

Mistrzostwa I ska OPEN i Mistrzostwa I ska Juniorów 14,15,16 lat  
Gliwice, 20- - 21-6-2011

Konkurencja 19  
2011-06-20 - 16:45

Kobiet, 400m dowolny

Open  
Wyniki

Punkty: FINA 2010

Pozycja	Rok ur.	Czas	Pkt.
<b>14 lat</b>			
1. LIWI SKA Marta	97	<b>4:42.75</b>	605
50m: 32.67 32.67	150m: 1:45.10 36.30	250m: 2:56.95 35.82	350m: 4:08.08 35.44
100m: 1:08.80 36.13	200m: 2:21.13 36.03	300m: 3:32.64 35.69	400m: 4:42.75 34.67
2. ROSTOWSKA Wiktoria	97	<b>4:54.17</b>	537
50m: 32.69 32.69	150m: 1:46.52 37.02	250m: 3:02.21 37.86	350m: 4:18.59 37.74
100m: 1:09.50 36.81	200m: 2:24.35 37.83	300m: 3:40.85 38.64	400m: 4:54.17 35.58
3. BUDA Karolina	97	<b>5:02.25</b>	495
50m: 34.17 34.17	150m: 1:49.97 38.10	250m: 3:07.14 38.62	350m: 4:25.32 38.88
100m: 1:11.87 37.70	200m: 2:28.52 38.55	300m: 3:46.44 39.30	400m: 5:02.25 36.93
4. BA BOR Aleksandra	97	<b>5:23.60</b>	403
50m: 36.56 36.56	150m: 1:58.42 41.88	250m: 3:22.90 41.67	350m: 4:45.55 40.80
100m: 1:16.54 39.98	200m: 2:41.23 42.81	300m: 4:04.75 41.85	400m: 5:23.60 38.05
5. OLBRICH Karolina	97	<b>5:28.76</b>	384
50m: 35.03 35.03	150m: 1:57.56 41.82	250m: 3:22.91 42.62	350m: 4:46.85 42.13
100m: 1:15.74 40.71	200m: 2:40.29 42.73	300m: 4:04.72 41.81	400m: 5:28.76 41.91
6. KURDEK Karolina	97	<b>5:43.60</b>	337
50m: 36.82 36.82	150m: 2:02.62 43.11	250m: 3:32.80 45.13	350m: 5:02.32 44.67
100m: 1:19.51 42.69	200m: 2:47.67 45.05	300m: 4:17.65 44.85	400m: 5:43.60 41.28
<b>15 lat</b>			
1. BOHDANOWICZ Michalina	96	<b>4:42.86</b>	604
50m: 32.61 32.61	150m: 1:43.94 35.96	250m: 2:56.04 35.89	350m: 4:08.41 35.95
100m: 1:07.98 35.37	200m: 2:20.15 36.21	300m: 3:32.46 36.42	400m: 4:42.86 34.45
2. BARTOSZEK Joanna	96	<b>4:45.58</b>	587
50m: 33.94 33.94	150m: 1:48.60 37.53	250m: 3:01.42 35.78	350m: 4:12.23 34.51
100m: 1:11.07 37.13	200m: 2:25.64 37.04	300m: 3:37.72 36.30	400m: 4:45.58 33.35
3. OKAJ Oliwia	96	<b>4:47.19</b>	577
50m: 32.62 32.62	150m: 1:46.24 36.84	250m: 2:59.18 36.39	350m: 4:12.19 36.42
100m: 1:09.40 36.78	200m: 2:22.79 36.55	300m: 3:35.77 36.59	400m: 4:47.19 35.00
4. PLUTA Kinga	96	<b>4:48.69</b>	568
50m: 33.10 33.10	150m: 1:45.74 36.54	250m: 3:00.25 37.27	350m: 4:14.65 36.82
100m: 1:09.20 36.10	200m: 2:22.98 37.24	300m: 3:37.83 37.58	400m: 4:48.69 34.04
5. NOWAK Sonia	96	<b>4:53.52</b>	540
50m: 34.50 34.50	150m: 1:49.18 37.43	250m: 3:03.19 36.63	350m: 4:17.21 36.94
100m: 1:11.75 37.25	200m: 2:26.56 37.38	300m: 3:40.27 37.08	400m: 4:53.52 36.31
<b>16 lat</b>			
1. SZKROBOCZ Martyna	95	<b>4:54.82</b>	533
50m: 33.55 33.55	150m: 1:48.17 37.36	250m: 3:02.38 37.21	350m: 4:16.95 37.61
100m: 1:10.81 37.26	200m: 2:25.17 37.00	300m: 3:39.34 36.96	400m: 4:54.82 37.87
<b>Open</b>			
1. WAKUŁA Karolina	93	<b>4:38.64</b>	632
50m: 32.32 32.32	150m: 1:42.52 35.12	250m: 2:53.45 35.35	350m: 4:04.53 35.09
100m: 1:07.40 35.08	200m: 2:18.10 35.58	300m: 3:29.44 35.99	400m: 4:38.64 34.11
2. LIWI SKA Marta	97	<b>4:42.75</b>	605
50m: 32.67 32.67	150m: 1:45.10 36.30	250m: 2:56.95 35.82	350m: 4:08.08 35.44
100m: 1:08.80 36.13	200m: 2:21.13 36.03	300m: 3:32.64 35.69	400m: 4:42.75 34.67

