

ZAWODY PŁYWACKIE O PUCHAR SWIMSHOPU
Katowice, 24- - 25-9-2011

Konkurencja 21
2011-09-25 - 9:00

Kobiet, 400m dowolny

Open
Wyniki

Top Times "Poland" 4:05.77 BARZYCKA Paulina AZWAR Gorzow 2005-11-26

Punkty: FINA 2010

Pozycja			Rok ur.							Czas	Pkt.
12 lat i młodszy											
1.	PIECHOTA PAULINA		99	UKS 190 Łód						4:59.94	480
	50m:	33.05 33.05	150m:	1:49.09	38.14	250m:	3:05.89	38.53	350m:	4:23.07	38.31
	100m:	1:10.95 37.90	200m:	2:27.36	38.27	300m:	3:44.76	38.87	400m:	4:59.94	36.87
2.	NIESZPOREK WIKTORIA		99	UKS 190 Łód						5:03.74	462
	50m:	34.27 34.27	150m:	1:52.00	38.99	250m:	3:10.14	39.35	350m:	4:27.47	38.27
	100m:	1:13.01 38.74	200m:	2:30.79	38.79	300m:	3:49.20	39.06	400m:	5:03.74	36.27
3.	DUDEK Sylwia		99	UKS "GIM 92 Ursynów" Warszawa						5:16.77	407
	50m:	35.46 35.46	150m:	1:55.64	40.83	250m:	3:17.70	40.92	350m:	4:40.13	40.91
	100m:	1:14.81 39.35	200m:	2:36.78	41.14	300m:	3:59.22	41.52	400m:	5:16.77	36.64
4.	BOCHE SKA Wiktoria		99	SiKReT						5:17.79	403
	50m:	35.63 35.63	150m:	1:55.68	40.12	250m:	3:16.24	40.28	350m:	4:37.79	40.62
	100m:	1:15.56 39.93	200m:	2:35.96	40.28	300m:	3:57.17	40.93	400m:	5:17.79	40.00
5.	WI DER Patrycja		99	MKS Park Wodny Tarnowskie Góry						5:37.06	338
	50m:	38.78 38.78	150m:	2:03.55	42.51	250m:	3:29.88	43.15	350m:	4:55.50	42.27
	100m:	1:21.04 42.26	200m:	2:46.73	43.18	300m:	4:13.23	43.35	400m:	5:37.06	41.56
6.	LIPIARSKA Zofia		99	LKS Kmita Zabierzów						5:40.53	328
	50m:	36.83 36.83	150m:	2:02.11	43.85	250m:	3:30.99	44.43	350m:	4:57.36	43.02
	100m:	1:18.26 41.43	200m:	2:46.56	44.45	300m:	4:14.34	43.35	400m:	5:40.53	43.17

13 - 15 lat

1.	TROJGO Bogna		97	UKS "GIM 92 Ursynów" Warszawa						4:48.58	539
	50m:	32.97 32.97	150m:	1:45.52	36.70	250m:	2:59.16	36.69	350m:	4:13.11	37.15
	100m:	1:08.82 35.85	200m:	2:22.47	36.95	300m:	3:35.96	36.80	400m:	4:48.58	35.47
2.	KONDRASIUK Małgorzata		98	UKS "GIM 92 Ursynów" Warszawa						5:03.85	462
	50m:	34.91 34.91	150m:	1:53.11	39.36	250m:	3:11.23	38.63	350m:	4:27.96	38.17
	100m:	1:13.75 38.84	200m:	2:32.60	39.49	300m:	3:49.79	38.56	400m:	5:03.85	35.89
3.	KORZONEK Urszula		98	LKS Kmita Zabierzów						5:31.20	356
	50m:	36.24 36.24	150m:	1:59.43	41.86	250m:	3:24.74	42.60	350m:	4:49.25	42.00
	100m:	1:17.57 41.33	200m:	2:42.14	42.71	300m:	4:07.25	42.51	400m:	5:31.20	41.95

16 - 18 lat

1.	SZKROBOCZ Martyna		95	Uczniowski Klub Pływacki RUDA L SK						4:49.41	534
	50m:	33.46 33.46	150m:	1:46.47	36.90	250m:	3:00.06	36.41	350m:	4:13.19	36.52
	100m:	1:09.57 36.11	200m:	2:23.65	37.18	300m:	3:36.67	36.61	400m:	4:49.41	36.22

Open

1.	PO AROWSZCZYK Beata		91	MKS Juvenia Wrocław						4:31.14	650
	50m:	31.93 31.93	150m:	1:40.52	34.44	250m:	2:49.34	34.30	350m:	3:57.67	34.05
	100m:	1:06.08 34.15	200m:	2:15.04	34.52	300m:	3:23.62	34.28	400m:	4:31.14	33.47
2.	TROJGO Bogna		97	UKS "GIM 92 Ursynów" Warszawa						4:48.58	539
	50m:	32.97 32.97	150m:	1:45.52	36.70	250m:	2:59.16	36.69	350m:	4:13.11	37.15
	100m:	1:08.82 35.85	200m:	2:22.47	36.95	300m:	3:35.96	36.80	400m:	4:48.58	35.47
3.	SZKROBOCZ Martyna		95	Uczniowski Klub Pływacki RUDA L SK						4:49.41	534
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6.	KONDRASIUK Małgorzata		98	UKS "GIM 92 Ursynów" Warszawa				5:03.85	462		
	50m:	34.91 34.91	150m:	1:53.11	39.36	250m:	3:11.23	38.63	350m:	4:27.96	38.17
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7.	DUDEK Sylwia		99	UKS "GIM 92 Ursynów" Warszawa				5:16.77	407		
	50m:	35.46 35.46	150m:	1:55.64	40.83	250m:	3:17.70	40.92	350m:	4:40.13	40.91
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	100m:	1:18.26 41.43	200m:	2:46.56	44.45	300m:	4:14.34	43.35	400m:	5:40.53	43.17