawa								4:47.24	551
50m: 30.91	30.91	150m: 1:41.91	36.49	250m: 3:01.64	43.69	350m: 4:16.89	31.90			
100m: 1:05.42	34.51	200m: 2:17.95	36.04	300m: 3:44.99	43.35	400m: 4:47.24	30.35			
21. KALISIAK Norbert	02 UKS Nawa Skierniewice								4:51.87	525
50m: 31.18	31.18	150m: 1:44.91	37.69	250m: 3:03.50	42.71	350m: 4:19.21	33.20			
100m: 1:07.22	36.04	200m: 2:20.79	35.88	300m: 3:46.01	42.51	400m: 4:51.87	32.66			
22. STA CZYK Jarema	02 MMKS K dzierzyn-Ko le								4:52.15	523
50m: 31.40	31.40	150m: 1:46.78	38.36	250m: 3:02.75	38.90	350m: 4:18.35	35.05			
100m: 1:08.42	37.02	200m: 2:23.85	37.07	300m: 3:43.30	40.55	400m: 4:52.15	33.80			
23. SOBORSKI Jakub	02 UKS „Omega” Olkusz								5:03.68	466
50m: 29.01	29.01	150m: 1:40.17	36.77	250m: 3:01.73	44.49	350m: 4:26.82	37.72			
100m: 1:03.40	34.39	200m: 2:17.24	37.07	300m: 3:49.10	47.37	400m: 5:03.68	36.86			
24. BO EK Filip	02 UKP Fala Kra nik								5:06.71	452
50m: 30.88	30.88	150m: 1:46.37	38.14	250m: 3:10.28	45.83	350m: 4:31.79	34.90			
100m: 1:08.23	37.35	200m: 2:24.45	38.08	300m: 3:56.89	46.61	400m: 5:06.71	34.92			