

Zimowe Mistrzostwa Polski Juniorów 16 lat
Gorzów Wielkopolski, 14. - 16.12.2018

Konkurencja 19 Dziewcz t, 400m dowolny 16 lat
15.12.2018 - 9:25 Wyniki Eliminacje

Rekord Polski 4:08.04 KILIJA SKA Donata POL Poznan 17.12.2011

Punkty: FINA 2017

Pozycja			Rok ur.							Czas	Pkt.	
1.	SKIBIAK Klaudia		02	UKS 190 Łód						4:23.42	705	A
	50m:	30.84	30.84	150m:	1:37.94	33.85	250m:	2:45.25	33.53	350m:	3:51.52	32.79
	100m:	1:04.09	33.25	200m:	2:11.72	33.78	300m:	3:18.73	33.48	400m:	4:23.42	31.90
2.	D BROWSKA Tatiana		02	UKS 190 Łód						4:23.62	704	A
	50m:	30.93	30.93	150m:	1:37.57	33.66	250m:	2:44.65	33.57	350m:	3:52.16	33.72
	100m:	1:03.91	32.98	200m:	2:11.08	33.51	300m:	3:18.44	33.79	400m:	4:23.62	31.46
3.	MICIAK Agata		02	MKP „SŁOWIANKA” Gorzów Wlkp.						4:24.70	695	A
	50m:	30.52	30.52	150m:	1:36.23	32.93	250m:	2:43.43	33.72	350m:	3:51.36	34.11
	100m:	1:03.30	32.78	200m:	2:09.71	33.48	300m:	3:17.25	33.82	400m:	4:24.70	33.34
4.	KUCHTA Maria		02	UKS „Dwójka” Tczew						4:25.15	691	A
	50m:	30.71	30.71	150m:	1:38.04	33.80	250m:	2:45.29	33.54	350m:	3:52.88	33.71
	100m:	1:04.24	33.53	200m:	2:11.75	33.71	300m:	3:19.17	33.88	400m:	4:25.15	32.27
5.	CERLICH Oliwia		02	MKS „IKAR” Mielec						4:26.97	677	A
	50m:	30.52	30.52	150m:	1:37.60	33.62	250m:	2:45.78	34.19	350m:	3:53.91	34.02
	100m:	1:03.98	33.46	200m:	2:11.59	33.99	300m:	3:19.89	34.11	400m:	4:26.97	33.06
6.	JASZCZUK Ewa		02	MTP Kormoran Olsztyn						4:27.25	675	A
	50m:	30.50	30.50	150m:	1:36.76	33.36	250m:	2:44.92	33.76	350m:	3:54.08	34.66
	100m:	1:03.40	32.90	200m:	2:11.16	34.40	300m:	3:19.42	34.50	400m:	4:27.25	33.17
7.	ŁUCZAK Dominika		02	TP Zielona Góra						4:28.99	662	A
	50m:	30.43	30.43	150m:	1:37.26	33.54	250m:	2:45.83	34.33	350m:	3:54.90	34.78
	100m:	1:03.72	33.29	200m:	2:11.50	34.24	300m:	3:20.12	34.29	400m:	4:28.99	34.09
8.	SZEWCZYK Zofia		02	UKP Fala Kra nik						4:29.44	659	A
	50m:	32.02	32.02	150m:	1:40.71	34.40	250m:	2:48.43	33.54	350m:	3:56.34	33.89
	100m:	1:06.31	34.29	200m:	2:14.89	34.18	300m:	3:22.45	34.02	400m:	4:29.44	33.10
9.	DOM OL Zuzanna		02	KKS Włókniarz Kalisz						4:32.03	640	B
	50m:	31.25	31.25	150m:	1:40.34	34.69	250m:	2:49.50	34.55	350m:	3:58.72	34.66
	100m:	1:05.65	34.40	200m:	2:14.95	34.61	300m:	3:24.06	34.56	400m:	4:32.03	33.31
10.	RODA Dominika		02	MKP Szczecin						4:34.08	626	B
	50m:	31.09	31.09	150m:	1:39.51	34.53	250m:	2:49.23	34.76	350m:	3:59.83	35.30
	100m:	1:04.98	33.89	200m:	2:14.47	34.96	300m:	3:24.53	35.30	400m:	4:34.08	34.25
11.	KUSION Weronika		02	UKP Unia O wi cim						4:35.15	619	B
	50m:	31.88	31.88	150m:	1:41.11	34.94	250m:	2:51.79	35.18	350m:	4:01.31	35.07
	100m:	1:06.17	34.29	200m:	2:16.61	35.50	300m:	3:26.24	34.45	400m:	4:35.15	33.84
12.	FUKS Emilia		02	UKS Wodnik Siemianowice I ski						4:36.77	608	B
	50m:	31.68	31.68	150m:	1:41.45	35.26	250m:	2:52.44	35.57	350m:	4:03.31	35.05
	100m:	1:06.19	34.51	200m:	2:16.87	35.42	300m:	3:28.26	35.82	400m:	4:36.77	33.46
13.	SERAFIN Barbara		02	UKS G-8 Bielany Warszawa						4:37.25	605	B
	50m:	31.46	31.46	150m:	1:41.55	34.99	250m:	2:52.36	35.44	350m:	4:03.00	35.07
	100m:	1:06.56	35.10	200m:	2:16.92	35.37	300m:	3:27.93	35.57	400m:	4:37.25	34.25
14.	ZAR BA-PARADOWSKA Julia		02	UKS G-8 Bielany Warszawa						4:37.54	603	B
	50m:	32.26	32.26	150m:	1:42.45	35.13	250m:	2:52.52	35.11	350m:	4:03.06	35.23
	100m:	1:07.32	35.06	200m:	2:17.41	34.96	300m:	3:27.83	35.31	400m:	4:37.54	34.48
15.	SZYMA SKA Wiktoria		02	KKS Włókniarz Kalisz						4:39.65	589	B
	50m:	31.74	31.74	150m:	1:41.74	35.41	250m:	2:53.20	35.73	350m:	4:05.57	36.36
	100m:	1:06.33	34.59	200m:	2:17.47	35.73	300m:	3:29.21	36.01	400m:	4:39.65	34.08
16.	KURASI SKA Oliwia		02	KS KSZO Ostrowiec w.						4:40.34	585	B
	50m:	31.76	31.76	150m:	1:42.12	35.37	250m:	2:53.82	36.01	350m:	4:05.58	35.90
	100m:	1:06.75	34.99	200m:	2:17.81	35.69	300m:	3:29.68	35.86	400m:	4:40.34	34.76
17.	JASIORSKA Aleksandra		02	UKP „Polonia Warszawa”						4:41.74	576	R
	50m:	32.03	32.03	150m:	1:41.50	35.05	250m:	2:52.67	35.90	350m:	4:05.52	36.64
	100m:	1:06.45	34.42	200m:	2:16.77	35.27	300m:	3:28.88	36.21	400m:	4:41.74	36.22

