

ZAWODY PŁYWACKIE O PUCHAR SWIMSHOPU
Katowice, 24- - 25-9-2011

Konkurencja 1
2011-09-24 - 9:00

Kobiet, 400m zmienny

Open
Wyniki

Top Times "Poland" 4:31.89 BARANOWSKA Katarzyna MKSZC Debrecen (HUN) 2007-12-16
Punkty: FINA 2010

Pozycja			Rok ur.							Czas	Pkt.
12 lat i młodszy											
1.	MAJTCZAK PAULINA		99	UKS 190 Łód						5:56.54	392
	50m:	38.15 38.15	150m:	2:07.56	45.78	250m:	3:42.51	51.16	350m:	5:17.90	41.53
	100m:	1:21.78 43.63	200m:	2:51.35	43.79	300m:	4:36.37	53.86	400m:	5:56.54	38.64
2.	NIED WIECKA KATARZYNA		99	UKS 190 Łód						6:08.01	356
	50m:	37.33 37.33	150m:	2:14.29	51.04	250m:	3:54.19	51.75	350m:	5:28.60	42.76
	100m:	1:23.25 45.92	200m:	3:02.44	48.15	300m:	4:45.84	51.65	400m:	6:08.01	39.41
3.	KNYCHALSKA KAROLINA		99	UKS 190 Łód						6:17.78	329
	50m:	38.58 38.58	150m:	2:11.35	46.67	250m:	3:53.31	56.19	350m:	5:34.78	45.03
	100m:	1:24.68 46.10	200m:	2:57.12	45.77	300m:	4:49.75	56.44	400m:	6:17.78	43.00

13 - 15 lat

1.	TREPKA Karolina		96	UKS "GIM 92 Ursynów" Warszawa						5:25.40	516
	50m:	34.18 34.18	150m:	1:55.16	40.45	250m:	3:22.88	47.82	350m:	4:48.47	37.83
	100m:	1:14.71 40.53	200m:	2:35.06	39.90	300m:	4:10.64	47.76	400m:	5:25.40	36.93
2.	GRABARCZYK Dominika		96	UKS "GIM 92 Ursynów" Warszawa						5:46.48	427
	50m:	35.31 35.31	150m:	1:58.49	43.90	250m:	3:28.97	47.71	350m:	5:04.22	46.15
	100m:	1:14.59 39.28	200m:	2:41.26	42.77	300m:	4:18.07	49.10	400m:	5:46.48	42.26

Open

1.	TCHÓRZ Alicja		92	MKP Słowianka Gorzów Wlkp						4:49.07	736
	50m:	30.46 30.46	150m:	1:43.23	38.13	250m:	3:02.00	40.94	350m:	4:17.06	33.65
	100m:	1:05.10 34.64	200m:	2:21.06	37.83	300m:	3:43.41	41.41	400m:	4:49.07	32.01
2.	JANKOWSKA Marta		92	AZS AWF Katowice						5:13.55	577
	50m:	32.52 32.52	150m:	1:49.74	40.17	250m:	3:14.36	44.84	350m:	4:36.37	37.38
	100m:	1:09.57 37.05	200m:	2:29.52	39.78	300m:	3:58.99	44.63	400m:	5:13.55	37.18
3.	TREPKA Karolina		96	UKS "GIM 92 Ursynów" Warszawa						5:25.40	516
	50m:	34.18 34.18	150m:	1:55.16	40.45	250m:	3:22.88	47.82	350m:	4:48.47	37.83
	100m:	1:14.71 40.53	200m:	2:35.06	39.90	300m:	4:10.64	47.76	400m:	5:25.40	36.93
4.	GRABARCZYK Dominika		96	UKS "GIM 92 Ursynów" Warszawa						5:46.48	427
	50m:	35.31 35.31	150m:	1:58.49	43.90	250m:	3:28.97	47.71	350m:	5:04.22	46.15
	100m:	1:14.59 39.28	200m:	2:41.26	42.77	300m:	4:18.07	49.10	400m:	5:46.48	42.26
5.	MAJTCZAK PAULINA		99	UKS 190 Łód						5:56.54	392
	50m:	38.15 38.15	150m:	2:07.56	45.78	250m:	3:42.51	51.16	350m:	5:17.90	41.53
	100m:	1:21.78 43.63	200m:	2:51.35	43.79	300m:	4:36.37	53.86	400m:	5:56.54	38.64
6.	NIED WIECKA KATARZYNA		99	UKS 190 Łód						6:08.01	356
	50m:	37.33 37.33	150m:	2:14.29	51.04	250m:	3:54.19	51.75	350m:	5:28.60	42.76
	100m:	1:23.25 45.92	200m:	3:02.44	48.15	300m:	4:45.84	51.65	400m:	6:08.01	39.41
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	50m:	38.58 38.58	150m:	2:11.35	46.67	250m:	3:53.31	56.19	350m:	5:34.78	45.03
	100m:	1:24.68 46.10	200m:	2:57.12	45.77	300m:	4:49.75	56.44	400m:	6:17.78	43.00