Mistrzostwa I liga OPEN i Mistrzostwa I liga Juniorów 14,15,16 lat  
Gliwice, 20- -21-6-2011

Konkurencja 19, Kobiet, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.		
3.	BOHDANOWICZ Michalina		96	CSiR MOS D browa Górnicza				<b>4:42.86</b>	604		
	50m:	32.61 32.61	150m:	1:43.94	35.96	250m:	2:56.04	35.89	350m:	4:08.41	35.95
	100m:	1:07.98 35.37	200m:	2:20.15	36.21	300m:	3:32.46	36.42	400m:	4:42.86	34.45
4.	BARTOSZEK Joanna		96	Muks Gilus Gilowice				<b>4:45.58</b>	587		
	50m:	33.94 33.94	150m:	1:48.60	37.53	250m:	3:01.42	35.78	350m:	4:12.23	34.51
	100m:	1:11.07 37.13	200m:	2:25.64	37.04	300m:	3:37.72	36.30	400m:	4:45.58	33.35
5.	OKAJ Oliwia		96	Mks - Mos Katowice				<b>4:47.19</b>	577		
	50m:	32.62 32.62	150m:	1:46.24	36.84	250m:	2:59.18	36.39	350m:	4:12.19	36.42
	100m:	1:09.40 36.78	200m:	2:22.79	36.55	300m:	3:35.77	36.59	400m:	4:47.19	35.00
6.	PLUTA Kinga		96	CSiR MOS D browa Górnicza				<b>4:48.69</b>	568		
	50m:	33.10 33.10	150m:	1:45.74	36.54	250m:	3:00.25	37.27	350m:	4:14.65	36.82
	100m:	1:09.20 36.10	200m:	2:22.98	37.24	300m:	3:37.83	37.58	400m:	4:48.69	34.04
7.	NOWAK Sonia		96	Ks Piatka Chorzów				<b>4:53.52</b>	540		
	50m:	34.50 34.50	150m:	1:49.18	37.43	250m:	3:03.19	36.63	350m:	4:17.21	36.94
	100m:	1:11.75 37.25	200m:	2:26.56	37.38	300m:	3:40.27	37.08	400m:	4:53.52	36.31
8.	ROSTOWSKA Wiktoria		97	CSiR MOS D browa Górnicza				<b>4:54.17</b>	537		
	50m:	32.69 32.69	150m:	1:46.52	37.02	250m:	3:02.21	37.86	350m:	4:18.59	37.74
	100m:	1:09.50 36.81	200m:	2:24.35	37.83	300m:	3:40.85	38.64	400m:	4:54.17	35.58
9.	SZKROBOCZ Martyna		95	Uczniowski Klub Pływacki RUDA L SKA				<b>4:54.82</b>	533		
	50m:	33.55 33.55	150m:	1:48.17	37.36	250m:	3:02.38	37.21	350m:	4:16.95	37.61
	100m:	1:10.81 37.26	200m:	2:25.17	37.00	300m:	3:39.34	36.96	400m:	4:54.82	37.87
10.	BUDA Karolina		97	CSiR MOS D browa Górnicza				<b>5:02.25</b>	495		
	50m:	34.17 34.17	150m:	1:49.97	38.10	250m:	3:07.14	38.62	350m:	4:25.32	38.88
	100m:	1:11.87 37.70	200m:	2:28.52	38.55	300m:	3:46.44	39.30	400m:	5:02.25	36.93
11.	BOCHE SKA Wiktoria		99	SiKReT Gliwice				<b>5:23.12</b>	405		
	50m:	35.35 35.35	150m:	1:58.31	41.41	250m:	3:22.58	42.14	350m:	4:45.02	40.33
	100m:	1:16.90 41.55	200m:	2:40.44	42.13	300m:	4:04.69	42.11	400m:	5:23.12	38.10
12.	BA BOR Aleksandra		97	TKKF Szczygłowice Knurów				<b>5:23.60</b>	403		
	50m:	36.56 36.56	150m:	1:58.42	41.88	250m:	3:22.90	41.67	350m:	4:45.55	40.80
	100m:	1:16.54 39.98	200m:	2:41.23	42.81	300m:	4:04.75	41.85	400m:	5:23.60	38.05
13.	OLBRICH Karolina		97	UKS Aquatica Pawłowice				<b>5:28.76</b>	384		
	50m:	35.03 35.03	150m:	1:57.56	41.82	250m:	3:22.91	42.62	350m:	4:46.85	42.13
	100m:	1:15.74 40.71	200m:	2:40.29	42.73	300m:	4:04.72	41.81	400m:	5:28.76	41.91
14.	KURDEK Karolina		97	Uks Aligator Gorzyce				<b>5:43.60</b>	337		
	50m:	36.82 36.82	150m:	2:02.62	43.11	250m:	3:32.80	45.13	350m:	5:02.32	44.67
	100m:	1:19.51 42.69	200m:	2:47.67	45.05	300m:	4:17.65	44.85	400m:	5:43.60	41.28