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Pozycja	Rok ur.								Czas	Pkt.	
18. MAZIAR Alicja	02 Rekin wiebodzice								4:46.13	550 R	
50m:	32.09	32.09	150m:	1:44.16	36.53	250m:	2:56.76	36.32	350m:	4:10.66	36.92
100m:	1:07.63	35.54	200m:	2:20.44	36.28	300m:	3:33.74	36.98	400m:	4:46.13	35.47
19. KULISIEWICZ Adrianna	02 UKS SMS Galicja Kraków								4:48.94	534	
50m:	32.60	32.60	150m:	1:44.54	36.22	250m:	2:58.27	37.06	350m:	4:13.18	37.35
100m:	1:08.32	35.72	200m:	2:21.21	36.67	300m:	3:35.83	37.56	400m:	4:48.94	35.76
20. SZPIEGOWSKA Wiktoria	02 WKS I sk Wrocław								4:49.65	530	
50m:	32.17	32.17	150m:	1:44.57	36.43	250m:	2:58.63	36.90	350m:	4:13.37	37.46
100m:	1:08.14	35.97	200m:	2:21.73	37.16	300m:	3:35.91	37.28	400m:	4:49.65	36.28
21. POLASIK Natalia	02 MKS Medyk Gi ycko								5:06.99	445	
50m:	33.08	33.08	150m:	1:49.61	38.96	250m:	3:08.69	39.71	350m:	4:27.86	39.53
100m:	1:10.65	37.57	200m:	2:28.98	39.37	300m:	3:48.33	39.64	400m:	5:06.99	39.13