

Zimowe Mistrzostwa Polski Juniorów 16 lat
Gorzów Wielkopolski, 14. - 16.12.2018

Konkurencja 19
15.12.2018 - 17:30

Dziewcz t, 400m dowolny

16 lat
Wyniki Finał

Rekord Polski 4:08.04 KILIJA SKA Donata POL Poznan 17.12.2011

Punkty: FINA 2017

Pozycja			Rok ur.							Czas	Pkt.
Finał A											
1.	SKIBIAK Klaudia		02	UKS 190 Łód					4:17.92	751	
	50m: 30.34	30.34	150m: 1:35.99	32.84	250m: 2:42.18	32.92	350m: 3:46.80	32.20			
	100m: 1:03.15	32.81	200m: 2:09.26	33.27	300m: 3:14.60	32.42	400m: 4:17.92	31.12			
2.	KUCHTA Maria		02	UKS „Dwójka” Tczew					4:19.84	735	
	50m: 30.44	30.44	150m: 1:36.69	33.31	250m: 2:42.87	32.94	350m: 3:48.36	32.62			
	100m: 1:03.38	32.94	200m: 2:09.93	33.24	300m: 3:15.74	32.87	400m: 4:19.84	31.48			
3.	MICIAK Agata		02	MKP „SŁOWIANKA” Gorzów Wlkp.					4:21.18	723	
	50m: 30.06	30.06	150m: 1:36.05	33.09	250m: 2:42.80	33.38	350m: 3:49.61	33.06			
	100m: 1:02.96	32.90	200m: 2:09.42	33.37	300m: 3:16.55	33.75	400m: 4:21.18	31.57			
4.	D BROWSKA Tatiana		02	UKS 190 Łód					4:21.27	723	
	50m: 30.43	30.43	150m: 1:36.38	33.16	250m: 2:43.17	33.48	350m: 3:49.94	33.39			
	100m: 1:03.22	32.79	200m: 2:09.69	33.31	300m: 3:16.55	33.38	400m: 4:21.27	31.33			
5.	JASZCZUK Ewa		02	MTP Kormoran Olsztyn					4:22.10	716	
	50m: 30.21	30.21	150m: 1:35.06	32.63	250m: 2:41.52	33.28	350m: 3:49.43	34.05			
	100m: 1:02.43	32.22	200m: 2:08.24	33.18	300m: 3:15.38	33.86	400m: 4:22.10	32.67			
6.	CERLICH Oliwia		02	MKS „IKAR” Mielec					4:24.49	697	
	50m: 30.54	30.54	150m: 1:36.99	33.09	250m: 2:43.51	33.53	350m: 3:50.98	33.56			
	100m: 1:03.90	33.36	200m: 2:09.98	32.99	300m: 3:17.42	33.91	400m: 4:24.49	33.51			
7.	ŁUCZAK Dominika		02	TP Zielona Góra					4:25.13	692	
	50m: 29.97	29.97	150m: 1:36.51	33.34	250m: 2:43.83	33.75	350m: 3:51.68	33.87			
	100m: 1:03.17	33.20	200m: 2:10.08	33.57	300m: 3:17.81	33.98	400m: 4:25.13	33.45			
8.	SZEWCZYK Zofia		02	UKP Fala Kra nik					4:26.98	677	
	50m: 31.82	31.82	150m: 1:39.49	33.98	250m: 2:47.24	33.62	350m: 3:54.41	33.29			
	100m: 1:05.51	33.69	200m: 2:13.62	34.13	300m: 3:21.12	33.88	400m: 4:26.98	32.57			
Finał B											
9.	DOM OL Zuzanna		02	KKS Włókniarz Kalisz					4:31.27	646	
	50m: 30.88	30.88	150m: 1:38.46	34.10	250m: 2:47.69	34.68	350m: 3:57.55	34.91			
	100m: 1:04.36	33.48	200m: 2:13.01	34.55	300m: 3:22.64	34.95	400m: 4:31.27	33.72			
10.	KUSION Weronika		02	UKP Unia O wi cim					4:32.04	640	
	50m: 31.54	31.54	150m: 1:40.27	34.58	250m: 2:49.53	34.32	350m: 3:58.93	34.69			
	100m: 1:05.69	34.15	200m: 2:15.21	34.94	300m: 3:24.24	34.71	400m: 4:32.04	33.11			
11.	RODA Dominika		02	MKP Szczecin					4:32.13	640	
	50m: 31.20	31.20	150m: 1:39.32	34.32	250m: 2:49.01	34.83	350m: 3:58.97	34.80			
	100m: 1:05.00	33.80	200m: 2:14.18	34.86	300m: 3:24.17	35.16	400m: 4:32.13	33.16			
12.	SERAFIN Barbara		02	UKS G-8 Bielany Warszawa					4:32.19	639	
	50m: 31.14	31.14	150m: 1:40.52	35.23	250m: 2:50.56	35.02	350m: 3:59.84	34.37			
	100m: 1:05.29	34.15	200m: 2:15.54	35.02	300m: 3:25.47	34.91	400m: 4:32.19	32.35			
13.	ZAR BA-PARADOWSKA Julia		02	UKS G-8 Bielany Warszawa					4:33.14	632	
	50m: 30.56	30.56	150m: 1:37.57	33.91	250m: 2:47.45	35.31	350m: 3:58.51	35.54			
	100m: 1:03.66	33.10	200m: 2:12.14	34.57	300m: 3:22.97	35.52	400m: 4:33.14	34.63			
14.	FUKS Emilia		02	UKS Wodnik Siemianowice l ski					4:33.38	631	
	50m: 30.99	30.99	150m: 1:39.77	34.54	250m: 2:50.12	35.08	350m: 4:00.14	34.88			
	100m: 1:05.23	34.24	200m: 2:15.04	35.27	300m: 3:25.26	35.14	400m: 4:33.38	33.24			
15.	KURASI SKA Oliwia		02	KS KSZO Ostrowiec w.					4:36.10	612	
	50m: 32.52	32.52	150m: 1:42.11	35.30	250m: 2:52.64	35.22	350m: 4:02.42	35.08			
	100m: 1:06.81	34.29	200m: 2:17.42	35.31	300m: 3:27.34	34.70	400m: 4:36.10	33.68			
16.	SZYMA SKA Wiktoria		02	KKS Włókniarz Kalisz					4:39.86	588	
	50m: 31.31	31.31	150m: 1:40.91	35.19	250m: 2:51.77	35.59	350m: 4:04.27	36.16			
	100m: 1:05.72	34.41	200m: 2:16.18	35.27	300m: 3:28.11	36.34	400m: 4:39.86	35.59			